

State of Iowa Department of Corrections

Policy and Procedures

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Applicability: DOC

Policy Code: Public Access

Iowa Code Reference: 904.108

Chapter 6: Health Services

Sub Chapter: Education

Related DOC Policies: N/A

Administrative Code References: N/A

Subject: Health Education for Patients

ACA Standards: 5-ACI-6A-20

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Authority:

1. PURPOSE

To ensure that all patients are aware of the health services available to them.

2. POLICY

To provide health orientation and education for patients.

3. DEFINITIONS - See IDOC Policy AD-GA-16 for Definitions.

4. PROCEDURES

Health Education Program

- A. During the orientation period, patients will be informed of the availability of health services in the institution in which they currently reside. Their responsibilities in relationship to these services will be outlined in the Offender Handbook.
- B. Each institution shall develop procedures on how to provide patient Health Education that may include the following topics:
 - Self-Administration of Medications

- Personal Hygiene
- Health Lifestyle Choices
- Dental Care
- Self-Care for Chronic Diseases
- Nutritional Diets
- Mental Health Wellness
- Physical Fitness

C. Patient education sheets are available in ICON Medical and as part of the treatment plan shall be issued to the patient during sick call visits with documentation in ICON Medical.