ANNUAL REPORT

July 1, 2018 – June 30, 2019

SUBMITTED PURSUANT TO THE CODE OF IOWA



Fort Dodge Correctional Facility



To: Beth A. Skinner, PhD, Director

From: Warden Robert A. Johnson

Date: December 6, 2019

RE: Annual Report of the Fort Dodge Correctional Facility for Fiscal Year 2019

On behalf of the staff at the Fort Dodge Correctional Facility, I am presenting you with the fiscal year 2019 report. As you are well aware, the Mission of the Department of Corrections is Creating Opportunities for Safer Communities. As you review this report, it will become apparent that the staff of this fine facility continues to strive at meeting the mission of the facility and of the Department of Corrections. The staff at FDCF takes great pride in their work and truly wants to make a difference in the lives of those incarcerated, while continuing to protect communities.

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Mission Statement

To protect the Public, Employees, and Offenders by operating a safe and secure medium security institution with emphasis on treatment options for the youthful offender.

Vision

The vision of the Fort Dodge Correctional Facility is to continue to provide a safe, secure, and healthy environment by promoting positive change in behaviors and beliefs to empower offenders to become productive citizens in their community.

Values and Beliefs

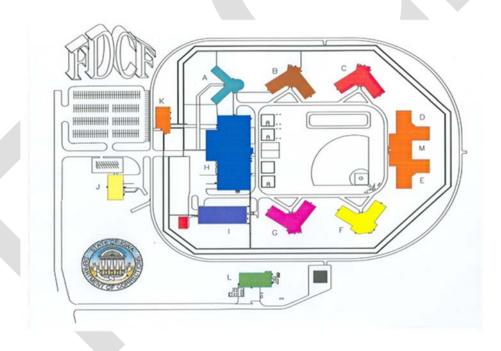
- → All staff impact offender attitudes, beliefs and behaviors in a cocreated environment.
- \rightarrow We model what we value.
- \rightarrow We support personal growth and professional development.
- → We value a positive integrated approach to security and programming.
- \rightarrow We plan for the future by utilizing current research and updated technology.
- \rightarrow We are fiscally responsible.



Fort Dodge Correctional Facility History

The Fort Dodge Correctional Facility (FDCF) is a medium security prison located on 60 acres of land in southern Fort Dodge originally designed to house 762 adult male offenders in a double occupancy celled environment. Construction began in 1996 and the facility opened in April 1998. Recognizing the ongoing need for public safety even before the first offenders arrived at the facility, the legislature and Governor approved an expansion for an additional 400 beds and program space. Work on this addition was completed in late 1999. In FY01 127 two-man cells were converted to house three offenders. The current rated capacity is 1162.

The facility has seven housing units. The facility's seven housing units are organized to support positive behavior. Each housing unit has a specific function. In addition to the housing units the facility consists of administration and treatment buildings, a greenhouse, a power plant, a warehouse, and two ancillary buildings – annex and a pole barn. Primary perimeter security is provided by a double fence system with electronic detection.



Location

The Fort Dodge Correctional Facility is located in Webster County in the Southwest corner of Fort Dodge. The physical address of the facility is 1550 L Street, Fort Dodge, Iowa.

Units

Unit A

Unit A is classified as maximum custody and contains 48 security cells with 48 beds, and one CMC cell with one SSIP bed.

Unit A houses protective custody, investigative segregation, short term restrictive housing, and disciplinary detention incarcerated individuals.













Boone Unit

Boone Unit East Wing is classified as the Administrative Segregation and Orientation unit with 137 Segregation and Orientation beds, 3 MHO beds and 1 SSIP bed. Boone Unit East Wing houses Administrative Segregation, Disciplinary Detention and also houses offenders coming in from Iowa Medical Classification Center (IMCC) and other facilities. Boone Unit West Wing has 107 beds. Level 1 offenders (FDCF's lowest level of general population) along with Protective Custody Offenders. It also houses some special needs offenders and other hard to place as well as PL6 and PL7 offenders who work on the unit.

Cedar Unit

Cedar Unit is classified as medium custody and houses a total of 264 offenders. The unit is designed for approximately 228 Privilege Level 4 offenders; 36 Privilege Level 6 and 7 unit workers and Cedar Unit Peers housed in the center of the unit, one Treatment Services direction, two Correctional Counselors and Correctional Officers are assigned to the unit.





Dolliver and Emmet Units

Dolliver and Emmet Units are classified as medium custody units, housing PL6 offenders. Each of these units utilizes 4 man cells to support up to 194 offenders. Emmet Unit has 1 Psychologist, 2 Correctional Officers and 3 Correctional Counselors, while Dolliver has 5 Correctional Counselors and 2 Correctional Officers. Each unit has their own Treatment Service Director. Both units have a multi-purpose room for the offenders to use in their free time. It contains vending machines, toasters, pizza and toaster ovens, television, board games, a ping pong table, and computers for omail and personal business use. The focus for staff working on the unit is to help offenders make positive changes in their behavior and prepare them for success upon their return to the community.













