

**MOUNT PLEASANT CORRECTION  
FACILITY  
ANNUAL REPORT  
FISCAL YEAR  
JULY 1, 2018 – JUNE 30, 2019**

**SUBMITTED PURSUANT TO SECTION 904.307 OF THE CODE OF IOWA**



*The mission of the Iowa Department of Corrections is:  
Creating Opportunities for Safe Communities*

**Jay Nelson, Warden**

## TABLE OF CONTENTS

Warden's Introduction	4
Mt. Pleasant Correctional Facility Mission	5
History of Mt. Pleasant	6
Location	7
Reentry Program	8
Staff/Incarcerated Individual Community Service Work Crews	9-10
Expenditure Reports	11
Financial Status Report	12
Population/Annual Costs/Meal Costs/Average Daily Costs	13
Intervention Programs/Prison Services Snapshots/Treatment	14
Treatment Completed Requirements - Internal Interventions	15-16
Special Events	17-24
Health Services	25-31
Food Services	32
Maintenance	33-36
Education	37-39
Staff Information	40

## WARDEN'S INTRODUCTION

Fiscal year 2019 saw many positives for our facility along with some challenges especially involving the maintenance of the facility.

The replacement of windows in the south core and west wing took up a great deal of maintenance and security focus, but the end result will be a building that is more efficient and comfortable for both staff and Incarcerated Individuals. Major plumbing issues and the replacement of the 20 building roof were also major undertakings.

Many projects were completed in partnership with the community including assisting Old Threshers, assisting the Henry County Fair Board in preparation for the County Fair, assisting Habitat for Humanity in the construction of a new home, assisting the cities of Ft. Madison and Buffalo in the filling of sand bags during spring floods and built fabricated and welded 189 new gates for the Lee County Fairgrounds. We continue to partner with the P.A.W.S shelter in Ft. Madison and as a result 87% of the dogs in our F.R.E.D. program have been adopted.

Fiscal year 2019 also saw the expansion of apprenticeship programs, the hosting of two job fairs and our first partnership with a local company that provides us the opportunity to place appropriate Incarcerated Individuals in a private industry environment. In Fiscal Year 2019 we also began using GPS to provide opportunities for Incarcerated Individuals who otherwise would not be able to work outside the secure perimeter and meet the requirements for release as directed by the Iowa Board of Parole. During Fiscal Year 2019 we were also able to partner with South Eastern Community College in receiving a grant that allowed us to offer Electrical and Mechanical certifications, LEAN, Trenching and Blueprint Reading certifications to Incarcerated Individuals.

In Fiscal Year 2019 we also started a bee keeping program. Several of our maintenance staff voluntarily attended training, and as result we have two honey producing hives.

Fiscal Year 2019 also saw us gain approval to fill additional officer vacancies increasing our approved Officer staff from 114 to 120. Following a department wide work load study focusing on Correctional Counselors, we were able to increase our counselor staffing to 15.

During fiscal year 2019 we were also able to present leadership training opportunities to not only current supervisory staff, but also to staff who have

some interest in moving into a supervisory role someday. We plan to continue to offer these programs as a means to “build our bench” for the future.

As we look ahead to Fiscal year 2020 we see new opportunities in both the improvement of the facility, and new opportunities for staff and Incarcerated Individuals. As always we will face these opportunities and challenges as a team.

Jay Nelson  
Warden

## **Mt. Pleasant Correctional Facility Mission Statement**

The mission of the Mt. Pleasant Correctional Facility is Creating Opportunities for Safer Communities by providing a safe and secure minimum security Institution which focuses on treatment utilizing evidence based practices.

### **Public**

Provide sound security practices to maintain Incarcerated Individual Accountability.

Establish and maintain relationships with criminal justice and law enforcement stakeholders.

Conduct business in a fiscally responsible manner.

Provide assistance in time of tragedy or disaster.

### **Employees**

Provide a work environment that emphasizes communication, innovative thinking and encourages teamwork.

Provide a safe work environment.

Provide professional growth opportunities.

Provide a professional work atmosphere in which employees are valued.

Provide staff the training and resources needed to accomplish organizational goals.

### **Incarcerated Individuals**

Provide programming that assists Incarcerated Individuals in identifying, accepting, and addressing their criminogenic needs.

Enhance Incarcerated Individuals work skills by providing apprenticeship and work opportunities, including private industry and, community service.

Provide a living environment that promotes personal change.

Reduce recidivism by developing better citizens through the learning of Pro-Social values.

## **History of Mount Pleasant Correctional Facility**

In 1976 a satellite of the Iowa Men's Reformatory at Anamosa, was established in the 20 Building and was named "Medium Security Unit". This was to be a temporary, 144 bed unit to help ease the prison overcrowding. This unit continued until in 1981 an exchange of buildings was made between the Mental Health Institute (MHI) and the Medium Security Unit. This was done in order to increase the prison capacity to 550.

In 1984 the transition of the Mt. Pleasant Correctional facility to its current site was completed. From 1984 – 2017 the facility operated as a medium custody facility focused on providing Sex Offender and Substance abuse programming to Incarcerated Individuals.

In 1998 a wing of the former MHI 20 building opened as a women's facility, focused on special needs incarcerated females. In fiscal year 2014 the Women's Unit was closed and all Incarcerated Individuals were move to the new women's facility at Mitchellville.

February 2017 Director Bartruff signed off on the Mt. Pleasant Correctional Facility as a Minimum Secured Facility focusing on cognitive based treatment programming and re-entry for a population of 1000 Incarcerated Individuals.

The MHI library was turned into a Mental Health Institute Museum, which is open to the public the first Friday of every month.

