

# Resource Guide

Updated: April 1, 2021

# Table of Contents

Introduction	3
Department of Corrections	4
Map of Corrections Institutions	8
Institution Profiles	9
Community-Based Corrections	13
Judicial District Contact Information	16
Community Service Providers	23
Medical Assistance	24
Community Mental Health Centers	27
List of Community Mental Health Centers	28
Integrated Health Homes	31
List of Integrated Health Homes	32
Mental Health and Disability Services Regions	40
MHDS Region Contact Information	42
MHDS Region Map	46
Map of Act Teams	47
Crisis Services	48
Mobile Crisis Response Map	49
Child Support Recovery	50
Problem Gambling and Substance Use Disorder Services	51
Integrated Provider Network Directory	53
Map of IDPH Funded Substance Use Disorder Assessment and Treatment Providers	56
Iowa Workforce Development (IWD)	57
List of IowaWORKS One Stop Centers	58
lowa Workforce Development Delivery System	68
Housing Resources	69
List of Public Housing Authorities	73
Public Transportation	77
lowa Public Transit Systems by County	79
Veterans Services	85
List of County Veterans offices	87
lowa Department on Aging	90
List of Area Agency on Aging by County	92

# Introduction

This resource guide was developed for the Community Connections Supporting Reentry trainings, which were conducted statewide in 2016 and 2017. This project was a collaboration between lowa's Department of Corrections and Department of Human Services. The trainings were part of the Department of Correction's Statewide Recidivism Reduction Initiative (SRR). The goal of these trainings was to develop strong connections among the community, prisons and community-based corrections, the community mental health and disability services system, and the substance-use disorder service systems for individuals reentering the community after incarceration.

### Resource Guide

This resource guide was developed by the Center for Disabilities and Development to complement the information shared at the training. It serves as an ongoing resource to connect individuals and families with necessary services. These services offer support to maintain stability and find success in the community after incarceration. This guide provides overviews of the many services and supports available in the community including how to make referrals and to get more information.

The 2021 update to this guide was funded by the lowa Department of Human Services.

A copy of this Resource Guide can be found at: https://uihc.org/ucedd/community-connectionssupporting-reentry

# Iowa Department of Corrections

The Iowa Department of Corrections is responsible for the prisons that house approximately 7,400 individuals, and the eight Community Based Corrections (CBC) Districts that supervise approximately 39,300 individuals.

#### VISION

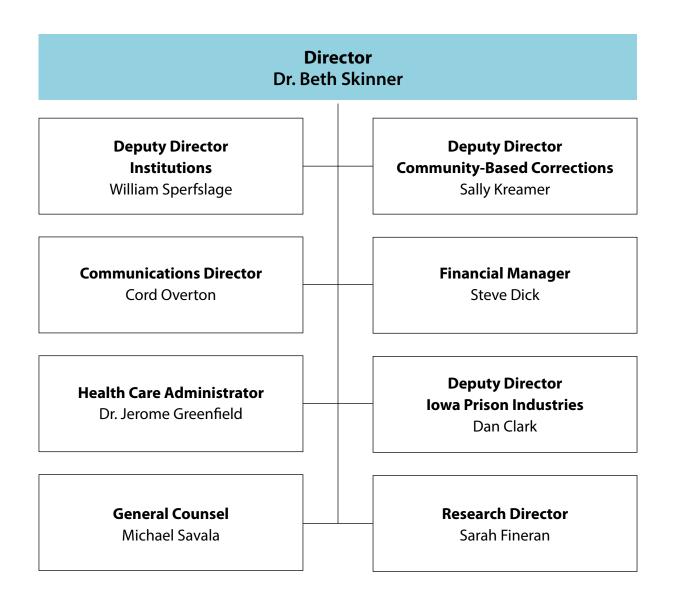
An lowa with no more victims.

#### MISSION

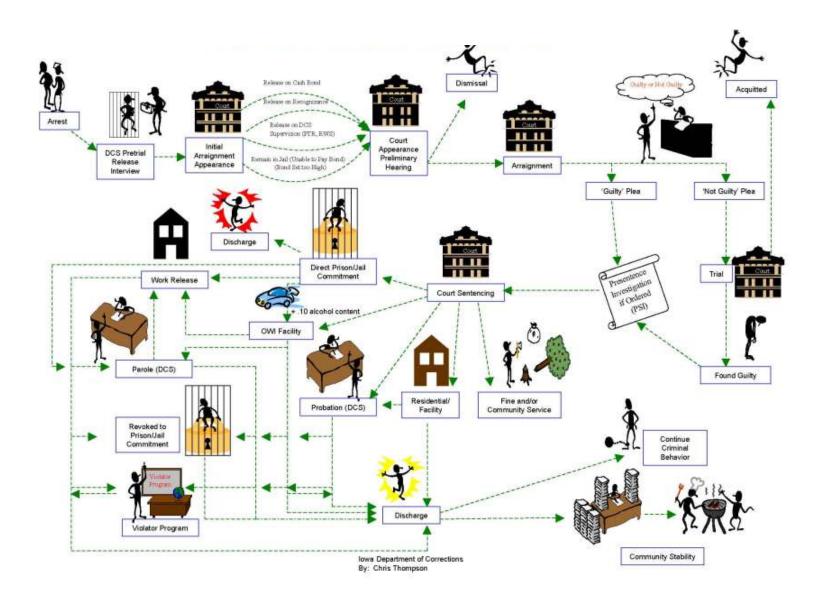
Creating opportunities for safer communities.

#### VALUES AND BELIEFS

People can change; every person should be treated with dignity and respect; our efforts must make people safer; we must work as a team if we are to succeed.



### **Criminal Justice Flow Chart**



# Overview of Institutional Processes

The "corrections continuum" specifies five levels of criminal sanction from least to most restrictive. Individuals who receive the highest levels of sanctions are sentenced to institutions because of the type of crime committed, or it has been determined that they cannot be effectively managed in the community.

### **Corrections Continuum**

#### **Probation and Parole - Supervision**

(Community Based Corrections)

- This type of supervision includes individuals on probation, parole, pretrial release, and others. Supervision, monitoring, and treatment are provided in the community and utilize locally available resources.
- Five levels of supervision have been created to provide more frequent, higher levels of supervision for individuals who have a higher risk for reoffending and less frequent, lower levels of supervision for individuals who have a lower risk for reoffending. Higher supervision involves home visits, curfew and/or electronic monitoring, participation in group therapy, and other supports.
- Can include electronic monitoring, day programming, live-out programs, sex offender supervision, andneeds supervision.

#### **Quasi-Incarceration - Residential Facilities**

(Community Based Corrections)

- These are sanctions supported by residential facility placement and can include:
  - · Residential treatment facilities
  - · Operating while intoxicated (OWI) treatment facilities
  - Work release facilities
  - · House arrest with electronic monitoring

#### Incarceration

(Prisons Corrections)

Prison

## **Prison Corrections**

#### **Reception and Classification**

The lowa Medical and Classification Center in Coralville is the reception center for all males entering the adult corrections system in lowa. The lowa Correctional Institution for Women is the reception center for all females entering the adult corrections system in lowa. Individuals who are less than age 18 but adjudicated to adult court and enter the Reception and Classification Centers are kept separate from adults 18 and older. The reception process involves: an orientation, medical, dental, and mental health screenings, and an in-depth intake that gathers information about an individual's background and experiences. This process takes between four and six weeks. The information gathered during reception helps determine needs and appropriate institutional placement.

The initial classification determination includes the individual's criminal history and present charge, current behavior, health (including mental health), potential for violence, and other factors.

Classifications are reviewed periodically; not less than once every 12 months. Some of the factors considered during classification reviews include: current and past criminal behavior, adjustment to the institutional setting (this includes behavior, escapes, and other rule violations), age and amount of time served versus time remaining to be served.

#### **Custody Levels and Definitions**

All individuals are classified within one of five custody classifications: maximum custody, medium custody, minimum custody, minimum work out, and minimum live out.

- Maximum custody: This is the most restrictive level. It is generally for individuals who have been convicted of violent crimes or exhibit behavioral challenges while incarcerated. Individuals in maximum custody are highly supervised and generally reside in single cells within a building or unit.
- Medium custody: Individuals are usually assigned to a dormitory or cell setting and generally
  restricted to working within the boundaries of the institution. Individuals present potential risk
  for escape and/or require a more structured environment.
- Minimum custody: Individuals are considered to be a minimal escape risk and demonstrate stable behavior.
- Minimum work out: Individuals may work outside the secure perimeter of the facility, have off grounds work assignments, or participate in furloughs.
- Minimum live out: Individuals are determined to be sufficiently stable to live in an open, non-secured setting.

### **Re-Entry Planning**

Planning for reentry begins when an individual enters the system with the assessment process. This ensures they are connected to the types of services, treatment, and programming that will reduce their likelihood of reoffending and increase their chances of success once they reenter the community. Such programming is assists in planning for employment, housing, transportation, continuing in addiction recovery, furthering education, and seeking available resources in the community.

Pre-release programming includes education on community supervision requirements, employment planning, vocational placement resources, social security benefits, banking and financial management, public assistance sources, community substance use disorder and mental health resources, heath care issues, and family reintegration. The employment planning includes approximately thirty Registered Apprenticeship Programs.

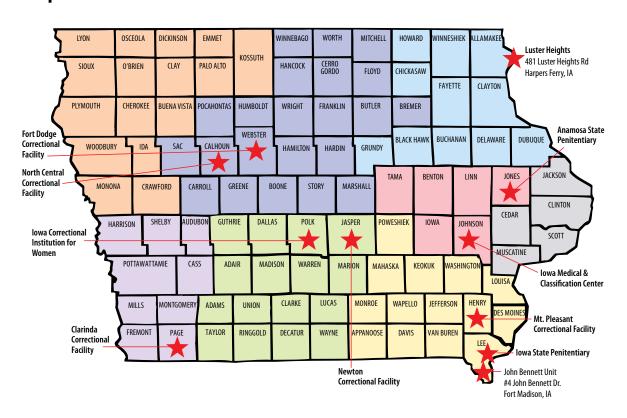
Individuals in prison must have a suitable place to live upon returning to the community before they are released to community-based supervision. A Home Placement Questionnaire (HPQ) is used to verify that a residence requested by an individual meets the requirements of the Department of Corrections to minimize the risk of reoffending.

#### **Behavioral Health Medication Voucher Program**

Individuals released from prison may access up to 90-days of behavioral health medications at no cost. At the time of release, the individual is provided a 30-day supply of all medications, and an additional 60 days of behavioral health prescriptions are transferred to a participating community pharmacy and filled at a reduced rate or at no cost.

Uninsured or underinsured individuals released from one of Iowa's 9 DOC facilities who are on parole status and/or end of sentence-discharge and who also have an individual or household income that is 200% of the federal poverty level or below, may use a DOC Behavioral Health Medication Voucher. Eligibility will be conducted by DOC staff at the time of release.

### **Map of Corrections Institutions**



# Institution Profiles

#### **Anamosa State Penitentiary**

(319) 462-3504 406 N. High Street Anamosa, IA 52205

The Anamosa State Penitentiary is a maximum/medium security institution located in Anamosa (Jones County).

#### **Programming and Treatment Services:**

- Cognitive-behavioral programming
- Educational programming
- Apprenticeship programs
- Vocational skill development courses

#### **Clarinda Correctional Facility**

(712) 542-5634 2000 N. 16th St. Clarinda, IA 51632

The Clarinda Correctional Facility is a medium security prison located in Clarinda (Page County).

#### **Programming and Treatment Services:**

- Cognitive-behavioral programming
- Educational programming
- Apprenticeship programs
- Special needs/intensive supervision unit that provides treatment to individuals with intellectual disabilities, mental illness, or other special needs

#### **Fort Dodge Correctional Facility**

(515) 574-4700 1550 L St. Fort Dodge, IA 50501

The Fort Dodge Correctional Facility is a medium security prison in Fort Dodge (Webster County).

#### **Programming and Treatment Services:**

- Cognitive-behavioral programming
- Educational programming
- Apprenticeship programs
- Vocational skill development

#### **Iowa Correctional Institution for Women**

(515) 725-5042 420 Mill Street Mitchellville, IA 50169

The lowa Correctional Institution for Women (also referred to as Mitchellville) is the only institution for women and holds all security levels. ICIW is located in Mitchellville (Polk County). ICIW serves as the reception and classification center for all female individuals entering the adult female institutional corrections system.

#### **Programming and Treatment Services:**

- Cognitive-behavioral programming
- Educational programming
- Apprenticeship programs
- Partnership with Iowa Workforce Development (Iowa Workforce Advisor)
- Partnership with Iowa Department of Transportation (Mobility Manager)

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#### **Iowa Medical and Classification Center**

(319) 626-2391 2700 Coral Ridge Ave. Coralville, IA 52241

The Iowa Medical and Classification Center (also referred to as Oakdale) is located in Coralville (Johnson County) and serves as the reception and classification center for all individuals entering the adult male institutional corrections system. In addition to housing individuals during the reception and classification process before they are assigned to other facilities, IMCC has a medium security unit, specialized units for individuals with co-occurring medical and mental health concerns, and a forensic psychiatric hospital on-site.

#### **Programming and Treatment Services:**

- Cognitive-behavioral programming
- Apprenticeship programs
- Educational programming
- Medical unit (long term and short term)
- Skilled nursing unit
- Interdisciplinary treatment teams
- Prison Hospice Program

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#### **Iowa State Penitentiary**

(319) 372-5432 2111 330th Ave PO Box 316 Fort Madison, IA 52627

The Iowa State Penitentiary is located in Fort Madison (Lee County) and is the maximum-security institution.

#### **Programming and Treatment Services:**

- Cognitive-behavioral programming
- Educational programming
- Apprenticeship programs
- Vocational training in upholstering, commercial cooking, auto mechanics, machining, and printing

**Mount Pleasant Correctional Facility** 

(319) 385-9511 1200 E. Washington St. Mt. Pleasant, IA 52641

The Mount Pleasant Correctional Facility is a minimum-security institution located in Mount Pleasant (Henry County).

#### **Programming and Treatment Services:**

- Cognitive-behavioral programming
- Educational and vocational programming
- Apprenticeship programs
- Partnership with Iowa Workforce Development (Iowa Workforce Advisor)

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#### **Newton Correctional Facility**

(641) 792-7552 307 S. 60th Ave. W, Box 218 Newton, IA 50208

The Newton Correctional Facility is located in Newton (Jasper County) and includes both a minimum-security facility and a medium security facility. The Correctional Release Center is a minimum-security facility that prepares inmates from the correctional institutions for parole or discharge.

#### **Programming and Treatment Services:**

- Cognitive-behavioral programming
- Educational programming
- Apprenticeship programs
- Off-campus community service and employment opportunities
- Sex Offender Treatment Program at NCF
- Partnership with Iowa Workforce Development (Iowa Workforce Advisor)
- Partnership with Iowa Department of Transportation (Mobility Manager)

#### **North Central Correctional Facility**

(712) 297-7521 313 Lanedale Rockwell City, IA 50579

The North Central Correctional Facility located in Rockwell City (Calhoun County) is a minimum-security facility.

#### **Programming and Treatment Services:**

- Cognitive-behavioral programming
- Educational programming
- Apprenticeship programs
- Partnership with Iowa Workforce Development (Iowa Workforce Advisor)

# Community-Based Corrections

Community-Based Corrections (CBC) provide a range of sanctions as a less restrictive alternative to prison. CBC involves various levels of supervision within the community.

CBC services in lowa are operated by eight judicial districts that together cover all 99 counties. Each district operates as a separate agency under the direction of a Board of Directors and is administered by a Director. The majority of individuals under state correctional supervision are supervised in the community.

CBC services are separated into two categories: field services and residential facility services.

#### **Supervision Levels/Risk Assessment**

All individuals assigned to supervision by field services or in a residential facility are assessed to determine level of risk and level of needed supervision. Assessments also help determine case planning and the need for referrals to treatment or other support services. The higher the supervision/risk levels, the more closely an individual will be monitored and supported by community-based corrections staff.

Individuals convicted of sex offenses receive intensive supervision and participate in programming designed to help reduce sexual abuse victimization.

#### **Field Service Supervision**

The majority of individuals supervised in the community are on field service supervision. Field offices are in local communities within each CBC District. They have staff for a variety of probation and parole programs and supervision levels.

- Probation Supervision: An individual is placed on probation after they are convicted of a crime and their jail or prison sentence is suspended. This means they can be under correctional supervision in the community as an alternative to going to jail or prison. Probation Officers monitor compliance and use existing local resources to address specific challenges related to rehabilitation. Supervision emphasizes employment stability, victim restitution, community service sentencing, community resources, one-on-one counseling, and monitoring the individual in the community.
- Parole Supervision: Parole is granted to individuals by the lowa Board of Parole, either directly out of a state institution or from a residential facility (on work release supervision status). Individuals are supervised by parole officers in the community. Monitoring and treatment are provided in the community and utilize locally available resources.
- Pre-Trial Release: This serves as an alternative to the traditional bail bond system.
  Under pretrial release an individual is released from jail pending trial under the supervision of a Judicial District. The district monitors the individual and ensures they appear in court when directed.
- Presentence Investigation (PSI): This report includes both an individual's social history and as well as their criminal history. The investigation is completed on order of the Court and is used by the Judge in sentencing proceedings. It is also used by the Probation and Parole Officer, DOC institutions, and the Board of Parole in developing treatment plans and in decision-making.

- **Drug Court:** This program targets individuals who are at high-risk by combining accountability, treatment, and rehabilitation under the authority of the court. Drug courts address substance abuse treatment needs and provide referral and/or treatment for co-occurring disorders. Drug courts are a community-based alternative to incarceration for high-risk drug offenses. Generally if an individual fails to complete the program, they will go to prison.
- **Community Service Sentencing:** This sentencing requires individuals to perform a specific number of community service hours as an alternative to incarceration or to a fine.
- Sex Offender Treatment Program (SOTP): This program provides treatment through group counseling and education, combined with intensive supervision and electronic monitoring of individuals convicted of sex crimes.
- **Electronic Monitoring:** This system uses a specially equipped bracelet to monitor the location of an individual. There are several systems used across the state, including voice verification, radio frequency, video display, GPS, and alcohol sensor. Electronic monitoring is most typically used for individuals convicted of sex offenses. A command center for the bracelet technology is operated by the Fifth Judicial District.
- Treatment Alternatives for Safer Communities (TASC) Program: This program provides coordination between the criminal justice system and the substance use disorder treatment system. This program currently operates only in the Sixth Judicial District as part of its ANCHOR Center.
- **Domestic Abuse Program:** This program combines group counseling and education for men and women who have been convicted of domestic violence offenses. Iowa Code requires that individuals convicted of domestic violence attend treatment education.
- Youthful Offender Program: This program targets youth ages 16-21 who are in the adult system, either on pre-trial release, or adjudicated as adults. The program connects participants to substance use disorder treatment services in the community and teaches life skills. Currently this program operates only in the Fifth CBC District.

#### **Residential Correctional Facilities**

**Overview:** Individuals may be placed in residential facilities by the court (probation, pretrial release, or the OWI program), the Parole Board upon release from a corrections institution (parole or work release), or the corrections continuum. Residential facilities provide a structured environment for high-risk/need individuals that include employment, financial management for court-ordered responsibilities, community service work, and participation in educational and treatment programming. While living in a residential facility, individuals must pay rent and are responsible for any other court ordered financial obligations such as victim restitution or child support. Privileges are granted for complying with program requirements.

Some districts also have day reporting programs, where an individual is allowed to live at home while following the supervising residential facilities rules. Noncompliance may result in being ordered back to the residential facility.

#### Residential programming includes:

- The OWI Program for individuals convicted of at least their second OWI offense. Individuals are sentenced to the Department of Corrections (DOC) and housed at a residential facility for substance use disorder treatment. Treatment providers for this prison-diversion program are licensed by the lowa Department of Public Health.
- Job readiness training
- Individual and group counseling
- Cognitive-behavioral programming
- Referrals for substance abuse and/or mental health treatment
- Sex offender treatment, domestic violence education programs, and services for special needs populations

# **Judicial District Contact Information**

#### **First Judicial District**

www.firstdcs.com

Counties: Allamakee, Black Hawk, Buchanan, Chickasaw, Clayton, Delaware, Dubuque, Fayette, Grundy, Howard, Winneshiek

#### **Field Services Office Locations and Contact Information:**

**Decorah Office** 1014 South Mill St. Decorah, IA 52101

(563) 382-9641

**Dubuque Office** 

745 Main St. Dubuque, IA 52001 (563) 557-7244 Independence Office 210 5th Avenue N.E.

Independence, IA 50644

(319) 334-2977

**Manchester Office** 

106 South Tama St. Manchester, IA 52057

(563) 927-5911

**Oelwein Office** 

1584 South Frederick Oelwein, IA 50662 (319) 283-2741 Waterloo Office - 6th St.

312 East 6th St. Waterloo, IA 50704 (319) 236-9626

Waterloo Office - 5th St.