Floyd Unit

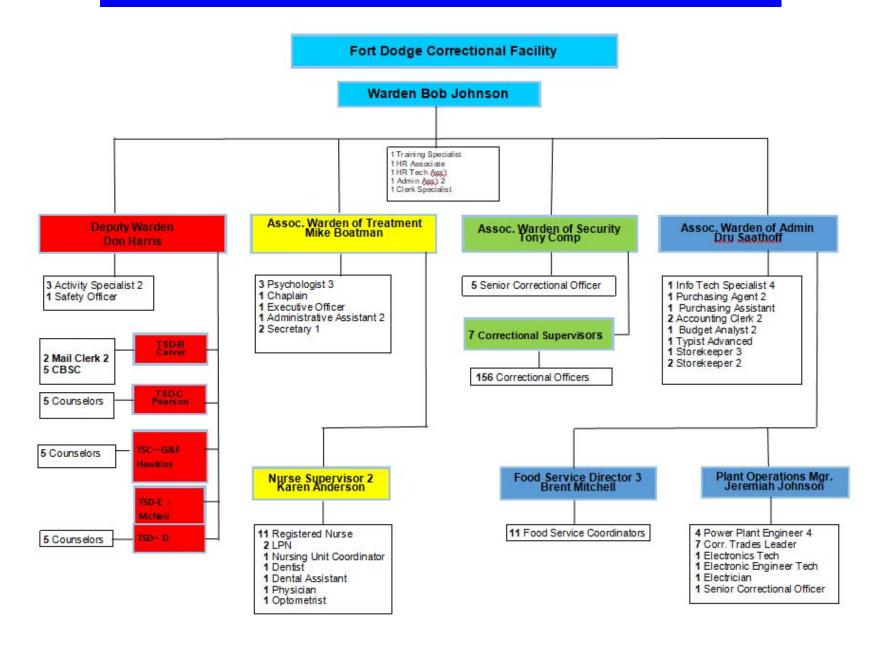
Floyd Unit was opened on November 17th, 1998 and is considered an honor unit. The unit houses 192 Privilege Level 7 offenders.

Grove Unit

Grove Unit is a general population unit designed to hold 264 offenders. The majority of the offenders housed on Grove unit lives in three man cells and are TIP 5 status. The center area of Grove unit houses offenders that are TIP 6 or 7 and work for/on the unit. The TIP 6 & 7 offenders live in two man cells and work with staff on who they would like to cell with. During the day (day shift) Grove is staffed with three Correctional Officers, two Correctional Counselors and one Treatment Service Director. On the 2nd (evening shift) Grove is staffed with three Correctional Officers and during the night (night shift) Grove is staffed with one Correctional Officer.







Programming

Education

Offenders are encouraged to participate in educational programming if they lack a HiSET/GED, high school diploma, or have a reading level below the sixth-grade level. Per state law, specified sanctions can be applied if the offender chooses not to participate. These can include eligibility only for a minimum allowance, placement on idle status, ineligibility for work bonuses, for minimum-out or minimum-live-out status, and for other privileges as determined by the Department. Approximately 26% of the offender population requires such schooling. School capacity is 192 students for the HiSET, Title 1, and literacy.

HiSET, Title 1, and Literacy instruction is provided daily from 8:00 AM to 3:30 PM. State licensed instructors contract with Iowa Central Community College (ICCC) to provide instruction focusing on completion of a HiSET diploma and/or a 6th grade reading level. Students under the age of 21 are in the class 3 hours a day while others attend a minimum of 1 hour daily sessions. Depending on the student's ability, the completion time for the HiSET varies with the average time being 4-5 months. Prairie Lakes Education Association provides an instructor for 21 & under aged special education students requiring resource instruction.

A Life Skills program is also offered at the facility with 30 students (15 per session) attending 3 hours daily. We have one full-time instructor. The twelve-week program focuses on career planning, job seeking skills, time management, communication skills, relationships, money management, health and wellness, computer skills, and other transition life skills. The offenders are classified for this intervention that is especially beneficial for those offenders that have employment as a top 3 need.

Vocational classes are also offered at the facility at no cost to offenders. For the FY19 school year, we offered Welding, Industrial Safety (OSHA 10, forklift, and CPR), and ServSafe. Instructors from ICCC come to the facility to teach the classes. Waiting lists are not kept for these classes so anyone interested needs to wait until the notice are posted letting them know when/how they can sign up. You must have your high school diploma or equivalency diploma in order to sign up for these programs. Preference is given to offenders within two years of release who have been report free for six months.

Iowa Central Community College is one of 67 colleges selected from across the Nation to participate in the Second Chance Pell Pilot program. The department of Education launched this pilot program to open up the opportunity for those currently incarcerated to apply for Federal Pell Grants. If eligible, they can currently choose from different programs offered at the Facility; Supply Chain Management, Carpentry, Welding or an online Associate of Arts degree. Instructors from Iowa Central come to the facility to teach the college credit courses. These offenders are full-time college students that participate in the exact same curriculum that is offered on campus.

A graduation ceremony is held semi-annually to recognize those offenders that successfully complete their HiSET or diploma in Welding, Carpentry, Supply Chain Management, and the Associate of Arts Degree.

Cognitive Behavioral Interventions for Substance Abuse

Cognitive Behavioral Interventions for Substance Abuse intervention relies on a cognitive-behavioral approach to teach participants strategies to avoid substance abuse. The program places emphasis on skill building activities to assist with cognitive, social, emotional, and coping skills development through the following sessions: Motivational Engagement, Cognitive Restructuring, Emotion Regulation, Social Skills, Problem Solving, and Success Planning. The class is co-facilitated and meets twice a week for two hours each session for 16 weeks.