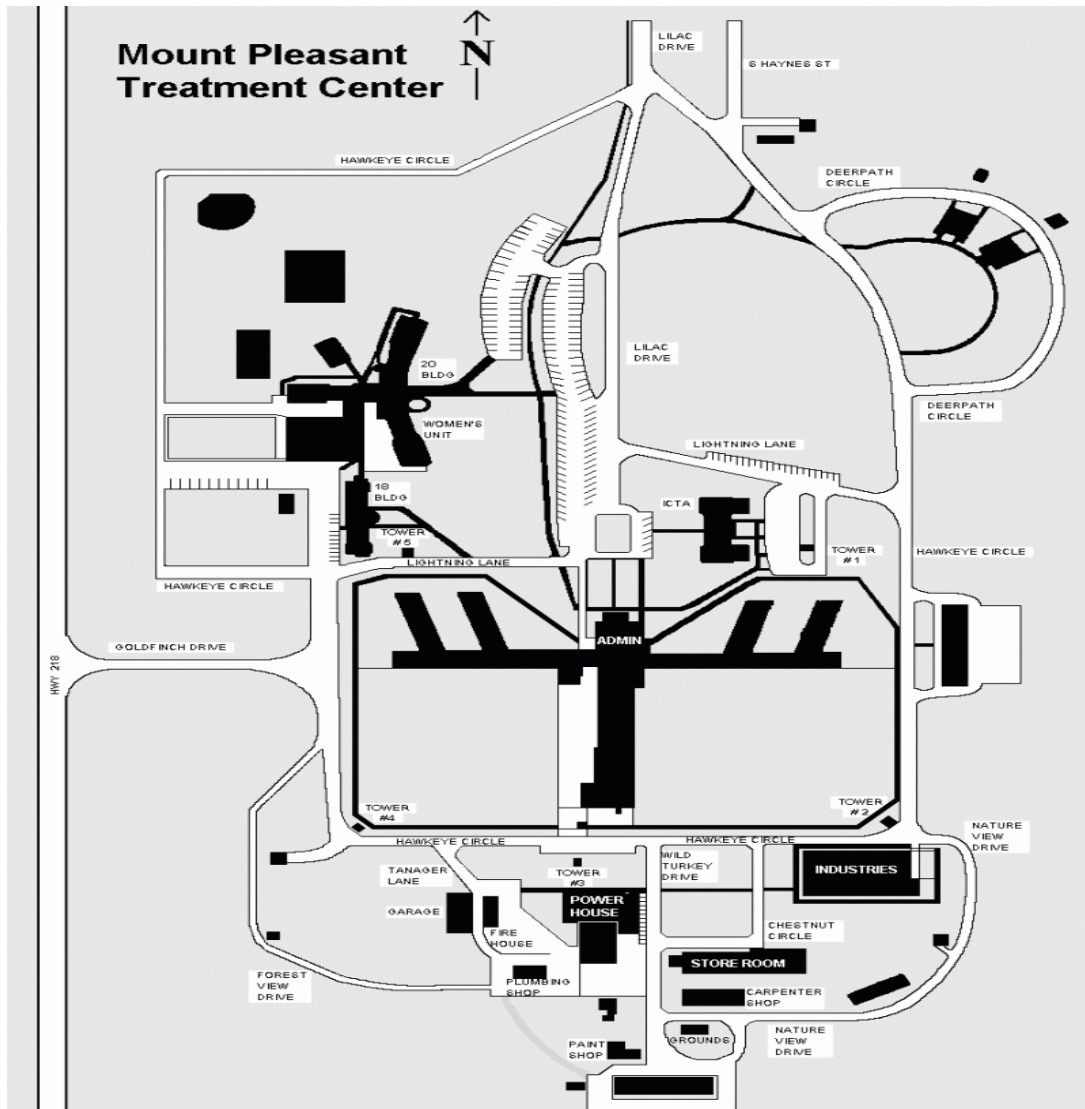
Today's prison is called the Mt. Pleasant Correctional Facility. MPCF has a design bed capacity of 774 and a maximum capacity of 967. The prison has a total of 241 authorized Full Time Equivalent positions and a total population averaging approximately 1000 Incarcerated Individuals.

## Location

The Mount Pleasant Correctional Facility is located on 152.24 acres, about the size of 115 football fields. The original construction was completed in the 1860's. The campus boundaries are Hwy 34 and old 218.

ADDRESS: 1200 E. Washington St. , Mt. Pleasant, IA 52641

PHONE: 319-385-9511



## Re-entry Program

Mount Pleasant Correctional Facility (MPCF) strives to place incarcerated individuals in situations that will enhance their success rate by placing clients in positive release placements. The reentry coordinator advises and consults with correctional staff to assist them in effective release planning decisions on problem cases, or to provide information about possible resources available in the community to incarcerated individuals. Reentry provides clients with information on release issues including sex offender laws, alternative release living arrangements, and assistance with government program applications (i.e. Social Security, Financial Aide, Housing and Iowa Market Place Health Care plans).

Department Mission: Creating Opportunities for Safer Communities

Rational: Ex-prisoners historically have difficulty securing jobs; stable housing and they often have difficulty re-establishing relationships with their families or other social supports.

Objective: To inform clients of programs and benefits available to them when they leave MPCF so that they may have the tools to succeed in the community setting.

Goals: 1) Contribute to the success rates of clients who transition from prison by providing information that can assist them in the community including treatment, housing options, and supportive services 2) Ensure clients have quality health care prior to release.

MPCF uses a two-step process where the incarcerated individuals are reviewed:

- a) Primary classification when they first arrive and
- b) Release preparation class when they are scheduled for release at MPCF.

The Executive Officer 1 assigned to treatment coordinates the reentry issues at MPCF.



## **Staff/Incarcerated Individual Community Service**

### **Special Olympics / Relay for Life**

The Committee raised \$1,202 for Special Olympics and Relay for Life by hosting a chili dump and a silent auction.

### **Affirmative Action Committee**

The Affirmative Action Committee raised \$722 by hosting several different events throughout the year for retention efforts.

### **Mississippi Valley Regional Blood Center Drives**

We hosted 5 drives and collected a total of 85 units which would potentially create 340 blood products and transfusions.

### **Incarcerated Individual Community Service Hours**

Highway Cleanup	168
Wax DOT Scale house	18
Burlington Landfill	3,494
Henry County Habitat	113
Keokuk City	9,501
Mt Pleasant City	8,237
Keokuk Habitat For Humanity	3,910
Independence MHI (Grounds cleanup)	72
Thresher's	1831
Ft Madison Recycle	19,769
Farm 3 (Ft Madison)	17,115
Henry County Museum	72
University Of Iowa	463
Iowa City Schools	452

Total 65,215

### **Apprenticeship Hours**

OTJ Training Hours = 17,038

Curriculum Hours = 4,307

**Furry Rescue Educational Development (F.R.E.D.) (Dog) Program**

Mt. Pleasant Correctional Facility FRED program is a partnership with the Protectors of Animal Welfare (PAWs) animal rescue program in Ft Madison, IA. The program is an eight-week educational program for dogs that are considered hard to adopt. The program gives incarcerated individuals the opportunity to assist in training animals and provides them with a valuable, marketable skill that they may use upon their release to the community. The program, which was started in May 2017, has seen approximately 110 dogs complete the program. When animals are returned to the community, the FRED program has an estimated a 90% adoption rate. The goal of the program is to teach incarcerated individuals responsibility and empathy while enhancing the animals ability to be adopted.

