# FORT DODGE CORRECTIONAL FACILITY Annual Report

July 1, 2019 - June 30, 2020



## ROBERT A. JOHNSON – WARDEN

SUBMITTED PURSUANT TO THE CODE OF IOWA

To: Beth A. Skinner, PhD, Director

From: Warden Robert A. Johnson

Date: December 7, 2020

RE: Annual Report of the Fort Dodge Correctional Facility for Fiscal Year 2020

On behalf of the staff at the Fort Dodge Correctional Facility, I am presenting you with the fiscal year 2020 report. As you are well aware, the Mission of the Department of Corrections is Creating Opportunities for Safer Communities. As you review this report, it will become apparent that the staff of this fine facility continues to strive at meeting the mission of the facility and of the Department of Corrections. The staff at FDCF takes great pride in their work and truly wants to make a difference in the lives of those incarcerated, while continuing to protect communities. Like everywhere else, FDCF was affected by the COVID virus. For approximately a two month period, our facility operated on restricted movement. This limited the amount of offenders who could attend programming as well as work and self-help groups. COVID certainly presented many unique challenges this past year but I'm extremely proud of the way staff and incarcerated individuals responded to the ever changing environment.

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### Mission Statement

To protect the Public, Employees, and Offenders by operating a safe and secure medium security institution with emphasis on treatment options for the youthful offender.

### Vision

The vision of the Fort Dodge Correctional Facility is to continue to provide a safe, secure, and healthy environment by promoting positive change in behaviors and beliefs to empower offenders to become productive citizens in their community.

### Values and Beliefs

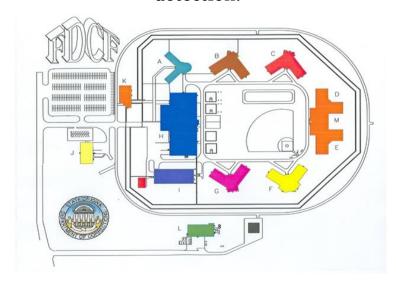
- All staff impact offender attitudes, beliefs and behaviors in a cocreated environment.
- We model what we value.
- We support personal grown and professional development.
- We value a positive integrated approach to security and programming.
- ♦ We plan for the future by utilizing current research and updated technology.
- We are fiscally responsible.



### Fort Dodge Correctional Facility History

The Fort Dodge Correctional Facility (FDCF) is a medium security prison located on 60 acres of land in southern Fort Dodge originally designed to house 762 adult male offenders in a double occupancy celled environment. Construction began in 1996 and the facility opened in April 1998. Recognizing the ongoing need for public safety even before the first offenders arrived at the facility, the legislature and Governor approved an expansion for an additional 400 beds and program space. Work on this addition was completed in late 1999. In FY01 127 two-man cells were converted to house three offenders. The current rated capacity is 1162.

The facility has seven housing units. The facility's seven housing units are organized to support positive behavior. Each housing unit has a specific function. In addition to the housing units the facility consists of administration and treatment buildings, a greenhouse, a power plant, a warehouse, and two ancillary buildings – annex and a pole barn. Primary perimeter security is provided by a double fence system with electronic detection.



### Location

The Fort Dodge Correctional Facility is located in Webster County in the Southwest corner of Fort Dodge. The physical address of the facility is 1550 L Street, Fort Dodge, Iowa.

### Units

#### **Unit A**

Unit A is classified as maximum custody and contains 48 security cells and one CMC cell with one SSIP bed. Unit A houses protective custody, investigative segregation, short term restrictive housing and disciplinary detention individuals.











### **Boone Unit**

Boone Unit East Wing is classified as the Administrative Segregation and Orientation unit with 137 Segregation and Orientation beds, 3 MHO beds and 1 SSIP bed. Boone Unit East Wing houses Administrative Segregation, Disciplinary Detention and also houses offenders coming in from Iowa Medical Classification Center (IMCC) and other facilities. Boone Unit West Wing has 107 beds. Level 1 offenders (FDCF's lowest level of general population) along with Protective Custody Offenders. It also houses some special needs offenders and other hard to place as well as PL6 and PL7 offenders who work on the unit.



Cedar Unit is a general population unit designed to hold 264 offenders. The majority of the offenders housed on Cedar unit lives in three man cells and are TIP 4 status. The center area of Cedar unit houses offenders that are TIP 6 or 7 and work for/on the unit. The TIP 6 & 7 offenders live in two man cells and work with staff on who they would like to cell with. During the day (day shift) Cedar is staffed with three Correctional Officers, Two Correctional Counselors and one Treatment Service Director. On the 2<sup>nd</sup> (evening shift) Cedar is staffed with three Correctional officers and during the night (night shift) Cedar is staffed with one Correctional Officer.













#### **Dolliver and Emmet Units**

Dolliver and Emmet Units are classified as medium custody units, housing PL6 offenders. Each of these units utilizes 4 man cells to support up to 194 offenders. Emmet Unit has 1 Psychologist, 2 Correctional Officers and 3 Correctional Counselors, while Dolliver has 5 correctional Counselors and 2 Correctional Officers. Each unit has their own Treatment Service Director. Both units have a multi-purpose room for the offenders to use in their free time. It contains vending machines, toasters, pizza and toaster ovens, television, board games, a ping pong table and computers for omail and personal business use. The focus for staff working on the unit is to help offenders make positive changes in their behavior and prepare them for success upon their return to the community.

### Floyd Unit

Floyd Unit was opened on November 17<sup>th</sup>, 1998 and is considered an honor unit. The unit houses 192 Privilege Level 7 offenders.



