

State of Iowa Department of Corrections

Policy and Procedures

Policy Number: HSP-632
Applicability: DOC
Policy Code: Public Access
Iowa Code Reference: N/A
Chapter 6: Health Services
Sub Chapter: Acute/Specialty Services
Related DOC Policies: N/A
Administrative Code Reference: N/A
Subject: Contraceptive Services
ACA Standards: N/A
Responsibility: Dr. Jerome Greenfield
Effective Date: March 2023
Authority:

1. PURPOSE

To assist IDOC patients prior to release with contraceptive services, including the provision of condoms, and to identify those who would be appropriate to receive hormonal contraception and develop a protocol for its provision, consistent with current medical practice and law.

2. POLICY

That the IDOC will provide timely, evidence-based services providing IDOC patients access to condoms as well as hormonal contraceptive medications prior to their release, consistent with acceptable medical practice and law.

3. DEFINITION

A. Barrier Contraception

1. Barrier methods prevent sperm from reaching the female's uterus and eggs. This reduces the chance of pregnancy and, in many instances, sexually transmitted infections. They include the condom, diaphragm, cervical cap, and contraceptive sponge.
2. The IDOC will utilize Condoms.

B. Hormonal Contraception:

1. Hormonal contraceptive products are available with the following routes of administration:
 - a. Oral tablets
 - b. Transdermal patches
 - c. Depot Injection
 - d. Vaginal products
2. The IDOC will utilize Oral tablets and Depot Injections.

4. PROCEDURE

- A. Upon release, all IDOC patients will be offered a discreet prepack of condoms. This prepack will also contain patient information on "safe sex" practices. Health Services staff will be responsible for issuing this prepack.
- B. Patients requesting hormonal contraception upon release will follow the following procedure:
 1. Nursing will provide patients with form HSF-632 *Hormonal Contraception Screening Form* as soon as patient's release date is known. Patients will complete and return the completed form to Health Services.
 2. Nursing will obtain routine vitals on the patient, including blood pressure.
- C. The completed screening form, vitals, and patient's ICON chart will be given to the IDOC Medical Provider. The provider will review the patient's information, watching for items such as (including but not limited to):
 1. Possible medical contraindications (history of blood clots, cardiac conditions/stroke, cancer, blood dyscrasias);
 2. High blood pressure;
 3. History of smoking which patient is likely to resume upon release.
- D. Once reviewed, the provider will select the type of hormonal contraception appropriate for each patient and document in the ICON Medical record an order for a three-month supply.

- E. Patients who have orders for oral hormonal contraception will receive the medication from the Central Pharmacy as part of their release medications. Patients with orders for Depot Injections will be given the medication in Health Services at an appropriate date before their release.
- F. All patients will be provided with written education and patient product leaflets on the medication chosen for them, including but not necessarily limited to:
 - 1. Dose;
 - 2. Directions;
 - 3. Possible side effects;
 - 4. What to do if a dose is missed;
 - 5. That hormonal contraception does not prevent against sexually transmitted infections (STIs);
 - 6. The importance of following up with a primary care provider when the patient's release supply is depleted.
- G. Patients may also send a kiosk to the Pharmacy/Pharmacist if they have questions and arrangements will be made for specific requirements to be addressed.
- H. Hormonal contraception prescriptions are for three months only, dispensed at time of release; no renewals, refills, or transfers will be allowed. Patients must visit and obtain any further refills from a provider in the community.