Achieving Change Through Value-Based Behavior

The 24 sections of this manual guide domestic violence offenders to put their lives and relationships on an entirely different track by equipping them to make different choices than they've made in the past. You are working with them to increase their awareness of the factors that influence their behavior (e.g., past experiences, unwanted mental experiences, barriers to change) and, building on that awareness to learn new, workable behaviors consistent with their values.

The content of the 24 sessions is organized in five categories: The Big Picture, Barriers to Change, Emotion Regulation Skills, Cognitive Skills and Behavioral Skills.

The Big Picture sessions present just what it says – the "big-picture" concepts and basic tools that participants can use to build a more workable life. Everything covered over the 24 weeks can be placed somewhere on the Core Skills Matrix that you will use frequently to illustrate and practice the skills that the group is learning. The Big Picture sessions are repeated several times throughout the 24 weeks, partly to orient new members who may join your group after week #1. You present a Big Picture session every time as if it were new to the entire group because the way the ideas and skills fit together needs to be reinforced for experienced participants. Their participation in the discussion will demonstrate their grasp of this material and help engage newer participants.

The Barriers to Change sessions highlight behaviors (such as alcohol abuse) or conditions (such as depression or being unemployed) that can challenge participants' progress. The 13 sessions that together form the "skills" module give participants the knowledge and tools to observe and work with their own thoughts and feelings, as well as improve their ability to communicate and resolve conflicts.

Seeking Safety

Seeking Safety is a program for those in need of relapse prevention who also have a history of abuse and trauma. It is present-focused therapy based on materials developed by Lisa M Najavits, PhD at Harvard Medical School/McLean Hospital. The primary goal of this class is to assist inmates in gaining insight into how loss, abuse, and trauma have impacted their personality or how they view the world, how these incidents have led to poor coping skills, and led to the abuse of drugs and alcohol. The class covers Post Traumatic Stress Syndrome; drug and alcohol addiction; anger management; building healthy relationships; developing an attitude of gratitude and improving self-esteem; and empowering class members to mentor others. The class emphasizes a holistic recovery plan that offenders put into practice before leaving the prison. The class meets twice a week for six weeks.

Thinking for a Change

Thinking for a Change covers the following components: cognitive self-change, social skills, and problem solving skills. Cognitive self-change teaches individuals a concrete process for self-reflection aimed at uncovering antisocial thoughts, feelings, attitudes, and beliefs. Social skills instruction prepares group members to engage in pro-social interactions based on self-understanding and consideration of the impact of their actions on others. Problem solving skills integrates the two previous interventions to provide group members with an explicit step-by-step proves for addressing challenging and stressful real life situations.

Moral Reconation Therapy

Moral Reconation Therapy (MRT) seeks to decrease recidivism among both juvenile and adult criminal offenders by increasing moral reasoning. MRT is systematic and implements a cognitive-behavioral approach, which positively addresses an adolescent's ego, social, moral, and positive behavioral growth.

MRT uses 12-16 objectively defined steps, which focus on seven basic treatment issues:

- Confrontation of beliefs, attitudes, and behaviors
- Assessment of current relationships
- Reinforcement of positive behavior and habits
- Positive identity formation
- Enhancement of self-concept
- Decrease in hedonism and development of frustration tolerance
- · Development of higher stages of moral reasoning

Sessions can be individual and group sessions. Groups meet once or twice weekly and can range in length from 3-6 months.

12 Step Programs

In 2019, the Fort Dodge Correctional Facility participated with four different 12 Step programs including Alcoholics Anonymous, Narcotics Anonymous, 1-Eighty Miracles and Celebrate Recovery. These programs provided community for incarcerated individuals and volunteers to share their stories of addiction and stories of recovery. These programs helped to facilitate a safe space for truth telling, vulnerability, positive change as well as guidance with creating a healthy mindset and focusing on one day at a time.

Religious Activities

In 2019, the Fort Dodge Correctional Facility was home to 21 world religions. These faith traditions provided stability, fellowship and connection for the incarcerated individuals. Many volunteers donated their time and resources to serve at the facility. The volunteers and outside churches aided in building meaningful relationships and opportunities to help support incarcerated individuals during reentry. The chapel library provided religious materials and resources to facilitate spiritual education and direction. Looking forward, the facility has hired a full-time chaplain to oversee, advocate and minister to and with the religious groups, volunteers and participants.

Community Projects by Offenders

Staff has striven to promote the concept of community service to the offenders at FDCF. During the past year offenders have volunteered their time and talents to complete project for Habitat for Humanity and Backpack Buddies. In addition various groups gave back to the community as outlined below.

The **FDCF GROWTH** (Gains, Respect, Opportunity, Willingness, Trust and Health) Quilt Project provides ongoing support to many local service agencies. It is great to see these men begin to believe in their own abilities, develop respect for one another's ideas, and then come together as a team to give something back to the local community. The essence of Restorative Justice Programs allows offenders to give back to communities. The GROWTH organization also raises money selling items to the offender population.