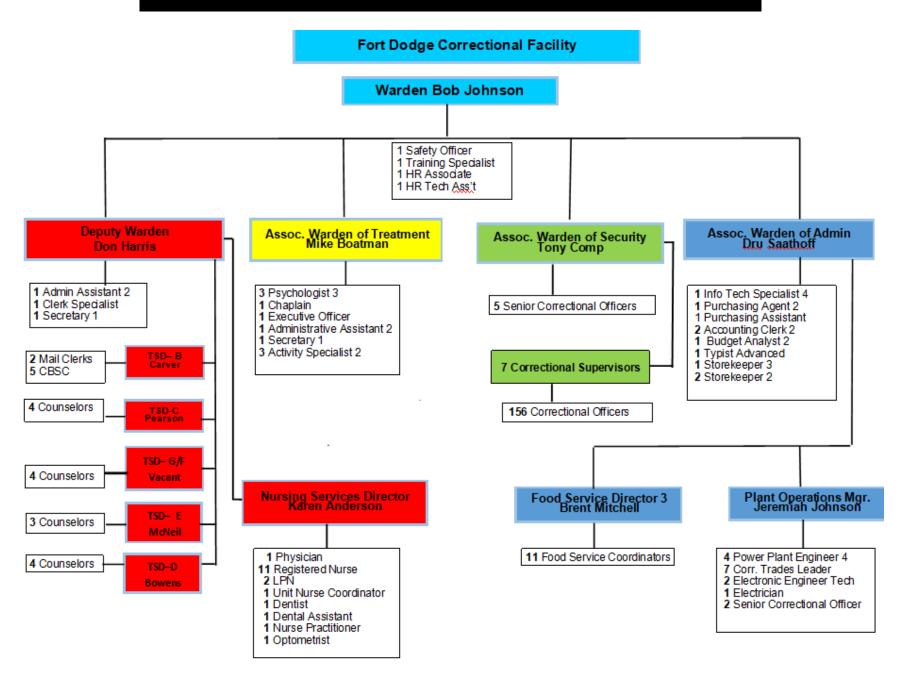


### **Grove Unit**

Grove Unit is a general population unit designed to hold 264 offenders. The majority of the offenders housed on Grove unit lives in three man cells and are TIP 5 status. The center area of Grove unit houses offenders that are TIP 6 or 7 and work for/on the unit. The TIP 6 & 7 offenders live in two man cells and work with staff on who they would like to cell with. During the day (day shift) Grove is staffed with three Correctional Officers, two Correctional Counselors and one Treatment Service Director. On the 2<sup>nd</sup> (evening shift) Grove is staffed with three Correctional Officers and during the night (night shift) Grove is staffed with one Correctional Officer.







### **Programming**

### **Cognitive Behavioral Interventions for Substance Abuse**

Cognitive Behavioral Interventions for Substance Abuse intervention relies on a cognitive-behavioral approach to teach participants strategies to avoid substance abuse. The program places emphasis on skill building activities to assist with cognitive, social, emotional, and coping skills development through the following sessions: Motivational Engagement, Cognitive Restructuring, Emotion Regulation, Social Skills, Problem Solving, and Success Planning. The class meets twice a week for 16 weeks.

### **Achieving Change Through Value-Based Behavior**

The 24 sections of this manual guide domestic violence offenders to put their lives and relationships on an entirely different track by equipping them to make different choices than they've made in the past. You are working with them to increase their awareness of the factors that influence their behavior (e.g., past experiences, unwanted mental experiences, barriers to change) and, building on that awareness to learn new, workable behaviors consistent with their values.

The content of the 24 sessions is organized in five categories: The Big Picture, Barriers to Change, Emotion Regulation Skills, Cognitive Skills and Behavioral Skills.

The Big Picture sessions present just what it says – the "big-picture" concepts and basic tools that participants can use to build a more workable life. Everything covered over the 24 weeks can be placed somewhere on the Core Skills Matrix that you will use frequently to illustrate and practice the skills that the group is learning. The Big Picture sessions are repeated several times throughout the 24 weeks. You present a Big Picture session every time as if it were new to the entire group because the way the ideas and skills fit together needs to be reinforced for experienced participants. Their participation in the discussion will demonstrate their grasp of this material and help engage newer participants.

The Barriers to Change sessions highlight behaviors (such as alcohol abuse) or conditions (such as depression or being unemployed) that can challenge participants' progress. The 13 sessions that together form the "skills" module give participants the knowledge and tools to observe and work with their own thoughts and feelings, as well as improve their ability to communicate and resolve conflicts.

#### **Seeking Safety**

Seeking Safety is a program for those in need of relapse prevention who also have a history of abuse and trauma. It is present-focused therapy based on materials developed by Lisa M Najavits, PhD at Harvard Medical School/McLean Hospital. The primary goal of this class is to assist inmates in gaining insight into how loss, abuse, and trauma have impacted their personality or how they view the world, how these incidents have led to poor coping skills, and led to the abuse of drugs and alcohol. The class covers Post Traumatic Stress Syndrome; drug and alcohol addiction; anger management; building healthy relationships; developing an attitude of gratitude and improving self-esteem; and empowering class members to mentor others. The class emphasizes a holistic recovery plan that offenders put into practice before leaving the prison. The class meets twice a week for 12 weeks.