527 East 5th St. Waterloo, IA 50704 (319) 291-2091

#### **Residential Facilities Locations and Contact Information:**

Waterloo Residential Correctional Facility

310 - 314 East 6th St. PO Box 4030 Waterloo, IA 50703 (319) 291-2015

**Dubuque Residential Facility** 

1494 Elm St. Dubuque, IA 52001 (563) 556-6196 Waterloo Women's Center for Change

1515 Lafayette St. Waterloo, IA 50703 (319) 292-0900

**West Union Residential Facility** 

500 South Pine West Union, IA 52175 (563) 422-5758

#### **Second Judicial District**

www.2nddcs.com

**Counties:** Boone, Bremer, Butler, Calhoun, Carroll, Cerro Gordo, Floyd, Franklin, Greene, Hamilton, Hancock, Hardin, Humboldt, Marshall, Mitchell, Pocahontas, Sac, Story, Webster, Winnebago, Worth, Wright

#### Residential and Field Services Office Locations and Contact Information:

**Ames Probation/Parole Office** 

11 N. Sherman Ames, IA 50010 (515) 232-1810

Ft. Dodge Probation/Parole Office

311 1st Ave. S. Ft. Dodge, IA 50501 (515) 576-8124 Marshalltown Probation/Parole Office

26 S. First Ave., Room 412 Marshalltown, IA 50158 (641) 752-6322

Mason City Probation/Parole Office

10 N. Washington Ave., Suite 110 Mason City, IA 50401 (641) 424-0131

#### **Residential Facilities Locations and Contact Information:**

Beje Clark Residential Center

818 15 St. SW., PO Box 1226 Mason City, IA 50402 (641) 424-3817 Ft. Dodge Probation Residential Center

311 1st Ave. S. Ft. Dodge, IA 50501 (515) 955-6393 **Marshalltown Residential Center** 

1401 S. 17th Ave. Marshalltown, IA 50158 (641) 753-5571

#### **Third Judicial District**

http://thirddcs.com/

Counties: Clay, Dickenson, Lyon, O'Brien, Osceola, Palo Alto, Buena Vista, Cherokee, Crawford, Ida, Plymouth, Sioux, Woodbury, Emmet, Kossuth, Monona

#### Field Services Offices and Residential Facility:

Sioux City Office 515 Water St. Sioux City, IA 51103 (712) 252-0590 **Sioux City North Residential Facility** Phone Number: (712) 252-4226

Sioux City South Residential Facility

(712) 224-5515

**Sheldon Parole/Probation Office** 

720 Western Ave. Sheldon, IA 51201 (712) 324-5384

#### **Fourth Judicial District**

#### www.fourthdcs.com

Counties: Audubon, Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, Shelby

#### **Council Bluffs Offices:**

Administrative Office & Adult Probation/Parole

801 S. 10th St. Council Bluffs, IA 51501 (712) 396-2200

**Omni Office** 

300 W. Broadway, # 201 Council Bluffs, IA 51503 (712) 396-2221 **Residential Correctional Facility** 

900 9th Ave. Council Bluffs, IA 51501 (712) 396-2245

**Residential Treatment Center** 

1102 9th Ave. Council Bluffs, IA 51501 (712) 396-2216

#### **Fifth Judicial District**

www.fifthdcs.com

Counties: Adair, Adams, Clarke, Dallas, Decatur, Guthrie, Jasper, Lucas, Madison, Marion, Polk, Ringgold, Taylor, Union, Warren, Wayne

**Polk County Jail – Pretrial** 

**Release, Intensive Pretrial** 

#### **Des Moines Offices:**

Administration, Human Resources, Technology Support, Intensive Supervision, Low Risk Probation, Mental Health, Presentence Investigation, Sex Offender Treatment Program 1000 Washington Ave. Des Moines, IA 50314 (515) 242-6600

Fugitive Unit, Probation, Parole, Support Services, Interstate Compact, Youthful Offender 910 Washington Ave. Des Moines, IA 50314

(515) 242-6680

Release, Release with Services 1985 N.E. 51st Pl. Des Moines, IA 50313 (515) 875-5750 Domestic, Parole, Probation,

Pretrial Release, ICOTs
65 Gruber St.
Des Moines, Iowa 50315
(515) 242-6924

Polk County Courthouse – Probation Intake Unit, Release with Services, Drug Court 500 Mulberry St. Des Moines, IA 50309 (515) 286-3925

Fresh Start Women's Center (Residential Correctional Facility) 1917 Hickman Rd. Des Moines, IA 50314 (515) 242-6325

**Ft. Des Moines Community Corrections Complex**Phone Number: (515) 242-6900

#### **Regional Probation/Parole Offices:**

**Adel Office** 905 Main St. Adel, IA 50003 (515) 993-4632

Chariton Office PO Box 368 48559 HyVee Rd. Chariton, IA 50049 (641) 774-8112 Creston Office 119 N. Elm St. Creston, IA 50801 (641) 782-8556

Indianola Office 112 E. Salem Ave. Indianola, IA 50125 (515) 961-3095 **Knoxville Office** 110 N. 1st St. Knoxville, IA 50138 (641) 842-6002

Newton Office 115 N. 2nd Ave E., Suite J Newton, IA 50208 (641) 792-1101

#### **Sixth Judicial District**

www.iowacbc.org

Counties: Benton, Iowa, Johnson, Jones, Linn, Tama

#### **Johnson County Offices:**

John R. Stratton Center – Administration Office 2501 Holiday Rd. Coralville, IA 52241 (319) 625-2650 John R. Stratton Center – Hope House Residential Center 2501 Holiday Rd. Coralville, IA 52241 (319) 625-2202 Kirkwood Avenue Office 509 Kirkwood Ave. lowa City, IA 52241 (319) 625-2650

#### **Linn County Offices:**

William G. Faches Center
– Linn County Office and
Administration
951 29th Ave.
Cedar Rapids, IA 52404
(319) 398-3675

ANCHOR Center – Residential and Outpatient Services 3115 12th St. SW Cedar Rapids, IA 52404 (319) 297-3500 Gerald R. Hinzman Center

- Residential Facility

1051 29th Ave. SW

Cedar Rapids, IA 52404

(319) 398-3668

Lary A. Nelson Center – Residential Center 1001 29th Ave. SW Cedar Rapids, IA 52404 (319) 398-3600 Richard C. Wenzel Center – Education and Treatment 901 29th Ave. SW Cedar Rapids, IA 52404 (319) 398-3907

Wellington Heights Neighborhood Office 392 15th St. SE Cedar Rapids, IA 52403 (319) 362-0065

#### **Regional County Offices:**

**Benton County-Vinton Office** 

811 D Ave. #25 Vinton, IA 52349 (319)423-1816

**Benton County- Belle Plaine Office** 

702 Main St., PO Box 122 Belle Plaine, IA 52208 (319)560-9198 **Iowa County Office** 

150 W. Marion St., PO Box 365 Marengo, IA 52301 (319)642-3145

**Jones County Office** 

Jones County Courthouse Anamosa, IA 52205 (319)480-5301 Tama County Office

105 E. Carleton Toledo, IA 52342 (641)484-4822

#### **Seventh Judicial District**

www.seventhdcs.com

Counties: Cedar, Clinton, Jackson, Muscatine, Scott

#### **Field Services Offices:**

**Cedar County Field Services** 

Cedar County Courthouse Tipton, IA 52772 (563) 886-3449

**Clinton County Field Services** 

121 6th Ave. South, #101 Clinton, IA 52732 (563) 243-7943 **Jackson County Field Services** 

Jackson County Courthouse Maquoketa, IA 52060 (563) 652-2751

Muscatine County Field Services

101 W. Mississippi Dr., Suite 200 Muscatine, IA 52761 (563) 263-9168 Scott County Field Services & District Administration

605 Main St. Davenport, IA 52803 (563) 322-7986

Pretrial Release Unit Scott County Courthouse

400 W. 4th St. Davenport, IA 52801

#### **Residential Facilities:**

**Residential Corrections Facility** 

1330 W. 3rd St. Davenport, IA 52802 (563) 324-2131 **Work Release Center** 

605 Main St. Davenport, IA 52803 (563) 322-7986

#### **Eighth Judicial District**

#### www.8thjdcbc.com

Counties: Appanoose, Davis, Des Moines, Henry, Jefferson, Keokuk, Lee, Louisa, Mahaska, Monroe, Poweshiek, Van Buren, Wapello, Washington

#### **Field Services Offices:**

### Appanoose & Davis County Field Office

205 W. Van Buren St. Centerville, IA 52544 (641) 437-7278

#### **Des Moines County Office**

214 N. 4th St., Suite 2A Burlington, IA 52601 (319) 753-5478

#### **Henry County Field Office**

1200 E. Washington St. Mt. Pleasant, IA 52641 (319) 385-9527 Jefferson & Van Buren County Field Office

1805 W. Jefferson Ave. Fairfield, IA 52556 (641) 472-4242

#### Lee County Field Office – North

811 Ave. G Ft. Madison, IA 52627 (319)372-6678 Lee County Field Office – South 1508 Morgan St. Keokuk, IA 52632 (319) 524-6591

### Mahaska & Poweshiek County Office

211 High Ave. East Oskaloosa, IA 52577 (641)673-7038

#### **Wapello County Office**

1315 North Court Ottumwa, IA 52501 (641) 682-8383

#### **Washington County Field Office**

2175 Lexington Blvd. Washington, IA 52353 (319) 653-3535

#### **Residential Facilities:**

### **Burlington Residential Facility**

835 Valley Rd. Burlington, IA 52601 (319)753-5478

#### **Ottumwa Residential Facility**

245 Osage Dr. Ottumwa, IA 52501 (641)682-3069

# **DOC Collaborations**

#### **Pre-Release Medicaid Enrollment Program**

Individuals preparing for release can apply for Medicaid. This is true for individuals in all correctional facilities in lowa who are exiting prison on parole status or at the end of sentence/discharge. Applying for Medicaid before release can mean the individual leaves the institution with a Medicaid card or one is waiting at their community residence.

This initiative connects individuals to needed health care, mental health services, and substance use disorder services to assist with reducing recidivism.

Corrections staff assist individuals with application materials and submitting them to lowa Medicaid Enterprise (IME). Staff also assist with filling out medically exempt forms, which is a program that provides enhanced mental health and substance use disorder coverage for those with qualifying diagnoses.

#### Iowa Workforce Development (IWD) Offender Reentry Program

The Offender Reentry Program is a partnership between IWD and DOC that places workforce advisors on-site at facilities in Mount Pleasant, Mitchellville, Newton, and Rockwell City. Advisors work with individuals on job readiness skills, resources, and preparing for employment upon release. The goal is to have program participants placed in jobs before release. Participants can test for the National Career Readiness Certificate, which measures skills in math, reading for information, and locating information. This is an opportunity for individuals to add a credential to their résumé. Advisors also work with employers to address barriers they may have to hiring individuals with criminal records.

For reentry specific questions or needs contact reentry@iwd.iowa.gov. Emails sent to this account are monitored and answered by IWD Reentry Representatives around the state.

### **lowa DOC Registered Apprenticeship Program**

The Registered Apprenticeship Program is offered in all correctional facilities in lowa. This program, through the US Department of Labor Office of Apprenticeship, assists individuals in completing career and educational programs to prepare them for high skill, high wage, and high demand jobs after incarceration. The program combines self-study and on the job training to individuals with at least a high school diploma. Upon completion individuals receive a certification from the US DOL. Current Apprenticeship Programs include but are not limited to:

- Computer Operator
- Cabinet Maker
- Welding Combination
- Cook
- Baker
- Electrician
- Refrigeration/Air Conditioning
- Maintenance
- Plumber

- Fabricator-Assembler Metal Production
- Electrostatic Power Coating
- Materials Coordinator
- Housekeeper (Commercial, Industrial, and Residential)
- Painter
- Upholster
- Silkscreen Printer



### **Medical Assistance**

The Iowa Medicaid Enterprise is the division of the Department of Human Services that oversees Medicaid in Iowa.

#### **Medicaid Benefits and Inmate Status**

Medicaid is not available to individuals who are inmates of public, non-medical institutions. Jails and prisons are considered public institutions, and individuals are not eligible for Medicaid while incarcerated.

- A person who is on probation or parole is not considered to be an inmate of a public institution and can be eligible for Medicaid if they meet all other eligibility requirements.
- A person who is on work-release is considered to be an inmate of a public institution and is not eligible for Medicaid.

#### **Medicaid Overview**

To receive lowa Medicaid services, a person must: be an lowa resident and a U.S. citizen, qualify because of income, or meet the Social Security Administration's standards for disability. There can be additional eligibility requirements. It is helpful to understand that there are two Medicaid programs for adults between the ages of 19 and 64 in lowa: those who qualify for "traditional" or "state plan" Medicaid and those who qualify for the "lowa Health and Wellness Plan" or "Medicaid expansion." Both groups are part of the lowa Health Link managed care program, but program requirements and the benefits they are eligible for can vary a little.

- Traditional or State Plan Medicaid: This coverage group is for people who are in a mandatory coverage group. It includes individuals with disabilities, and individuals who qualify because of their income and are a child, a parent living with a child under the age of 18 who receives Medicaid, a woman who is pregnant, or a person over the age of 65. People receiving this type of Medicaid received dental benefits through the lowa Dental Wellness Plan listed below.
- **Iowa Health and Wellness Plan:** The Iowa Health and Wellness Plan began after the Affordable Care Act gave states the option of expanding Medicaid coverage to adults without dependent children between the ages of 19 and 64 who are at or below 133% of the Federal Poverty Level. Iowa Health and Wellness members are eligible to receive full dental coverage in their first year, and in order to keep coverage in subsequent years must complete certain "Healthy Behaviors" which include an oral self-assessment and a preventative dental visit.
  - Iowa Health and Wellness Plan: dhs.iowa.gov/ime/members/medicaid-a-to-z/IHAWP/coverage-programs
- Iowa Dental Wellness Plan: dhs.iowa.gov/dental-wellness-plan
- Adult Medicaid members, age 19 and older, are enrolled in the Dental Wellness Plan.
   Excluded groups are listed here: <a href="https://dhs.iowa.gov/dental-wellness-plan/who-qualifies">https://dhs.iowa.gov/dental-wellness-plan/who-qualifies</a>
  - Dental Wellness Plan members have two dental carrier options to choose from:
     Delta Dental or MCNA Dental.

#### Iowa Medicaid has three main coverage groups:

- **Iowa Health Link:** Most people who receive Medicaid are enrolled in the Iowa Health Link managed care program. This includes people who are on "traditional" or "state plan" Medicaid and people who are eligible for Medicaid through Medicaid expansion. People enrolled in Iowa Health Link receive their services from a managed care organization.
- Healthy and Well Kids in Iowa (hawk-i): This is lowa's Children's Health Insurance Program (CHIP) for children whose families meet certain income requirements. Children enrolled in hawk-i receive their services from a managed care organization.
- Medicaid Fee-for-Service (FFS): A small number of people receive their benefits from the Medicaid Fee-for-Service program that is administered by the Department of Human Services. This program includes people who are served by or qualify for the following: Health Insurance Premium Program, Medicare Savings Program, Specified Low-Income Medicare Beneficiary, Three Day Emergency, Medically Needy, Presumptive Eligibility, American Indian or Alaska Native program, Program of All-Inclusive Care for the Elderly, Medicaid for Employed Persons with Disabilities, and the Family Planning Program.
- Coverage Group Comparison Chart: dhs.iowa.gov/sites/default/files/Comm519.pdf

### **Iowa Health Link**

Most Medicaid members are served by a managed care system. Currently, members can choose between two managed care organizations (MCOs): Amerigroup and Iowa Total Care.

When an individual enrolls in Medicaid, they are automatically assigned to an MCO. This is done randomly but also is set up to keep families assigned to the same MCO. A person has 90 days from the date their coverage begins to switch MCOs. Individuals may also change throughout the year for "good cause" and during the 60-day annual enrollment period. Things to consider when choosing an MCO is whether existing providers are part of their network, and by comparing the value-added services offered by each MCO. DHS has resources for helping individuals select an MCO that best fits their needs on their website.

- lowa Health Link Member Resources: https://dhs.iowa.gov/iahealthlink/resources/member-specific
- MCO and Value Added Services Comparison Chart: https://dhs.iowa.gov/sites/default/files/ Comm504.pdf?100720201638
- Find an Iowa Health Link Provider: Search for providers who have enrolled with each MCO. http://dhs.iowa.gov/iahealthlink/find-a-provider

### **Managed Care Organizations Contact Information**

**Amerigroup Iowa** 

MPSWeb@amerigroup.com (800) 600-4441 http://www.myamerigroup.com/IA Iowa Total Care (833) 404-1061 https://www.iowatotalcare.com

#### **Dental Wellness Plan Provider Contact Information**

Delta Dental (888) 472-2793 www.deltadentalia.com/dwp/

MCNA Dental (855) 247-6262 www.mcnaia.net//en/home/

#### **Additional Resources**

**Check Eligibility and/or Apply for Medicaid** dhsservices.iowa.gov/apspssp/ssp.portal

**Iowa Health Link Frequently Asked Questions** dhs.iowa.gov/iahealthlink/fags

**Iowa Health Link Provider- Specific Resources** https://dhs.iowa.gov/iahealthlink/resources/provider-specific

**Iowa Department of Human Services' Medicaid Provider Search:** Search for Medicaid providers, including home and community-based services and State Plan providers, by county, metro area, type, specialty, or name. This is useful if searching for a provider who takes Medicaid fee-for-service members. Individuals enrolled with an MCO should search for a provider through the Find an Iowa Health Link

Provider directory linked above. http://tinyurl.com/DHS-Medicaid-Provider-Search

### **Community Mental Health Centers**

Community Mental Health Centers (CMHC) operate across the state to provide a specified set of services to meet the mental health needs of individuals across the lifespan. The state requires CMHCs to serve all individuals with minimal or no service denials. In counties where a CMHC is not available, a Mental Health Service Provider (MHSP) is available to provide community mental health services. A list of Community Mental Health Centers and Mental Health Service providers organized by county begins on the next page.

#### **Services Provided**

- Outpatient services, such as psychiatric evaluations, medication management, and individual, family, and group therapy
- 24-hour emergency services, such as evaluation and stabilization, medication evaluation, and referral to hospitalization
- Day treatment, or psychosocial rehabilitation services
- Community support services
- Education and consultation services to individuals, groups, and the greater community

#### **Who to Connect**

- Individuals who are experiencing a mental health crisis
- Individuals who have a mental illness or serious mental illness
- Individuals with co-occurring disorders (mental illness co-occurring with substance use disorder, intellectual disability, developmental disability, brain injury, autism, etc.)

### **List of Community Mental Health Centers**

Note that Bremer and Green Counties do not have designated Community Mental Health Centers or a non-CMHC contracted agency. Residents in these counties should contact their Mental Health and Disability Services region for more information on local services (see page 42 for MHDS region contact information).

County	Community Mental Health Center	Phone Number	Website
Adair	Crossroads Behavioral Health Services	(641) 782-8457	http://crossroadscreston.com/
Adams	Crossroads Behavioral Health Services	(641) 782-8457	http://crossroadscreston.com//
Allamakee	Northeast Iowa Mental Health Center	(563) 382-3649	https://www.neibh.org/
Appanoose	Community Health Centers of Southern IA	(641) 446-2383	http://chcsi.org/
Audubon	Southwest Iowa Mental Health Center	(712) 243-5091	https://zionrecovery.org/
Benton	Abbe Center for Community Mental Health	(319) 398-3562	https://www.unitypoint.org/cedarrapids/abbehealth.aspx
Black Hawk	Black Hawk/Grundy Mental Health Center	(319) 234-2893	https://www.unitypoint.org/waterloo/ mental-health.aspx
Boone	Eyerly Ball Community Mental Health	(515) 243-5181	http://www.eyerlyball.org/
Bremer	N/A	N/A	N/A
Buchanan	Abbe Center for Community Mental Health	(319) 398-3562	https://www.unitypoint.org/cedarrapids/abbehealth.aspx
Buena Vista	Plains Area Mental Health Center	(712) 546-4624	https://plainsareamentalhealth.org/
Butler	Pathways Behavioral Services	(319) 352-2064	https://www.pathwaysb.org/
Calhoun	Berryhill Center for Mental Health	(515) 955-7171	https://www.unitypoint.org/fortdodge/ berryhill-center-of-mental-health.aspx
Carroll	Plains Area Mental Health Center	(712) 546-4624	https://plainsareamentalhealth.org/
Cass	Southwest Iowa Mental Health Center	(712) 243-5091	https://zionrecovery.org/
Cedar	Abbe Center for Community Mental Health	(319) 398-3562	https://www.unitypoint.org/cedarrapids/abbehealth.aspx
Cerro Gordo	Prairie Ridge Integrated Behavioral Health	(641) 424-2391	https://prairieridge.net/
Cherokee	Plains Area Mental Health Center	(712) 546-4624	https://plainsareamentalhealth.org/
Chickasaw	Pathways Behavioral Services	(319) 352-2064	https://www.pathwaysb.org/
Clarke	Crossroads Behavioral Health Services	(641) 782-8457	http://crossroadscreston.com//
Clay	Seasons Center for Community Mental Health	(800) 242-5101	https://seasonscenter.org/
Clayton	Northeast Iowa Mental Health Center	(563) 382-3649	https://www.neibh.org/
Clinton	Bridgeview Community Mental Health Center	(563) 243-5633	http://www.bridgeviewcmhc.com/
Crawford	Plains Area Mental Health Center	(712) 546-4624	https://plainsareamentalhealth.org/
Dallas	Eyerly Ball Community Mental Health	(515) 243-5181	http://www.eyerlyball.org/
Davis	Southern Iowa Mental Health Center	(641) 682-8772	https://www.simhcottumwa.org/
Decatur	Community Health Centers of Southern IA	(641) 446-2383	http://chcsi.org/
Delaware	Abbe Center for Community Mental Health	(319) 398-3562	https://www.unitypoint.org/cedarrapids/abbehealth.aspx
Des Moines	Optimae Life Services	(641) 472-1684	http://www.optimaelifeservices.com/
Dickinson	Seasons Center for Community Mental Health	(800) 242-5101	https://seasonscenter.org/
Dubuque	Hillcrest Family Services	(563) 583-7357	https://hillcrest-fs.org/
Emmet	Seasons Center for Community Mental Health	(800) 242-5101	https://seasonscenter.org/