**Expenditure Report**

<b>FTE POSITIONS</b>	<b>Dept. Revised Budget</b>	<b>Actual Revenue &amp; Expenditure</b>
Correctional Officer	125	
Total Staffing	241	
<b>RESOURCES AVAIL</b>		
Balance brought forward	4,028	4,028
Appropriation	25,526,413	25,526,413
Appropriation Transfer	(275,000)	(275,000)
Legislative Adjustments	150,000	150,000
Federal Support	-	-
Local Governments	-	-
Intra State Receipts	-	-
Reimbursement from Other Agencies	100	-
Transfers – Other Agencies	-	-
Interest	-	-
Fees, Licenses & Permits	60,000	68,349.34
Refunds & Reimbursements	100	-
Sale of Equipment & Salvage	-	-
Rents & Leases	21,400	28,864.85
Agricultural Sales	-	-
Other Sales & Services	-	-
Unearned Receipts	-	-
<b>TOTAL RESOURCES</b>	<b>25,487,041</b>	<b>25,504,936.08</b>

**FY 2019 Financial Status Report**

<b>FUNDS EXPENDED AND ENCUMBERED</b>	<b>Dept. Revised Budget</b>	<b>Actual Revenue &amp; Expenditure</b>	<b>Percent (Actual of Budget)</b>
Personnel Services -Salaries	21,720,443	20,420,278.66	0.94
Personal Travel I/S	8,000	14,924.75	1.87
State Vehicle Operation	42,000	70,231.16	1.67
Depreciation	100	75,000.00	750.00
Personal Travel (Out of State)	100	763.93	7.64
Office Supplies	10,000	18,665.57	1.87
Facility Maint. Supplies	175,000	312,913.52	1.79
Equipment Maint. Supplies	6,000	6882.54	1.15
Professional & Scientific Supplies	52,000	57,421.51	1.10
Housing & Subsistence Supplies	122,000	294,033.73	2.41
Ag Conservation & Horticulture Supplies	4,000	7,767.16	1.94
Other Supplies	10,000	54,890.50	5.49
Printing & Binding	-	-	-
Drugs & Biologicals	-	-	-
Food	970,000	1,020,102.38	1.05
Uniforms & Related Items	125,000	247,781.53	1.98
Postage	5,000	1,230.29	0.25
Communications	28,000	28,359.40	1.01
Rentals	4,000	5,251.24	1.31
Utilities	892,570	1,026,621.97	1.15
Professional & Scientific Services	90,000	157,594.55	1.75
Outside Services	160,000	188,103.21	1.18
Intra State Transfer	100	-	-
Advertising & Publicity	1,000	1,065.02	1.07
Outside Repairs/Service	80,000	150,161.20	1.88
Auditor of State Reimbursement	-	-	-
Reimbursement to Other Agencies	415,000	397,926.57	0.96
ITD Reimbursement	82,000	81,043.75	.99
Workers Compensation	-	-	-
IT Outside Services	-	-	-
Transfer – Auditor of State	-	-	-
Transfers – Other Agencies Services	600	488.00	0.81
Equipment	10,000	132,814.61	13.28
Office Equipment	5,000	10,949.85	2.19
Equipment Non-Inventory	25,000	149,227.26	5.97
IT Equipment	79,028	170,239.22	2.15
Claims	100	300	3.00
Other Expenses & Obligations	365,000	386,748.67	1.06
Licenses	-	-	-
Refunds – Other	-	-	-
Capitals	-	-	-
Balance Carry Forward	-	7,577.17	-
Reversion	-	7,577.16	7,577.16
<b>TOTAL EXPENSES and ENCUMBRANCES</b>	<b>25,487,041</b>	<b>25,504,936.08</b>	<b>1.00</b>

<b>Total Expenditures</b>	<b>Average Daily Population</b>	<b>Annual Cost</b>	<b>Average Daily Cost</b>
\$25,973,768.64	987.06	\$26,313.74	\$72.09

<b>Allowance</b>	<b>Child Support</b>	<b>Restitution</b>
\$380,125.25	\$50,339.14	\$46,313.21

<b>Meal Cost Summary – FY 19 -</b>	
Meal Count DOC Incarcerated Individuals Only	1,138,800
Adjusted Food Cost	\$1,002,068
Food Cost Per Meal	\$0.88
Adjusted Supply Cost	\$69,704
Supply Cost Per Meal	\$0.06
Adjusted Staff Labor Cost	\$1,270,368
Incarcerated Individual Labor Cost	\$66,638
Total Labor Cost	\$1,337,007
Labor Cost Per Meal	\$1.17
Total Cost	\$2,408,780
Total Cost Per Meal	\$2.12
Prior Year	\$2.04

## Intervention Programs

<b>Intervention Program</b>	<b>Active at Start</b>	<b>New Admits</b>	<b>Closures</b>	<b>Active at End</b>	<b>Incarcerated Individual s Served</b>
Re-Entry Medicaid Coverage	34	540	522	53	57
Sex Incarcerated Individual Program		2	2		
<b>Total</b>	<b>34</b>	<b>542</b>	<b>524</b>	<b>53</b>	<b>57</b>

## Prison Services

<b>Supervision Status</b>	<b>Active at Start</b>	<b>New Admits</b>	<b>Closures</b>	<b>Active at End</b>	<b>Incarcerated Individual s Served</b>
Prison	948	1,418	1,449	940	2,366
<b>Supervision Status Totals</b>	<b>948</b>	<b>1,418</b>	<b>1,449</b>	<b>940</b>	<b>2,366</b>

## Treatment Completed Requirements

### Internal Intervention

Internal Intervention	Active at Start	New Admits	Active at End	Closures	Incarcerated Individuals Served
ACTV: Achieving Change through Value-Based Behavior (IDAP)	34	120	36	116	154
Alternatives to Violence (AVP) Advanced Workshop		20		20	20
Alternatives to Violence (AVP) Basic Workshop		40		40	40
Alternatives to Violence (AVP) Training for Facilitators Workshop		2		2	2
Cognitive Behavioral Interventions for Substance Abuse	24	17		41	41
Dads 24/7	33	64	33	62	97
DHS 101	14	185	20	180	199
HIRE: Healthy Iowa Relationship education (for work)		45	1	44	45
HiSET (High School Equivalency)	59	164	71	151	223
Literacy	2	40	12	30	42
Moral Reconciliation Therapy (MRT)		434	85	347	434
MSU Apprenticeship - BAKER (BAKE PRODUCE)	4			4	4
MSU Apprenticeship - CARPENTER	4			4	4
MSU Apprenticeship-FABRICATOR-ASSEMBLER, METAL PRO		1	1		1
MSU Apprenticeship - HOUSEKEEPER, COM, RES, IND.	2			2	2
MSU Apprenticeship - LANDSCAPE MANAGEMENT TECHNICIAN	3	5	2	6	8
MSU Apprenticeship – MAINTENANCE REPAIRER, BUILD		2		1	2
MSU Apprenticeship - MATERIAL COORDINATOR	2		1	1	2
MSU Apprenticeship - PAINTER (CONST)	3	1	1	3	4
MSU Apprenticeship - PLUMBER	2	1	3		3
MSU Apprenticeship - REFRIGERATION, AIR CONDITION MECH (HY)	1			1	1
MSU Apprenticeship – WELDING, COMBINATION	4	3	4	3	7
NAMI Peer to Peer		1		1	1

Mt. Pleasant Correctional Facility Annual Report '19

National Career Readiness Certificate – MPCF		26		26	26
Psychological Evaluation – BOP DR15		5		5	5
SafeNet RX – MCPF		103		103	103
SECC Basic Industrial maintenance-Electrical		20		20	20
SECC Basic Industrial Maintenance-Mechanical		22	2	20	22
SECC Blueprint Reading		21		21	21
SECC LEAN Practitioner Certificate Level 1		33		33	33
SECC Life Skills		94		94	94
SECC Trenching and Shoring		11		11	11
Thinking For a Change		56		56	56
<b>Internal Intervention Totals</b>	<b>191</b>	<b>1,536</b>	<b>272</b>	<b>1,448</b>	<b>1,727</b>



## **Special Events**

### **July 2018**

The Cell Sense scanner was installed in the lobby and is up and running.