#### Thinking for a Change

Thinking for a Change covers the following components: cognitive self-change, social skills, and problem solving skills. Cognitive self-change teaches individuals a concrete process for self-reflection aimed at uncovering antisocial thoughts, feelings, attitudes, and beliefs. Social skills instruction prepares group members to engage in pro-social interactions based on self-understanding and consideration of the impact of their actions on others. Problem solving skills integrates the two previous interventions to provide group members with an explicit step-by-step proves for addressing challenging and stressful real life situations.

### **Moral Reconation Therapy**

Moral Reconation Therapy (MRT) seeks to decrease recidivism among both juvenile and adult criminal offenders by increasing moral reasoning. MRT is systematic and implements a cognitive-behavioral approach, which positively addresses an adolescent's ego, social, moral, and positive behavioral growth. Groups meet once a week for 12 weeks.

MRT uses 12-16 objectively defined steps, which focus on seven basic treatment issues:

- · Confrontation of beliefs, attitudes, and behaviors
- Assessment of current relationships
- · Reinforcement of positive behavior and habits
- Positive identity formation
- Enhancement of self-concept
- Decrease in hedonism and development of frustration tolerance
- Development of higher stages of moral reasoning

### 12 Step Programs

In 2019-2020, the Fort Dodge Correctional Facility participated with four different 12 Step programs including Alcoholics Anonymous, Narcotics Anonymous, 1-Eighty Miracles and Celebrate Recovery. These programs provided community for incarcerated individuals and volunteers to share their stories of addiction and stories of recovery. These programs helped to facilitate a safe space for truth telling, vulnerability, positive change as well as guidance with creating a healthy mindset and focusing on one day at a time. From

### **Religious Activities**

In 2019-2020, the Fort Dodge Correctional Facility was home to 21 world religions. These faith traditions provided stability, fellowship and connection for incarcerated individuals. The chapel library provided religious materials and resources to facilitate spiritual education and direction. The Chapel also received a makeover. The chapel now has a fresh coat of paint, carpet and beautiful new storage for religious items. A new non-denominational altar was built from red oak and mahogany. The Chapel feels like a sacred place. Many volunteers donated their time and resources to serve at the facility. Because of COVID-19, religious volunteers were no longer able to enter the facility. Many continued to provide support by providing weekly written sermons and even video recordings of services. Many incarcerated individuals stepped up to fill the gap by learning new leadership and public speaking skills that enabled the religious meetings to continue. From November to June, religious activities were attended just under 10,000 times.

#### **Education**

Incarcerated individuals are encouraged to participate in educational programming if they lack a HiSET/GED, high school diploma, or read below the sixth-grade level. Per state law, specified sanctions can be applied if the incarcerated individual chooses not to participate. These can include eligibility only for a minimum allowance, placement in idle status, ineligibility for minimum-outs status, and for other privileges as determined by the Department. Approximately 28% of the population at the facility requires such schooling. School capacity is 240 students for HiSET, Literacy and Title 1.

HiSET, Literacy, and Title 1 instruction is provided daily from 8:00 AM to 3:30 PM. State licensed instructors contract with Iowa Central Community College (ICCC) to provide instruction focusing on completion of a HiSET diploma and/or reading proficiency at a 6<sup>th</sup> grade reading level. Students age 21 and under are in class for three hours a day while others attend a minimum of one hour a day. Depending on the student's ability, the completion time for the HiSET varies with the average time being 4-5 months. Prairie Lakes Education Association provides an instructor for students age 21 & under who have an active IEP and therefore require special education instruction.

A Life Skills program is also offered at the facility with 30 students (15 per session) attending three hours a day. There is one full-time life skills instructor. The eight-week program focuses on career planning, job seeking skills, time management, communication skills, relationships, money management, health and wellness, computer skills, and other transition life skills. The incarcerated individuals are classified for this intervention if they have employment as a top three need, but they also may request to take the class even if they are not classified to participate.

Vocational classes are also offered at the facility at no cost to incarcerated individuals. For the FY20 school year, classes offered included Welding, Industrial Safety (OSHA 10, forklift, and CPR), and ServSafe. Instructors from ICCC come to the facility to teach classes. Students must have their high school diploma or equivalency diploma in order to sign up for these programs. Preference is given to incarcerated individuals who are within two years of release and have been report free for six months.

Iowa Central Community College is one of 67 colleges selected from across the Nation to participate in the Second Chance Pell Pilot program. The department of Education launched this pilot program to open up the opportunity for those currently incarcerated to apply for Federal Pell Grants. If eligible, they can currently choose from different programs offered at the Facility: Supply Chain Management, Carpentry, Welding or an online Associate of Arts degree. Instructors from Iowa Central come to the facility to teach the college credit courses. These incarcerated individuals are full-time college students that participate in the same curriculum that is offered on campus.

A graduation ceremony is held semi-annually to recognize those incarcerated individuals that successfully complete their HiSET or diploma in Welding, Carpentry, Supply Chain Management and the Associate of Arts Degree.

### Community Projects by Offenders

Staff has striven to promote the concept of community service to the offenders at FDCF. During the past year offenders have volunteered their time and talents to complete projects for Habitat for Humanity and Backpack Buddies. In addition, various groups gave back to the community as outlined below.

The **FDCF GROWTH** (Gains, Respect, Opportunity, Willingness, Trust and Health) Quilt Project provides ongoing support to many local service agencies. It is great to see these men begin to believe in their own abilities, develop respect for one another's ideas, and then come together as a team to give something back to the local community. The essence of Restorative Justice Programs allows offenders to give back to communities. The GROWTH organization also raises money selling items to the offender population.

