

State of Iowa Department of Corrections

Policy and Procedures

Policy Number: HSP-501

Applicability: DOC

Policy Code: Public Access

Iowa Code Reference: N/A

Chapter 6: Health Services

Sub Chapter: Health Screening & Appraisals

Related DOC Policies: HSF-501C, HSF-501F, HSP-622, HSP-615

Administrative Code Reference: N/A

Subject: IDOC Initial Health Screening & Appraisal

ACA Standards: 5-ACI-6A-21, 5-ACI-6A-25

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Authority:

1. PURPOSE

To ensure proper medical and mental health data is obtained during intake.

2. POLICY

It is the policy of the IDOC is to identify new patients who pose a health or safety threat to themselves or others, and promptly provide necessary health services to those who require immediate medical attention.

3. DEFINITIONS - See IDOC Policy AD-GA-16 for Definitions.

4. PROCEDURE

A. Initial Health Screening

1. The *Health Status Update form (HSF-501F)* that accompanies the patient from the county jail shall be forwarded to Health Services along with the information obtained and documented on **HSF-501C**, *Intake Health Service Interview*.

2. Upon admission to the IDOC, health trained correctional staff shall obtain initial health data from the patient by completing form, **HSP-501C**, *Intake Health Status Interview*. Observations of trauma, self-harm, impaired function, and mental illness shall be promptly reported to the designated discipline for appropriate intervention. The completed form is forwarded to health services and reviewed by nursing staff.
3. A medical record is initiated within 24 hours of the patient's arrival at the institution by nursing staff completing a health history interview and mental health screening. Health encounter/exams/interviews are conducted in a setting that respects the patient's privacy. For further reference on mental health procedures, see IDOC Policy **HSP-701**, *Mental Health Services*.
4. Patients are given written information in English and/or Spanish about available health services at the time of their initial health screening. There is also a written description of health services available in the handbooks on the patient living units.

B. Initial Health Appraisal

1. New patients and patients discharged for more than 366 days: Within fourteen days of admission to the prison system, patients are scheduled for health assessment, per authorization of the IDOC Medical Services Director which routinely includes:
 - a. Health history interview and mental health screening by a licensed nurse.
 - b. History and Physical by a medical practitioner.
 - c. Infectious Disease Screenings:
 - HIV antibody screen, if not previously documented positive
 - Initial RPR/VDRL test
 - Hep C screening, if not previously documented positive

- Tuberculosis Screen: TB Screening Questionnaire (HSF-903), Purified Protein Derivative (PPD) skin test, and/or chest x-ray to be performed if **prior history of positive PPD** or **has been previously treated for TB infection** (active or latent).

Note: Once a baseline chest x-ray is performed, additional chest x-rays should not be performed for screening purposes.

- COVID-19 intake testing will occur when COVID-19 community hospital admission levels are high. COVID-19 county hospital admission levels can be checked here: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html>.
- d. Fasting BMP if age 35-70 years and BMI > 25; prediabetes and diabetes type 2 screening
 - e. High Sensitivity guaiac Fecal Occult Blood Testing (HSgFOBT) if age $\geq$ 45 years using Colorectal Cancer Screening
 - f. Biennial Screening Mammogram for women aged 50 to 74 years
- The decision for screening with mammogram in women prior to age 50 years or greater than 74 years, should be individualized based on risk factors and shared decision making
- g. Pregnancy test - < age 50
 - h. Pap smear – age 21 without HIV
 - i. Chlamydia and Gonorrhea screening for **women** based on the following:
 - 1) All women $\leq$ 25 years of age if sexually active
 - 2) Women $\geq$ 25 years of age if additional risk factors are present:
 - New sexual partner within the last 90 days
 - More than one sexual partner within the last 90 days

- A sexual partner who has multiple sexual partners
 - A partner with a known STI
 - Inconsistent condom use when not in a mutually monogamous relationship
 - History of a previous STI
- j. Dental examination (if last exam > 2 years)
- k. Vision screen
- l. Glaucoma Screen – patients 50 years and older
- m. Completion of *Medial Work Classification*, **HSP-508**
2. Patients reentering the IDOC institutional system within 90 days of discharge/release:
- a. A discharged patient who returns to the institutional system within 90 days of release does not require a complete health reappraisal, provided the review of his/her most recent Patient Health Summary, and current screening information fails to demonstrate any significant medical or dental problems.
 - b. Female patients require pregnancy testing.
 - c. *Annual Tuberculosis Screening Questionnaire Form*, **HSF-903A**.
 - d. A medical practitioner's review must be entered on each patient's completed health screen.
3. Patients reentering the IDOC after having been in the community for 90 to 365 days:
- a. An HIV antibody screen, Hepatitis C antibody screen, and test for syphilis, are done unless documented data indicates that any or all tests are clinically unnecessary or a current test has been completed within the IDOC within the last 6 months.
 - b. Tuberculosis Screen: Purified Protein Derivative (PPD) skin test and/or chest x-ray to be performed if **prior history of positive**

PPD or has been previously treated for TB infection (active or latent).

Note: Once a baseline chest x-ray is performed, additional chest x-rays should not be performed for screening purposes.

- c. Female patients require pregnancy testing.
 - d. A medical practitioner's review must be entered on each patient's completed health screen.
 - e. Patients received into the IDOC as a Parole Revocation Hearing (08) for short-term custody require modified screening. (See **HSP-622, *Detainee Services***).
 - f. A Medical Record will be established and appropriate information will be entered.
 - g. Patients/detainees should receive a copy of *Health Services Programs – Short Term Stays*, **HSF-501D**, which is available in English and Spanish.
4. Patients returning to the IDOC after being out on court order greater than 30 days:
- a. Nursing encounter with full set of vitals, weight check, as well as an assessment of the patient's medical and mental health status.
 - b. Review for current PPD testing within the last year.
 - c. *Annual Tuberculosis Screening Questionnaire Form*, **HSF-903A**
 - d. Review of prior and current medication orders.
 - e. Review of prior LAN/Work Classes/Diets
5. Screening results indicating need for medical practitioner review:
- a. Unresolved Major Problems.
 - b. Health conditions currently being managed with the use of prescribed medication.

- c. Health screen findings suggesting a possible current but undiagnosed health problem.
- d. A medical practitioner's review must be electronically documented on each patient's completed health screen.