We were currently down to six months on the treatment waiting list. New Counselors attended training for ACTIV training on July 11-13<sup>th</sup> and T4C was July 23 – 26<sup>th</sup>. Groups continued and I/I continue to be released.

The new optometry equipment was installed in health services.

Jay conducted a Statewide Leadership training in Des Moines on July 17<sup>th</sup>.

Gary Peitz, with the 8<sup>th</sup> District, walked through the MHI building with Dave Smith, Jeremy Howk and Jay to review as a potential residential facility.

### **August 2018**

Iowa Work Force Development Re-Entry Advisor Terry Zmolek was approved for 4 more CPR classes. He will be doing one a month through December. That will enable us to get 45 I/I's certified. This is a grant funded program.

Grace, with the Mt. Pleasant News came to look at the MHI museum set up in the 20 building. She was very interested in the relics, history and the relationship with the MHI and DOC. She was given a tour of the out buildings which is part of the MHI history as well. She has asked to come back to do a full story on our gardens, productivity and impact.

Due to the increase in the community and Corrections nationwide to Opioid exposure, Becky Johnson arranged training for staff who may be at risk to come in contact with these Opioids. Susan Shields – DOC Pharmacist Administer did the training for staff for the use of Nolozone/Narcan Training involving the use of Narcan Spray.

A Healthy Relationships workshop was held August 8<sup>th</sup>. Fifteen I/I's were able to attend.

MPCF had four I/I's that are scheduled to be transported to the Henry County Court house for arraignments for the crime of possession of contraband on/in grounds of Correctional Facility, a class D felony and being a habitual offender.

On August 16<sup>th</sup> MPCF had a serious issue with plumbing campus wide. This was the result of flushing the hydrants, which caused pressure that old and cracked iron could not handle breaking a pipe that was under concrete.

MPCF had significant damage to several trees on campus due to a tornado warning on August 28<sup>th</sup>. We also experienced some fascia damage to the roof and two State vehicles. Incarcerated Individuals were taken to the town square to help clean up trees and tents that were also damaged. (Vendors had tents set up in the park for Old Threshers.)

Jay attended the Emotional Intelligence trainers of trainers in August.

### **September 2018**

Mark Roberts began using the GPS monitoring ankle bracelets on four I/T's.

On September 6<sup>th</sup> MPCF CERT team along with K9's from ISP, SCO Barnes and his K9 and Henry County Deputy Sheriff and his K9 conducted a unit search. They found marijuana and two separate locations that had cocaine hidden. Three I/T's were taken to Ad Seg.

Jay attended the West Central Wardens and Superintendents Conference in La Crosse Wisconsin September 10-13.

### **October 2018**

Our count continued to grow to 1030.

Andrea Wright did a presentation at the Dover Museum on our F.R.E.D. program (dog program). They donated \$50 to the program.

On October 18<sup>th</sup> Bishop Thomas Zinkula came into the facility to conduct mass.

Our Health Relationship workshop is a huge success with offenders signing up weekly.

Troy participated in an Incident Command Scenario at Newton.

Dave Smith and Randy Kirchner conducted OSHA training for other institutions.

Maintenance took a couple I/T's to the Mt. Pleasant airport where they replaced the existing roof with a tin roof.

Jay attended "Partnership for lasting Change" at IMCC on October 17<sup>th</sup>.

### **November 2018**

The job fair was a huge success. Approximately 20 employers and service providers were on hand and approximately 70 I/T's attended.

We received the final Security Audit results. This was an exceptionally positive audit. We also received the results of our financial audit. With the exception of one minor issue the audit was flawless.

The Fire Marshall was here on November 7<sup>th</sup> for our annual inspection.

Jeremy continues to work with the apprentice and vocational grant money to purchase a welding simulator for I/T's that don't have their outs.

Andrea Wright took 6 I/T's to McMillian Park Fair grounds to assist in moving equipment and building fences for an event that was going on at the park.

### **December 2018**

On December 18<sup>th</sup> seventeen members of the Henry County Leadership class toured MPCF. They went through in two groups with Jay and Marcy giving the tour.

On December 21<sup>st</sup> we held a NET graduation ceremony and recognized eight new staff members.

Officials from MPCF, SCC, and the Center for Business and Industry met to create a plan of delivery for several possible vocational course options including Basic Industrial Maintenance Certification, Lean Practitioner Level 1, and Trenching and Shoring. Once the price quotes come in, the team will meet to choose which courses to offer, when to offer them, and a participant selection process for each.

On December 6<sup>th</sup>, K-9's throughout the state came in and did a shakedown of the institution.

Marcy attended a PIO meeting with Cord. Cord will be visiting each institution to conduct interviews with staff and take video of the living area. This was for recruitment efforts.

Dan Clark, Jay and Marcy met with two private industries regarding hiring I/T's.

KTVO news was on site to tape our apprenticeship program. This was a great way to show what work goes into the apprenticeship program.

The Mt. Pleasant News published an article on "Christmas in Prison". We focused on the Angel tree and some volunteer programs that are going on.

### **January 2019**

Line staff as well as Management staff attended the C/O testing focus group on January 24<sup>th</sup> at Oakdale.

Jay was in Clarinda conducting Leadership Training January 22<sup>nd</sup> and 23<sup>rd</sup>.

Jay, Captain Nathan Faler and Nursing Supervisor Becky Gray attended an Emergency Management Meeting with the Henry County Public Health to be a point of dispensing medications in the event of a County wide emergency.

Troy, Dave Smith and Marcy went to the University of Iowa Hospital to review their staff accountability system.

Intern Tiara Anderson began her internship on January 8<sup>th</sup>. She was a student from Iowa Wesleyan University and was studying Criminal Justice. (She has since been hired as a C/O at MPCF).

Iowa Wesleyan University Nursing students attended an orientation so they could come in and do their clinical's.

