

State of Iowa Department of Corrections

Policy and Procedures

Policy Number: IS-SH-01

Applicability: Institutions

Policy Code: Public Access

Iowa Code Reference: 158.2, 904

Chapter 4: INSTITUTIONAL SERVICES

Sub Chapter: SANITATION & HYGIENE

Related DOC Policies: IS-RO-03, IS-SH-04

Administrative Code Reference: N/A

Subject: INCARCERATED INDIVIDUAL HYGIENE/GROOMING

PREA Standards: N/A

Responsibility: Nick Lamb

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Authority:

1. Purpose

To outline the personal hygiene procedures for incarcerated individuals housed in the Iowa Department of Corrections (IDOC) institutions.

2. Policy

It is the policy of the IDOC that specific items shall be made available to ensure the basic personal needs of all incarcerated individuals.

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3. Procedures

A. Issued Items

1. Iowa Medical and Classification Center (IMCC) and Iowa Correctional Institution for Women (ICIW) Reception centers shall develop procedures for the provision of basic items of personal hygiene to newly arrived incarcerated individuals.
2. Additional personal hygiene items are available to incarcerated individuals by purchase through the IPI commissary. Each institution shall provide incarcerated individuals with a list of available items for purchase.
3. Items may be restricted for medical, safety or security reasons. Personal hygiene needs shall not be denied for punitive reasons.
4. Each facility shall establish procedures to ensure that remaining hygiene items are available and/or provided upon transfer from one facility to another.
5. Each facility shall establish procedures for indigent incarcerated individuals.

B. Showers and Toilets

1. Showers and toilets shall be available in the housing areas.
2. All incarcerated individuals shall be provided with adequate facilities to bathe or shower at least three times per week.
3. Incarcerated individuals may be required to bathe or shower upon advice of the medical authority or other staff for the physical benefit of the incarcerated individual, or to promote a healthful environment for all incarcerated individuals on the living unit.

C. Hair Care

1. Hair care services for incarcerated individuals in both general population and locked units shall comply with applicable health requirements.
2. An individual skilled in hair cutting shall provide barbering services. The Associate Warden/Security or designee shall develop a schedule of such services and post it in prominent locations.
3. When the length or style of an incarcerated individual's hair, including beards and mustaches, is found to present a health or sanitation problem, the incarcerated individual may be required to trim or cut the hair or wear a hairnet or other covering. Incarcerated individuals performing work

assignments where it may be determined that long hair is a safety concern, may be required to wear approved head coverings.

4. Hairstyles of any personal appearance exhibiting or depicting any form of Security Threat Group (STG) relationship, affiliation, or membership will not be permitted.
5. At all times, hair shall be kept neat and clean.
6. Barbers shall not shave facial hair. Barbers may use scissors or clippers to control the length of facial hair.
7. Periodic examination of the hair by medical personnel may be required for health reasons.
8. At any time concealment of contraband is detected in the hair, restricted hair standards will be enforced.

D. Personal Grooming

1. Incarcerated individuals are permitted choice in personal grooming as long as their appearance does not conflict with the institution's requirements for safety, security, identification, medical, and hygiene.
2. All regulations concerning personal grooming should be the least restrictive necessary.