Upper Des Moines Opportunity	\$750
	\$750



On November 3<sup>rd</sup>, the 12<sup>th</sup> Annual Webster County **Polar Plunge** was held at Badger Lake in John F. Kennedy Park. CFSC Doug Wilk and John Camden represented FDCF. Other teams participating were Fort Dodge Community Schools, FDSH Dodger Senate, Team Oberleman, and Riley's Raiders. \$9618.90 was raised for Special Olympics!

FDCF also raised \$13,500 for Special Olympics.

The **Humanist Group** is an offender led self-help group here at FDCF. Humanist is a philosophy that believes in personal responsibility, that what you do good or bad is on the person themselves. It is also an acknowledgement that one's future relies on their education and focuses its followers to pursue knowledge, as well as the belief to be nice to all people. They made the following donations this fiscal year:

	\$400
Almost Home	\$200
Camp Quest	\$200

The **Inside Veteran's Organization** has also made a commitment to give back to the community. The group made the following donations this year:

Sertoma Club	\$1,250
Fort Dodge Gridiron Club	\$500
American Legion	\$674
Coats for Kits	\$500
City of Leon VMF	\$500
Vietnam Women's Memorial Fund	\$500
Beacon of Hope	\$1,000
Lotus	\$1,000
VFW #5240	\$1,000
DSAOC	\$750
Fisher House	\$500
Lord's Cupboard	\$1,500
Honor Flight	\$1,800
Veteran's Memorial Park Fund	\$500
	\$11,974

The **Lifer's Group** is comprised of offenders serving life sentences who wish to give back to the facility and the community. They made the following donations this fiscal year:

Salvation Army	\$1,000
Sertoma Club	\$2,000
Catholic Charities	\$1,000
Fort Dodge Gridiron Club	\$1,000
DSAOC	\$500
Upper Des Moines Opportunity	\$1,000
Lord's Cupboard	\$1,000
	\$7,500

The **Insider's Relay for Life** did not have a relay in 2020 but raised funds through sales. \$6,000 was donated to the American Cancer Society.

### Privilege Level 6 Offenders

	\$2,000
Beacon of Hope	\$500
YWCA	\$500
Lord's Cupboard	\$1,000

Program. The program was started to make sure underprivileged children in the Fort Dodge area were not hungry. On a routine basis throughout the school year the group packages food to be distributed to the youth so not only are they fed at school but have food when they get home. The Asian Affairs group donated \$2,000 to Backpack Buddies.

**Spanish Affairs** organization teaches the Spanish as a Second Language class. They are supporters of the Backpack program and Relay for Life. They made the following donations this fiscal year:

	\$2,000
DSAOC	\$1,000
Youth Shelter Services	\$1,000

YMAP (Young Men's Awareness Program) is a group that was established to provide peer programming to youthful offenders. This group targets the age group of 18-24 with some exceptions for other age groups. The purpose of YMAP group is to educate, encourage, give hope, instill discipline and teach the men to accept responsibility for their actions, thus empowering them to work on correcting their negative behaviors, to grow positively and give them the necessary tools to make better choices while incarcerated and when released. It is a remedial and therapeutic group. They made the following donations this fiscal year:

	\$1,555
Sertoma Club	\$1,000
YMAP Program Particpants (incentives upon release)	\$555.25

### Iowa Department of Corrections FY2020 Financial Status Report FDCF 252-A80-0001

	FTE Positions			
	Correctional Officer	156.00	148.17	94.98%
	Total Staffing	276.00	266.64	96.61%
	Resources Available			
04B	Balance Brought Forward	1,000.00	1,000.00	
05A	Appropriation	30.067.231.00	30,067,231.00	100.00%
05L	Legislative Reductions	0.00	0.00	
05H	Legislative Adjustments	194,221.00	194,221.00	100.00%
05O 204R	OCIO Rate Adjustment Intra State Receipts	63,504.00	63,504.00	100.00%
204R 205R	Reimbursement from Other Agencies	3,190.00	0.00	0.00%
234R	Transfers - Other Agencies	100.00	18,450.96	18.450.96%
401R	Fees, Licenses & Permits	92,440.00	105,183.16	113.79%
501R	Refunds & Reimbursements	156,000.00	166,322.04	106.62%
602R	Sale of Equipment & Salvage	100.00	0.00	0.00%
	Total Resources Available	30,577,786.00	30,615,912.16	100.12%
	Funds Expended and Encumbered			
404	Personal Services-Salaries	0.4704.000.00	00 04 400 4 00	00.00
101 202	Personal Travel (In State)	24791,809.00 11,410.00	23,314824.26 8,617.86	98.08 75.53%
202	State Vehicle Operation	50,400.00	56,344.03	111.79%
204	Depreciation	20.00	26,000.00	130,000.00%
205	Personal Travel (Out of State)	495.00	694.83	141.80%
301	Office Supplies	35,000.00	28,029.05	80.08%
302	Facility Maintenance Supplies	238,000.00	265,177.72	111.42%
303 304	Equipment Maintenance Supplies Professional & Scientific Supplies	220,000.00 97,255.00	297,593.96 169,065.55	135.27% 173.84%
306	Housing & Subsistence Supplies	390,000.00	390,412.51	100.11%
307	Ag, Conservation & Horticulture Supply	9,000.00	5,360.25	59.56%
308	Other Supplies	66,050.00	92,585.22	140.17%
311	Food	1,659,823.00	1,824,730.24	109.94%
312	Uniforms & Related Items	390,964.00	306,629.10	78.43%
313 401	Postage Communications	10.00 75,000.00	2,005.56 59,194.99	20,055.60% 78.93%
402	Rentals	7,323.00	14,495.70	197.95%
403	Utilities	953,700.00	916,910.40	96.14%
405	Professional & Scientific Services	230,350.00	322,968.79	140.21%
406	Outside Services	205,900.00	210,637.62	102.30%
407	Intra-State Transfers	150.00	0.00	0.00%
408 409	Advertising & Publicity Outside Repairs/Service	100.00 52,000.00	0.00 97,927.12	0.00% 188.32%
414	Reimbursement to Other Agencies	334,873.00	275,025.72	82.13%
416	ITS Reimbursements	92,000.00	165,209.39	179.58%
418	IT Outside Services	0.00	3,450.00	0.00
434	Transfers - Other Agencies Services	708.00	970.00	137.01%
501	Equipment	950.00	59,960.33	6,311.61%
502 503	Office Equipment Equipment - Non-Inventory	1,050.00 58,471.00	10,825.68 120,367.39	1,031.02% 205.86%
510	IT Equipment	62,073.00	75,133.91	121.04%
601	Claims	150.00	0	0.00%
602	Other Expense & Obligations	439,400.00	422,194.56	96.08%
701	Licenses	2,792.00	1,790.00	64.11%
702	Fees	15.00	0.00	0.00%
901	Capitals	100.00	0.00	0.00%
91B	Balance Carry Forward	0.00	15,370.37	
93R	Reversion		15,370.38	
74T	Appropriation Transfer Out		100,000.00	
	Total Expenses and Encumbrances	30,477,786.00	30,614,912.16	100.45%