	\$2,350	
Fort Museum	\$100	
Upper Des Moines Opportunity	\$2,250	

Several offenders and staff work with outside volunteers for the **Backpack Buddy Program**. The program was started to make sure underprivileged children in the Fort Dodge area were not hungry. On a routine basis throughout the school year the group packages food to be distributed to the youth so not only are they fed at school but have food when they get home.

The **Insiders Relay for Life** did not have a relay event in 2019 but raised funds through sales. \$8,000 was donated to the American Cancer Society.

The 10th Annual Webster County **Polar Plunge** was held Sunday, November 4th at Badger Lake Beach in Kennedy Park. There were over 70 plungers and chickens (too chicken to plunge). \$10,825.42 was raised to help support more than 14,000 Special Olympics athletes and Unified Partners in Iowa. There were 6 teams that participated. FDCF was represented by Doug Wilk and Sue Lockner.



The **Insiders Veteran's Organization** has also made a commitment to give back to the community. The group made the following donations this year:

	\$4,050
Veterans Memorial Park Fund	\$500
Honor Flight	\$1,000
Lord's Cupboard	\$500
Fisher House	\$300
DSAOC	\$750
Sertoma Club	\$1,000

The **Lifer's Group** is comprised of offenders serving life sentences who wish to give back to the facility and the community. They made the following donations this fiscal year:

	\$16,100
Almost Home	\$1,000
Boy Scouts	\$1,500
Fort Dodge Softball	\$1,000
Kayla Jones Scholarship Fund	\$1,000
Cooper School	\$2,000
DSAOC	\$3,500
Fort Museum	\$100
Frot Dodge Baseball Association	\$1,500
Sertoma Club	\$1,000
Backpack Buddies	\$3,500

Privilege Level 6 & 7 Offenders

	¢1 500
Sertomas	\$1,000
Toys for Tots	\$500

\$1,500

Music Appreciation is a music program which offers offenders individual and class courses in music theory and notation, which teaches offenders how to read and write music. There is an engineering/artist component that gives the offenders an opportunity to develop the craft of sound production for later use upon release. The students earn certificates upon completion. They made the following donations this fiscal year:

	\$500
Fort Dodge Softball	\$100
Boy Scouts	\$400

Spanish Affairs organization teaches the Spanish as a Second Language class. They are supporters of the Backpack program and Relay for Life. They made the following donations this fiscal year:

	\$2,500
Boy Scouts	\$500
Bikes for Tykes	\$500
Relay for Life	\$500
Sertoma Club	\$500
Backpack Buddies	\$500

YMAP (Young Men's Awareness Program) is a group that was established to provide peer programming to youthful offenders. This group targets the age group of 18-24 with some exceptions for other age groups. The purpose of YMAP group is to educate, encourage, give hope, instill discipline and teach the men to accept responsibility for their actions, thus empowering them to work on correcting their negative behaviors, to grow positively and give them the necessary tools to make better choices while incarcerated and when released. It is a remedial and therapeutic group. They made the following donations this fiscal year:

	\$1,795.25
Backpack Buddies	\$350
Fort Museum	\$100
Sertoma	\$500
DSAOC	\$500
YMAP Program Participants (incentives upon release)	\$395.25

The **Humanist Group** is an offender led self-help group here at FDCF. Humanist is a philosophy that believes in personal responsibility, that what you do good or bad is on the person themselves. It is also an acknowledgement that one's future relies on their education and focuses its followers to pursue knowledge, as well as the belief to be nice to all people. They made the following donations this fiscal year:

	\$398
Fort Museum	\$100
North Valley Animal Disaster	\$68
Webster County Food Bank	\$200
Backpack Buddies	\$30

Puppy Program

The puppy program had another outstanding year in FY2019. This program focuses on incarcerated individuals training dogs to become future leader dogs for the blind. This fiscal year alone, Fort Dodge Correctional Facility sent 35 dogs to Michigan, with a success rate of 63% which is above our nation's average for leader dog handlers! The dogs that are unable to complete Michigan's training program for future leader dogs are often career changed and designated to become someone's lifelong companion as their PTSD, anxiety, and even therapeutic dog! The puppy program also donated \$500 to Almost Home.

Meet just a few of Fort Dodge's Future Leader Dogs!



FDCF Corrections Week May 6-12, 2019

The Events Committee planned the following:

Monday – Donuts from Tom Thumb

Tuesday - Ice Cream Bars

Wednesday - Employee Cook Out & Drawings for gifts

Thursday – Announce the winners of the gifts

Friday - Walking Tacos

Saturday - Snickers candy bar

Sunday - Peanuts

ALSO - Blue Jeans may be worn May 6-12 **FREE!**

Thank you for all you do throughout the year!