County	Community Mental Health Center	Phone Number	Website	
Fayette	Northeast Iowa Mental Health Center	(563) 382-3649	https://www.neibh.org/	
Floyd	Prairie Ridge Integrated Behavioral Health	(641) 424-2391	https://prairieridge.net/	
Franklin	Berryhill Center for Mental Health	(515) 955-7171	https://www.unitypoint.org/fortdodge/ berryhill-center-of-mental-health.aspx	
Fremont	Waubonsie Mental Health Center	(712) 542-2388	http://www.waubonsiemhc.com/	
Greene	N/A	N/A	N/A	
Grundy	Black Hawk/Grundy Mental Health Center	(319) 234-2893	https://www.unitypoint.org/waterloo/ mental-health.aspx	
Guthrie	Southwest Iowa Mental Health Center	(712) 243-5091	https://zionrecovery.org/	
Hamilton	Berryhill Center for Mental Health	(515) 955-7171	https://www.unitypoint.org/fortdodge/ berryhill-center-of-mental-health.aspx	
Hancock	Prairie Ridge Integrated Behavioral Health	(641) 424-2391	https://prairieridge.net/	
Hardin	Center Associates	(641) 752-1585	http://www.centerassoc.com/	
Harrison	CHI Health	(402) 572-2576	https://www.chihealth.com/mental-health	
Henry	Hillcrest Family Services	(563) 583-7357	https://hillcrest-fs.org/	
Howard	Northeast Iowa Mental Health Center	(563) 382-3649	https://www.neibh.org/	
Humboldt	Berryhill Center for Mental Health	(515) 955-7171	https://www.unitypoint.org/fortdodge/ berryhill-center-of-mental-health.aspx	
Ida	Plains Area Mental Health Center	(712) 546-4624	https://plainsareamentalhealth.org/	
lowa	Abbe Center for Community Mental Health	(319) 398-3562	https://www.unitypoint.org/cedarrapids/ abbehealth.aspx	
Jackson	Hillcrest Family Services	(563) 583-7357	https://hillcrest-fs.org/	
Jasper	Capstone Behavioral Healthcare, Inc.	(641) 792-4012	http://www.capstonebh.com/	
Jefferson	Optimae Life Services	(641) 472-1684	http://www.optimaelifeservices.com/	
Johnson	Abbe Center for Community Mental Health	(319) 398-3562	https://www.unitypoint.org/cedarrapids/ abbehealth.aspx	
Jones	Abbe Center for Community Mental Health	(319) 398-3562	https://www.unitypoint.org/cedarrapids/abbehealth.aspx	
Keokuk	Southern Iowa Mental Health Center	(641) 682-8772	https://www.simhcottumwa.org/	
Kossuth	Berryhill Center for Mental Health	(515) 955-7171	https://www.unitypoint.org/fortdodge/ berryhill-center-of-mental-health.aspx	
Lee	Counseling Associates	(319) 372-7689	https://www.counselingassociatesonline.com/	
	Optimae Life Services	(641) 472-1684	http://www.optimaelifeservices.com/	
Linn	Abbe Center for Community Mental Health	(319) 398-3562	https://www.unitypoint.org/cedarrapids/abbehealth.aspx	
Louisa	Hillcrest Family Services	(563) 583-7357	https://hillcrest-fs.org/	
Lucas	Community Health Centers of Southern IA	(641) 446-2383	http://chcsi.org/	
Lyon	Seasons Center for Community Mental Health	(800) 242-5101	https://seasonscenter.org/	
Madison	Crossroads Behavioral Health Services	(641) 782-8457	http://crossroadscreston.com//	
Mahaska	Southern Iowa Mental Health Center	(641) 682-8772	https://www.simhcottumwa.org/	
Marion	N/A	N/A	N/A	
Marshall	Center Associates	(641) 752-1585	http://www.centerassoc.com/	
Mills	CHI Health	(402) 572-2576	https://www.chihealth.com/mental-health	
Mitchell	Prairie Ridge Integrated Behavioral Health	(641) 424-2391	https://prairieridge.net/	
Monona	Burgess Mental Health Center	(712) 423-9160	https://www.burgesshc.org/	
Monroe	Community Health Centers of Southern IA	(641) 446-2383	http://chcsi.org/	
Montgomery	Waubonsie Mental Health Center	(712) 542-2388	http://www.waubonsiemhc.com/	

County	Community Mental Health Center	Phone Number	Website
Muscatine	Optimae Life Services* (adults)	(641) 472-1684	http://www.optimaelifeservices.com/
O'Brien	Seasons Center for Community Mental Health	(800)242-5101	https://seasonscenter.org/
Osceola	Seasons Center for Community Mental Health	(800) 242-5101	https://seasonscenter.org/
Page	Waubonsie Mental Health Center	(712) 542-2388	http://www.waubonsiemhc.com/
Palo Alto	Seasons Center for Community Mental Health	(800) 242-5101	https://seasonscenter.org/
Plymouth	Plains Area Mental Health Center	(712) 546-4624	https://plainsareamentalhealth.org/
Pocahontas	Berryhill Center for Mental Health	(515) 955-7171	https://www.unitypoint.org/fortdodge/ berryhill-center-of-mental-health.aspx
	Broadlawns Medical Center	(515) 282-2200	https://www.broadlawns.org/
Polk	Eyerly Ball Community Mental Health	(515) 241-0982	http://www.eyerlyball.org/
POIR	Child Guidance Center/ Orchard Place (Child)	(515) 244-2267	https://www.orchardplace.org/
Pottawattamie	CHI Health	(402) 572-2576	https://www.chihealth.com/mental-health
Poweshiek	Capstone Behavioral Healthcare, Inc.	(641) 792-4012	http://www.capstonebh.com/
Ringgold	Community Health Centers of Southern IA	(641) 446-2383	http://chcsi.org/
Sac	Counseling Services, LLC*	(712) 662-3222	NA
Scott	Vera French Community Mental Health Center	(563) 383-1900	https://www.verafrenchmhc.org/
Shelby	Myrtue Medical Center	(712) 755-5056	myrtuemedical.org/our-services/behavioral-health/
Sioux	Creative Living Center, PC*	(712) 476-5245	http://www.creativelivingcenterpc.com/site/
Story	Eyerly Ball Community Mental Health	(515) 241-0982	http://www.eyerlyball.org/
Tama	Center Associates	(641) 752-1585	http://www.centerassoc.com/
Taylor	Crossroads Behavioral Health Services	(641) 782-8457	http://crossroadscreston.com//
Union	Crossroads Behavioral Health Services	(641) 782-8457	http://crossroadscreston.com//
Van Buren	Southern Iowa Mental Health Center	(641) 682-8772	https://www.simhcottumwa.org/
Wapello	Southern Iowa Mental Health Center	(641) 682-8772	https://www.simhcottumwa.org/
Warren	Child Guidance Center/ Orchard Place (Child)	(515) 244-2267	https://www.orchardplace.org/
	Eyerly Ball Community Mental Health	(515) 241-0982	http://www.eyerlyball.org/
Washington	Hillcrest Family Services	(319) 653-6161	https://hillcrest-fs.org/
Wayne	Community Health Centers of Southern IA	(641) 446-2383	http://chcsi.org/
Webster	Berryhill Center for Mental Health	(515) 955-7171	https://www.unitypoint.org/fortdodge/ berryhill-center-of-mental-health.aspx
Winnebago	Prairie Ridge Integrated Behavioral Health	(641) 424-2391	https://prairieridge.net/
Winneshiek	Northeast Iowa Mental Health Center	(563) 382-3649	https://www.neibh.org/
Woodbury	Siouxland Mental Health Center	(712) 252-3871	https://siouxlandmentalhealth.com/
Worth	Prairie Ridge Integrated Behavioral Health	(641) 424-2391	https://prairieridge.net/
Wright	Berryhill Center for Mental Health	(515) 955-7171	https://www.unitypoint.org/fortdodge/ berryhill-center-of-mental-health.aspx

### **Integrated Health Homes**

An integrated health home (IHH) is a team of professionals who work together to provide comprehensive, person-centered care coordination to adults with a serious mental illness and children with a serious emotional disturbance. In addition to coordinating physical, behavioral, and mental health services, IHH teams work with individuals to improve overall wellness, and connection to the community. This service is free for those who qualify.

The goal of the IHH program is to remove the silos that often exist across different systems of care, and coordinate an individual's mental and physical health care, and all of the other factors that contribute to recovery and stability at home and in the community. IHHs operate across the state, some serving only adults, only children, or both. While there is at least one IHH designated to serve every county, eligible individuals may choose to enroll with any IHH.

Care teams include nurses, care coordinators, and peer/family support specialists.

#### **Services Overview**

- Comprehensive care management
- Care coordination
- Activities that promote health and wellness
- Comprehensive transitional care
- Support to individuals and their family members (when appropriate)
- Referral to community and social support services

#### **Clients to Connect**

- Adults who are enrolled in Medicaid and have a diagnosis of a serious mental illness, which could
  include schizophrenia, schizoaffective disorder, bipolar disorder, major depression, or any other
  significant mental health diagnosis that causes impairments to daily functioning.
- Children who are enrolled in Medicaid and have a diagnosis of a serious emotional disturbance.

#### **How to Contact/Refer for Services**

Contact information organized by county begins on the next page.

# **List of Integrated Health Homes**

County	Population Served	Integrated Health Home	Phone Number	Website
Adair	Adult/Child	Crossroads Behavioral Health Services	(641) 782-8457	https://www.crossroadsbhs.org/ihh
Adams	Adult/Child	Crossroads Behavioral Health Services	(641) 782-8457	https://www.crossroadsbhs.org/ihh
	Adult	Northeast Iowa Behavioral Health	(563) 382-3649	https://www.neibh.org/integrated- health-home
Allamakee	Adult/Child	Four Oaks Family and Children Services	(319) 784-2250	https://www.fouroaks.org
Allallianee	Child	CHSC Decorah Regional Center	(563) 382-1277 (877) 571-9797	https://chsciowa.org/regional-centers/ decorah
	Child	Families First Counseling Services	(844) 225-7444	https://www.families-fi net/services
Audubon	Adult/Child	Southwest Iowa Mental Health Center	(712) 243-2606	https://zionrecovery.org/swimhc/
	Adult	Abbe Center for Community Mental Health	(319) 261-0576	https://www.unitypoint.org/cedarrapids/abbe-mental-health-center.aspx
Benton	Adult/Child	Four Oaks Family and Children Services	(319) 784-2250	https://www.fouroaks.org
	Child	Tanager Place	(319) 286-4530	https://www.tanagerplace.org/ treatment/outpatient/
Buena Vista	Adult/Child	Plains Area Mental Health Center	(712) 225-1490	https://plainsareamentalhealth.org/integrated-health-services/
	Adult/Child	Pathways Behavioral Services	(319) 235-6571	https://www.pathwaysb.org/integrated- health-services/
Black Hawk	Adult/Child	Black Hawk-Grundy Mental Health Center	(319) 234-2893 (800) 583-1526	https://www.unitypoint.org/waterloo/ black-hawk-grundy-mental-health- center.aspx
	Adult/Child	Four Oaks Family and Children Services	(319) 784-2250	https://www.fouroaks.org
	Adult/Child	Four Oaks Family and Children Services	(641) 423-3222 Ext. 4804	https://www.fouroaks.org
	Adult	Eyerly Ball Community Mental Health	(515) 241-0982	http://www.eyerlyball.org/
Boone	Ages 14 and up	Community Support Advocates	(515) 883-1776	https://teamcsa.org/our-services/ integrated-health-program/
	Child	Youth and Shelter Services (YSS)	(515) 233-2250	https://www.yss.org/program/yss-family- counseling-clinic/
	Adult/Child	Four Oaks Family and Children Services	(319) 784-2250	https://www.fouroaks.org
Bremer	Adult/Child	Pathways Behavioral Services	(319) 235-6571	https://www.pathwaysb.org/integrated- health-services/
	Child	CHSC Oelwein Regional Center	(319) 283-4135 (866) 279-5023	https://chsciowa.org/regional-centers/ oelwein
	Adult	Abbe Center for Community Mental Health	(319) 261-0576	https://www.unitypoint.org/cedarrapids/ abbe-mental-health-center.aspx
	Adult/Child	Four Oaks Family and Children Services	(319) 364-0259	https://www.fouroaks.org
Buchanan	Child	CHSC Oelwein Regional Center	(319) 283-4135 (866) 279-5023	https://chsciowa.org/regional-centers/ oelwein
	Child	Families First Counseling Services	(844) 225-7444	https://www.families-first.net/services

County	Population Served	Integrated Health Home	Phone Number	Website
Buena Vista	Adult/Child	Berryhill Center	(515) 955-7171 (800) 482-8305	https://www.unitypoint.org/fortdodge/ parent-child-therapy.aspx
Butler	Adult/Child	Pathways Behavioral Services	(319) 235-6571	https://www.pathwaysb.org/integrated- health-services/
Calhoun	Adult/Child	Berryhill Center	(515) 955-7171 (800) 482-8305	https://www.unitypoint.org/fortdodge/ parent-child-therapy.aspx
Carroll	Adult/Child	Plains Area Mental Health Center	(712) 225-1490	https://plainsareamentalhealth.org/ integrated-health-services/
Cass	Adult/Child	Southwest Iowa Mental Health Center	(712) 243-2606	https://zionrecovery.org/swimhc/
Cedar	Adult	Abbe Center for Community Mental Health	(319) 261-0576	https://www.unitypoint.org/cedarrapids/abbe-mental-health-center.aspx
	Adult/Child	Four Oaks Family and Children Services	(319) 784-2250	https://www.fouroaks.org
	Child	Tanager Place	(319) 286-4530	https://www.tanagerplace.org/ treatment/outpatient/
Cerro Gordo	Adult	Prairie Ridge Integrated Behavioral Healthcare	(641) 243-7264	https://prairieridge.net/integrated- health-home/
	Adult/Child	Four Oaks Family and Children Services	(641) 423-3222 Ext. 4804	https://www.fouroaks.org
Cherokee	Adult/Child	Plains Area Mental Health Center	(712) 225-1490	https://plainsareamentalhealth.org/integrated-health-services/
Chickasaw	Adult/Child	Four Oaks Family and Children Services	(641) 423-3222 Ext. 4804	https://www.fouroaks.org
	Adult/Child	Pathways Behavioral Services	(319) 235-6571	https://www.pathwaysb.org/integrated- health-services/
	Child	CHSC Decorah Regional Center	(563) 382-1277 (877) 571-9798	https://chsciowa.org/regional-centers/ decorah
Clarke	Adult/Child	Crossroads Behavioral Health Services	(641) 782-8457	https://www.crossroadsbhs.org/ihh
Clayton	Adult	Northeast Iowa Behavioral Health	(563) 382-3649	https://www.neibh.org/integrated- health-home
	Adult/Child	Four Oaks Family and Children Services	(319) 784-2250	https://www.fouroaks.org
	Child	CHSC Decorah Regional Center	(563) 382-1277 (877) 571-9799	https://chsciowa.org/regional-centers/ decorah
	Child	CHSC Dubuque Regional Center	(563) 583-5545	https://chsciowa.org/regional-centers/ dubuque
	Child	Families First Counseling Services	(844) 225-7444	https://www.families-firStreetnet/ services
	Adult	Bridgeview Community Mental Health Center	(563) 243-5633	http://www.bridgeviewcmhc.com/
	Adult	Four Oaks Family and Children Services	(319) 784-2250	https://www.fouroaks.org
Clinton	Adult/Child	Vera French Community Mental Health Center	(563) 383-1900	https://www.verafrenchmhc.org/ services-for-adults/integrated- healthcare/
	Child	CHSC Clinton Regional Center	(563) 243-0292 (877) 243-0292	https://chsciowa.org/regional-centers/ clinton
Crawford	Adult/Child	Plains Area Mental Health Center	(712) 225-1490	https://plainsareamentalhealth.org/integrated-health-services/
Dallas	Adult	Eyerly Ball Community Mental Health	(515) 241-0982	http://www.eyerlyball.org/
Dallas	Ages 14 and up	Community Support Advocates	(515) 883-1776	https://teamcsa.org/our-services/integrated-health-program/

County	Population Served	Integrated Health Home	Phone Number	Website
Davis	Adult/Child	Southern Iowa Mental Health Center	(641) 814-5111	https://www.simhcottumwa.org
Decatur	Adult/Child	Crossroads Behavioral Health Services	(641) 782-8458	https://www.crossroadsbhs.org/ihh
	Adult	Abbe Center for Community Mental Health	(319) 261-0576	https://www.unitypoint.org/cedarrapids/abbe-mental-health-center.aspx
	Adult/Child	Four Oaks Family and Children Services	(319) 784-2250	https://www.fouroaks.org
Delaware	Child	CHSC Dubuque Regional Center	(563) 583-5545	https://chsciowa.org/regional-centers/dubuque
Delawale	Child	CHSC Oelwein Regional Center	(319) 283-4135 (866) 279-5023	https://chsciowa.org/regional-centers/ oelwein
	Child	Families First Counseling Services	(844) 225-7444	https://www.families-first.net/services
	Child	Tanager Place	(319) 286-4530	https://www.tanagerplace.org/ treatment/outpatient/
Des Moines	Adult	Counseling Associates Inc.	(319) 372-8045	https://www.counselingassociatesonline.com/integrated-health-home
Des Moines	Child	Young House Family Services	(319) 752-4000	http://www.younghouse.org/behavioral. html
	Adult	Four Oaks Family and Children Services	(319) 784-2250	https://www.fouroaks.org
Dubuque	Adult/Child	Hillcrest Family Services	(563) 557-4422	https://hillcrest-fs.org/services/brain- health-community-services/
	Child	CHSC Dubuque Regional Center	(563) 583-5545	https://chsciowa.org/regional-centers/ dubuque
	Adult	Abbe Center for Community Mental Health	(319) 261-0576	https://www.unitypoint.org/cedarrapids/abbe-mental-health-center.aspx
	Adult	Northeast Iowa Behavioral Health	(563) 382-3649	https://www.neibh.org/integrated- health-home
Fayette	Adult/Child	Four Oaks Family and Children Services	(319) 784-2250	https://www.fouroaks.org
	Child	CHSC Oelwein Regional Center	(319) 283-4135 (866) 279-5023	https://chsciowa.org/regional-centers/ oelwein
	Child	Families First Counseling Services	(844) 225-7444	https://www.families-first.net/services
Flood	Adult	Prairie Ridge Integrated Behavioral Healthcare	(641) 243-7264	https://prairieridge.net/integrated- health-home/
Floyd	Adult/Child	Four Oaks Family and Children Services	(641) 423-3222 Ext. 4804	https://www.fouroaks.org
Franklin	Adult	Prairie Ridge Integrated Behavioral Healthcare	(641) 243-7264	https://prairieridge.net/integrated- health-home/
	Adult/Child	Berryhill Center	(515) 955-7171 (800) 482-8305	https://www.unitypoint.org/fortdodge/ parent-child-therapy.aspx
	Adult/Child	Four Oaks Family and Children Services	(641) 423-3222 Ext. 4804	https://www.fouroaks.org
Fremont	Adult/Child	Waubonise Mental Health Center	(712) 542-2388	http://www.waubonsiemhc.com/services
Greene	Adult	Eyerly Ball Community Mental Health	(515) 241-0982	http://www.eyerlyball.org/
	Adult/Child	Plains Area Mental Health Center	(712) 225-1490	https://plainsareamentalhealth.org/integrated-health-services/
	Child	Youth and Shelter Services (YSS)	(515) 233-2250	https://www.yss.org/program/yss-family- counseling-clinic/

County	Population Served	Integrated Health Home	Phone Number	Website
Grundy	Adult/Child	Black Hawk-Grundy Mental Health Center	(319) 234-2893 (800) 583-1526	https://www.unitypoint.org/waterloo/ black-hawk-grundy-mental-health- center.aspx
	Adult/Child	Pathways Behavioral Services	(319) 235-6571	https://www.pathwaysb.org/integrated- health-services/
Guthrie	Adult/Child	Southwest Iowa Mental Health Center	(712) 243-2606	https://zionrecovery.org/swimhc/
Hamilton	Adult/Child	Berryhill Center	(515) 955-7171 (800) 482-8305	https://www.unitypoint.org/fortdodge/ parent-child-therapy.aspx
Hancock	Adult	Prairie Ridge Integrated Behavioral Healthcare	(641) 243-7264	https://prairieridge.net/integrated- health-home/
	Adult/Child	Four Oaks Family and Children Services	(641) 423-3222 Ext. 4804	https://www.fouroaks.org
Hardin	Adult/Child	Center Associates	(641) 752-1585 (800) 896-2055	http://www.centerassoc.com/
Harrison	Adult	Heartland Family Services	(712) 256-4556	https://heartlandfamilyservice.org
	Child	Children's Square USA	(712) 256-8888	https://childrenssquare.org/229791-2/integrated-health-service/
Henry	Adult/Child	Hillcrest Family Services	(319) 527-4455	https://hillcrest-fs.org/services/brain- health-community-services/
	Child	Young House Family Services	(319) 752-4000	http://www.younghouse.org/behavioral. html
	Adult	Northeast Iowa Behavioral Health	(563) 382-3649	https://www.neibh.org/integrated- health-home
Howard	Adult/Child	Four Oaks Family and Children Services	(319) 784-2250	https://www.fouroaks.org
nowaru	Child	CHSC Decorah Regional Center	(563) 382-1277 (877) 571-9800	https://chsciowa.org/regional-centers/ decorah
	Child	Families First Counseling Services	(844) 225-7444	https://www.families-first.net/services
Humboldt	Adult/Child	Berryhill Center	(515) 955-7171 (800) 482-8305	https://www.unitypoint.org/fortdodge/ parent-child-therapy.aspx
Ida	Adult/Child	Plains Area Mental Health Center	(712) 225-1490	https://plainsareamentalhealth.org/ integrated-health-services/
	Adult	Abbe Center for Community Mental Health	(319) 261-0576	https://www.unitypoint.org/cedarrapids/abbe-mental-health-center.aspx
lowa	Adult/Child	Four Oaks Family and Children Services	(319) 784-2250	https://www.fouroaks.org
	Child	Tanager Place	(319) 286-4530	https://www.tanagerplace.org/ treatment/outpatient/
	Adult	Four Oaks Family and Children Services	(319) 784-2250	https://www.fouroaks.org
	Adult/Child	Hillcrest Family Services	(563) 652-4958	https://hillcrest-fs.org/services/brain- health-community-services/
Jackson	Child	CHSC Clinton Regional	(563) 243-0292	https://chsciowa.org/regional-centers/ clinton
		Center	(877) 243-0292	
	Child	CHSC Dubuque Regional Center	(563) 583-5545	https://chsciowa.org/regional-centers/ dubuque