**Ending Balance** 

### Iowa Department of Corrections FY2020 Financial Status Report FDCF Canteen 0343

		Department Revised Budget	Actual Revenues and Expenditures	Percent (Actual of Budget)
	Resources Available			
	Balance Brought Forward			100.00%
204R	Intra State Receipts	-	-	
301R	Interest	-	-	
401R	Fees, Licenses & Permits	-	-	
501R	Refunds & Reimbursements	0.00	28,411.70	0.00%
606R	Other Sales & Services	115,000.00	171,774.22	149.37%
	Total Resources Available	510,620.03	595,805.95	116.68%
	Funds Expended and Encumbered			
301	Office Supplies	15,000.00	10,531.44	70.21%
302	Facility Maintenance Supplies	7,000.00	7,857.55	112.25%
303	Equipment Maintenance Supplies	3,000.00	21,795.95	726.53%
304	Professional & Scientific Supplies	1,000.00	26.99	2.70%
306	Housing & Subsistence Supplies	1,000.00	90.76	9.08%
307	Ag, Conservation & Horticulture Supply	1,000.00	0.00	0%
308	Other Supplies	15,000.00	23,565.98	157.11%
311	Food	1,000.00	9,702.80	970.28%
405	Professional & Scientific Services	1,000.00	2,825.00	282.50%
406	Outside Services	3,000.00	4,897.80	163.26%
407	Intra-State Transfers	24,000.00	31,540.77	131.42%
409	Outside Repairs/Service	4,000.00	0.00	0.00%
418	IT Outside Services	0.00	12,308.85	0.00%
502	Office Equipment	2,000.00	0.00	0.00%
503	Equipment - Non-Inventory	25,000.00	31,207.47	124.83%
510	IT Equipment	6,000.00	5,220.55	87.01%
701	Licenses	6,000.00	5,129.20	85.49%
901	Capitals	0.00	28,733.00	85.49%
	Balance Carry Forward	384,243.45	\$395,620.03	0.00%
	Total Expenses and Encumbrances	499,243.45	590,219.73	118.22%

#### 2020 Financial Information

#### **Expenditures by Cost Center**

	Fund 0001	Fur	nd 0343
Salaries	\$ 24,314,824.26	\$	0.00
Travel & Vehicles	\$ 91,656.72	\$	0.00
Supplies	\$ 3,381,589.16	\$	73,571.47
Contractual Services	\$ 2,066,789.73	\$	51,572.42
Equipment	\$ 206,326.98	\$	36,428.02
Claims	\$ 422,194.56	\$	0.00
Licenses	\$ 1,790.00	\$	5,129.20
Capital	\$ 0.00	\$	28,733.00

\$30,485,171.41 \$195,434.11

\$ 119,269.78

### E

Expenditures by major cost center	
FY20	Fund 0001
Administration	\$ 2,422,722.03
Support	\$ 7,480,372.06
Care Treatment	\$ 6,340,143.46
Custody Security	\$ 14,241,933.86
	\$ 30,485,171.41
Offender fees collected	
Pay for stay	\$ 105,068.84
Admin fee	\$ 10.00
Clothing	\$ 87.41
Copies	\$ 368.43
IDŚ	\$ 6.00
Madiaal	Ф голооп

Olothing	Ψ	07.71
Copies	\$	368.43
IDS	\$	6.00
Medical	\$	5,843.28
Misc - Wedding	\$	30.00
Pan list	\$	0.00
Postage	\$	7,808.86
Property Damage	\$	46.96

**Average Daily Costs** \$ 69.15

\$ spent on utilities

Electricity	\$ 411,708.48
Gas	\$ 200,969.40
Water	\$ 123,340.09
Sewage	\$ 180,892.43
	\$ 916 910 40

**Beginning inventory (Dietary)** 168,866

**Ending inventory (Dietary)** 153,142

**Drug Expenditures** IMCC pays all drug expenditures

Meals total cost \$1,840,454

Total meals served 1,455,658

\$1.26 Food cost per meal

### Health Services Data

X-RAYS	OFF-SITE VISITS	LABS
397	657	1858

### Health Services Encounters Total Encounters by Discipline

Physician	2,580
Nurse	58,860
Psychiatrist	1,787
Psychologist	9,406
Dentist	2,061
Optometry	660