Iowa Department of Corrections FY2019 Financial Status Report FDCF 252-A80-001

		Department Revised Budget	Actual Revenues and Expenditures	Percent (Actual of Budget)
	FTE Positions			
	Correctional Officer	156	143.17	91.78%
	Total Staffing	276	259.78	94.69%
	Resources Available			
	Balance Brought Forward	0	1,573.11	
05A	Appropriation	29,660,231.00	29,660,231.00	100.00%
05L	Legislative Reductions	0	0	
05H	Legislative Adjustments	407,000.00	407,000.00	100.00%
204R	Intra State Receipts	-		
205R	Reimbursement from Other Agencies	3,190.00	0	0.00%
234R	Transfers - Other Agencies	100	2,880.00	2880.00%
401R	Fees, Licenses & Permits	92,440.00	99,911.53	108.08%
501R	Refunds & Reimbursements	0	124,732.17	0.00%
602R	Sale of Equipment & Salvage	100	106	106.00%
	Total Resources Available	30,163,061.00	30,297,433.81	100.45%
	Funds Expended and Encumbered			
101	Personal Services-Salaries	24,567,803.00	23,496,586.81	95.64%
202	Personal Travel (In State)	11,410.00	23,870.05	209.20%
203	State Vehicle Operation	50,400.00	51,673.09	102.53%
204	Depreciation	15	147,098.46	980656.40%
205	Personal Travel (Out of State)	495	1,470.06	296.98%
301	Office Supplies	35,000.00	40,894.27	116.84%
302	Facility Maintenance Supplies	238,000.00	245,137.42	103.00%
303	Equipment Maintenance Supplies	220,000.00	312,803.27	142.18%
304	Professional & Scientific Supplies	97,255.00	121,516.55	124.95%
306	Housing & Subsistence Supplies	390,000.00	372,452.27	95.50%
307	Ag, Conservation & Horticulture Supply	9,000.00	3,882.22	43.14%
308	Other Supplies	66,025.00	59,011.52	89.38%
311	Food	1,611,323.00	1,849,638.83	114.79%
312	Uniforms & Related Items	390,964.00	377,151.50	96.47%
313	Postage	10	2,731.60	27,316.00
401	Communications	75,000.00	58,480.59	77.97%
402	Rentals	7,323.00	8,065.80	110.14%
403	Utilities	953,700.00	957,201.84	100.37%
405	Professional & Scientific Services	230,375.00	502,320.50	218.04%
406	Outside Services	109,500.00	249,809.89	228.14%
407	Intra-State Transfers	150	0	0.00%
408	Advertising & Publicity	100	124.5	124.50%
409	Outside Repairs/Service	52,000.00	59,649.22	114.71%
414	Reimbursement to Other Agencies	392,127.00	388,511.11	99.08%
416	ITS Reimbursements	92,000.00	101,455.63	110.28%
434	Transfers - Other Agencies Services	708	3,380.00	477.40%
501	Equipment	950	59,960.33	6311.61%
502	Office Equipment	1,500.00	0	0.00%
503	Equipment - Non-Inventory	57,971.00	211,949.97	365.61%
510	IT Equipment Claims	61,073.11	146,994.81	240.69%
601		150	420 420 01	0.00%
602 701	Other Expense & Obligations Licenses	439,400.00 2,792.00	439,429.91	100.01% 41.25%
			1,151.79	
702	Fees Capitals	15	30	200.00%
901	Capitals	100	0	0.00%
	Balance Carry Forward	0	1,000.00	
	Reversion		1,000.00	
	Table	20.451.521.5	20.202.22	
	Total Expenses and Encumbrances	30,164,634.11	30,296,433.81	100.43%
	Ending Balance			

lowa Department of Corrections FY2019 Financial Status Report FDCF Canteen 0343

	-	Department Revised Budget	Actual Revenues and Expenditures	Percent (Actual of Budget)
	Resources Available			
	Balance Brought Forward	384,243.45	384,243.45	100.00%
204R	Intra State Receipts	-		
301R	Interest	-		
401R	Fees, Licenses & Permits	-	-	
501R	Refunds & Reimbursements	0	29,734.87	0.00%
606R	Other Sales & Services	115,000.00	176,241.41	153.25%
	Total Resources Available	499,243.45	590.219.73	118.22%
	Funds Expended and Encumbered			
301	Office Supplies	15,000.00	19,485.40	129.90%
302	Facility Maintenance Supplies	7,000.00	2,282.72	32.61%
303	Equipment Maintenance Supplies	3,000.00	8,790.45	293.02%
304	Professional & Scientific Supplies	1,000.00	0	0.00%
306	Housing & Subsistence Supplies	1,000.00	0	0.00%
307	Ag,Conservation & Horticulture Supply	1,000.00	0	0.00%
308	Other Supplies	15,000.00	23,776.04	158.51%
311	Food	1,000.00	4,064.55	406.46%
405	Professional & Scientific Services	1,000.00	2,330.00	233.00%
406	Outside Services	3,000.00	4,209.56	140.32%
407	Intra-State Transfers	24,000.00	24,625.34	102.51%
409	Outside Repairs/Service	4,000.00	0	0.00%
418	IT Outside Services	0	4,293.20	0.00%
502	Office Equipment	2,000.00	0	0.00%
503	Equipment - Non-Inventory	25,000.00	33,647.97	134.59%
510	IT Equipment	6,000.00	7,921.09	132.02%
701	Licenses	6,000.00	5,129.20	85.49%
	Balance Carry Forward	384,243.45	\$449,664.21	117.03%
	Total Expenses and Encumbrances	499,243.45	590,219.73	118.22%