Nick, Mark and Marcy attended the Corrections Leadership Symposium with DOC and CBCs. There was a lot of good discussion between the two entities to continue to work together and keep moving forward with changes.

The Henry County Extension Office held a bee keeping class in the evenings. Barb and Dave worked with anyone in maintenance who was interested in being trained to make beekeeping an apprenticeship course.

### **February 2019**

As of February, we had 72 dogs go through our program and all but 9 have been adopted. Thirty-two I/I's were primary handlers and 62 I/I's have been active in a secondary role for a total of 94.

The IWU Nursing students began their rotation on February 19<sup>th</sup>.

Captain Faler participated in a tabletop escape exercise at Newton on the 19<sup>th</sup>.

Management staff met with SCC regarding the \$75,000 grant. It was agreed upon to offer electrical, mechanical Lean, trenching, and blueprint reading. Classes could be done inside with a start date of February 18<sup>th</sup>.

A tabletop exercise with the Henry County Emergency Preparedness has been scheduled. The MPCF Warehouse will be the point of distribution.

### **March 2019**

On March 27 and 28<sup>th</sup>, 18 staff participated in Foundational Leadership training. This training was originally designed for new supervisors. Since all of our supervisors have completed the training it was decided to offer it to staff who might have an interest in moving into a supervisory role someday. The facilitators were very impressed with the group of people and truly appreciated their engagement in the training. There is a waiting list of 14 now so in the fall we will repeat this training.

Volunteer Bill Witherspoon began conducting meditation classes to the I/I's.

On March 18<sup>th</sup>, DOC and SCC began providing 5 different courses to I/I's. Beginning March 18<sup>th</sup> and extending through the end of May. Basic Industrial Maintenance Certification (Electrical) will be the first course offered.

Four maintenance staff completed the Bee Keeping class. We moved forward with ordering the bees in order to get the hives established.

Deputy Warden Stroud and Jay met with the Henry County Board of Supervisors and the Henry County Sheriff as a next step towards a private industry opportunity. We will also meet with representatives from the Mt. Pleasant Golf and Country Club who have expressed an interest in having an I/I work crew this spring/summer.

On March 7<sup>th</sup>, five bags of tobacco were located in the bumper of the IPI transport van.

March 11-12 SCO Beauchamp and K-9 Cash participated in K-9 drug trials at ISP. Both were part of the overall first place team this year.

**April 2019**

On April 18<sup>th</sup> several HNT staff participated in an interacting, involving and educating a Criminal Justice class from Southeastern Community College during their training exercise. The Professor and his teaching assistant were so very pleased with the professionalism and dedication to the mission in these roles.

On April 26<sup>th</sup>, Motivator speaker, Michael Franzese was on site to speak with the I/I's regarding his life experience with the Colombo crime family and how he managed to walk away from the mob. His captivated stories of his personal experiences in organized crime and genuinely affected by his power anti-crime messages and eye opening revelations.

On April 18<sup>th</sup>, Katrina was on site to observe the classification review process and to gather statistics on how the programming is working.

On April 18<sup>th</sup> Kevin Robbins and Sandra Smith met with re-entry and apprenticeship staff to discuss re-entry and employment and the process MPCF uses.

The carpenter apprentices finished framing the Habitat home and delivered it to the build site. The print they were given was not drawn correctly which caused the hallways to only be 14" wide so I/I Scott Fry drew a correct print which was pretty impressive work freehand.

Jay and Troy attended the Crime Victims Ceremony in Des Moines on April 18<sup>th</sup>. While the stories are difficult to hear, they are an important reminder of why we work to impact victim safety through programming, apprenticeship, education, and mental health services just to name a few.

Eighteen I/I's who completed the three week long BIMT Mechanical class were awarded certificates, as they met all of the course requirements.

Six I/I's were transported to Ft. Madison to help fill sand bags.

April 30, 2019 several MPCF staff met with Lomont supervisors and team leaders to answer questions related to I/I's working at Lomont.

Andrea Wright and Terry Zmolek, (Iowa Work Force) attended the re-entry week in Des Moines and spoke with Governor Reynolds.

### **May 2019**

The IDOC was quick to respond to the flooding in Buffalo, IA. Crews from MPCF were on site and a crew from ISP, along with MPCF, filled sandbags for the efforts. The people in and around Buffalo were extremely grateful for the assistance.

The MPCF Cert, HNT and K-9 teams participated in the training at Clarinda the week of the 14<sup>th</sup>. Teams were able to partner with the Iowa State Patrol Tactical teams and negotiators. There were very positive remarks from Security Director Don Baker.

The welder and metal fab apprentices recently finished building 189 new gates for the sheep barn at the Lee County Fairgrounds. They also designed and built the fixture for the gates.

Our Lean Level 1 Practitioner courses ended May 17<sup>th</sup>. They were awarded certificates Thursday, May 16<sup>th</sup> and Friday, May 17<sup>th</sup>.

On May 22<sup>nd</sup> Representative Joe Mitchell toured the facility.

Maintenance picked up the bees to begin our beekeeping apprenticeship.

A job fair was held in the IPI building on May 10<sup>th</sup>. 180 I/I's attended, there were close to 40 employers, agencies and media present.

Plant Operations Manager, Jeremy Howk was awarded the Outstanding Correctional Worker award at ICA for his commitment to the apprenticeship program

### **June 2019**

On June 7<sup>th</sup>, MPCF hosted the monthly Board of Corrections meeting. Steve Weiss was approved as the new Warden at CCF (Clarinda). Our staff (Andrea Wright, Terry Zmolek and Kerry Murray) along with a minimum out gave a presentation to the Board about our re-entry and work initiatives. There were questions by the Board, and many positive comments.

We began our relationship with Lomont Molding by sending 11 I/I's to private sector jobs. While there are always a few minor bumps, overall the first week was a success. Marcy and Jay visited Lomont. The company is pleased and the I/I's all state they enjoy and appreciate the opportunity.

On Friday, June 21<sup>st</sup>, KWQC was on site to do a story on our dog (FRED) program. They interviewed staff and I/I's involved in the program. It's nice to

see all the hard work of staff and the I/I's involved in the program recognized.

MPCF participated in a Henry County emergency drill-involved a medical exposure which required medical supplies to be shipped in from Des Moines. Henry County is the hub that is the distribution center for 7 counties and MPCF. The semi-truck arrived from Des Moines carrying medical supplies. Supplies had to be unloaded, counted, allocation decisions made and how the others would be coming in to pick up their allotments. Products had to be re-packaged- reloaded - and returned to truck. Truck would return the supplies then to Des Moines. MPCF Storeroom worked perfect and will be the distribution center for this area should an event occur.



