

# **State of Iowa Department of Corrections Policy and Procedures**

Policy Number: HSP-410  
Applicability: Institutions  
Policy Code: Public Access  
Iowa Code Reference: N/A  
Chapter 6: Health Services  
Sub Chapter: Pharmacy  
Related DOC Policies: AD-GA-06, CBC-05, IO-SE-09  
Administrative Code Reference: N/A  
Subject: Opioid Related Overdose/Exposure  
Response PREA Standards: N/A  
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Authority:

## **1. PURPOSE**

To describe procedures to be utilized by the Iowa Department of Corrections for maintenance of supplies of naloxone intranasal to assist in case of an opioid-related drug overdose or exposure event.

## **2. POLICY**

The Iowa DOC will evaluate and manage incarcerated individuals or clients and staff with suspected opioid-related overdose or exposure. IDOC staff will provide prompt intervention for such an event , including but not limited to activation of the Incident Command System (ICS), CPR and rescue breathing, and the administration of naloxone intranasal.

## **3. DEFINITIONS - As used in this document:**

Naloxone Intranasal: A medication indicated for reversal of opioid-related drug exposures or overdoses.

## 4. PROCEDURES

### **The institutions will follow the following procedures:**

- A. Naloxone intranasal will be provided upon request by an IDOC Pharmacy for any IDOC staff whose work involves physical contact with items such as letters, packages, clothing, medication bottles, or any material property which carries the risk of an opioid-related exposure or overdose event.
- B. Naloxone intranasal will be kept in a designated areas to be easily and readily available when needed.
- C. All new IDOC staff will undergo training in the recognition and response to opioid-related overdose/exposure and the proper use of naloxone intranasal. In addition, all staff will complete an annual training course via the LMS. Naloxone intranasal will be available for use by all trained IDOC staff 24 hours a day, whether or not medical staff are present.
- D. Each facility will identify secure locations for storing naloxone intranasal. Each facility will develop the appropriate institutional procedures for the storage, management, inventory management of the medication including periodic review of each product's expiration date, and maintaining naloxone intranasal according to storage conditions, and requirements established by the manufacturer. At a minimum, it is recommended naloxone nasal spray shall be placed in the same locations as automatic external defibrillators if accountability and storage requirements can be met. Nitrile gloves will be stored with naloxone.
- E. If an opioid overdose or exposure is suspected, the following steps should be taken:
  1. Activate the facility Incident Command System (ICS) according to facility procedure.
  2. If the person appears unresponsive, tap their shoulder or shake them lightly, call their name or say "Are you OK".
  3. Initiate CPR and/or rescue breathing if indicated.
  4. Administer ONE dose of naloxone intranasal according to package directions - ONE dose in ONE nostril.

5. Continue CPR and/or rescue breathing if indicated until emergency services arrives.
6. If patient does not respond within two to three minutes a second dose of naloxone intranasal can be administered in the OPPOSITE nostrils. Doses can be repeated in ALTERNATING nostrils every two to three minutes until EMS arrives or patient responds.

F. Any use of naloxone intranasal shall result in the creation of a Critical Incident Report.

G. Replenishment or replacement of expired naloxone intranasal supplies may be obtained by contacting the DOC Central Pharmacy at 515-725-5065 or the IMCC Pharmacy at 319-626-4411, depending on which location provided the naloxone intranasal to the location initially.