2019 Financial Information

Expenditures by Cost Center

, , , , , , , , , , , , , , , , , , , ,	Fund 0001	Fund 0343
Salaries	\$23,496,586.81	\$0.00
Travel & Vehicles	\$224,111.66	\$0.00
Supplies	\$3,385,219.45	\$58,399.16
Contractual Services	\$2,328,999.08	\$35,458.10
Equipment	\$418,905.11	\$41,569.06
Claims	\$439,429.91	\$0.00
Licenses	\$1,181.79	\$5,129.20
Capital	\$0.00	\$0.00

\$30,294,433.81 \$140,555.52

\$957,201.84

	\$30,294,433.81
Expenditures by major cost center	
FY19	Fund 0001
Administration	\$2,508,295.00
Support	\$7,490,786.49
Care Treatment	\$6,229,782.36
Custody Security	\$14,065,569.96
,	\$30,294,433.81
Offender fees collected	
Pay for stay	\$96,954.43
Admin fee	\$50.00
Clothing	\$116.60
Copies	\$871.60
IDS	\$7.00
Medical	\$6,107.90
Misc - Wedding	\$60.00
Pan list	\$0.00
Postage	\$6,178.06
Property Damage	\$393.87
	\$110,739.46
Average Daily Costs	\$64.32
\$ spent on utilities	
Electricity	\$385,979.79
Gas	\$213,876.10
Water	\$129,150.26
Sewage	\$228,195.69

Beginning inventory (Dietary) \$136,905

Ending inventory (Dietary) \$168,866

Drug ExpendituresIMCC pays all drug expendituresMeals total cost\$1,817,678Total meals served1,521,825Food cost per meal\$1.19

Health Services Data

X-RAYS	OFF-SITE VISITS	LABS	
370	680	1,982	

Health Services Encounters Total Encounters by Discipline

Psysician	2,718
Nurse	42,981
Psychiatrist	1,906
Psychologist	4,572
Dentist	1,938
Optometry	725

Medical Expenses

Total Medical Expenses:	\$2,862,073.02
Average Cost Per Month:	\$238,506.09
Average Daily Count:	1,331.60
Average Cost per Inmate per Month:	\$179.11

Mental Health

The Iowa Department of Corrections has done a careful analysis of data gathered from its own computerized records. Although initial data showed a lower percentage of individuals with mental illness in the system, the development of additional assessments like the mental health appraisal, which is given to all incoming offenders, has impacted outcomes. Also the use of an evidence based screening tool like the Modified MINI Screen, which screens for the need of increased assessment and observation in the areas of depression, anxiety, and psychosis and which is given on admission and at every intra institutional transfer, as well as increased staff awareness of mental health issues has helped with identifying and referring individuals to clinical staff for future assessment and intervention whenever mental health issues occur.

The data gathered has shown currently FDCF population has 775 offenders with an identified mental health illness either active or in remission. Whether it is a simple depressive episode that requires short term medication and supportive treatment or it is a conversion disorder that requires frequent medical and psychiatric interventions, including appropriate consultations with the University of Iowa Hospitals and Clinics, this group may not represent the core population of the mentally ill that is cared for but they do demand significant resources.

The data has also shown currently 124 offenders have been diagnosed with a serious mental illness or as special needs. These are those with either an active diagnosis or those identified as being in remission. This includes all those diagnosed with an illness that is often characterized as a chronic and persistent mental illness.

It should be noted that this population is difficult to treat, has cyclical episodes despite stability on medication, and often has a course that shows functional decline over the years despite the best of interventions the system uses to provide stability. It is this population that demands the most from the limited resources available.

Library

FDCF provides offenders with access to an approximately 9800 volume library specializing in general reading materials. In addition to fiction, nonfiction and reference books, the library also provides newspapers for offender use. Interlibrary loan services are also available. The library provides computerized access to legal forms and correspondence. The library has computers available for offender use, which can be utilized for word processing, completing legal forms, and education through the use of CD-ROM resources.

Media Center

The Media Center's inventory consists of educational DVDs, entertainment DVDs and treatment DVDs. The media center uses a system that broadcasts to televisions throughout the facility. There are three inmate channels provided by the facility through the Media Room. This has allowed for communication to be provided throughout the facility for the offender population as it relates to changes and practices. The equipment has allowed communication through a closed circuit system to offender's televisions inside their cells.

Volunteer Program

In order to better meet the needs of the offenders FDCF utilizes approximately 300 approved volunteers. These volunteers have diverse backgrounds and various religious faiths. Their role is to provide offenders with a resource where personal growth issues are explored through the concepts of faith and character-based teachings. This source of encouragement and constructive direction is consistent with the mission of the IDOC. It allows the offenders to address issues that need attention before they return to society, and it allows this to happen with a person who has a track record of success in society. Volunteers' involvement sends a strong message to the offender that the community has a vested interest in their success. This effort allows the reentry planning to aid the offender by having pro-social contact.

Executive Officer

Our Executive Officer Rob Seil offers support services to incarcerated individuals. We have orientation class for new incarcerated individuals which includes duplicate social security cards, child support reduction, driver license records and classes offered at FDCF. The Executive Officer works as the liaison with Social Security Administration to complete SSI and disability applications prior to release. The executive officer assists with Medicare applications for incarcerated individuals 65 and older. She also completes Medicaid and Safenet RX applications to assist with funding for medical & mental health appointments and medications. The Executive Officer provides National Career Readiness Certification testing and Keytrain software training to incarcerated individuals. She is the Apprenticeship sponsor for FDCF, which includes registering incarcerated individuals with the Department of Labor, setting up testing and files, and checking in and out books. She instructs T4C and Prime for Life classes. She serves as the liaison with agencies such as Veteran Affairs, Department of Human Services, Iowa Workforce Development and others. She assists incarcerated individuals with resume building and Iowa Works referrals. She plans an Incarcerated Individual Career and Resource Fair once per year. She assists with hard to place incarcerated individuals with their counselor, psychologist and outside providers when necessary and applies for funding for residential/group homes.