## **Health Services**

### **PROGRAM OVERVIEW**

#### **IDOC Health Care Mission**

We promote the Department's Mission to Create Opportunities for Safe Communities by: Managing client health care to ensure a safe and secure environment for both clients and staff while promoting positive change in client behavior and provide patient education to help client learn and take care of their health issues.

#### **Health Services Organization (Under the Direction of the DOC Health Services Administrator)**

In the Iowa prison system, key departmental and institutional health professionals meet on a regular basis to develop corrections health programs. The Department of Corrections (DOC) Pharmacy and Therapeutics/Health Services Committee provides for a quarterly meeting of DOC health professionals, including the DOC Medical Director, DOC Administrator of Nursing, DOC Director of Pharmacy Services, and the DOC Health Records Administrator. This departmental committee, with representation from each of the prison facilities, develops reviews and establishes DOC Health Services policy. Final decisions are made as to what specific medications will be used in the department's health services programs. Mutual concerns are discussed, and agreement is reached as to how DOC health professionals can best respond to patient health needs.

#### **Scope of Services:**

- The Health Authority (DOC Health Services Administrator-DOC Nurse Managers Administrator) and (Nursing Services Director) will ensure that staffing levels, job descriptions, contracts and procedures are developed in order to implement this policy.
- Available resources are utilized in the most efficient manner.
- Opportunities are provided for patients to improve their health status.
- Populations with special health care needs are serviced.
- The rights of patients are respected.
- Regular means of communication between health services and institutional administration is accomplished.

## **Goals**

The goals of the Department of Corrections health care services are to relieve pain and suffering; prevent avoidable deterioration of health status; and, promote the restoration of function, by developing a model service delivery system of correctional health care.

1. To provide the adequate number of trained credentialed and licensed professional staff in order to accomplish the health care mission of the Iowa DOC.
2. To achieve accreditation for all DOC institutions.
3. To develop and apply ongoing application of Continuous Quality Improvement (CQI) data to ensure delivery of evidence-based best practices at the best value for the lowest cost.
4. To establish and maintain linkages with sister state agencies and other county and national organizations.

## **Objectives**

To assure that the scope of services are provided and monitored:

- To provide trained, credentialed and licensed professional staff in order to accomplish the health care mission.
- To develop and apply ongoing continuous Quality Improvement (QI) policy to ensure delivery of evidence-based medical practices.
- To maximize in-house medical care while minimizing the use of outside medical facilities.
- To participate in meetings on health care
- To collaborate with security-staff to assure patients access to health care in accordance with policy.
- To provide medical education for the patient population.
- To encourage patients to maintain their health and actively participate in their personal health care.
- To continue on going staff training and education.
- To promote communication between health care professionals and patients.
- To provide a comprehensive program for infection control for all employees and patients.
- To maintain complete and accurate health records.
- To assure confidentiality of patients' health records.
- Coordination of care among a multidisciplinary team approach.

**Types of Health Care Services:**

**A. Medical: One part time Medical Physician and on-call physician 24 hours day coverage.**

- Review of Patients current medical history, including collection of data, medical, dental, mental health and immunization histories, to develop a plan to accommodate the health needs of each patient.
- Acquisition of laboratory and other diagnostic tests to detect communicable diseases and assess chronic disease process.
- Assess vital signs to include weight, height, blood pressure, pulse, and body temperature.
- Development of treatment plans, initiation of therapy and monitoring of interventions.

**B. Nursing:12 R.N.'s, Nursing Unit Coordinator, Nursing Services Director**

Procure medical, mental health and immunization history.  
Provide support for medical procedures.  
Provide for daily sick call and triage.  
Provide 24-hour nursing coverage.  
Provide for pharmacy distribution.  
Provide for patient educational development regarding their chronic conditions and communicable diseases.

**C. Dental: One part time Dentist and one Full Time Dental Hygienist.**

- Provide initial screening of dental and oral lesions.
- Place pathology in a stepped priority format.
  - Treat lesions in a priority order.
  - Final professional judgments related to dental services are the responsibility of a dentist.

**D. Laboratory and Radiology:**

- Provide onsite laboratory screening of blood glucoses, hemmocults, suboxone tests, and urine tests.
- Collect DNA samples.
- All Blood labs needed are drawn and prepared by the RN's.

- Prepared labs sent to a state contracted lab (Quest Labs). Emergency labs can be sent to local hospital, HCHC
- Provide X-ray screening at UIHC, and HCHC.

E. **Pharmacy:**

- IMCC is our Centralized Pharmacy providing our facility with pharmaceutical support.
- Develop a formulary of drugs.
- Provide a mechanism to identify drug errors.

F. **Mental Health:** *[Under supervision of the Iowa Department of Corrections DOC Health Services Administrator.] 24 hour a day Physicians on Call*

**3 Full time Psychologists**

- Provide initial mental health screening to patients.
- Provide intensive support for patients in an SSIP or MHO status.
- Provide for the programming needs of MPCF.
- Determine the need for civil commitment.

G. **Optometry: One part time Optometrist up to 20 hours per month**

- Provide tri-annual visual acuity screening and follow-up corrective refractory.
- Provide ongoing ocular needs as appropriate.

**Intake Health Screening and Assessment**

Upon intake at the Iowa Medical and Classification Center (IMCC), medical staff completes a brief intake health assessment. Usually, within 24 hours, nursing staff conduct an expanded survey and review of the Incarcerated Individual's current health status. A vision and dental assessment is completed; infectious disease screening is accomplished; laboratory tests are obtained; and, a physical examination is conducted. Patient's health history and circumstances of their incarceration may warrant modification in these screening tests and procedures. Relevant issues are discussed in applicable DOC policy and procedure.

Most patients remain in IMCC reception status for only a short time. During this period, IMCC health services staff address high priority

health concerns. Elective health issues are noted in the patient's health record.

Mount Pleasant Correctional Facility completes an updated intake health screening for medical and psych on all incoming patients to our facility. This continues to serve on-going care from other institutions with no break in cares.

### **Elective Health Conditions**

Available health resources are not unlimited. The DOC intends to provide health services consistent with nationally recognized standards for correctional health care.

Stable health conditions, related to old injuries (sports, auto accidents, etc.), may or may not be addressed.

Some degree of hearing loss is not inconsistent with doing prison time. Hearing aids, even if recommended by others, will not automatically be purchased. With regard to prosthetic devices, each circumstance will be assessed on its own merits.

Dental services are provided within a priority system. Available resources are committed to saving and restoring teeth. Little time and resources are available for obtaining prosthetic devices, including partial and full dentures.

### **University Hospitals**

In most cases, necessary (not elective) inpatient and outpatient specialty services were obtained at the University of Iowa Health Center (UIHC), located in Iowa City, Iowa. Local Community Henry County Health Center also utilized for emergency room, x-rays, and emergency labs if needed. Referral for these specialty services is by mutual agreement between the Incarcerated Individual and DOC staff.