County	Population Served	Integrated Health Home	Phone Number	Website
	Adult	Capstone Behavioral Healthcare	(641) 792-4012	http://www.capstonebh.com/pages/integrated-health-home.aspx
Jasper	Ages 14 and up	Community Support Advocates	(515) 883-1776	https://teamcsa.org/our-services/ integrated-health-program/
	Child	Youth Emergency Services & Shelter of Iowa	(515) 557-2256	https://www.yessiowa.org/ integratedcareconnections.aspx
Jefferson	Adult/Child	Hillcrest Family Services	(319) 527-4455	https://hillcrest-fs.org/services/brain- health-community-services/
Jelierson	Adult/Child	Southern Iowa Mental Health Center	(641) 814-5111	https://www.simhcottumwa.org
	Adult	Abbe Center for Community Mental Health	(319) 261-0576	https://www.unitypoint.org/cedarrapids/abbe-mental-health-center.aspx
Johnson	Adult/Child	Four Oaks Family and Children Services	(319) 784-2250	https://www.fouroaks.org
	Child	Tanager Place	(319) 286-4530	https://www.tanagerplace.org/ treatment/outpatient/
	Adult	Abbe Center for Community Mental Health	(319) 261-0576	https://www.unitypoint.org/cedarrapids/abbe-mental-health-center.aspx
Jones	Adult/Child	Four Oaks Family and Children Services	(319) 784-2250	https://www.fouroaks.org
	Child	Tanager Place	(319) 286-4530	https://www.tanagerplace.org/ treatment/outpatient/
Keokuk	Adult/Child	Hillcrest Family Services	(319) 527-4455	https://hillcrest-fs.org/services/brain- health-community-services/
Reokuk	Adult/Child	Southern Iowa Mental Health Center	(641) 814-5111	https://www.simhcottumwa.org
Kossuth	Adult	Prairie Ridge Integrated Behavioral Healthcare	(641) 243-7264	https://prairieridge.net/integrated- health-home/
Kossutn	Adult/Child	Berryhill Center	(515) 955-7171 (800) 482-8305	https://www.unitypoint.org/fortdodge/ parent-child-therapy.aspx
	Adult	Counseling Associates Inc.	(319) 372-8045	https://www.counselingassociatesonline.com/integrated-health-home
Lee	Child	Young House Family Services	(319) 752-4000	http://www.younghouse.org/behavioral. html
	Adult	Abbe Center for  Community Mental Health	(319) 261-0576	https://www.unitypoint.org/cedarrapids/abbe-mental-health-center.aspx
Linn	Adult/Child	Four Oaks Family and Children Services	(319) 784-2250	https://www.fouroaks.org
	Child	Tanager Place	(319) 286-4530	https://www.tanagerplace.org/ treatment/outpatient/
Louisa	Adult/Child	Hillcrest Family Services	(319) 527-4455	https://hillcrest-fs.org/services/brain- health-community-services/
	Child	Young House Family Services	(319) 752-4000	http://www.younghouse.org/behavioral. html
	Adult	Eyerly Ball Community Mental Health	(515) 241-0982	http://www.eyerlyball.org/
Madison	Adult/Child	Crossroads Behavioral Health Services	(641) 782-8457	https://www.crossroadsbhs.org/ihh
	Ages 14 and up	Community Support Advocates	(515) 883-1776	https://teamcsa.org/our-services/ integrated-health-program/

County	Population Served	Integrated Health Home	Phone Number	Website	
Makaska	Adult/Child	Hillcrest Family Services	(319) 527-4455	https://hillcrest-fs.org/services/brain- health-community-services/	
Mahaska	Adult/Child	Southern Iowa Mental Health Center	(641) 814-5111	https://www.simhcottumwa.org	
Mawien	Adult	Capstone Behavioral Healthcare	(641) 792-4012	http://www.capstonebh.com/pages/integrated-health-home.aspx	
Marion	Child	Youth Emergency Services & Shelter of Iowa	(515) 557-2256	https://www.yessiowa.org/ integratedcareconnections.aspx	
Marchall	Adult	Eyerly Ball Community Mental Health	(515) 241-0982	http://www.eyerlyball.org/	
Marshall	Adult/Child	Center Associates	(641) 752-1585 (800) 896-2055	http://www.centerassoc.com/	
	Adult	Heartland Family Services	(712) 256-4556	https://heartlandfamilyservice.org	
Mills	Child	Children's Square USA	(712) 256-8888	https://childrenssquare.org/229791-2/ integrated-health-service/	
Mitchell	Adult	Prairie Ridge Integrated Behavioral Healthcare	(641) 243-7264	https://prairieridge.net/integrated- health-home/	
Wittenen	Adult/Child	Four Oaks Family and Children Services	(641) 423-3222 Ext. 4804	https://www.fouroaks.org	
Monona	Adult/Child	Plains Area Mental Health Center	(712) 225-1490	https://plainsareamentalhealth.org/ integrated-health-services/	
Montgomery	Adult/Child	Waubonise Mental Health Center	(712) 542-2388	http://www.waubonsiemhc.com/services	
	Adult/Child	Family Resources	(855) 277-0430	http://www.famres.org/services/ integrated-health-home	
	Adult/Child	Robert Young Center	(309) 779-2100	https://www.unitypoint.org/quadcities/ mental-healthinout-services.aspx	
Muscatine	Adult/Child	Vera French Community Mental Health Center	(563) 383-1900	https://www.verafrenchmhc.org/ services-for-adults/integrated- healthcare/	
	Child	Tanager Place	(319) 286-4530	https://www.tanagerplace.org/ treatment/outpatient/	
Page	Adult/Child	Waubonise Mental Health Center	(712) 542-2388	http://www.waubonsiemhc.com/services	
Plymouth	Adult/Child	Plains Area Mental Health Center	(712) 225-1490	https://plainsareamentalhealth.org/ integrated-health-services/	
Pocahontas	Adult/Child	Berryhill Center	(515) 955-7171 (800) 482-8305	https://www.unitypoint.org/fortdodge/ parent-child-therapy.aspx	
	Adult	Broadlawns Medical Center	(515) 282-6770	https://www.broadlawns.org/clinics- and-services/mental-health/community- based-services#IHH	
	Adult	Eyerly Ball Community Mental Health	(515) 241-0982	http://www.eyerlyball.org/	
Polk	Ages 14 and up	Community Support Advocates	(515) 883-1776	https://teamcsa.org/our-services/ integrated-health-program/	
	Child	Orchard Place	(515) 256-3450	https://www.orchardplace.org/services/ pace-center/integrated-health-program	
	Child	Youth Emergency Services & Shelter of Iowa	(515) 557-2256	https://www.yessiowa.org/ integratedcareconnections.aspx	
	Adult	Heartland Family Services	(712) 256-4556	https://heartlandfamilyservice.org	
Pottawattamie	Child	Children's Square USA	(712) 256-8888	https://childrenssquare.org/229791-2/integrated-health-service/	

County	Population Served	Integrated Health Home	Phone Number	Website
	Adult	Capstone Behavioral Healthcare	(641) 792-4012	http://www.capstonebh.com/pages/integrated-health-home.aspx
Poweshiek	Adult/Child	Four Oaks Family and Children Services	(319) 784-2250	https://www.fouroaks.org
	Child	Youth Emergency Services & Shelter of Iowa	(515) 557-2256	https://www.yessiowa.org/ integratedcareconnections.aspx
Sac	Adult/Child	Berryhill Center	(515) 955-7171 (800) 482-8305	https://www.unitypoint.org/fortdodge/ parent-child-therapy.aspx
Sac	Adult/Child	Plains Area Mental Health Center	(712) 225-1490	https://plainsareamentalhealth.org/ integrated-health-services/
	Adult/Child	Family Resources	(855) 277-0430	http://www.famres.org/services/ integrated-health-home
Scott	Adult/Child	Robert Young Center	(309) 779-2100	https://www.unitypoint.org/quadcities/ mental-healthinout-services.aspx
	Adult/Child	Vera French Community Mental Health Center	(563) 383-1900	https://www.verafrenchmhc.org/ services-for-adults/integrated- healthcare/
Shelby	Adult/Child	Southwest Iowa Mental Health Center	(712) 243-2606	https://zionrecovery.org/swimhc/
Sioux	Adult/Child	Plains Area Mental Health Center	(712) 225-1490	https://plainsareamentalhealth.org/integrated-health-services/
	Adult	Eyerly Ball Community Mental Health	(515) 241-0982	http://www.eyerlyball.org/
Story	Ages 14 and up	Community Support Advocates	(515) 883-1776	https://teamcsa.org/our-services/ integrated-health-program/
	Child	Youth and Shelter Services (YSS)	(515) 233-2250	https://www.yss.org/program/yss-family- counseling-clinic/
	Adult/Child	Center Associates	(641) 752-1585 (800) 896-2055	http://www.centerassoc.com/
Tama	Adult/Child	Four Oaks Family and Children Services	(319) 784-2250	https://www.fouroaks.org
	Child	Tanager Place	(319) 286-4562	https://www.tanagerplace.org/ treatment/outpatient/
Taylor	Adult/Child	Crossroads Behavioral Health Services	(641) 782-8457	https://www.crossroadsbhs.org/ihh
Union	Adult/Child	Crossroads Behavioral Health Services	(641) 782-8457	https://www.crossroadsbhs.org/ihh
Van Buren	Adult/Child	Hillcrest Family Services	(319) 527-4455	https://hillcrest-fs.org/services/brain- health-community-services/
van baren	Adult/Child	Southern Iowa Mental Health Center	(641) 814-5111	https://www.simhcottumwa.org
Wapello	Adult/Child	Southern Iowa Mental Health Center	(641) 814-5111	https://www.simhcottumwa.org
	Adult	Eyerly Ball Community Mental Health	(515) 241-0982	http://www.eyerlyball.org/
Warren	Ages 14 and up	Community Support Advocates	(515) 883-1776	https://teamcsa.org/our-services/ integrated-health-program/
Juli Cii	Child	Orchard Place	(515) 256-3450	https://www.orchardplace.org/services/ pace-center/integrated-health-program
	Child	Youth Emergency Services & Shelter of Iowa	(515) 557-2256	https://www.yessiowa.org/ integratedcareconnections.aspx

County	ty Population Integrated Health Home		Phone Number	Website
	Adult/Child	Four Oaks Family and Children Services	(319) 784-2250	https://www.fouroaks.org
Washington	Adult/Child	Hillcrest Family Services	(319) 527-4455	https://hillcrest-fs.org/services/brain- health-community-services/
	Child	Tanager Place	(319) 286-4563	https://www.tanagerplace.org/ treatment/outpatient/
Webster	Adult/Child	Berryhill Center	(515) 955-7171 (800) 482-8305	https://www.unitypoint.org/fortdodge/ parent-child-therapy.aspx
Winnelson a	Adult	Prairie Ridge Integrated Behavioral Healthcare	(641) 243-7264	https://prairieridge.net/integrated- health-home/
Winnebago	Adult/Child	Four Oaks Family and Children Services	(641) 423-3222 Ext. 4804	https://www.fouroaks.org
	Adult	Northeast Iowa Behavioral Health	(563) 382-3649	https://www.neibh.org/integrated- health-home
Winneshiek	Child	CHSC Decorah Regional Center	(563) 382-1277	https://chsciowa.org/regional-centers/ decorah
	Child	Families First Counseling Services	(844) 225-7444	https://www.families-first.net/services
Woodbury	Woodbury Adult/Child Siouxland Mental Health Center		(712) 202-0173	http://siouxlandmentalhealth.com
Worth	Adult	Prairie Ridge Integrated Behavioral Healthcare	(641) 243-7264	https://prairieridge.net/integrated- health-home/
wortn	Adult/Child	Four Oaks Family and Children Services	(641) 423-3222 Ext. 4804	https://www.fouroaks.org
Wright	Adult/Child	Berryhill Center	(515) 955-7171 (800) 482-8305	https://www.unitypoint.org/fortdodge/ parent-child-therapy.aspx

## **Mental Health and Disability Services Regions**

Mental health and disability services (MHDS) regions provide access to an array of services that are locally delivered according to statewide standards. There are currently 14 approved MHDS Regions operating in lowa. Regions are made up of three or more counties, except for Polk County which operates as a one county region.

MHDS regions serve individuals who are not eligible for Medicaid but have needs related to mental health or disability status, and individuals who are enrolled in Medicaid but need access to mental health or disability services not covered by Medicaid. All regions must provide a set of "core services" to individuals with a mental illness and/or an intellectual disability who are also at or below 150% of the federal poverty level (FPL). Many regions provide services to individuals with a developmental disability or brain injury, and individuals who earn between 150-200% of FPL. All regions fund services beyond the required core services.

#### **Individuals to Connect**

- Those who are not Medicaid eligible but have needs related to their mental health or disability diagnosis
- Those who are enrolled in Medicaid but need access to services not covered by Medicaid

#### **Eligibility**

Funding available to support individuals beyond the required "core population" (mental illness and intellectual disability) varies by region. Income guidelines and other eligibility criteria vary as well. Individuals should apply for services based on their county of residence. This is the county in which the person applying for services is living. For individuals experiencing homelessness, the county of residence is the county where they usually sleep. A person maintains residency in the county they last lived in if they are incarcerated, live in a nursing home or other facility, or attend college or university.

Contacting a regional office directly is the best way to get more information on eligibility (see page 42 for contact information).

#### **How to Contact/Refer for Services**

- Regional Offices: Most regions have multiple offices located within the region where individuals seeking funding for mental health and/or disability services can fill out an application. Local regional offices are a good resource for anyone who has questions about services, eligibility, or the application process.
- Access Points: Regions are required to have additional access points around the region. These are usually housed within community service organizations, hospitals, or other places where individuals access mental health and/or disability services. Applications are available at designated access points, and staff have been trained to assist with the application process and forward completed applications to the region.

#### **Core Services**

Core services are the services and supports regions are required to provide to eligible individuals.

• **Treatment Services:** This includes a wide variety of mental health treatment such as assessment and evaluation, mental health outpatient therapy, medication prescribing and management, and mental health inpatient treatment.

- Support for Community Living: Services designed to assist people to live healthy lives in the community include home health aides, home and vehicle modification, respite services, and supportive community living (SCL) services.
- Recovery Services: Peer and family support services designed to assist individuals who are experiencing mental health and/or substance use concerns, and their family members. Services are provided by people with lived experience and designed to provide peer-to-peer support in a holistic and non-judgmental way.
- **Crisis Services:** Comprehensive crisis services include 24-hour crisis response, crisis evaluation, mobile response, 23-hour holding and observation, crisis stabilization community-based services, crisis stabilization residential services, and funding of personal emergency response systems.
- **Employment Support:** Services include day habilitation, job development, supported employment, and prevocational services.
- **Service Coordination:** Services include coordinating physical and mental health services (referred to as "health homes") and case management.
- Access Centers: These centers provide immediate, short-term assessments for persons with serious mental illness or substance use disorders who do not need inpatient psychiatric hospital treatment, but who do need significant amounts of supports and services not available in the home or community. Access centers accept and serve individuals who are court-ordered to participate in mental health or substance use disorder treatment and provide services on a no reject, no eject basis.
- Assertive Community Treatment (ACT): ACT is an evidence-based, best-practice model of service provided through an interdisciplinary team to ensure a recovery-oriented system of care. ACT is available 24 hours a day, seven days per week, and is prepared to carry out a full range of treatment functions in the participant's chosen community. Team members work with individuals to: promote symptom stability, use medication appropriately, restore personal, community living and social skills, promote and maintain physical health, establish access to entitlements, housing, work and social opportunities, and help maintain the highest possible level of functioning in the community. A map of ACT teams can be found on page 47.
- **Sub-Acute Services:** This level-of-care is for individuals who are either experiencing or at a high risk of experiencing acute mental health distress that either prevent them from safely remaining in the community or put them at risk of being removed. Sub-acute services are intensive, recovery oriented, and designed to assist the individual to safely return to the community.
- Intensive Residential Service Homes (IRSH): IRSH is an intensive, residential service provided 24 hours a day, 7 days a week, 365 days a year to individuals with a severe and persistent mental illness or multi-occurring conditions.

**Other Services:** Regions provide additional services, including comprehensive crisis and jail diversion services. Contact the Region to determine additional services available.

#### **Children's Core Services**

- Assessment and evaluation
- Behavioral health treatment (inpatient and outpatient)
- Crisis stabilization (community-based and residential)
- Early identification and intervention
- Education services
- Medication prescribing and management
- Mobile response
- Prevention services

# **MHDS Region Contact Information**

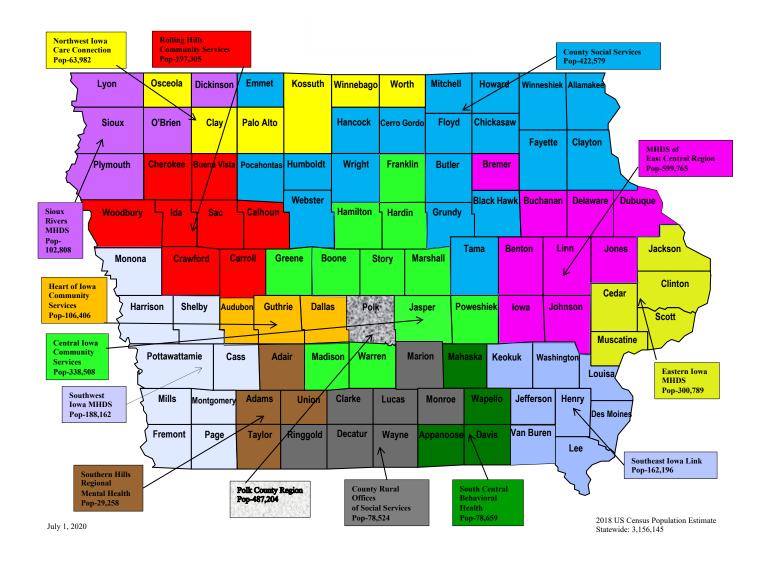
County	Region	Contact Number	Website		
Adair	Southern Hills Mental Health Region	(712) 525-1337	No website		
Adams	Southern Hills Mental Health Region	(712) 525-1337	No website		
Allamakee	County Social Services (CSS)	(855) 266-1257	https://www.countysocialservices.org/		
Appanoose	South Central Behavioral Health Region	(641) 683-4576	http://scbhr.org/		
Audubon	Heart of Iowa Community Services (HICS)	(515) 468-9725	https://hicsiowa.org/		
Benton	Mental Health/Disability Services of the East Central Region (MH/DS ECR)	(319) 472-4743	https://ecriowa.org/		
Black Hawk	County Social Services (CSS)	(855) 266-1257	https://www.countysocialservices.org/		
Boone	Central Iowa Community Services (CICS)	(515) 433-0593	https://www.cicsmhds.org/		
Bremer	Mental Health/Disability Services of the East Central Region (MH/DS ECR)	(319) 352-2993	https://ecriowa.org/		
Buchanan	Mental Health/Disability Services of the East Central Region (MH/DS ECR)	(319) 334-7450	https://ecriowa.org/		
Buena Vista	Rolling Hills Community Services Region	(712) 749-2556	http://www.bvcountyiowa.com/index.php/rolling_hills_community_services_region/		
Butler	County Social Services (CSS)	(855) 266-1257	https://www.countysocialservices.org/		
Calhoun	Rolling Hills Community Services Region	(712) 297-5292 Ext. 237	http://www.bvcountyiowa.com/index.php/rolling_hills_community_services_region/		
Carroll	Rolling Hills Community Services Region	(712) 792-1234	http://www.bvcountyiowa.com/index.php/rolling_hills_community_services_region/		
Cass	Southwest Iowa MHDS Region	(712) 328-5645	https://www.swiamhds.com/		
Cedar	Eastern Iowa MH/DS Region	(563) 326-8723	http://www.scottcountyiowa.com/ easterniowamhds		
Cerro Gordo	County Social Services (CSS)	(855) 266-1257	https://www.countysocialservices.org/		
Cherokee	Rolling Hills Community Services Region	(712) 749-2556	http://www.bvcountyiowa.com/index.php/rolling_hills_community_services_region/		
Chickasaw	County Social Services (CSS)	(855) 266-1257	https://www.countysocialservices.org/		
Clarke	County Rural Offices of Social Services (CROSS)	(641) 414-2968	https://crossmentalhealth.org/		
Clay	Northwest Iowa Care Connection	(712) 264-3945	https://nwiacareconnections.org/		
Clayton	County Social Services (CSS)	(855) 266-1257	https://www.countysocialservices.org/		
Clinton	Eastern Iowa MH/DS Region	(563) 326-8723	http://www.scottcountyiowa.com/ easterniowamhds		
Crawford	Rolling Hills Community Services Region	(712) 263-2720	http://www.bvcountyiowa.com/index.php/ rolling_hills_community_services_region/		
Dallas	Heart of Iowa Community Services (HICS)	(515) 993-5869	https://hicsiowa.org/		
Davis	South Central Behavioral Health Region	(641) 683-4576	http://scbhr.org/		
Decatur	County Rural Offices of Social Services (CROSS)	(641) 446-7178	https://crossmentalhealth.org/		

County	Region	Contact Number	Website		
Delaware	Mental Health/Disability Services of the East Central Region (MH/DS ECR)	(563) 927-5116	https://ecriowa.org/		
Des Moines	Southeast Iowa Link (SEIL)	(319) 754-8556	https://www.southeastiowalink.net/		
Dickinson	Sioux Rivers Regional Mental Health and Disability Services	(712) 336-0775	https://www.siouxrivers.com/		
Dubuque	Mental Health/Disability Services of the East Central Region (MH/DS ECR)	(563) 589-7870	https://ecriowa.org/		
Emmet	County Social Services (CSS)	(855) 266-1257	https://www.countysocialservices.org/		
Fayette	County Social Services (CSS)	(855) 266-1257	https://www.countysocialservices.org/		
Floyd	County Social Services (CSS)	(855) 266-1257	https://www.countysocialservices.org/		
Franklin	Central Iowa Community Services (CICS)	(641) 456-2128	https://www.cicsmhds.org/		
Fremont	Southwest Iowa MHDS Region	(712) 328-5645	https://www.swiamhds.com/		
Greene	Central Iowa Community Services (CICS)	(515) 386-5686	https://www.cicsmhds.org/		
Grundy	County Social Services (CSS)	(855) 266-1257	https://www.countysocialservices.org/		
Guthrie	Heart of Iowa Community Services (HICS)	(515) 494-8588	https://hicsiowa.org/		
Hamilton	Central Iowa Community Services (CICS)	(515) 832-9550	https://www.cicsmhds.org/		
Hancock	County Social Services	(855) 266-1257	https://www.countysocialservices.org/		
Hardin	Central Iowa Community Services (CICS)	(641) 939-8167	https://www.cicsmhds.org/		
Harrison	Southwest Iowa MHDS Region	(712) 328-5645	https://www.swiamhds.com/		
Henry	Southeast Iowa Link (SEIL)	(319) 385-4050	https://www.southeastiowalink.net/		
Howard	County Social Services (CSS)	(855) 266-1257	https://www.countysocialservices.org/		
Humboldt	County Social Services (CSS)	(855) 266-1257	https://www.countysocialservices.org/		
Ida	Rolling Hills Community Services Region	(712) 364-2385	http://www.bvcountyiowa.com/index.php/ rolling_hills_community_services_region/		
lowa	Mental Health/Disability Services of the East Central Region (MH/DS ECR)	(319) 662-4245	https://ecriowa.org/		
Jackson	Eastern Iowa MH/DS Region	(563) 326-8723	http://www.scottcountyiowa.com/ easterniowamhds		
Jasper	Central Iowa Community Services (CICS)	(641) 791-2304	https://www.cicsmhds.org/		
Jefferson	Southeast Iowa Link (SEIL)	(641) 472-8637	https://www.southeastiowalink.net/		
Johnson	Mental Health/Disability Services of the East Central Region (MH/DS ECR)	(319) 688-5824	https://ecriowa.org/		
Jones	Mental Health/Disability Services of the East Central Region (MH/DS ECR)	(319) 462-4457	https://ecriowa.org/		
Keokuk	Southeast Iowa Link (SEIL)	(641) 622-2383	https://www.southeastiowalink.net/		
Kossuth	County Social Services (CSS)	(855) 266-1257	https://www.countysocialservices.org/		
Lee	Southeast Iowa Link (SEIL)	(319) 524-1052	https://www.southeastiowalink.net/		
Linn	Mental Health/Disability Services of the East Central Region (MH/DS ECR)	(319) 892-5670	https://ecriowa.org/		