Support Services

Business Office/Administration

FY19 brought about a couple of staffing changes in the business office and administrative area. Shannon Hannagan was hired as an Accounting Clerk 2 in August and Cody Hagar, a current correctional officer, was hired to fill our vacant Storekeeper 2 position in September. Phillip Knoll was brought back as a temp to help in the very busy IT area.

Throughout the facility there were multiple staffing changes that resulted in seven promotions, one voluntary demotion and forty-four new hires. All of these changes kept human resources and training busy throughout the year.

Business office staff did a great job of navigating a very complex budget year caused by unknowns and special contracts related to a substantial project in the kitchen. FDCF continued its role as the "big bank" and processed outside revenue transactions for all incarcerated individuals within the IDOC as well as processing expenditures for those at FDCF. The warehouse operations went well throughout the year and they too, saw substantial changes in processes related towards the kitchen construction at the end of the fiscal year.

Food Services

In FY2019, FDCF produced 1,521,825 meals, which was an increase of 40,440 meals. This is the second consecutive year of nearly a 3% increase in meals served in the previous year. Nevertheless, an increase in meals was not the only challenge of the year. In May, the kitchen was closed down for repairs in the waste water system. The facility adopted a cold sack breakfast and supper with a hot lunch during that time. In addition, CFSCs grilled out a bonus meal one day a week during construction. Great Western Dining/Iowa Central Community College was contracted for the hot meal preparations and transported to FDCF by CFSCs. An enclosed 24' trailer was purchased to make the transport easier. In the Gymnasium CFSCs set up a temporary kitchen for the processing of both cold meals and a variety of extra treats. Another challenge during the construction was that three CFSC were hired, Alec Evans, Ross Murtle and Mark Lijadu. All three successfully completed pre-service. Retirements during FY 2019 included Pam Ames with 22 years of service, Julie Holtorf promoted to an IPI position in November of 2019 and Alan Armstrong sought other employment in January 2019.

Maintenance

The maintenance department kicked off FY19 with a lot of planning as we embarked on strategizing a design for replacing the sewer lines in our dietary and dock areas, starting with identifying scope and then a plan to feed our population without a kitchen for several months. In addition came the planning and scope for replacing the roofs on 3 living units, education, and our support building H, and how to fly material over our fences and keep a safe and secure job site.

There are a lot of things buried under a floor



Difficult to imagine a mini backhoe in your kitchen



Flying rocks off the roof, over the fence



With all of this going on, it was still business as usual:

- Installed a new fuel tank monitoring system for our above ground and underground fuel tanks
- Replaced a large portion of heating system piping and components in K building
- Continued modifying and troubleshooting hot water system in H building
- Completed over 4,000 work orders and PM tasks
- Built 6 bean bag toss game sets and several Adirondack chairs for Special Olympics
- Built an additional 400 plus Adirondack chairs for benefits and Habitat for Humanity as a community service project
- Built a new tool crib for hobby craft
- Conducted fall retrieval training for FDCF and NCCF maintenance staff
- Began boiler modulation modification to 3 boilers
- Performed a deep clean on all air handling units and overhaul of worn components
- Finalized fire alarm panel replacements and the troubles that follow an upgrade
- Installed new ice machines in 3 units

Security

The security department at FDCF is comprised of 156 Correctional Officers, 6 Senior Correctional Officers, 7 Captains, and 1 Associate Warden of Security. The department plays a critical role in the IDOC's mission through continuous interactions with offenders in our direct supervision environment. Security staff receives on-going coaching focused on core correctional practices so each interaction is productive and assists with their eventual return to their communities as productive members of society.

CERT

The 2018 CERT challenge competition was held Wednesday September 19th. Although the day started out a little questionable (heavy rains for the first two hours), the sun finally forced its way out and the challenge was able to take place. Fortunately, the day turned out very good and the CERT Challenge was as good as ever. We initially had 18 teams scheduled to attend but for a number of reasons a few were not able to make it, leaving us with 13 teams participating. There are 10 different challenges that each group must compete in and based upon times/scores of each, teams are awarded points. These challenges are quite daunting, especially with temperatures hovering around 90 and high humidity. But the participants (working in teams of three), assist each other in conquering the required tasks. All in all, it was a great day and an excellent event. The results are listed below.