University of Iowa Health Center professional staff are responsible for the outpatient and inpatient services patients receive while immediately under their care. UIHC staff frequently makes recommendations for treatment and follow-up services after an inpatient stay or an outpatient visit. DOC staff is responsible for considering UIHC recommendations and responding appropriately. Some recommendations may or may not be followed as written by UIHC. University Hospital professional staff cannot be expected to be fully aware of all policy and procedure in effect in a prison environment. Follow-up return visits to the UIHC are frequently

unnecessary, as available correctional health services staff are able to address remaining health issues.

### **Mental Health Services**

In Iowa Corrections, all inpatient psychiatric services are provided in the 23-bed psychiatric hospital located at IMCC. If psychiatric hospitalization is indicated, MPCF institutional mental health services staff will make an appropriate referral.

Psychological assessment is done as part of initial prison intake screening. At prison facilities, patients have an assigned correctional counselor who is expected to initially address patients concerns in the mental health area. Psychology staff is available for additional assessment and treatment services. Where necessary, outpatient consultation and treatment from a psychiatrist is provided at the institution of assignment or by other arrangements.

MPCF psychology staff provides wellness clinics available to all patients to go to. Kiosk system is also available for contact to the psychology staff.

### **Emergency Health Services**

Outside Emergency resources include Henry County Health Center Emergency Room or University of Iowa Hospitals and Clines Emergency Room. Other surrounding Emergency Rooms could be included in the scope of resources should mass casualty occur.

### **Incarcerated Individuals Co-Pay**

Iowa Statute § 904.702 authorizes deductions “from the patients account an amount sufficient to pay for the patients share of the costs of health services requested by the patient and for the treatment of injuries inflicted by the patient on the patient or others.” Based on this authority, patients may be assessed a fee of \$3.00 for professional services. Patients will be assessed a fee of \$3.00 whenever professional health services are provided for the treatment of injuries inflicted by the patient upon themselves or others.

No patient will be denied health services because of an inability to pay an applicable fee. Nevertheless, the patient’s account will reflect a negative balance until applicable fees are paid.

Emergency health issues are those Medical conditions that are of an immediate, acute, or emergent nature which without care, would cause rapid deterioration of the patients health, significant irreversible loss of function, or may be considered possibly life threatening. The

condition could also include to be related to loss of limb or major body function, such as vision.

**Treatment Refusals/Complaints**

Patients sometimes choose not to accept all recommendations for evaluation and treatment. Where appropriate, a **Treatment Refusal (HSF-305)** is initiated so that rights are protected. Concerns or complaints regarding an institution's health services program should be taken to appropriate administrative and health services staff.

## **Food Services**

Food Service at Mount Pleasant is operated by 13 paid staff and 124 offenders. A cold breakfast, hot lunch and hot dinner are produced 365 days per year. From July 1, 2018 through June 30, 2019 the average number of people fed at a given meal was 1020, up from 2018 due to a population increase. An average of 24 Medically Prescribed Diets was also maintained. The department operates on a five week cycle menu. Many new entrees and recipes were tested and added to the menu in 2019. Scratch cooking continues to be normal processes, but many precooked/prepackaged have made their way into 2019 menus.

Dining Room seats 172 Offenders. One seat turns over more than 5 times per meal. Early chow begins at 10:15am at Men's unit. Lunch meal service ends approximately 12:45pm. Evening meal begins after count clears at 4:15 and ends at 5:50pm. 22 Offenders serve almost 10 meals a minute and maintain the Dining Hall cleanliness.

Dish Room is staffed with twelve offenders. They are responsible for operation of soiled dish conveyor belt, operation of flight type dish machine, plus processing of pots and pans for the department. Each serving tray is washed and used at least 4 times during a meal period.

Main Kitchen Produces the hot and cold menu items for all meal services with 24 offenders. It practices the convention cooking system. Food cost for Fiscal Year 2019 was \$.88 per meal, with a supply cost of \$.06 per meal, and Staff and offender labor costs of \$1.17 per meal. Resulting in a combined cost of \$2.12 per meal. A decrease of \$.09 per meal from a year ago. This can be attributed to an increased awareness of serving sizes and waste and attention to opportunity buys.

Bakery -Produces all the bread, buns, desserts, cookies, etc. for the menu with a staff of 8 offenders.

Issue and Ingredient Room measures/weights out all ingredients before going to the kitchen or bakery for preparation. 4 offenders work in this area. This area works 2 to 3 days ahead of day product will be made. They perform purchasing and receiving functions for department. Majority of our food and supplies are purchased from Central Distribution Center and US Foods. The MPCF Garden contributed to just over \$24,000 in savings for fiscal 2019, saving \$.02 per meal.



## **Maintenance Department**

The Maintenance Department consists of 24 employees with some members having public service experience going back to 1981. The wide range of backgrounds aids this department in addressing the diverse challenges that face this department each and every day. We have 5 members that have military experience, while a number have owned and operated their own businesses. All of them have been employed in the private sector for a period of time, and are dedicated to their job.

The charge for this group is to maintain 599,702 sq. feet of building space as well as 152 acres of grounds to be kept in a park like condition. One could look at this facility as being a small city of 1200 to 1500 citizens at any one given time. The type of goods and services required are much the same: roads, electricity, water, sewer, heating & cooling, transportation, communication, and environmental concerns. We have a fleet of 30 vehicles, 7 agricultural tractors, 25 lawn mowers, and 1 Gator for transportation. We also provide the communications service by maintaining 356 phones, 250 computer ports, 146 cameras throughout the facility as well as the miles and miles of cable, wire, and fiber needed to make these systems work.

In looking at other systems we have piping for potable cold water, potable hot water, hot water return, high pressure steam, low pressure steam, condensate return, natural gas piping, pressurized air for HVAC control, fuel oil piping, chilled water supply, chilled water return, fire sprinkler lines, storm sewer lines and sanitary sewer lines all around the facility and between buildings which includes miles and miles of piping. These lines as well as all the control fittings require maintenance and monitoring.

### **Some of the Projects Accomplished With In House Staff**

Finished installing tv cable to each offender bed

Fabricated and installed tv shelves to each offender bed

Refurbished and set up new training room

Plant to harvest 48,000 lbs of garden produce and apples

Highway Cleanup for D.O.T

Cut Approximately 20 dead trees and planted 20 new ones

Assisted Threshers and the City of Mt. Pleasant in putting Christmas lights up.

Removed approximately 20 tree stumps

Remodeled ALJ office into new staff break room.

Car Wash(Hospice)

Tuck-pointing various campus buildings

Installed new windows in water plant building

Cleaned IPI and hosted a job fair

Ran new plumbing and installed ice machines to each unit

Hot patched parking lots and streets

Installed new windows in Duplex

Remodeled officer bathroom on b units

Waxed DOT Scale house floor

Replaced 3 outside hydrants at front garden for irrigation

Remodeled MWU for housing Outs workers

Installed new cameras as needed.