### **Medical Expenses**

Total Medical Expenses:	\$2,855,152.25
Average Cost Per Month:	\$237,929.35
Average Daily Count:	1,225.62
Average Cost per Offender per Month:	\$194.13

### Mental Health

The Iowa Department of Corrections has done a careful analysis of data gathered from its own computerized records. Although initial data showed a lower percentage of individuals with mental illness in the system, the development of additional assessments like the mental health appraisal, which is given to all incoming offenders, has impacted outcomes. Also the use of an evidence based screening tool like the Modified MINI Screen, which screens for the need of increased assessment and observation in the areas of depression, anxiety, and psychosis and which is given on admission and at every intra institutional transfer, as well as increased staff awareness of mental health issues has helped with identifying and referring individuals to clinical staff for future assessment and intervention whenever mental health issues occur.

The data gathered has shown that 65% of FDCF's population has an identified mental health illness either active or in remission. Whether it is a simple depressive episode that requires short term medication and supportive treatment or it is a conversion disorder that requires frequent medical and psychiatric interventions, including appropriate consultations with the University of Iowa Hospitals and Clinics, this group may not represent the core population of the mentally ill that is cared for but they do demand significant resources.

The data has also shown that 12% of Incarcerated Individuals have been diagnosed with a serious mental illness or as special needs. These are those with either an active diagnosis or those identified as being in remission. This includes all those diagnosed with an illness that is often characterized as a chronic and persistent mental illness.

It should be noted that this population is difficult to treat, has cyclical episodes despite stability on medication, and often has a course that shows functional decline over the years despite the best of interventions the system uses to provide stability. It is this population that demands the most from the limited resources available.

#### Library

FDCF provides offenders with access to an approximately 9800 volume library specializing in general reading materials. In addition to fiction, nonfiction and reference books, the library also provides newspapers for offender use. Interlibrary loan services are also available. The library provides computerized access to legal forms and correspondence. The library has computers available for offender use, which can be utilized for word processing, completing legal forms, and education through the use of CD-ROM resources.

#### **Media Center**

The Media Center's inventory consists of educational DVDs, entertainment DVDs and treatment DVDs. The media center uses a system that broadcasts to televisions throughout the facility. There are three inmate channels provided by the facility through the Media Room. This has allowed for communication to be provided throughout the facility for the offender population as it relates to changes and practices. The equipment has allowed communication through a closed circuit system to offender's televisions inside their cells.

### **Volunteer Program**

In order to better meet the needs of the offenders, FDCF utilizes approximately 300 approved volunteers. These volunteers have diverse backgrounds and various religious faiths. Their role is to provide offenders with a resource where personal growth issues are explored through the concepts of faith and character-based teachings. This source of encouragement and constructive direction is consistent with the mission of the IDOC. It allows the offenders to address issues that need attention before they return to society, and it allows this to happen with a person who has a track record of success in society. Volunteers' involvement sends a strong message to the offender that the community has a vested interest in their success. The effort allows the reentry planning to aid the offender by having pro-social contact.

### **Executive Officer**

Our Executive Officer Rob Seil offers support services to incarcerated individuals. We have orientation class for new incarcerated individuals which includes duplicate social security cards, child support reduction, driver license records and classes offered at FDCF. The Executive Officer works as the liaison with Social Security Administration to complete SSI and disability applications prior to release. The executive officer assists with Medicare applications for incarcerated individuals 65 and older. She also completes Medicaid and Safenet RX applications to assist with funding for medical & mental health appointments and medications. The Executive Officer provides National Career Readiness Certification testing and Keytrain software training to incarcerated individuals. She is the Apprenticeship sponsor for FDCF, which includes registering incarcerated individuals with the Department of Labor, setting up testing and files, and checking in and out books. She instructs T4C and Prime for Life classes. She serves as the liaison with agencies such as Veteran affairs, Department of Human Services, Iowa Workforce Development and others. She assist incarcerated individuals with resume building and Iowa Works referrals. She assists with hard to place incarcerated individuals with their counselor, psychologist and outside providers when necessary and applies for funding for residential/group homes.

### Support Services

### **Business Office/Administration**

FY20 brought about several staffing changes in the business office and administrative area. Accounting Clerk, Jacy Barker was promoted to a Purchasing Assistant in July and subsequently to an Administrative Assistant 2 in October. Shannon Hannagan was promoted to the vacated Purchasing Assistant position. Due to these promotions, two new accounting clerks were hired. Sherri Herrick, former Mail Clerk, was promoted to an Accounting Clerk in September. MacKenzie Condon joined the team in October. In April Human Resources Technical Assistant, Janet Mitchell retired. Keely Smith stepped into that role.

Throughout the facility, multiple staffing changes resulted in nine promotions and forty-five new hires. All of these changes kept human resources and training busy throughout the year.

COVID-19 became very real in March. Additional expenses and purchasing needs related to the pandemic made things challenging for the budget analyst and purchasing staff. FDCF continued its role as the "big bank" and processed outside revenue transactions for all incarcerated individuals within the IDOC as well as processing expenditures for those at FDCF.

The warehouse operations went well throughout the year and they too saw substantial changes in processes relating to COVID-19.

#### **Food Services**

In FY2020, FDCF produced 1,455,658 meals, which was a decrease of 66,167 meals. The decrease was due to an overall average decrease in facility count.