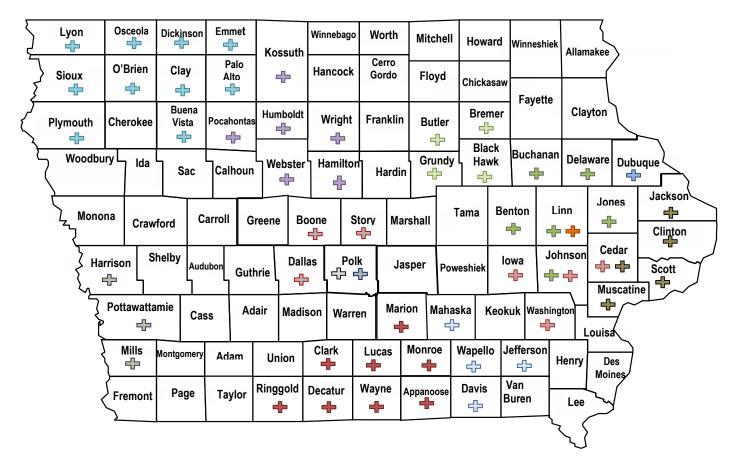
County	Region	Contact Number	Website	
Louisa	Southeast Iowa Link (SEIL)	(319) 523-5125	https://www.southeastiowalink.net/	
Lucas	County Rural Offices of Social Services (CROSS)	(641) 774-0423	https://crossmentalhealth.org/	
Lyon	Sioux Rivers Regional Mental Health and Disability Services	(712) 472-8240	https://www.siouxrivers.com/	
Madison	Central Iowa Community Services (CICS)	(515) 493-1219	https://www.cicsmhds.org/	
Mahaska	South Central Behavioral Health Region	(641) 683-4576	http://scbhr.org/	
Marion	County Rural Offices of Social Services (CROSS)	(641) 828-3869	https://crossmentalhealth.org/	
Marshall	Central Iowa Community Services (CICS)	(641) 754-6390	https://www.cicsmhds.org/	
Mills	Southwest Iowa MHDS Region	(712) 328-5645	https://www.swiamhds.com/	
Mitchell	County Social Services (CSS)	(855) 266-1257	https://www.countysocialservices.org/	
Monona	Southwest Iowa MHDS Region	(712) 328-5645	https://www.swiamhds.com/	
Monroe	County Rural Offices of Social Services (CROSS)	(641) 932-2427	https://crossmentalhealth.org/	
Montgomery	Southwest Iowa MHDS Region	(712) 328-5645	https://www.swiamhds.com/	
Muscatine	Eastern Iowa MH/DS Region	(563) 326-8723	http://www.scottcountyiowa.com/ easterniowamhds	
O'Brien	Sioux Rivers Regional Mental Health and Disability Services	(712) 336-0775	https://www.siouxrivers.com/	
Osceola	County Social Services (CSS)	(855) 266-1257	https://www.countysocialservices.org/	
Page	Southwest Iowa MHDS Region	(712) 328-5645	https://www.swiamhds.com/	
Palo Alto	County Social Services (CSS)	(855) 266-1257	https://www.countysocialservices.org/	
Plymouth	Sioux Rivers Regional Mental Health and Disability Services	(712) 546-4352	https://www.siouxrivers.com/	
Pocahontas	County Social Services (CSS)	(855) 266-1257	https://www.countysocialservices.org/	
Polk	Polk County MHDS Region	(515) 243-4545	https://pchsia.org/	
Pottawattamie	Southwest Iowa MHDS Region	(712) 328-5645	https://www.swiamhds.com/	
Poweshiek	Central Iowa Community Services (CICS)	(641) 236-9199	https://www.cicsmhds.org/	
Ringgold	County Rural Offices of Social Services (CROSS)	(641) 464-0691	https://crossmentalhealth.org/	
Sac	Rolling Hills Community Services Region	(712) 662-7998	http://www.bvcountyiowa.com/index.php/ rolling_hills_community_services_region/	
Scott	Eastern Iowa MH/DS Region	(563) 326-8723	http://www.scottcountyiowa.com/ easterniowamhds	
Shelby	Southwest Iowa MHDS Region	(712) 328-5645	https://www.swiamhds.com/	
Sioux	Sioux Rivers Regional Mental Health and Disability Services	(712) 737-2999	https://www.siouxrivers.com/	
Story	Central Iowa Community Services (CICS)	(515) 663-2930	https://www.cicsmhds.org/	
Tama	County Social Services (CSS)	(855) 266-1257	https://www.countysocialservices.org/	
Taylor	Southern Hills Mental Health Region	(712) 525-1337	No website	
Union	Southern Hills Mental Health Region	(712) 525-1337	No website	
Van Buren	Southeast Iowa Link (SEIL)	(641) 919-6776	https://www.southeastiowalink.net/	

County	Region	Contact Number	Website
Wapello	South Central Behavioral Health Region	(641) 683-4576 http://scbhr.org/	
Warren	Central Iowa Community Services (CICS)	(515) 961-1068 https://www.cicsmhds.org/	
Washington	Southeast Iowa Link (SEIL)	(319) 653-7751	https://www.southeastiowalink.net/
Wayne	County Rural Offices of Social Services (CROSS)	(641) 872-1301	https://crossmentalhealth.org/
Webster	County Social Services (CSS)	(855) 266-1257	https://www.countysocialservices.org/
Winnebago	County Social Services (CSS)	(855) 266-1257	https://www.countysocialservices.org/
Winneshiek	County Social Services (CSS)	(855) 266-1257	https://www.countysocialservices.org/
Woodbury	Rolling Hills Community Services Region	(712) 279-6459 http://www.bvcountyiowa.com/index rolling_hills_community_services_reg	
Worth	County Social Services (CSS)	(855) 266-1257	https://www.countysocialservices.org/
Wright	County Social Services (CSS)	(855) 266-1257	https://www.countysocialservices.org/

# **MHDS Regions**



## **ACT Teams**



	Mobile Crisis Provider	Counties Served	Contact
+	Abbe Center for Community Mental Health	Linn	319-398-3562
4	Berryhill	Hamilton, Humboldt, Kossuth, Pocahontas, Webster, Wright	855-325-4296
4	Eyerly Ball (FACT)	Polk	515-241-0982
÷	Eyerly Ball (PACT)	Polk	515-241-0982
中	Eyerly Ball	Boone, Dallas, Story	515-241-0982
4	Heartland Family Service	Harrison, Mills, Pottawattamie	712-435-5350
4	Hillcrest	Dubuque	563-583-7357
+	Resources for Human Development	Benton, Buchanan, Delaware, Johnson, Jones, Linn	319-826-2823
4	Resources for Human Development	Black Hawk, Bremer, Butler, Grundy	319-229-5030
+	Resources for Human Development	Appanoose, Clarke, Decatur, Lucas, Marion, Monroe, Ringgold, Wayne	641-632-2678
4	Seasons Center	Buena Vista, Clay, Dickinson, Emmet, Lyon, O'Brien, Osceola, Palo Alto, Plymouth, Sioux	844-345-4569
4	Southern Iowa Mental Health Center	Davis, Jefferson, Mahaska, Wapello	641-682-8722
+	University of Iowa IMPACT	Cedar, Iowa, Johnson, Washington	319-353-6151
4	Vera French	Clinton, Jackson, Muscatine, Scott	888-696-2896

MHDS: 8/1/2020

### **Crisis Services**

Below are services available to lowans in crisis. They are listed in order from the least restrictive and lowest levels of care (call/chat/text services), to the highest levels of care (residential care).

Iowa DHS Crisis Services Website: https://dhs.iowa.gov/mhds/crisis-services

#### **Warm Line:**

The lowa Warm Line is staffed by individuals with lived experience of mental illness and/ or substance use disorders who are in recovery and trained to provide nonjudgmental and nondirective support to callers. Hours of operation are daily from 8 am-2 pm.

■ **Phone:** (844) 755-WARM (9276)

#### **Your Life Iowa:**

Your Life lowa is the statewide crisis line. It is the starting place for individuals and/or friends and family members when faced with a concerns or problems related to alcohol, drugs, gambling, mental health or suicidal thoughts. Its purpose is to provide everyone with trusted information, resources, and the support to get their lives back on track. Trained professionals are available 24 hours a day, 7 days a week, 365 days a year to provide confidential support via phone, text, or online chat.

Website and Chat: https://yourlifeiowa.org/

Phone: (855) 581-8111Text: (855) 895-8398

#### **Mobile Response:**

Mobile response is a service that offers on-site, face-to-face mental health services for individuals experiencing a crisis. Staff can come to the individual and assist wherever the crisis is occurring. A map of local mobile response providers can be found on page 49 of this guide.

#### **Twenty-Three-Hour Observation Services:**

This is a therapeutic crisis service that provides up to 23-hours in a secure, medically staffed treatment environment. This service is appropriate for individuals who are having a mental health crisis but do not need an emergency room. Individuals will have the chance to talk with someone about what they are experiencing and make a plan for what comes next.

#### **Crisis Stabilization Residential Services:**

This is a short-term living arrangement for individuals who need support while de-escalating from a crisis situation or stabilizing after a mental health crisis. Individuals appropriate for this level of care must not be in imminent danger or harm to self or others, be assessed to be safe in a community setting, not require medical care, and voluntarily consent to services.

# **Mobile Crisis Response**

5	Lyon	Osceola	Dickinson	Emmet	Kossuth	Winnebago	Worth	Mitchell	Howard	Winneshiek	Allamakee
<u></u>	Sioux	O'Brien	Clay	Palo Alto	rtooduii	Hancock	Cerro Gordo	Floyd	Chickasaw	Farrette	
7	Plymouth	Cherokee	Buena Vista	Pocahontas	Humboldt	Wright	Franklin	Butler	Bremer	Fayette	Clayton
}	Woodbu	ry Ida	Sac	Calhoun	Webster	Hamiltor	Hardin	Grundy	Black Hawk	Buchanan	Delaware Dubuque
	Mono	na Craw	ford C	arroll G <sub>1</sub>	reene Bo	oone S	tory Mar	shall	ama Be	enton Li	Jones Jackson Clinton
	Har	rison	helby	ubon Guth	rie Dall	as Pol	k Ja	sper Pow	eshiek lo	Joh	Nuscatine Scott
	7	Pottawatta	amie Cas	Ada	air Madi	son Warre	en Mario	on Mahas	ska Keok	Kuk Washing	
	}	Mills	Montgomery	Adams	Union	Clarke	Lucas	Monroe	Wapello J	lefferson	Henry Des Moines
	•	Fremont	Page	Taylor	Ringgold	Decatur	Wayne A	Appanoose		Van Buren	Lee
	*Not yet accredited										
	Mobile Crisis Provider Counties Served Contact Information					Contact Information					

ivot yet accredited				
Mobile Crisis Provider	Counties Served	Contact Information		
Berryhill*	Humboldt, Pocahontas, Webster, Wright	855-581-8111		
Broadlawns*	Polk	911		
CommUnity	Jefferson, Keokuk, Louisa, Washington	833-854-7613		
	Iowa, Johnson	855-800-1239		
Community Health Center	Clarke, Decatur, Lucas, Marion, Monroe,	641-342-1742		
of Southern Iowa	Ringgold, Wayne			
Elevate	Black Hawk, Butler, Grundy, Tama	855-581-8111		
Eyerly Ball	Boone, Franklin, Greene, Hamilton, Hardin,	855-581-8111		
	Jasper, Madison, Marshall, Poweshiek, Story,			
	Warren			
Foundation 2	Cedar, Clinton, Jackson, Muscatine, Scott	844-430-0375		
	Benton, Bremer, Buchanan, Delaware, Jones,	855-581-8111		
	Linn			
Heartland Family Service	Cass, Fremont, Harrison, Mills, Monona,	911		
	Montgomery, Page, Pottawattamie, Shelby			
Hillcrest	Dubuque	563-583-7357		
Plains Area Mental Health	Buena Vista, Calhoun, Carroll, Cherokee,	888-696-2896		
Center	Crawford, Ida, Sac			
Zion	Audubon, Dallas, Guthrie	911		
Seasons Center	Buena Vista, Dickinson, Emmet, Plymouth,	844-345-4569		
	O'Brien, Sioux, Lyon, Clay, Osceola, Palo Alto			
Siouxland Mental Health	Woodbury	888-696-2896		
Center				
Southern Iowa Mental	Appanoose, Davis, Mahaska, Wapello	844-430-8520		
Health Center				

## **Child Support Recovery**

The Child Support Recovery Unit (CSRU) is part of the Department of Human Services. The CSRU helps families achieve and maintain economic self-sufficiency by establishing and enforcing child and medical support orders and processing support payments. They:

- Locate parents and their employers or other income sources
- Establish paternity
- Establish support orders
- Suspend and reinstate support orders
- Modify support orders
- Register other states' orders for enforcement or modification in lowa
- Send and receive referrals for services to and from other states
- Enforce health insurance orders
- Receive and disburse child support and medical support payments
- Answer customers' questions and concerns

Enforcing support orders can be done through income withholding, offsets of federal and state tax refunds, offsets of payments owed to federal and state vendors who do business with government agencies, administrative levies of accounts at financial institutions, license sanctions, reporting to credit agencies, and initiating contempt of court and wage garnishment actions.

#### **Individuals Served**

CSRU serves people who:

- Receive public assistance such as Family Investment Program (FIP) benefits, foster care services, and in some situations, Medicaid benefits.
- Received public assistance in the past. Unless the payee notifies CSRU not to, they continue to collect support for the children when a family stops getting public assistance.
- Apply for child support services. To apply for services, visit <a href="http://childsupport.ia.gov/">http://childsupport.ia.gov/</a>.
- Live in other states but need services from CSRU because the other parent lives or works in lowa.

#### **Child Support Resources**

- CSRU Website: General information on the Unit as well as information specific to individual cases can be found online under the Forms, General FAQ, Modification FAQ, and Resources tabs.
- http://childsupport.ia.gov/
- Toll Free Information Line: An automated telephone information line is available 24 hours a day, seven days a week. You can get information by calling (888) 229-9223.

#### **Contacts for Prison Reentry/Correctional Facility Outreach**

Individuals needing assistance can contact any of the 21 offices throughout the state or use the website or toll-free number above. Prison reentry staff and correctional staff are also welcome to contact any of the following child support workers for assistance.

Region	Phone Number
<b>Eastern Region:</b> Office Locations: Burlington, Cedar Rapids, Clinton, Davenport, Dubuque	(319) 896-3254
<b>Western Region:</b> Office Locations: Carroll, Council Bluffs, Fort Dodge, Mason City, Sioux City, Spencer	(712) 775-7892
<b>Des Moines Region:</b> Office Locations: Ankeny, Creston, Des Moines Metro North, Des Moines Metro South, Grimes, Indianola, Pleasant Hill	(515) 261-5862
Central Region: Office Locations: Decorah, Marshalltown, Ottumwa, Waterloo	(319) 292-1362

# Problem Gambling and Substance Use Disorder Services

The lowa Department of Public Health (IDPH) Division of Behavioral Health oversees substance use disorder and problem gambling treatment, and substance misuse and problem gambling primary prevention programs. IDPH is responsible for regulating and licensing approximately one hundred substance use disorder evaluation and treatment programs. Twenty of those are part of the Integrated Provider Network (IPN) which provides problem gambling and substance use disorder services statewide.

#### **Iowa Department of Public Health Integrated Provider Network**

The lowa Department of Public Health (IDPH) Integrated Provider Network (IPN) is a statewide, community-based, resiliency and recovery-oriented system of care for substance use and problem gambling services (prevention, early intervention, treatment, and recovery support). Treatment services are intended to support lowa residents who are not eligible for Medicaid, do not have insurance, and do not have access to other resources to pay for treatment.

Treatment services include Outpatient and Intensive Outpatient for problem gambling and substance use disorders, and Adult Residential, Juvenile Residential, Women and Children and Methadone Treatment Services for substance use disorders. Individuals with low incomes, who do not have health insurance, and/or have minimal benefit coverage can receive funding through the lowa Department of Public Health for assessment and treatment by going directly to an IPN provider. The provider will review income and family size to determine eligibility for funding and any co-pay that may be required using a sliding fee scale system. IDPH uses a combination of state and federal funds and has funded providers distributed across the state. Individuals may seek services from any IDPH-funded program in the state, regardless of where they live.

The IPN assures primary prevention services, treatment and Recovery Support Services (RSS) are available to residents of all 99 Iowa counties. A directory of IPN providers can be found on page 53 of this guide.

Specialized treatment and recovery support services are provided through:

- **County Substance Abuse Program:** Funding is awarded to counties to support substance abuse programs such as education, prevention, referral or post-treatment services.
- Emergency COVID-19: The Substance Abuse Mental Health Services Administration (SAMHSA) grant provides crisis intervention services, mental health and substance use disorder treatment, and RSS services for adults impacted by the COVID pandemic.
- **Pregnant Women and Women with Dependent Children:** These are specialized treatment programs and programming for pregnant and parenting women. They are funded by the Substance Abuse Prevention and Treatment Block Grant Women's Set Aside funding.
- Promoting the Integration of Primary and Behavioral Health Care: This is a SAMHSA grant to promote the advancement of integrated substance use disorder treatment and primary health care services for individuals with substance use disorders. It is focused on partnerships between Federally Qualified Health Care Centers and Substance Use Disorder treatment programs.
- State Opioid Response: This is a SAMHSA grant that expands access to prevention, Medication Assisted Treatment and recovery supports for people with opioid and stimulant use disorders. Services are coordinated through the Integrate Provider Network.

- Treatment for Individuals Experiencing Homelessness: This SAMHSA grant supports the development and/or expansion of local implementation of an infrastructure that integrates behavioral health treatment and recovery support services for individuals with a serious mental illness, serious emotional disturbance, or co-occurring disorder (i.e., a serious mental illness [SMI] and substance use disorder [SUD] or a serious emotional disturbance [SED] and SUD) who are experiencing homelessness.
- Your Life Iowa (YLI): YLI provides 24/7 resources including a telephone helpline, mobile-friendly internet-based communications and online chat and texting for confidential help and information for alcohol, drugs, gambling, suicide and mental health. All services are free and confidential.
- Zero Suicide: This is a SAMHSA grant to promote suicide safe care, including screening and treatment, for individuals receiving substance use disorder and problem gambling treatment services.

#### **Treatment and Recovery Resources**

Recovery Resources: This website has information about AA meetings held around the state including location, day of the week, and time. The directory also contains a listing of Spanish speaking meetings. Meetings listed under the two meeting tabs.

https://www.aa-iowa.org/

#### **Your Life Iowa:**

Your Life lowa is the starting place for individuals and/or friends and family members when faced with a concerns or problems related to alcohol, drugs, gambling, mental health or suicidal thoughts. Its purpose is to provide everyone with trusted information, resources and the support to get their lives back on track.

Website and Chat: https://yourlifeiowa.org/

Helpline: (855) 581-8111

■ Text: (855) 895-8398

**IDPH Bureau of Substance Abuse:** This site includes information about: treatment, prevention, and recovery programs, licensure, state and federal resources, information about the Department, factsheets, newsletter sign-ups and more. <a href="https://idph.iowa.gov/substance-abuse/programs">https://idph.iowa.gov/substance-abuse/programs</a>

**Medication Assisted Treatment Providers:** For a full listing of Medication Assisted Treatment Providers in Iowa, visit yourlifeiowa.org:

https://iowa.maps.arcgis.com/apps/LocalPerspective/index. html?appid=924e0f99711b406dbf22a34cf46fc6e1

## **Integrated Provider Network Directory**

The following is a listing of substance use disorder and problem gambling programs funded by the lowa Department of Public Health to offset the cost of treatment for people with financial barriers. Intake numbers are listed if available, check the website for additional locations, contact information, and program details. Many providers offer walk-in clinic hours throughout the week.