FDCF hosted the 12th annual CERT Challenge at Brushy Creek State Park. I'd like to thank all the volunteers that assisted with this event as well as the people that covered the absences of those volunteers. 13 teams from around the state participated. The results are as follows:

1st	Fort Dodge #3	Hammen, Stuhrenberg, Lucht	117 pts
2nd	Anamosa #2	Lake, Griffith, Miller	96 pts
3rd	Anamosa #1	Millard, Fowler, Behl	96 pts
4th	State Patrol	Streets, Guhl, Teager	89 pts
5th	IMCC	Worcester, Kimball, Sherman	85 pts
6th	Fort Madison	Billings, Riley, Hill	77 pts
7th	Fort Dodge #1	Burman, Patterson, Weitzel 71 pts	
8th	Clarinda	Morrison, Honeyman, Kirk	57 pts
9th	ICIW	Olney, Degraff, Schorder 56	
10th	BV	Chavez, Mcdonald, Hayes	52 pts
11th	Newton #2	Fritz, Mindham, Thurmond	51 pts
12th	Fort Dodge #2	Satterwhite, Sorenson, Miller	39 pts
13th	Newton #1	Randall, Hicks, Lust	24 pts

 $^{^{*}2^{}nd}$ and 3^{rd} place were tied on points so placement were decided on the run time at station #1

Top Shot – Fowler – Anamosa

Employee Statistics

7/1/18 – 6/30/19

Total Number of Authorized Employees:	276.00
Average Number of Filled FTE's:	259.78
Average Number of Filled Correctional Officers:	143.17
Total Hours of Sick Leave Taken:	19,015.82
Total Hours of Vacation Leave Taken:	39,639.96
Total Hours of Holiday Leave Taken:	6,667.28
Total Hours of Comp Leave Taken:	2,363.40
Total Hours of Military Leave Taken:	3,738.00
Total Hours of Leave Without Pay Taken:	2,298.15
Total Hours of Enforced Leave Taken:	4,759.26
Total Hours of All Leave Taken:	78,481.87
Average Hours of Leave Taken Per Employee:	302.11
Total Amount of Overtime Paid	\$454,435.35

Years of Service Certificates

July 2018		
Dan Teske	7/14/1998	20
Adam Reiss	7/24/1998	20
Tony Comp	7/31/1998	20
Matthew Kent	7/31/1998	20
Vicki Hartley	7/25/2003	15

August 2018		
David Anderson	8/7/1998	20
Jason Stamp	8/7/1998	20
Mark Beckley	8/14/1998	20
Sherri Herrick	8/14/1998	20
Sue Lockner	8/21/1998	20
Jeff Simkins	8/21/1998	20
Andrew Taylor	8/21/1998	20
Kurt Brown	8/28/1998	20
Eric Reese	8/25/1998	20
Jeremiah Johnson	8/29/2003	15

September 2018		
Layla Rysavy	9/7/2013	5

October 2018		
Joe McCarville	10/2/1998	20
Paul Johnson	10/30/1998	20
Brenda Gibbs	10/24/2003	15
Kurt Vermazen	10/20/2008	10

November 2018		
Ryan Moore	11/6/1998	20
Sherri Ayala	11/20/1998	20
Jenni Ortmann	11/14/2008	10
Angie Hiracheta	11/8/2013	5
Mike Knutson	11/15/2013	5

January 2019		
Stu Rasmussen	1/24/1994	25
Frank Bloom	1/8/1999	20
Kevin Cox	1/8/1999	20
Todd Oleson	1/31/2019	5

March 2019			
Michael Barton	3/28/2014	5	
Jason Warden	3/28/2014	5	
Andrew Hamilton	3/28/2014	5	
Jola Riggert	3/28/2014	5	

April 2019				
Paula Addison	4/3/1989	30		
Mark Davis	4/2/1999	20		
Don Asche	4/30/1999	20		

May 2019				
Eli Field	5/29/2009	10		
Garry Riedemann	6/1/2018	5		

June 2019				
Ben Birchard	6/2/1989	30		
Jeffrey Habben	6/13/2014	5		

Retirements



Michael DeWolf Correctional Counselor (34 years) August 31, 2018



Pamela Ames Food Service Coordinator (21 years) January 18, 2019



David Hancock Correctional Officer (31 years) January 24, 2019



Michelle Engelbrecht Registered Nurse (23 years) February 27, 2019



Jimmy Winge Correctional Officer (19 years) March 27, 2019



David Hood Correctional Officer (21 years) June 28, 2019



Leslie Wagers
Treatment Services Director
(11 years)
June 28, 2019



Michael Dreke Electronics Engineer Tech (21 years) June 28, 2019

Employee Spotlight Parking

July 2018

Wade Hammen Mike King David Thoel Milt Smith

August 2018

Don Asche Cortney Pearson

September 2018

Toddy Svoboda Bobby Satterwhite Connie Vanmeter Julie Noltee

October 2019

Josh Stone Jaci Keigher Jason Hawkins Layla Rysavy

November 2019

Don Harris Richard Witham Amanda Hotchkiss Jeff Stange

December 2019

Betty Ploeger Ryan Moore Cassidy Palmer Miranda Casey







January 2019

Todd Oleson
Jimmy Winge
Roger Thies
Jeremiah Johnson

February 2019

Hannah Glasser Michael Skeries Aaron Thompson Karen Little

March 2019

John Golberg Travis Wittmeier Kim Reese Landen Ploeger

April 2019

Shayne Schuelke Craig Johnson Mike Dreke Colton Monson

May 2019

Nick Madison Dave Ferry Ethan Sorenson Chris Judas

June 2019

Dawn Fulton Shad Barry Karee Scherff Greg Rooney