In May of 2019, the kitchen was closed down for repairs in the waste water system. The facility adopted a cold sack breakfast and supper with a hot lunch during that time. In addition, CFSCs grilled out a bonus meal one day a week during construction. Great Western Dining/Iowa Central Community College was contracted for the hot meal preparations and transported to FDCF by CFSCs. An enclosed 24' trailer was purchased to make the transport easier. In the Gymnasium CFSCs set up a temporary kitchen for the processing of both cold meals and a variety of extra treats. This continued into August.

The COVID-19 pandemic affected various procedures. The use of PPE was initiated and certain meal changes were made to accommodate those who were in quarantine. Additional food and supplies were ordered to prepare for a potential outbreak at the facility.

FY20 also brought some staffing changes. Mark Lijadu left employment at the end of FY19 and his position was filled by Natasha Johnson in August. In September, Joe McCarville retired after 21 years of services. That position was subsequently filled by John Camden. Doug Wilk retired in December after 20 years of service. His position was filled by Ashley Holder in January.

#### **Maintenance**

The maintenance department kicked off FY2020 much like any other year. Then on August 30<sup>th</sup> at approximately 1400 hours a call came across the radio reporting a fire at our education building. Thankfully no one was hurt, but the damage and ensuing clean-up effort was very expensive and time consuming.





In December we were sad to see Kim Schultz with 21.5 years of service, Steve Schrauth with 20.5 years of service, and Mike Banwart with 20 years of service retire, leaving a huge dent in our wood shop, metal shop, and electronics department.

We were fortunate to bring on some excellent replacements: Matt Durbin, Jason Stamp, and Dustin Wilkinson.

Despite challenges due to COVID-19, the maintenance department still made progress including these projects:

- Building automation panel migrations
- Gym floor was resurfaced
- Floyd heat exchanger failed and was temporarily repaired
- Added a pill line window
- Brand new maintenance management software and work order system
- Revamp tool inventory software
- Secured all drop ceilings in H building ahead of roofing project to come.

We postponed as much as we could to avoid anything that might allow COVID to spread.

If you were fortunate enough to work on Boone unit you were blessed with the sound of jack hammers, saws, and dust as yet another sewer repair caused major disruptions.





### Security

The security department at FDCF is comprised of 156 Correctional Officers, 6 Senior Correctional Officers, 7 Captains, and 1 Associate Warden of Security. The department plays a critical role in the IDOC's mission through continuous interactions with offenders in our direct supervision environment. Security staff receives on-going coaching focused on core correctional practices so each interaction is productive and assists with their eventual return to their communities as productive members of society.

### **CERT**

September 18, 2019 was the date of the 16<sup>th</sup> Annual CERT Challenge hosted by FDCF/NCCF CERT Teams. With the day starting out with what is turning into the traditional rain fall, Steve Nelson and his crew did an amazing job with a well set up, difficult obstacle course. It was a great day, friendly competition and building comradery between other facilities and state agencies.

FDCF/NCCF Team #1 consisted of John Burman, John Sorenson and Justin Hughes (NCCF). FDCF/NCCF Team #2 consisted of Nate Lucht (NCCF), Jamie Weitzel (NCCF), and Chris Stuhrenberg.

1st place	FDCF/NCCF #2	166
2nd place	ASP #1	164
3rd place	ISP #1	164
4th place	IA State Patrol #1	146
5th place	ASP #2	136
6th place	ISP #2	131
7th place	IMCC #1	130
8th place	IA State Patrol #2	127
9th place	NCF#1	126
10th place	IMCC #2	113
11th place	FDCF/NCCF #1	96
12th place	ISP #3	94
13th place	NCF #2	77
14th place	MPCF	67
15th place	CCF #2	55
16th place	CCF #1	51
17th place	NCF #3	29
18th place	ICIW	17

 $<sup>^{*2}^{</sup>nd}$  and  $3^{rd}$  place were tied on points so placement was decided on the run time at station  $^{\#1}$ 

Top Shot – Lucht (NCCF) – FDCF/NCCF team

# Employee Statistics 7/1/19 – 6/30/20

Total Number of Authorized Employees:	_276.00
Average Number of Filled FTE's:	266.64
Average Number of Filled Correctional Officers:	148.17
Total Hours of Sick Leave Taken:	19,047.83
Total Hours of Vacation Leave Taken:	35,209.10
Total Hours of Holiday Leave Taken:	6,036.04
Total Hours of Comp Leave Taken:	2,174.38
Total Hours of Military Leave Taken:	2,020.00
Total Hours of Leave Without Pay Taken:	3,663.45
Total Hours of Enforced Leave Taken:	4,651.15
Total Hours of All Leave Taken:	72,801.95
Average Hours of Leave Taken Per Employee:	273.03
Total Amount of Overtime Paid:	470,300.9