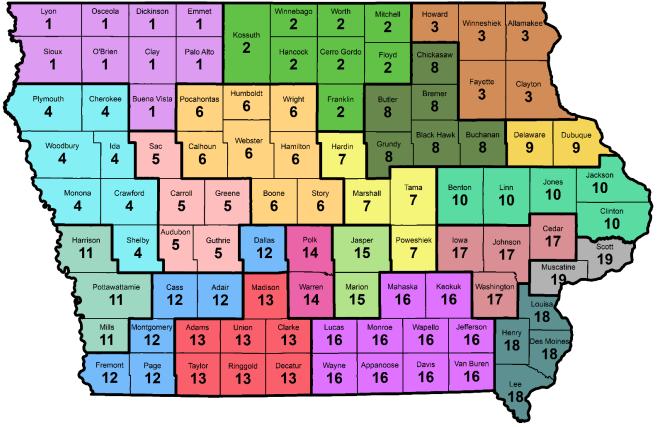
County	SUD Assessment and Treatment Center	Phone Number	Website
Adair	Zion Recovery Services	(712) 243-5091	https://zionrecovery.org/
Adams	Crossroads Behavioral Health Services	(641) 782-8457	https://www.crossroadsbhs.org/
Allamakee	Northeast Iowa Behavioral Health	(800) 400-8923	https://www.neibh.org/
Appanoose	Sieda Community Action	(641) 682-8741	https://www.sieda.org/
Audubon	New Opportunities	(712) 563-2777	https://www.newopp.org/
Benton	Area Substance Abuse Council (ASAC)	(319) 390-4611	http://www.asac.us/
Black Hawk	Pathways Behavioral Services	(319) 235-6571	https://www.pathwaysb.org/
Boone	Community and Family Resources (CFR)	(515) 576-7261	https://www.cfrhelps.org/
Bremer	Pathways Behavioral Services	(319) 235-6571	https://www.pathwaysb.org/
Buchanan	Pathways Behavioral Services	(319) 235-6571	https://www.pathwaysb.org/
Buena Vista	Jackson Recovery Services	(800) 472-9018	https://rosecrancejackson.org/
Butler	Pathways Behavioral Services	(319) 235-6571	https://www.pathwaysb.org/
Calhoun	Community and Family Resources (CFR)	(515) 576-7261	https://www.cfrhelps.org/
Carroll	New Opportunities	(712) 792-9266	https://www.newopp.org/
Cass	Zion Recovery Services	(712) 243-5091	https://zionrecovery.org/
Cedar	Prelude Behavioral Services	(319) 351-4357	https://www.preludeiowa.org/
Cerro Gordo	Prairie Ridge Integrated Behavioral Healthcare	(641) 424-2391	http://www.prairieridge.net
Cherokee	Jackson Recovery Centers	(800) 472-9018	www.jacksonrecovery.com
Chickasaw	Pathways Behavioral Services	(319) 235-6571	https://www.pathwaysb.org/
Clarke	Crossroads Behavioral Health Services	(641) 782-8457	https://www.crossroadsbhs.org/
Clay	Jackson Recovery Services	(800) 472-9018	https://rosecrancejackson.org/
Clayton	Northeast Iowa Behavioral Health	(800) 400-8923	https://www.neibh.org/
Clinton	Area Substance Abuse Council (ASAC)	(319) 390-4611	http://www.asac.us/
Crawford	Jackson Recovery Centers	(800) 472-9018	https://rosecrancejackson.org/
Carroll	Zion Recovery Services	(712) 243-5091	https://zionrecovery.org/
Davis	Sieda Community Action	(641) 682-8741	https://www.sieda.org/
Decatur	Crossroads Behavioral Health Services	(641) 782-8457	https://www.crossroadsbhs.org/
Delaware	Substance Abuse Service Center (SASC)	(563) 927-5112	http://www.sasc-dbq.org/
Des Moines	Alcohol & Drug Dependency Services of Southeast Iowa	(319) 753-6567	https://addsiowa.org/
Dickenson	Jackson Recovery Services	(800) 472-9018	https://rosecrancejackson.org/
Dubuque	Substance Abuse Service Center (SASC)	(563) 582-3784	http://www.sasc-dbq.org/
Emmet	Jackson Recovery Services	(800) 472-9018	https://rosecrancejackson.org/
Fayette	Northeast Iowa Behavioral Health	(800) 400-8923	https://www.neibh.org/
Floyd	Prairie Ridge Integrated Behavioral Healthcare	(641) 424-2391	https://prairieridge.net/
Franklin	Prairie Ridge Integrated Behavioral Healthcare	(641) 424-2391	https://prairieridge.net/

Fremont	Zion Recovery Services	(712) 243-5091	https://zionrecovery.org/
Greene	New Opportunities	(515) 386-2719	https://www.newopp.org/
Grundy	Pathways Behavioral Services	(319) 235-6571	https://www.pathwaysb.org/
Guthrie	New Opportunities	(641) 747-3845	https://www.newopp.org/
Hamilton	Community and Family Resources (CFR)	(515) 576-7261	https://www.cfrhelps.org/
Hancock	Prairie Ridge Integrated Behavioral Healthcare	(641) 424-2391	https://prairieridge.net/
Hardin	Substance Abuse Treatment Unit of Central Iowa (SATUCI)	(641) 752-5421	https://www.satuci.com/
Harrison	Heartland Family Services	(402) 552-7400	https://www. heartlandfamilyservice.org/
Henry	Alcohol & Drug Dependency Services of Southeast Iowa	(319) 385-2216	https://addsiowa.org/
Howard	Northeast Iowa Behavioral Health	(800) 400-8923	https://www.neibh.org/
Humboldt	Community and Family Resources (CFR)	(515) 576-7261	https://www.cfrhelps.org/
Ida	Jackson Recovery Center	(800) 472-9018	https://rosecrancejackson.org/
lowa	Prelude Behavioral Services	(319) 351-4357	https://www.preludeiowa.org/
Jackson	Area Substance Abuse Council (ASAC)	(319) 390-4611	http://www.asac.us/
Jasper	House of Mercy	(515) 643-6500	https://www.mercyone.org/ desmoines/house-of-mercy/
Jefferson	Sieda Community Action	(641) 682-8741	https://www.sieda.org/
Johnson	Prelude Behavioral Services	(319) 351-4357	https://www.preludeiowa.org/
Jones	Area Substance Abuse Council (ASAC)	(319) 390-4611	http://www.asac.us/
Keokuk	Sieda Community Action	(641) 682-8741	https://www.sieda.org/
Kossuth	Prairie Ridge Integrated Behavioral Healthcare	(641) 424-2391	https://prairieridge.net/
Lee	Alcohol & Drug Dependency Services of Southeast Iowa	(319) 524-4397	https://addsiowa.org/
Linn	Area Substance Abuse Council (ASAC)	(319) 390-4611	http://www.asac.us/
Louisa	Alcohol & Drug Dependency Services of Southeast Iowa	(319) 523-8436	https://addsiowa.org/
Lucas	Sieda Community Action	(641) 682-8741	https://www.sieda.org/
Lyon	Jackson Recovery Services	(800) 472-9018	https://rosecrancejackson.org/
Madison	Crossroads Behavioral Health Services	(641) 782-8457	https://www.crossroadsbhs.org/
Mahaska	Sieda Community Action	(641) 682-8741	https://www.sieda.org/
Marion	UCS Healthcare	(515) 280-3860	https://www.ucsonline.org/
Marshall	Substance Abuse Treatment Unit of Central Iowa (SATUCI)	(641) 752-5421	https://www.satuci.com/
Mills	Heartland Family Services	(402) 552-7400	https://www. heartlandfamilyservice.org/
Mitchell	Prairie Ridge Integrated Behavioral Healthcare	(641) 424-2391	https://prairieridge.net/
Monona	Jackson Recovery Centers	(800) 472-9018	https://rosecrancejackson.org/
Monroe	Sieda Community Action	(641) 682-8741	https://www.sieda.org/
Montgomery	Zion Recovery Services	(712) 243-5091	https://zionrecovery.org/
	Center for Alcohol and Drug Services (CADS)	(563) 326-1150	https://www.cads-ia.com/
Muscatine	Robert Young Center	(309) 779-3000	https://www.unitypoint.org/ quadcities/robert-young-center- home.aspx
O'Brien	Jackson Recovery Services	(800) 472-9018	https://rosecrancejackson.org/
Osceola	Jackson Recovery Services	(800) 472-9018	https://rosecrancejackson.org/

Page	Zion Recovery Services	(712) 243-5091	https://zionrecovery.org/
Palo Alto	Jackson Recovery Services	(800) 472-9018	https://rosecrancejackson.org/
Plymouth	Jackson Recovery Centers	(800) 472-9018	https://rosecrancejackson.org/
Pocahontas	Community and Family Resources (CFR)	(515) 576-7261	https://www.cfrhelps.org/
	Broadlawns Medical Center	(515) 282-2200	https://www.broadlawns.org/
Polk	House of Mercy	(515) 643-6500	https://www.mercyone.org/ desmoines/house-of-mercy/
	Prelude Behavioral Services	(515) 262-0349	https://www.preludeiowa.org/
	UCS Healthcare	(515) 280-3860	http://www.ucsonline.org
Pottawattamie	Heartland Family Services	(402) 552-7400	https://www. heartlandfamilyservice.org/
Poweshiek	Substance Abuse Treatment Unit of Central Iowa (SATUCI)	(641) 752-5421	https://www.satuci.com/
Ringgold	Crossroads Behavioral Health Services	(641) 782-8457	https://www.crossroadsbhs.org/
Sac	New Opportunities	(712) 662-3236	https://www.newopp.org/
	Center for Alcohol and Drug Services (CADS)	(563) 326-1150	https://www.cads-ia.com/
Scott	Robert Young Center	(309) 779-3000	https://www.unitypoint.org/ quadcities/robert-young-center- home.aspx
Shelby	Jackson Recovery Centers	(800) 472-9018	https://rosecrancejackson.org/
Sioux	Jackson Recovery Services	(800) 472-9018	https://rosecrancejackson.org/
Story	Community and Family Resources (CFR)	(515) 576-7261	https://www.cfrhelps.org/
Tama	Substance Abuse Treatment Unit of Central Iowa (SATUCI)	(641) 752-5421	https://www.satuci.com/
Taylor	Crossroads Behavioral Health Services	(641) 782-8457	https://www.crossroadsbhs.org/
Union	Crossroads Behavioral Health Services	(641) 782-8457	https://www.crossroadsbhs.org/
Van Buren	Sieda Community Action	(641) 682-8741	https://www.sieda.org/
Wapello	Sieda Community Action	(641) 682-8741	https://www.sieda.org/
	Broadlawns Medical Center	(515) 282-2200	https://www.broadlawns.org/
Warren	House of Mercy	(515) 643-6500	https://www.mercyone.org/ desmoines/house-of-mercy/
	Prelude Behavioral Services	(515) 262-0349	https://www.preludeiowa.org/
	UCS Healthcare	(515) 280-3860	http://www.ucsonline.org
Washington	Prelude Behavioral Services	(319) 351-4357	https://www.preludeiowa.org/
Wayne	Sieda Community Action	(641) 682-8741	https://www.sieda.org/
Webster	Community and Family Resources (CFR)	(515) 576-7261	https://www.cfrhelps.org/
Winnebago	Prairie Ridge Integrated Behavioral Healthcare	(641) 424-2391	https://prairieridge.net/
	Frame Muge integrated behavioral ricaltricale		
Winneshiek	Northeast Iowa Behavioral Health	(800) 400-8923	https://www.neibh.org/
Winneshiek Woodbury	<del> </del>	(800) 400-8923 (800) 472-9018	https://www.neibh.org/ https://rosecrancejackson.org/
	Northeast Iowa Behavioral Health	1	



#### Integrated Provider Network (IPN) Service Area Map and Contractors Substance Use and Problem Gambling Services\*



Service Area	Contractor	Service Area	Contractor	
1	<u>Jackson Recovery Centers, Inc.</u> , Spencer Phone: 800-472-9018	13	<u>Crossroads Behavioral Health Services</u> , Creston (4) Phone: 641-782-8457	
2	<u>Prairie Ridge Integrated Behavioral Healthcare</u> , Mason City (1) Phone: 866-429-2391		Broadlawns Medical Center, Des Moines Phone: 515-282-6610	
3	Northeast Iowa Behavioral Health, Decorah (4) Phone: 800-400-8923	14	House of Mercy, Des Moines (1,3) Phone: 515-643-6500	
4	<u>Jackson Recovery Centers, Inc.</u> , Sioux City (1, 2, 3) Phone: 800-472-9018	14	Prelude Behavioral Services, Des Moines (1) Phone: 515-262-0349	
5	Community Opportunities DBA New Opportunities, Carroll Phone: 712-792-9266		UCS Healthcare, Des Moines (4) Phone: 515-280-3860	
6	Community and Family Resources (CFR), Fort Dodge (1, 2, 4) Phone: 866-801-0085	4-	House of Mercy, Newton Phone: 641-792-0717	
7	<u>Substance Abuse Treatment Unit of Central Iowa</u> , Marshalltown Phone: 641-752-5421	15	UCS Healthcare, Knoxville Phone: 515-280 -3860	
8	Pathways Behavioral Services, Inc., Waterloo (1, 4) Phone: 319-235-6571	16	Southern Iowa Economic Development Association (SIEDA), Ottumwa (4) Phone: 800-622-8340	
9	<u>Substance Abuse Services Center (SASC)</u> , Dubuque Phone: 563-582-3784	17	Prelude Behavioral Services, Iowa City (1) Phone: 319-351-4357	
10	Area Substance Abuse Council, Inc. (ASAC), Cedar Rapids (1, 2, 3, 4) Phone: 319-390-4611	18	Alcohol & Drug Dependency Services (ADDS), Burlington (1, 4) Phone: 319-753-6567	
11	Heartland Family Service, Council Bluffs (1, 3) Phone: 712-322-1407	19	Center for Alcohol & Drug Services, Inc. (CADS), Davenport (1) Phone: 563-322-2667	
12	Zion Recovery Services, Inc., Atlantic (1), Phone: 712-243-5091		Robert Young Center, Muscatine, Phone: 563-264-9409 (4)	
	Additional Specialized Treatment Statewide Services  (1) Adult Residential Treatment (2) Juvenile Residential Treatment (3) Women and Children Treatment (4) Methadone Treatment			

\*The IPN contractors (providers) are funded by IDPH to provide substance use and problem gambling services to eligible lowans. For more information about the providers listed, click on the provider name or call the phone numbers listed. For more information about other treatment and prevention programs, visit http://www.yourlifejowa.org/finder. January 2020

## **lowa Workforce Development (IWD)**

#### **IowaWorks One-Stop Centers**

IWD operates 16 regional one-stop centers that provide information and workforce development services to job seekers, businesses, employees, students, schools, and the general public.

#### Services include:

- Career counseling
- Job search skills development
- Locating employment opportunities
- Academic skill testing
- Hands-on computer classes
- High School Equivalency Certificate (HiSET) preparation
- College research

- Creating resumes and cover letters
- Preparing for interviews
- 6 Steps to a Successful Career Transition
- Assistance with managing Unemployment Insurance claims
- Job fairs and other special events
- Skill upgrades and training
- Career and skill assessments

Workshop for Individuals with a Criminal History: Most of the offices also offer a workshop that prepares individuals who have criminal histories for employment. The workshop is designed to help address how to make the right first impression and includes verbal and non-verbal communication, and strategies for answering questions about their criminal history in an interview and cover letter, and how to properly indicate information about criminal charges on job applications. Attendees receive information on how to add their work history while incarcerated to their resume to avoid gaps in employment. Participants learn about tax incentives/credits and strategies for identifying skills they gained while incarcerated.

#### **Resources for Businesses/Employers**

Federal Bonding Incentives: Employers who hire formerly incarcerated individuals may be eligible for the Federal Bonding Program, which benefits the employer by offering bond coverage provided at no cost. The bond coverage is in effect the day the new employee begins working and continues for a six-month period. The employer profits from the worker's skills and abilities without the risk of potential theft or dishonesty. There are no documents to sign or paperwork to complete. The bond is available at no cost to employers and is offered in \$5,000 increments up to a maximum of \$25,000. The purpose is to protect the employer against crimes of mistrust and covers the employer for loss due to employee theft. It could be theft of items, money, misuse of customer credit card, etc., and is valid for the specified six-month period issued. Employers can also request to extend the six months to a year by asking for another bond when the six months is up.

Work Opportunity Tax Credit (WOTC): Both the federal and state governments offer tax credits for hiring ex-felons. The Work Opportunity Tax Credit (WOTC) offers a federal tax credit up to \$2,400.00 for each new hire. In addition, the state of lowa offers a state tax credit of 65% of the wages paid to an ex-felon in the first 12 months of employment. The maximum deduction is \$20,000.00 per employee. lowaWORKS staff profiles an employer to understand their specific hiring needs, which helps them determine the knowledge, skills, abilities and aptitude to look for when matching an employee successfully with a job seeker.

A list of lowaWORKS Centers organized by county begins on the next page.

# **List of IowaWORKS One Stop Centers**

County	IowaWORKS Center and Address	Phone Number	Email Contact
Adair	IowaWORKS Center – Creston 215 North Elm Street / Creston, IA 50801	(641) 782-2119	CrestonlowaWORKS@iwd.iowa.gov
Adams	lowaWORKS Center – Creston 215 North Elm Street / Creston, IA 50801	(641) 782-2119	CrestonlowaWORKS@iwd.iowa.gov
	lowaWORKS Center – Dubuque 680 Main Street, 2nd Floor / Dubuque, IA 52001	(563) 556-5800 (866) 227-9874	DubuquelowaWORKS@iwd.iowa.gov
Allamakee	IowaWORKS Satellite Office 312 Winnebago / Decorah, IA 52101	(563) 382-0457	DubuquelowaWORKS@iwd.iowa.gov
	IowaWORKS Extension Office  134 Greene Street / Postville, IA 52162	(563) 382-0457	N/A
Appanoose	IowaWORKS Center – Ottumwa 15260 Truman Street / Ottumwa, IA 52501	(641) 684-5401	OttumwalowaWORKS@iwd.iowa.gov
Audubon	IowaWORKS Center – Carroll 619 North Carroll Street / Carroll, IA 51401	(712) 792-2685	CarrolllowaWORKS@iwd.iowa.gov
	IowaWORKS Center – Denison 11 North 35th Street / Denison, IA 51442	(712) 267-3654	CarrolllowaWORKS@iwd.iowa.gov
	IowaWORKS Center – Cedar Rapids  4444 1st Avenue Northeast / Cedar Rapids, IA 52402	(319) 365-9474	Cedar Rapids Iowa WORKS@iwd.iowa.gov
	IowaWORKS Satellite Office  1700 South 1st Avenue / Iowa City, IA 52240-6036	(319) 351-1035	Cedar Rapids Iowa WORKS@iwd.iowa.gov
Benton	IowaWORKS Extension Office  Monticello Public Library / 205 East Grand Street / Monticello, IA 52310	(319) 423-0333	N/A
	IowaWORKS Extension Office  Community Action of Eastern Iowa / 1903 Park Avenue #18 / Muscatine, IA 52761	(319) 423-0333	N/A
	IowaWORKS Extension Office  Clinton Library – Lyons Branch / 105 Main Avenue / Clinton, IA 52732	(319) 423-0333	N/A
Black Hawk	IowaWORKS Center – Waterloo  3420 University Avenue / Waterloo, IA 50701	(319) 235-2123	WaterloolowaWORKS@iwd.iowa.gov
	IowaWORKS Center – Des Moines 200 Army Post Road / Des Moines, IA 50315	(515) 281-9619	Des Moines Iowa WORKS@iwd.iowa.gov
Boone	IowaWORKS Satellite Office  100 East Euclid Suite A / Des Moines, IA 50313	(515) 725-3601	Des Moines Iowa WORKS@iwd.iowa.gov
	lowaWORKS Satellite Office 903 Lincoln Way / Ames, IA 50010	(515) 725-5495	N/A

County	IowaWORKS Center and Address	Phone Number	Email Contact
D	IowaWORKS Center – Waterloo	(210) 225 2122	Water de al company of the little was a second
Bremer	3420 University Avenue / Waterloo, IA 50701	(319) 235-2123	WaterloolowaWORKS@iwd.iowa.gov
Buchanan	lowaWORKS Center – Waterloo	(210) 225 2122	Waterland WODKS Sind in the serv
bucnanan	3420 University Avenue / Waterloo, IA 50701	(319) 235-2123	Waterloolowa WORKS@iwd.iowa.gov
Buena Vista	IowaWORKS Center – Spencer	(712) 262 1071	s I works : I:
buena vista	217 West Fifth Street / Spencer, IA 51301	(712) 262-1971	SpencerlowaWORKS@iwd.iowa.gov
D. Alan	lowaWORKS Center – Waterloo	(210) 225 2122	Waterland WORKS Studients and
Butler	3420 University Avenue / Waterloo, IA 50701	(319) 235-2123	WaterloolowaWORKS@iwd.iowa.gov
C-11	IowaWORKS Center – Fort Dodge	(515) 576 2121	FortDodardon WODIC of addition
Calhoun	3 Triton Circle / Fort Dodge, IA 50501	(515) 576-3131	Fort Dodgelowa WORKS@iwd.iowa.gov
	IowaWORKS Center – Carroll	(712) 702 2605	c III WORKS : I:
Carroll	619 North Carroll Street / Carroll, IA 51401	(712) 792-2685	CarrolllowaWORKS@iwd.iowa.gov
	lowaWORKS Center – Denison	(712) 267-3654	CarrolllowaWORKS@iwd.iowa.gov
	11 North 35th Street / Denison, IA 51442  lowaWORKS Center – Council Bluffs		_
Cass		(712) 352-3480	${\bf Council Bluffslow a WORK S@iwd.iowa.gov}$
	300 West Broadway / Council Bluffs, IA 51503 lowaWORKS Center – Cedar Rapids		
	4444 1st Avenue Northeast / Cedar Rapids, IA 52402	(319) 365-9474	Cedar Rapids Iowa WORKS@iwd.iowa.gov
	IowaWORKS Satellite Office		
	1700 South 1st Avenue / Iowa City, IA 52240- 6036	(319) 351-1035	Cedar Rapids Iowa WORKS@iwd.iowa.gov
	IowaWORKS Extension Office		
Cedar	Monticello Public Library / 205 East Grand Street / Monticello, IA 52310	(319) 423-0333	N/A
	IowaWORKS Extension Office		N/A
	Community Action of Eastern Iowa / 1903 Park Avenue #18 / Muscatine, IA 52761	(319) 423-0333	
	IowaWORKS Extension Office		
	Clinton Library – Lyons Branch / 105 Main Avenue / Clinton, IA 52732	(319) 423-0333	N/A
Cerro Gordo	IowaWORKS Center – Mason City	(6/1) /22 1524	Mason Citylowa WORKS@iwd.iowa.gov
Cerro Gorao	600 South Pierce Avenue / Mason City, IA 50401	(641) 422-1524	wasonCityiowawOnkS@iwd.iowa.gov
Cherokee	IowaWORKS Center – Sioux City	(712) 233-9030	SiouxCitylowaWORKS@iwd.iowa.gov
Cilerokee	2508 4th Street / Sioux City, IA 51101	(/12) 233-9030	SiouxCityiowawOnnS@iwd.iowa.gov
	IowaWORKS Center – Dubuque	(563) 556-5800	Dubugualawa WODVS about iawa asa
	680 Main Street, 2nd Floor / Dubuque, IA 52001	(866) 227-9874	DubuquelowaWORKS@iwd.iowa.gov
Chickasaw	IowaWORKS Satellite Office		Dubuqualowa WORKS about ious zoo
CIIICRASAW	312 Winnebago / Decorah, IA 52101	(563) 382-0457	DubuquelowaWORKS@iwd.iowa.gov
	IowaWORKS Extension Office	(563) 382-0457	N/A
	134 Greene Street / Postville, IA 52162		N/A