Removed old salt tank in Powerhouse filled with sand and poured concrete

Installed 2 new steam on demand water heaters for MLO building

Remodeled kids play area in visiting room

Repaired concrete sidewalk surfaces as needed

Repaired water main to west side of prison

Repaired water main to power house for fire system

Built new electric fence around 2 gardens and orchard

Replaced 10 steam regulators and 100+ steam traps for campus heating.

Dug in underground tile to drain Store Room gutters to front ditch

Installed 2 new dryers in laundry room

Installed central air and ductwork in library

Assisted Independence MHI and ISP with several projects

Performed emergency asbestos abatement as needed for the Mt. Pleasant campus.

Replaced split system A/C in old MWU control

Installed LED lighting in powerhouse

Installed new steam heater and piping in recycle area

Built new tool room in old store room

Built 170 farm gates for Lee County Fair

Rebuilt 20 bleachers for Lee County Fair

Rebuilt 15 bleachers for Old Thresher's

Fabricated and installed new hand railing in powerhouse to meet OSHA specs

Installed new sewer line from garage to manhole

Painted all fire hydrants and PIV Valves

Replaced 1 PIV valve

Remodeled and moved treatment service directors office

New carpet and paint in Brown room

Assembled new cubicles in central records

Cut willows for Native Americans

Started 2 bee hives

Picked up rocks for Native Americans

Remodeled 1B & 3B Kitchens

Poured retaining wall and pad around underground fuel tanks

Replaced Mini Split A/C in UA room

Replaced HVAC system in Duplex

Replaced central air in Warden's house

Remodeled main conference room and constructed sound proof wall

Built Tip4 lounge

Added stall doors to all unit bathrooms

Carpeted 3 south (School)

Tore out office in central records and carpeted

Rebuilt/Replaced all roof blowers east and west side.

## Education Area

### **HSED**

93 individuals took at least one official HSED test at MPCF in fiscal year 2018 - 2019.

33 completed their HSED with an average subtest score of 15 and an average combined score of 75.

The department's overall passing rate was 97% with 6 registered fails out of 201 total tests.

The department recorded 12,095 total contact hours in HSED.

The completion pass rate was 100%.

HSED Subject	HSED Number of Tests	HSED Number of Fails	HSED Average Scores	HSED Current Pass Rate Percent
Writing	37	1	14	97
Social Studies	46	3	15	94
Science	39	0	16	100
Reading	39	1	13	98
Math	40	1	14	98
Overall Total	201	6	14	97
Completions Total	33	0	75	100

### **Literacy & ESL**

43 individuals participated in Literacy programs in fiscal year 2018 - 2019.

22 offenders earned their Literacy Completion Certificate.

The department completion rate was 51%.

The department recorded 1,144 total contact hours in Literacy.

### **Vocational Education**

The Vocational Program at MPCF offers a 12 week Life Skills course and certification courses through SCC CBIZ.

198 individuals participated in vocational education in fiscal year 2018 - 2019.

193 individuals completed vocational education courses.

The department completion rate was 97%.

80 Life Skills Completion Certificates were awarded.

33 Forklift Operator Certificates were awarded.

34 Basic Industrial Maintenance Certificates were awarded.

20 Introduction to Blueprint Reading Certificates were awarded.  
33 Lean 101 Certificates awarded.  
25 5S Certificates awarded.  
21 Standardized Workplace Certificates awarded.  
21 Lean Level 1 Practitioner Certificates awarded.  
11 Trenching and Shoring Certificates awarded.  
The department recorded 7,135 total contact hours in Vocational Education.

### **Special Education**

Three individuals participated in Special Education programs in fiscal year 2018 - 2019.

All 3 were HSED students and zero were High School students.  
0 special education students earned their HSED at MPCF this fiscal year.  
The department recorded 86 total contact hours in Special Education.

### **Testing and Assessment**

Testing and Assessment at MPCF includes the TABE reading and math, HiSET Official Practice test, HiSET Official test, and NCRC tests. Total department assessment hours were 1,807.

### **Staffing**

The department employed 2 full time instructors for the majority of the fiscal year 2017 – 2018. Sarah Raymond taught HSED math and science for the entire year. Jolene Cox taught HSED Writing, Social Studies, and Life Skills. Kerry Murray taught Literacy and HSED Reading for the first half of the year, and Title 1. Darrell Swope taught Literacy and Reading from January through April until he took a long term leave of absence. Administrative Assistant/HiSET Administrator Kim Kingery resigned in February and was replaced by Madison Stearns in March.

### **Highlights**

15 HSED graduates and 2 National Adult Education Honor Society inductees were able to attend the HSED graduation ceremony in November.

MPCF was awarded funding to provide vocational certification classes provided by SCC CBIZ.

MPCF HSED students began using the HiSET Academy program on laptop computers to supplement the skills being taught in their HSED classes.

Kerry Murray completed training to become a certified Offender Workforce Development Specialist.

Jolene Cox completed training to become a certified True Colors facilitator.

Jolene Cox was named Lead Teacher for SCC's Correctional Education program.

Jolene Cox was named CEA Iowa Teacher of the Year and CEA Region IV Teacher of the Year.

Kerry Murray completed his fourth year of serving as CEA Region IV Director.

Jolene Cox was re-elected CEA Iowa Chapter President for the second year.

Kerry Murray and Jolene Cox attended the CEA International Conference and Training Event in New Orleans.

MPCF education department implemented a new orientation experience with sessions on study/test taking skills, True Colors personality inventory, setting SMART goals, increasing responsibility by transitioning from victim to creator mindset, and O\*Net Career Interest Survey and career exploration. Student workbooks individualized for each student were distributed to all students and included a checklist of steps they need to accomplish on the road to earning their HSED and beyond.

Kerry Murray, Jolene Cox, Sarah Raymond, and Darrell Swope attended the CEA Region III/IV Leadership and Training event in Sandusky, OH.

Kerry Murray, Jolene Cox, and Sarah Raymond attended "Small Change: Building Financial Literacy for Educators" training through ISU Extension and Outreach.

MPCF phased out the old TABE 9/10 and began implementing the new TABE 11/12.

## **Staff Information**

### **Personnel Turnover**

Resignations - 8  
Retirements - 10  
Terminations - 2  
Death - 0

### **Leave Hours Taken**

Sick Leave – 17,748.97  
Vacation leave – 32,814.64  
Holiday / Comp Leave – 8,348.94  
Enforced Leave – 4,839.67

**Total Hours of all Leave Taken – 63,752.22**

### **Total Amount of Overtime Paid**

Overtime hours – 5,994.36  
Overtime Amount - \$233,388.66