### **Years of Service Certificates**

30 years			
Johnson, Robert	Warden	9/15/1989	30
	25 years		
Reese, Kim	Registered Nurse	1/13/1995	25
Groteluschen, Jane	Administrative Assistant 2	2/10/1995	25
	20 years		
Curtis, Drenda	Correctional Officer	7/23/1999	20
Giddings, Mark	Correctional Counselor	8/13/1999	20
Stewart, Calvin	Correctional Officer	8/13/1999	20
Whitmer, Kim	Correctional Counselor	8/27/1999	20
Gibbs, Russell	Activities Specialist 2	10/15/1999	20
Guttenfelder, Carolyn	Correctional Officer	10/25/1999	20
Beckley, Randy	Correctional Officer	11/12/1999	20
Culver, Darryl	Correctional Officer	11/12/1999	20
Riggert, Gary	Correctional Officer	11/12/1999	20
Witham, Richard	Correctional Counselor	11/12/1999	20
Ferry, David D.	Correctional Officer	11/19/1999	20
King, Michael	Correctional Officer	11/19/1999	20
Wittmeier, Travis	Correctional Officer	11/19/1999	20
Bailey, Jami	Correctional Officer	12/10/1999	20
Diemer, David	Correctional Officer	12/10/1999	20
Shultz, Kirk	Correctional Officer	12/10/1999	20
Skeries, Michael	Correctional Officer	12/10/1999	20
Warrant, Jason	Correctional Officer	12/10/1999	20
Bice, James	Correctional Officer	1/7/2000	20
Helgevold, Russ	Correctional Officer	1/7/2000	20
Thoel, David	Correctional Officer	1/7/2000	20
Sullivan, James	Power Plant Engineer 4	1/21/2000	20

20 years (cont.)			
Boell, Melinda	Licensed Practical Nurse	2/4/2000	20
Miller, Jeremiah	Correctional Trades Leader	2/4/2000	20
Peterson, Robert	Correctional Officer	2/4/2000	20
Tiernan, Jonathan	Correctional Trades Leader	2/4/2000	20
Zdrazil, Steve	Sr. Corr. Officer (Sgt.)	2/4/2000	20
Nelson, Steve	Correctional Supervisor	2/18/2000	20
Sunner, Machelle	Corr. Bldg. Serv. Coord.	4/14/2000	20
Sorenson, Shannon J.	Correctional Officer	4/28/2000	20
Tiernan, Mary	Nursing Unit Coordinator	5/19/2000	20
	15 years		
Zdrazil, Angie	Registered Nurse	12/3/2004	15
Wilkinson, Dustin	Electronic Engineer Tech.	1/14/2005	15
Lindner, Brian	Correctional Officer	3/18/2005	15
	10 years		
Sullivan, Megan	Correctional Officer	7/6/2009	10
Bockoven, Gary	Correctional Officer	7/24/2009	10
Carver, Todd	Treatment Serv. Director	4/2/2010	10
Beck, Justin	Correctional Officer	5/14/2010	10
Smith, Randy	Correctional Officer	6/11/2010	10
Flatgard, Jeremy	Corr. Bldg. Serv. Coord.	6/25/2010	10
5 years			
Ronnebaum, Tina	Corr. Food Service Coord.	7/7/2014	5
Stuhrenberg, Chris	Sr. Corr. Officer (Sgt.)	7/28/2014	5
Aikin, Christopher	Correctional Officer	9/12/2014	5
Hopwood, Timothy	Correctional Officer	9/12/2014	5
Osier, Jordan	Correctional Officer	9/12/2014	5
Reel, Darrin	Correctional Officer	9/12/2014	5
Zaouch, Rachid	Correctional Officer	9/12/2014	5

### Retirements



Sheri Martin
Correctional Supervisor
(16 years)
July 1, 2019



Jeanne Hill
Accounting Clerk II
(8 years)
July 25, 2019



Jaci Keigher Clerk Specialist (19 years) August 7, 2019



James Hanson Correctional Officer (21 years) September 20, 2019



Joseph McCarville
Correctional Food Service
Coordinator
(20 years)
September 27, 2019



Dawn Fulton
Administrative Assistant II
(21 years)
October 1, 2019



Netti Renshaw Treatment Director (21 years) October 31, 2019



Alan Lockman Correctional Officer (31 years) October 31, 2019



Pam Wise Safety Officer (34 years) December 19, 2019



Connie Vanmeter
Correctional Officer
(21 years)
December 25, 2019



Michael Banwart
Electronic Technician
(20 years)
December 27, 2019



Steven Schrauth
Correctional Trades Leader
(20 years)
December 27, 2019



Kim Schultz
Correctional Trades Leader
(21 years)
December 27, 2019



Doug Wilk
Correctional Food Service
Coordinator
(19 years)
December 30, 2019



Vicki Hartley Registered Nurse (16 years) January 17, 2020



Richard Sorenson Correctional Officer (37 years) February 2, 2020



Janet Mitchell
Human Resources Technical
Assistant
(14 years)
April 2, 2020

### **Employee Spotlight Parking**

### July 2019

Adam Reiss Jim Hanson Kim Whitmer Iim Bice

### August 2019

Sue Lockner Jeremy Flatgard Jerry Goeders Shannon Hannagan

### September 2019

David Diemer Oscar Mumaugh Doug Wilk Jenni Ortmann

#### October 2019

Don Asche Kurt Brown Morgan Kent Chelsey Heim

#### November 2019

Ly Lo Ben Walburg Patrick Roethler Jeffrey Zoelle

#### December 2019

Todd Carver Michael Pals **Jeff Simkins** Mike Banwart





### January 2020

Rob Stewart Nichole Walters Matt Kent Jonathan Kuebler

### February 2020

Chris Stuhrenberg Sherri Herrick Dru Saathoff Chris Allen

#### **March 2020**

Brennan Thompson Trevor Main Timothy Hopwood Jameela West

### <u>April 2020</u>

Brent Mitchell David Thoel Dustin Trunkhill Jeremiah Miller

### May 2020

Ashley McCullough Paula Addison Matt Durbin Christopher Sorenson

### June 2020

Natasha Johnson Christina Seney **Kyle Solberg** Jacy Barker