County	IowaWORKS Center and Address	Phone Number	Email Contact
	IowaWORKS Center – Creston	(641) 702 2410	C WODYCa: I:
Clarke	215 North Elm Street / Creston, IA 50801	(641) 782-2119	CrestonlowaWORKS@iwd.iowa.gov
Class	IowaWORKS Center – Spencer	(712) 262 1071	Coorden Swall Company Control
Clay	217 West Fifth Street / Spencer, IA 51301	(712) 262-1971	SpencerlowaWORKS@iwd.iowa.gov
	IowaWORKS Center – Dubuque	(563) 556-5800	Dubumala wa Wa Divisio in dia manana
	680 Main Street, 2nd Floor / Dubuque, IA 52001	(866) 227-9874	DubuquelowaWORKS@iwd.iowa.gov
Claudau.	IowaWORKS Satellite Office	(562) 202 0457	Dubunal works sind in a
Clayton	312 Winnebago / Decorah, IA 52101	(563) 382-0457	DubuquelowaWORKS@iwd.iowa.gov
	IowaWORKS Extension Office	(562) 202 0457	N1/0
	134 Greene Street / Postville, IA 52162	(563) 382-0457	N/A
	IowaWORKS Center – Davenport		
Clinton	902 West Kimberly Road, Suite A / Davenport, IA 52807	(563) 445-3200	Davenportlowa WORKS@iwd.iowa.gov
	IowaWORKS Center – Carroll	(712) 792-2685	Correllious WODVS Sixed iours gov
Crawford	619 North Carroll Street / Carroll, IA 51401	(712) 792-2085	CarrolllowaWORKS@iwd.iowa.gov
	IowaWORKS Center – Denison 11 North 35th Street / Denison, IA 51442	(712) 267-3654	CarrolllowaWORKS@iwd.iowa.gov
	IowaWORKS Center – Des Moines	(515) 281-9619	DesMoinesIowaWORKS@iwd.iowa.gov
	200 Army Post Road / Des Moines, IA 50315		
Dallas	IowaWORKS Satellite Office	(515) 725-3601	DesMoineslowaWORKS@iwd.iowa.gov
Dunus	100 East Euclid Suite A / Des Moines, IA 50313		
	IowaWORKS Satellite Office	(515) 725-5495	N/A
	903 Lincoln Way / Ames, IA 50010		
Davis	IowaWORKS Center – Ottumwa	(641) 684-5401	OttumwalowaWORKS@iwd.iowa.gov
	15260 Truman Street / Ottumwa, IA 52501		
Decatur	IowaWORKS Center – Creston	(641) 782-2119	CrestonlowaWORKS@iwd.iowa.gov
	215 North Elm Street / Creston, IA 50801	(011) 702 2113	Crestomona i Germano naigo
	IowaWORKS Center – Dubuque	(563) 556-5800	DubuquelowaWORKS@iwd.iowa.gov
	680 Main Street, 2nd Floor / Dubuque, IA 52001	(866) 227-9874	2 42 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4
Delaware	IowaWORKS Satellite Office	(563) 382-0457	DubuquelowaWORKS@iwd.iowa.gov
	312 Winnebago / Decorah, IA 52101	(0.00,000	
	IowaWORKS Extension Office	(563) 382-0457	N/A
	134 Greene Street / Postville, IA 52162	(	·
	IowaWORKS Center – Burlington	(240) 752 4574	D. II. J. MODYS -:
Des Moines	550 South Gear Avenue, Suite 35 / Burlington, IA 52655	(319) 753-1671	Burlington low a WORKS@iwd.iow a.gov
	IowaWORKS Center – Fort Madison	(319) 753-1671	Burlington.WFC@iwd.iowa.gov
	#3 John Bennett Drive / Fort Madison, IA 52627	(517) / 55-10/1	Darmington.wi Celwanowa.gov
Dickenson	IowaWORKS Center – Spencer	(712) 262-1971	SpencerlowaWORKS@iwd.iowa.gov
DICREIISUII	217 West Fifth Street / Spencer, IA 51301	(7 12) 202-13/1	SpenceriowawOnnoeiwa.iowa.gov

County	IowaWORKS Center and Address	Phone Number	Email Contact
	IowaWORKS Center – Dubuque	(563) 556-5800	
	680 Main Street, 2nd Floor / Dubuque, IA 52001	(866) 227-9874	DubuquelowaWORKS@iwd.iowa.gov
	IowaWORKS Satellite Office	(5.62) 200 2457	
Dubuque	312 Winnebago / Decorah, IA 52101	(563) 382-0457	Dubuquelowa WORKS@iwd.iowa.gov
	IowaWORKS Extension Office		
	134 Greene Street / Postville, IA 52162	(563) 382-0457	N/A
	lowaWORKS Center – Spencer		
Emmet	·	(712) 262-1971	SpencerlowaWORKS@iwd.iowa.gov
	217 West Fifth Street / Spencer, IA 51301 IowaWORKS Center – Dubuque		
	·	(563) 556-5800 (866) 227-9874	DubuquelowaWORKS@iwd.iowa.gov
	680 Main Street, 2nd Floor / Dubuque, IA 52001	(800) 227-9874	
Fayette	IowaWORKS Satellite Office	(563) 382-0457	Dubuquelowa WORKS@iwd.iowa.gov
12,000	312 Winnebago / Decorah, IA 52101	(5.5)	
	IowaWORKS Extension Office	(563) 382-0457	N/A
	134 Greene Street / Postville, IA 52162	(303) 382-0437	IVA
	IowaWORKS Center – Mason City	(6.44) 400 450 4	
Floyd	600 South Pierce Avenue / Mason City, IA 50401	(641) 422-1524	MasonCityIowaWORKS@iwd.iowa.gov
	IowaWORKS Center – Mason City	(641) 422-1524	
Franklin	600 South Pierce Avenue / Mason City, IA 50401		Mason Citylowa WORKS@iwd.iowa.gov
	IowaWORKS Center – Council Bluffs		
Fremont	300 West Broadway / Council Bluffs, IA 51503	(712) 352-3480	CouncilBluffslowaWORKS@iwd.iowa.gov
	lowaWORKS Center – Carroll		
		(712) 792-2685	CarrolllowaWORKS@iwd.iowa.gov
Greene	619 North Carroll Street / Carroll, IA 51401		
	IowaWORKS Center – Denison 11 North 35th Street / Denison, IA 51442	(712) 267-3654	CarrolllowaWORKS@iwd.iowa.gov
	IowaWORKS Center – Waterloo		
Grundy	3420 University Avenue / Waterloo, IA 50701	(319) 235-2123	WaterloolowaWORKS@iwd.iowa.gov
	IowaWORKS Center – Carroll		
	619 North Carroll Street / Carroll, IA 51401	(712) 792-2685	CarrolllowaWORKS@iwd.iowa.gov
Guthrie	lowaWORKS Center – Denison		
	11 North 35th Street / Denison, IA 51442	(712) 267-3654	CarrolllowaWORKS@iwd.iowa.gov
11!!4	IowaWORKS Center – Fort Dodge	(515) 576 3434	Faut Dadus laure WORKS Of L.
Hamilton	3 Triton Circle / Fort Dodge, IA 50501	(515) 576-3131	FortDodgelowaWORKS@iwd.iowa.gov
	IowaWORKS Center – Mason City		
Hancock	600 South Pierce Avenue / Mason City, IA 50401	(641) 422-1524	MasonCitylowaWORKS@iwd.iowa.gov
	IowaWORKS Center – Marshalltown		
Hardin	101 Iowa Avenue West, Suite 200 / Marshalltown, IA 50158	(641) 754-1400	MarshalltownlowaWORKS@iwd.iowa.gov
Harrison	IowaWORKS Center – Council Bluffs	(712) 252 2400	CouncilBluffslowaWORKS@iwd.iowa.gov
Hallisull	300 West Broadway / Council Bluffs, IA 51503	(712) 352-3480	Codificiibiuiisiowawonns@iwd.iowa.gov

County	IowaWORKS Center and Address	Phone Number	Email Contact
	IowaWORKS Center – Burlington		
Henry	550 South Gear Avenue, Suite 35 / Burlington, IA 52655	(319) 753-1671	Burlingtonlowa WORKS@iwd.iowa.gov
-	IowaWORKS Center – Fort Madison	(210) 272 4412	Dealis stor WECoined in a row
	#3 John Bennett Drive / Fort Madison, IA 52627	(319) 372-4412	Burlington.WFC@iwd.iowa.gov
	IowaWORKS Center – Dubuque	(563) 556-5800	Dubusus laura WORKS oitud iaura mar
	680 Main Street, 2nd Floor / Dubuque, IA 52001	(866) 227-9874	DubuquelowaWORKS@iwd.iowa.gov
	IowaWORKS Satellite Office	(>	
Howard	312 Winnebago / Decorah, IA 52101	(563) 382-0457	DubuquelowaWORKS@iwd.iowa.gov
	IowaWORKS Extension Office	,	
	134 Greene Street / Postville, IA 52162	(563) 382-0457	N/A
	IowaWORKS Center – Fort Dodge		
Humboldt	3 Triton Circle / Fort Dodge, IA 50501	(515) 576-3131	Fort Dodgelowa WORKS@iwd.iowa.gov
	IowaWORKS Center – Sioux City		
Ida	2508 4th Street / Sioux City, IA 51101	(712) 233-9030	SiouxCityIowaWORKS@iwd.iowa.gov
	IowaWORKS Center – Cedar Rapids		
	4444 1st Avenue Northeast / Cedar Rapids, IA 52402	(319) 365-9474	Cedar Rapids Iowa WORKS@iwd.iowa.gov
	IowaWORKS Satellite Office	(319) 351-1035	
	1700 South 1st Avenue / Iowa City, IA 52240- 6036		Cedar Rapids Iowa WORKS@iwd.iowa.gov
	IowaWORKS Extension Office		
lowa	Monticello Public Library / 205 East Grand Street / Monticello, IA 52310	(319) 423-0333	N/A
	IowaWORKS Extension Office		
	Community Action of Eastern Iowa / 1903 Park Avenue #18 / Muscatine, IA 52761	(319) 423-0333	N/A
	IowaWORKS Extension Office		
	Clinton Library – Lyons Branch / 105 Main Avenue / Clinton, IA 52732	(319) 423-0333	N/A
	IowaWORKS Center – Davenport		
Jackson	902 West Kimberly Road, Suite A / Davenport, IA 52807	(563) 445-3200	Davenportlowa WORKS@iwd.iowa.gov
	IowaWORKS Center – Des Moines	(E1E) 391 0610	DocMoineslawsWODVS aimd investment
	200 Army Post Road / Des Moines, IA 50315	(515) 281-9619	DesMoinesIowaWORKS@iwd.iowa.gov
Jasper	IowaWORKS Satellite Office	(515) 725 2601	DM.: V. J. V. WORKS C. J.
	100 East Euclid Suite A / Des Moines, IA 50313	(515) 725-3601	DesMoinesIowaWORKS@iwd.iowa.gov
	IowaWORKS Satellite Office	(515) 725 5:25	N/A
	903 Lincoln Way / Ames, IA 50010	(515) 725-5495	N/A
	IowaWORKS Center – Ottumwa	(444)	
Jefferson	15260 Truman Street / Ottumwa, IA 52501	(641) 684-5401	Ottumwalowa WORKS@iwd.iowa.gov

County	IowaWORKS Center and Address	Phone Number	Email Contact
	IowaWORKS Center – Cedar Rapids		
	4444 1st Avenue Northeast / Cedar Rapids, IA 52402	(319) 365-9474	Cedar Rapids Iowa WORKS@iwd.iowa.gov
	IowaWORKS Satellite Center		
	1700 South 1st Avenue Iowa City, IA 52240-6036	(319) 351-1035	Cedar Rapids Iowa WORKS@iwd.iowa.gov
	IowaWORKS Extension Office		
Johnson	Monticello Public Library 205 East Grand Street / Monticello, IA 52310	(319) 423-0333	N/A
	IowaWORKS Extension Office		
	Community Action of Eastern Iowa 1903 Park Avenue #18 / Muscatine, IA 52761	(319) 423-0333	N/A
	IowaWORKS Extension Office		
	Clinton Library – Lyons Branch 105 Main Avenue / Clinton, IA 52732	(319) 423-0333	N/A
	IowaWORKS Center – Cedar Rapids		Cedar Rapids Iowa WORKS@iwd.iowa.gov
	4444 1st Avenue Northeast Cedar Rapids, IA 52402	(319) 365-9474	
	IowaWORKS Satellite Office  1700 South 1st Avenue / Iowa City, IA 52240	(319) 351-1035	Cedar Rapids Iowa WORKS@iwd.iowa.gov
	IowaWORKS Extension Office		
Jones	Monticello Public Library 205 East Grand Street / Monticello, IA 52310	(319) 423-0333	N/A
	IowaWORKS Extension Office		
	Community Action of Eastern Iowa 1903 Park Avenue #18 / Muscatine, IA 52761	(319) 423-0333	N/A
	IowaWORKS Extension Office		
	Clinton Library – Lyons Branch 105 Main Avenue / Clinton, IA 52732	(319) 423-0333	N/A
Waaleele	IowaWORKS Center – Ottumwa	(641) 604 5404	Ottomoral anna MORIVA o troubit
Keokuk	15260 Truman Street / Ottumwa, IA 52501	(641) 684-5401	Ottumwalowa WORKS@iwd.iowa.gov
Wa a sudda	IowaWORKS Center – Spencer	(712) 262 1071	Construction WORKS Street to the second
Kossuth	217 West Fifth Street / Spencer, IA 51301	(712) 262-1971	SpencerlowaWORKS@iwd.iowa.gov
	IowaWORKS Center – Burlington		
Lee	550 South Gear Avenue, Suite 35 Burlington, IA 52655	(319) 753-1671	BurlingtonlowaWORKS@iwd.iowa.gov
	IowaWORKS Center – Fort Madison	(210) 272 4412	Puvlington WEC Singlishing Tour
	#3 John Bennett Drive / Fort Madison, IA 52627	(319) 372-4412	Burlington.WFC@iwd.iowa.gov

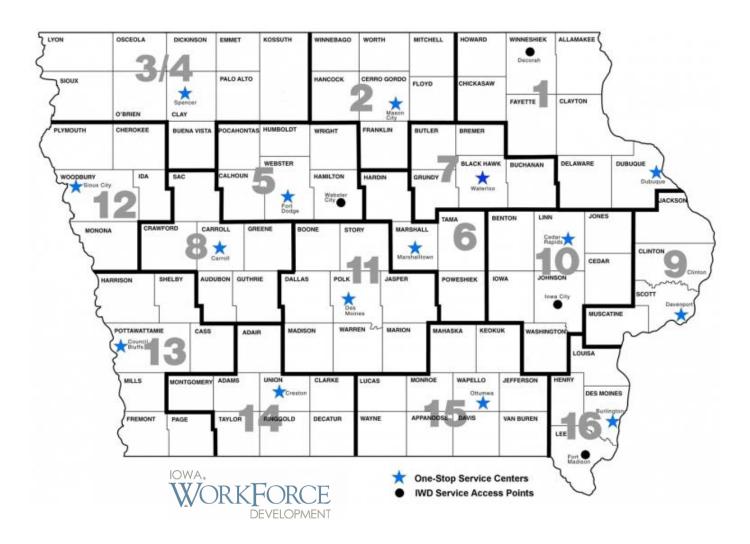
County	IowaWORKS Center and Address	Phone Number	Email Contact
	IowaWORKS Center – Cedar Rapids		
	4444 1st Avenue Northeast / Cedar Rapids, IA 52402	(319) 365-9474	CedarRapidsIowaWORKS@iwd.iowa.gov
	IowaWORKS Satellite Office	(240) 254 4025	c I b :II weeks: I:
	1700 South 1st Avenue / Iowa City, IA 52240	(319) 351-1035	CedarRapidslowaWORKS@iwd.iowa.gov
	IowaWORKS Extension Office		
Linn	Monticello Public Library 205 East Grand Street / Monticello, IA 52310	(319) 423-0333	N/A
	IowaWORKS Extension Office		
	Community Action of Eastern Iowa 1903 Park Avenue #18 / Muscatine, IA 52761	(319) 423-0333	N/A
	IowaWORKS Extension Office		
	Clinton Library – Lyons Branch 105 Main Avenue / Clinton, IA 52732	(319) 423-0333	N/A
	IowaWORKS Center – Burlington		
Louisa	550 South Gear Avenue, Suite 35 Burlington, IA 52655	(319) 753-1671	Burlington lowa WORKS@iwd.iowa.gov
	IowaWORKS Center – Fort Madison	(210) 272 4412	Dudington WCC aired in the grow
	#3 John Bennett Drive / Fort Madison, IA 52627	(319) 372-4412	Burlington.WFC@iwd.iowa.gov
Lucas	IowaWORKS Center – Ottumwa	(641) 684-5401	OttumwalowaWORKS@iwd.iowa.gov
Lucas	15260 Truman Street / Ottumwa, IA 52501	(041) 004-3401	ottaniwalowawonitoelwallowalgov
Lyon	IowaWORKS Center – Spencer	(712) 262-1971	SpencerlowaWORKS@iwd.iowa.gov
Lyon	217 West Fifth Street / Spencer, IA 51301	(712) 202-1971	
	IowaWORKS Center – Des Moines	(515) 281-9619	Des Moines Iowa WORKS@iwd.iowa.gov
	200 Army Post Road / Des Moines, IA 50315	(313) 201 3013	Desirioniesiowawoniks@iwa.iowa.gov
Madison	IowaWORKS Satellite Office	(515) 725-3601	Des Moines Iowa WORKS@iwd.iowa.gov
Madison	100 East Euclid Suite A / Des Moines, IA 50313	(313) 723 3001	Desimoniesiowawoniks@iwu.iowa.gov
	IowaWORKS Satellite Office	(515) 725-5495	N/A
	903 Lincoln Way / Ames, IA 50010	(313) 723 3133	
Mahaska	IowaWORKS Center – Ottumwa	(641) 684-5401	OttumwalowaWORKS@iwd.iowa.gov
	15260 Truman Street / Ottumwa, IA 52501	(5.1, 55.1 5.101	
	IowaWORKS Center – Des Moines	(515) 281-9619	Des Moines Iowa WORKS@iwd.iowa.gov
	200 Army Post Road / Des Moines, IA 50315	(3.3, 201 )01)	
Marion	IowaWORKS Satellite Office	(515) 725-3601	Des Moines Iowa WORKS@iwd.iowa.gov
	100 East Euclid Suite A / Des Moines, IA 50313	(3.3,723.3001	
	IowaWORKS Satellite Office	(515) 725-5495	N/A
	903 Lincoln Way / Ames, IA 50010	(515) 725 5455	13773
	IowaWORKS Center – Marshalltown		
Marshall	101 Iowa Avenue West, Suite 200 Marshalltown, IA 50158	(641) 754-1400	MarshalltownlowaWORKS@iwd.iowa.gov

IowaWORKS Center and Address	Phone Number	Email Contact
WORKS Center – Council Bluffs	(712) 252 2400	CouncilPluffclowaWODVS aimed iours account
Nest Broadway / Council Bluffs, IA 51503	(712) 352-3480	CouncilBluffslowaWORKS@iwd.iowa.gov
WORKS Center – Mason City	(641) 422 1524	Manage City day of MODIVE city discuss and
South Pierce Avenue / Mason City, IA 50401	(641) 422-1524	MasonCitylowaWORKS@iwd.iowa.gov
WORKS Center – Sioux City	(742) 222 0020	C. C. I MODICE: I.
4th Street / Sioux City, IA 51101	(712) 233-9030	SiouxCityIowaWORKS@iwd.iowa.gov
WORKS Center – Ottumwa		
0 Truman Street / Ottumwa, IA 52501	(641) 684-5401	OttumwalowaWORKS@iwd.iowa.gov
WORKS Center – Creston		
North Elm Street / Creston, IA 50801	(641) 782-2119	CrestonIowaWORKS@iwd.iowa.gov
WORKS Center – Davenport		
West Kimberly Road, Suite A	(563) 445-3200	Davenportlowa WORKS@iwd.iowa.gov
WORKS Center – Spencer		
West Fifth Street / Spencer, IA 51301	(712) 262-1971	SpencerlowaWORKS@iwd.iowa.gov
WORKS Center – Spencer		SpencerlowaWORKS@iwd.iowa.gov
West Fifth Street / Spencer, IA 51301	(712) 262-1971	
WORKS Center – Council Bluffs	(712) 352-3480	CouncilBluffslowaWORKS@iwd.iowa.gov
West Broadway / Council Bluffs, IA 51503		
WORKS Center – Spencer	(712) 262-1971	SpencerlowaWORKS@iwd.iowa.gov
West Fifth Street / Spencer, IA 51301		
WORKS Center – Sioux City		SiouxCityIowaWORKS@iwd.iowa.gov
4th Street / Sioux City, IA 51101	(712) 233-9030	
WORKS Center – Fort Dodge		
on Circle / Fort Dodge, IA 50501	(515) 576-3131	Fort Dodgelowa WORKS@iwd.iowa.gov
WORKS Center – Des Moines		
Army Post Road / Des Moines, IA 50315	(515) 281-9619	DesMoineslowaWORKS@iwd.iowa.gov
WORKS Satellite Office		
East Euclid Suite A / Des Moines, IA 50313	(515) 725-3601	DesMoinesIowaWORKS@iwd.iowa.gov
WORKS Satellite Office		
	(515) 725-5495	N/A
Lincoln Way / Ames, IA 50010  WORKS Center – Council Bluffs		
	(712) 352-3480	CouncilBluffslowaWORKS@iwd.iowa.gov
West Broadway / Council Bluffs, IA 51503  WORKS Center – Marshalltown		
owa Avenue West, Suite 200 halltown, IA 50158	(641) 754-1400	MarshalltownlowaWORKS@iwd.iowa.gov
WORKS Center – Creston	(641) 782-2119	CrestonlowaWORKS@iwd.iowa.gov
owa hall WO	town, IA 50158	A Avenue West, Suite 200 town, IA 50158  RKS Center – Creston (641) 782-2119

County	IowaWORKS Center and Address	Phone Number	Email Contact
	IowaWORKS Center – Carroll	(712) 792-2685	CarrolllowaWORKS@iwd.iowa.gov
Sac	619 North Carroll Street / Carroll, IA 51401  lowaWORKS Center – Denison  11 North 35th Street / Denison, IA 51442	(712) 267-3654	CarrolllowaWORKS@iwd.iowa.gov
Scott	IowaWORKS Center – Davenport  902 West Kimberly Road, Suite A	(563) 445-3200	Davenportlowa WORKS@iwd.iowa.gov
	Davenport, IA 52807  lowaWORKS Center – Council Bluffs		
Shelby	300 West Broadway / Council Bluffs, IA 51503	(712) 352-3480	CouncilBluffslowaWORKS@iwd.iowa.gov
Sioux	IowaWORKS Center – Spencer 217 West Fifth Street / Spencer, IA 51301	(712) 262-1971	Spencerlowa WORKS@iwd.iowa.gov
	IowaWORKS Center – Des Moines  200 Army Post Road / Des Moines, IA 50315	(515) 281-9619	DesMoineslowaWORKS@iwd.iowa.gov
Story	IowaWORKS Satellite Office  100 East Euclid Suite A / Des Moines, IA 50313	(515) 725-3601	DesMoinesIowaWORKS@iwd.iowa.gov
	IowaWORKS Satellite Office  903 Lincoln Way / Ames, IA 50010	(515) 725-5495	N/A
Tama	IowaWORKS Center – Marshalltown  101 Iowa Avenue West, Suite 200  Marshalltown, IA 50158	(641) 754-1400	Marshall town low a WORKS@iwd.iowa.gov
Taylor	IowaWORKS Center – Creston 215 North Elm Street / Creston, IA 50801	(641) 782-2119	CrestonlowaWORKS@iwd.iowa.gov
Union	IowaWORKS Center – Creston 215 North Elm Street / Creston, IA 50801	(641) 782-2119	CrestonlowaWORKS@iwd.iowa.gov
Van Buren	IowaWORKS Center – Ottumwa 15260 Truman Street / Ottumwa, IA 52501	(641) 684-5401	Ottumwalowa WORKS@iwd.iowa.gov
Wapello	IowaWORKS Center – Ottumwa 15260 Truman Street / Ottumwa, IA 52501	(641) 684-5401	OttumwalowaWORKS@iwd.iowa.gov
	IowaWORKS Center – Des Moines  200 Army Post Road / Des Moines, IA 50315	(515) 281-9619	DesMoinesIowaWORKS@iwd.iowa.gov
Warren	IowaWORKS Satellite Office  100 East Euclid Suite A / Des Moines, IA 50313	(515) 725-3601	DesMoinesIowaWORKS@iwd.iowa.gov
	lowaWORKS Satellite Office  903 Lincoln Way / Ames, IA 50010	(515) 725-5495	N/A

County	IowaWORKS Center and Address	Phone Number	Email Contact
Washington	IowaWORKS Center – Cedar Rapids  4444 1st Avenue Northeast Cedar Rapids, IA 52402	(319) 365-9474	Cedar Rapids Iowa WORKS@iwd.iowa.gov
	lowaWORKS Satellite Center  1700 South 1st Avenue lowa City, IA 52240-6036	(319) 351-1035	Cedar Rapids Iowa WORKS@iwd.iowa.gov
	IowaWORKS Extension Office  Monticello Public Library 205 East Grand Street / Monticello, IA 52310	(319) 423-0333	N/A
	IowaWORKS Extension Office  Community Action of Eastern Iowa 1903 Park Avenue #18 / Muscatine, IA 52761	(319) 423-0333	N/A
	IowaWORKS Extension Office  Clinton Library – Lyons Branch 105 Main Avenue / Clinton, IA 52732	(319) 423-0333	N/A
Wayne	lowaWORKS Center – Ottumwa 15260 Truman Street / Ottumwa, IA 52501	(641) 684-5401	OttumwalowaWORKS@iwd.iowa.gov
Webster	IowaWORKS Center – Fort Dodge  3 Triton Circle / Fort Dodge, IA 50501	(515) 576-3131	FortDodgelowaWORKS@iwd.iowa.gov
Winnebago	IowaWORKS Center – Mason City  600 South Pierce Avenue / Mason City, IA 50401	(641) 422-1524	MasonCitylowaWORKS@iwd.iowa.gov
Winneshiek	IowaWORKS Center – Dubuque 680 Main Street, 2nd Floor / Dubuque, IA 52001	(563) 556-5800 (866) 227-9874	DubuquelowaWORKS@iwd.iowa.gov
	IowaWORKS Satellite Office 312 Winnebago / Decorah, IA 52101	(563) 382-0457	DubuquelowaWORKS@iwd.iowa.gov
	IowaWORKS Extension Office  134 Greene Street / Postville, IA 52162	(563) 382-0457	N/A
Woodbury	IowaWORKS Center – Sioux City 2508 4th Street / Sioux City, IA 51101	(712) 233-9030	SiouxCityIowaWORKS@iwd.iowa.gov
Worth	IowaWORKS Center – Mason City  600 South Pierce Avenue / Mason City, IA 50401	(641) 422-1524	Mason Citylowa WORKS@iwd.iowa.gov
Wright	IowaWORKS Center – Fort Dodge  3 Triton Circle / Fort Dodge, IA 50501	(515) 576-3131	FortDodgelowaWORKS@iwd.iowa.gov

# **Iowa Workforce Development Delivery System**



## **Housing Resources**

#### **Reentry Specific Issues/Resources**

MYTH: Individuals who have been convicted of a crime are "banned" from public housing.

**FACT:** Public Housing Authorities have great discretion in determining admissions and occupancy policies for individuals with criminal records. While Public Housing Authorities can choose to ban individuals with certain offenses from participating in public housing and Section 8 programs, it is not HUD policy to do so. In fact, in many circumstances, formerly incarcerated people should not be denied access.

There are only two convictions that automatically exclude an individual from being eligible for public housing assistance:

- A member of the household is subject to a lifetime registration requirement under a state sex offender registry program
- A member of the household has been convicted of drug-related criminal activity for manufacturing or producing methamphetamine on the premises of federally assisted housing

**lowa Legal Aid's Finding Housing with a Criminal Record:** This resource provides a brief overview of what individuals with criminal records might expect when applying for rental housing, and includes information on applicant rights, Fair Housing Act requirements, what to do if denied housing because of an error in a criminal background screening, and resources for further assistance.

Issue Brief: www.iowalegalaid.org/resource/finding-housing-with-a-criminal-record?ref=ljLSI

#### **Public Housing Authorities**

Public Housing Authorities administer and oversee federal housing assistance programs that can support qualified individuals by subsidizing part of their rent. In lowa these housing assistance programs are organized by city, county, or regionally. A list organized by county can be found on page 73.

- Housing Choice Voucher (HCV)/Section 8: The Housing Choice Voucher, also known as Section 8, is a tenant-based assistance program, which means the funding is tied to the individual, not to the specific rental property. Since housing assistance is provided on behalf of the family or individual, participants are able to find their own housing, including single-family homes, townhouses and apartments. The participant is free to choose any housing that meets the requirements of the program and is not limited to units located in subsidized housing projects.
- Public Housing: Public housing provides decent and safe rental housing for eligible low-income families, the elderly, and persons with disabilities. Public housing comes in all sizes and types, from scattered single-family houses to high-rise apartments for elderly families. Public housing is limited to low-income families and individuals. A housing authority determines eligibility based on:

   annual gross income;
   whether the applicant qualifies as elderly, a person with a disability, or as a family; and
   U.S. citizenship or eligible immigration status.
  - Directory of PHAs in lowa: https://www.hud.gov/program\_offices/public\_indian\_housing/pha/contacts

#### **Services to Help Find and Maintain Housing**

**lowa Housing Search** (www.iowahousingsearch.org): lowa Housing Search is a free online resource that allows individuals to search available rental properties in lowa that fit their specific needs and budget. Results can be filtered based on cost, amenities, number of bedrooms, proximity to public transportation, whether the landlord requires a criminal background check, rental assistance accepted, accessibility features, and more. Individuals seeking housing and service providers can call a toll-free, multilingual call center for assistance with housing searches at (877) 428-8844. Information can be provided by phone, email, mail, and fax. The site also features a service provider portal, which allows approved agencies to search for listings that serve individuals experiencing certain barriers to housing. Providers can design and save search criteria so notifications are sent to them when an available listing matches their saved criteria. Information on how to set up an agency account can be found on the website.

**County General Assistance:** lowa law requires counties to administer general assistance funds to individuals in extreme financial need for expenses such as rent, utilities, and burial costs. Eligible expenses and program requirements vary by county. Individuals are typically only eligible to receive funds a certain number of times in a twelve-month period. County boards of supervisors establish the rules and eligible expenses. Visit county websites for information specific to that county for more information on eligibility and how to apply.

**Community Action Agencies:** Community Action Agencies provide case management and other supportive services to help individuals and families experiencing poverty meet their basic needs and develop long-term economic security and self-sufficiency. Services cover a wide array of needs caused by poverty and by barriers to ending the cycle of poverty for individuals, families, and communities. Community Action Agencies are located across the state and provide services in all 99 counties. Specific programs and services vary, but most often include housing assistance, home energy efficiency and weatherization, financial planning and counseling, food assistance, health and behavioral health services, and early childhood education.

■ **Find an Agency:** This tool is searchable by county and contains links to the Community Action Agency's website as well as county office locations, contact information, and hours. http://iowacommunityaction.org/get-help/find-an-agency

**HUD Approved Housing Counseling Agencies:** The Housing Counseling Assistance Program provides services to individuals, families, or groups who are tenants, homeowners, homeless, or homebuyers. Services are available to anyone, including those who receive any type of rental service whether through HUD, Veterans Affairs or any other local, state, or federal program. Counseling services focus on helping people meet their housing goals including: financial analysis and budget planning, fair housing, landlord/tenant, and fair lending laws and requirements, information on rental assistance programs and other services, and understanding lease terms and rent delinquency. Services are available through HUD approved agencies throughout the state.

Find a Program in Iowa: www.hud.gov/offices/hsg/sfh/hcc/hcs. cfm?webListAction=search&searchstate=IA

#### **Population Specific Resources**

Home and Community Based Services (HCBS) Rent Subsidy Program: The Iowa Finance Authority administers the HCBS Rent Subsidy Program to assist eligible applicants who receive services under a federal Medicaid home and community-based services waiver or the Money Follows the Person program. The program provides temporary monthly rental assistance to individuals while they are waiting to be

eligible for a local, state, or federal rental assistance program like Section 8. The program maintains a waitlist and accepts applications on an on-going basis.

Program Overview, Eligibility, & Application: https://www.iowafinance.com/renter-programs/ home-and-community-based-services-rent-subsidy-program/

Housing Opportunities for Persons with AIDS (HOPWA): This federal program assists individuals who have been diagnosed with HIV/AIDS and their families who are homeless or at risk of homelessness. HOPWA is a need-based program, which means there are several eligibility requirements and individuals must demonstrate need in addition to their diagnosis. Currently the lowa Finance Authority allocates funding to five project sponsors around the state that cover all 99 counties among them. The link below contains a service area map with organizations that serve as project sponsors who can be contacted for more information on the program, eligibility, and how to apply.

Service Area Map and Contact Information: https://www.iowafinance.com/content/uploads/documents/HOPWASponsorMap.pdf

#### **Housing Resources for Veterans:**

- U.S. Department of Housing and Urban Development-VA Supportive Housing (HUD-VASH):

  This program provides rental assistance vouchers to Veterans who are eligible for VA health care services, have a serious mental illness, history of substance use disorder, and/or physical disability, and are experiencing or at risk of homelessness. This supportive housing program is a partnership between HUD and the Veterans Administration that is focused on helping veterans and their families experiencing or at risk of homelessness. The program provides participants with a HUD Housing Choice Voucher (also called Section 8) and case management focused on recovery and connecting veterans with supportive services like health care, mental health care, and substance use disorder treatment services to help them effectively function in the community and maintain permanent housing. Individuals who are required to maintain Lifetime Sexual Offender Registry status are not eligible to participate in the program. www.va.gov/homeless/hud-vash.asp
- **Supportive Services for Veteran Families:** This program serves very low-income Veterans by providing case management and supportive services to those at risk of losing their housing, assistance identifying new, more suitable housing, and to rapidly re-house Veterans experiencing homelessness. www.va.gov/homeless/SSVF/
- Community Resource and Referral Centers (CRRC): Both the VA Central lowa Healthcare System in Des Moines and the lowa City VA Health Care System serve as one-stop centers for Veterans who are experiencing or at risk of homelessness, and/or experiencing a serious mental illness. CRRCs can help by assisting in securing and maintaining housing, employment, and other services that promote increased community integration. CRRC staff can provide information on the programs described above and additional housing, employment, health and mental health services both within and outside of the VA system.
  - Central Iowa Health Care System CRRC: 1223 Center Street, Des Moines, IA 50309, (515) 699-5637
     www.centraliowa.va.gov/services/Community\_Resource\_and\_Referral\_Center\_CRRC.asp
  - Iowa City VA Health Care System CRRC: 1535 First Avenue Southeast, Cedar Rapids, IA 52402, (319) 365-0898

#### **Coordinated Entry**

Coordinated entry is the process used to assess and assist individuals experiencing homelessness and those at risk of homelessness. Coordinated entry triages individuals and prioritizes serving those who have the most barriers to housing. These services are operated by 14 regions in Iowa. To find out more information about services contact the region that serves the community in which you or the person seeking services is either experiencing homelessness or is at risk of homelessness.

- Coordinated Entry Regional Map and Contact information: https://iaboscoc.org/regions#regions
- Housing Recovery Helpline: (833) 739-0065

#### **Education and Outreach**

Many housing professionals at the local, state, and national level say when it comes to addressing barriers to finding housing, including for individuals with a criminal record, relationship building is one of the most successful tools. There are several resources on the internet with strategies for developing relationships with property owners and marketing the benefits of housing people who often have difficulty finding housing, which includes people with criminal records. A few resources are listed below, and many more can be found online.

**HUDs Landlord Outreach and Recruitment Resources:** This extensive toolkit includes tips for working with property owners, a sample Landlord-Tenant-Case Manager Communication Agreement, marketing letters, and more. The "Landlord Benefit Checklist" includes several examples of advantages to working with community service agencies and individuals who experience barriers to finding housing. <a href="https://www.hudexchange.info/resources/housingsearchtool/?housingsearchtoolaction=public:main.landlord-outreach-and-recruitment">https://www.hudexchange.info/resources/housingsearchtool/?housingsearchtoolaction=public:main.landlord-outreach-and-recruitment</a>

**United States Interagency Council on Homelessness Toolkit:** This page has many resources for working with landlords, including tips for housing veterans, case studies, and several toolkits. https://www.usich.gov/tools-for-action/engaging-landlords-tips-for-housing-veterans

# **List of Public Housing Authorities**

In some cases, there are multiple housing authorities listed for one county, usually because additional authorities exist to serve specific cities or areas within the county. In the directory below the city or area covered by additional agencies are noted (e.g. "Municipal Housing Agency of Centerville" or "Albia Housing Agency"), and you can assume the first housing authority listed serves the remainder of the county.

County	Name	Phone Number	Website		
Adair	Southern Iowa Regional Housing Authority	(641) 782-8585	http://www.sirha-ia.org/		
Adams	Southern Iowa Regional Housing Authority	(641) 782-8585	http://www.sirha-ia.org/		
Allamakee	Upper Explorerland Regional Housing Authority	(563) 864-7551	http://www.uerpc.org/regional-housing- authority.html		
	Area XV Multi-County Housing Agency	(641) 937-5222	http://www.areaxvhousing.org/		
Appanoose			https://www.centervilleia.com/directory- members/listing/municipal-housing-agency-of- centerville/		
Audubon	Region XII Regional Housing Authority	(712) 792-5560	https://www.regionxiiha.org/		
Benton	City of Cedar Rapids Housing Services	(219) 286-5872	http://www.cedar-rapids.org/local_government/ departments_af/community_development/ section_8_rent_assistance.php		
	Iowa Northland Regional Housing Authority	(319) 483-5079	N/A		
	Evansdale Municipal Housing Authority	(319) 234-0385	N/A		
Black Hawk	Cedar Falls Housing Authority	(319) 273-8669	http://www.cedarfalls.com/1063/Section-8- Housing-Assistance		
	Waterloo Housing Authority	authority (319) 233-0201 https://www.cityofwaterlooi departments/housing_authority			
Boone	Central Iowa Regional Housing Authority	(515) 986-1882	http://cirhahome.org/		
Bremer	Iowa Northland Regional Housing Authority	(319) 483-5079	N/A		
Buchanan	Iowa Northland Regional Housing Authority	(319) 483-5079	N/A		
Buena Vista	Northwest Iowa Regional Housing Authority	(712) 262-7460	https://www.nwirha.org		
Butler	Iowa Northland Regional Housing Authority	(319) 483-5079	N/A		
Calhoun	Fort Dodge Housing Agency	(515) 573-7751	http://www.fd-housing.org/section_8_housing		
Carroll	Region XII Regional Housing Authority	(712) 792-5560	https://www.regionxiiha.org/		
Cass	Southern Iowa Regional Housing Authority	(641) 782-8585	http://www.sirha-ia.org/		
Cedar	Eastern Iowa Regional Housing Authority	(563) 556-4166	https://eirha.org/		
	North Iowa Regional Housing Authority	(641) 423-0897	http://www.nirha.com/		
Cerro Gordo	Mason City Housing Authority	(641) 421-2711	https://www.masoncity.net/pview. aspx?id=17928&catid=0		
Cherokee	Northwest Iowa Regional Housing Authority	(712) 262-7460	https://www.nwirha.org		
Chickasaw	Iowa Northland Regional Housing Authority	(319) 483-5079	N/A		
Clarke	Southern Iowa Regional Housing Authority	(641) 782-8585	http://www.sirha-ia.org/		
Clay	Northwest Iowa Regional Housing Authority	(712) 262-7460	https://www.nwirha.org		
Clayton	Upper Explorerland Regional Housing Authority	(563) 864-7551 http://www.uerpc.org/regional-housing-authority.html			
	Eastern Iowa Regional Housing Authority	(563) 556-4166	https://eirha.org/		
Clinton	Clinton Housing Authority (serves Clinton and Camanche)	(563) 243-1280	N/A		
Crawford	Region XII Regional Housing Authority	(712) 792-5560	https://www.regionxiiha.org/		
Dallas	Central Iowa Regional Housing Authority	(515) 986-1882	http://cirhahome.org/		

County	Name	Phone Number	Website	
Davis	Area XV Multi-County Housing Agency	(641) 937-5222	http://www.areaxvhousing.org/	
Decatur	Southern Iowa Regional Housing Authority	(641) 782-8585	http://www.sirha-ia.org/	
Delaware	Eastern Iowa Regional Housing Authority	(563) 556-4166	https://eirha.org/	
Des Moines	Southeast Iowa Regional Housing Authority	(319) 753-5109	http://www.seirha.com/	
Dickenson	(Lake Park only) Northwest Iowa Regional Housing Authority	(712) 262-7460	https://www.nwirha.org	
	Eastern Iowa Regional Housing Authority	(563) 556-4166	https://eirha.org/	
Dubuque	Dubuque Housing and Community Development	(563) 589-4230	https://www.cityofdubuque.org/618/Housing- Community-Development	
Emmet	Northwest Iowa Regional Housing Authority	(712) 262-7460	https://www.nwirha.org	
Fayette	Upper Explorerland Regional Housing Authority	(563) 864-7551	http://www.uerpc.org/regional-housing- authority.html	
	North Iowa Regional Housing Authority	(641) 423-0897	http://www.nirha.com/	
Floyd	Charles City Housing and Redevelopment Authority	(641) 228-6661	https://www.cityofcharlescity.org/125/Housing	
Franklin	North Iowa Regional Housing Authority	(641) 423-0897	http://www.nirha.com/	
Fremont	Southern Iowa Regional Housing Authority	(641) 782-8585	http://www.sirha-ia.org/	
Greene	Region XII Regional Housing Authority	(712) 792-5560	https://www.regionxiiha.org/	
Grundy	Iowa Northland Regional Housing Authority	(319) 483-5079	N/A	
Guthrie	Region XII Regional Housing Authority	(712) 792-5560	https://www.regionxiiha.org/	
Hamilton	Fort Dodge Housing Agency	(515) 573-7751	http://www.fd-housing.org/section_8_housing	
Hancock	North Iowa Regional Housing Authority	(641) 423-0897	http://www.nirha.com/	
Hardin	City of Marshalltown Housing Office	(641) 754-5756	https://www.marshalltown-ia.gov/187/HUD- Section-8-Programs	
Harrison	Region XII Regional Housing Authority	(712) 792-5560	https://www.regionxiiha.org/	
Henry	Southeast Iowa Regional Housing Authority	(319) 753-5109	http://www.seirha.com/	
Howard	Upper Explorerland Regional Housing Authority	(563) 864-7551	http://www.uerpc.org/regional-housing- authority.html	
Humboldt	Fort Dodge Housing Agency	(515) 573-7751	http://www.fd-housing.org/section_8_housing	
lda	(eastern half) Region XII Regional Housing Authority	(712) 792-5560	https://www.regionxiiha.org/	
iua	(Western half of county) Northwest Iowa Regional Housing Authority	(712) 262-7460	https://www.nwirha.org	
lowa (western half)	Iowa City Housing Authority	(319) 356-5400	https://www.icgov.org/city-government/departments-and-divisions/housing-authority	
Jackson	Eastern Iowa Regional Housing Authority	(563) 556-4166	https://eirha.org/	
Jasper	Central Iowa Regional Housing Authority	(515) 986-1882	http://cirhahome.org/	
Jefferson	Area XV Multi-County Housing Agency	(641) 937-5222	http://www.areaxvhousing.org/	
Johnson	Iowa City Housing Authority	(319) 356-5400	https://www.icgov.org/city-government/ departments-and-divisions/housing-authority	
Jones	Eastern Iowa Regional Housing Authority	(563) 556-4166	6 https://eirha.org/	
Keokuk	Area XV Multi-County Housing Agency	(641) 937-5222	http://www.areaxvhousing.org/	
Kossuth	North Iowa Regional Housing Authority	(641) 423-0897	http://www.nirha.com/	
	Southeast Iowa Regional Housing Authority	(319) 753-5109	http://www.seirha.com/	
Lee	Fort Madison Housing Authority	(319) 372-6083	N/A	
	Keokuk Housing Authority	(319) 524-4386	N/A	
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County	Name	Phone Number	Website		
		(2.2)	http://www.cedar-rapids.org/local_government/		
Linn	City of Cedar Rapids Housing Services	(219) 286-5872	departments_af/community_development/ section_8_rent_assistance.php		
Louisa	Southeast Iowa Regional Housing Authority	(319) 753-5109	http://www.seirha.com/		
Lucas	Area XV Multi-County Housing Agency	(641) 937-5222	http://www.areaxvhousing.org/		
Lucas	Chariton Housing Authority	(641) 774-2725	N/A		
Lyon	Northwest Iowa Regional Housing Authority	(712) 262-7460	https://www.nwirha.org		
Lyon	Rock Rapids Municipal Housing Agency	(712) 472-3896	rockrapidshousing.com		
Madison	Central Iowa Regional Housing Authority	(515) 986-1882	http://cirhahome.org/		
	Area XV Multi-County Housing Agency	(641) 937-5222	http://www.areaxvhousing.org/		
Mahaska	Oskaloosa Municipal Housing Authority	(641) 673-8361	https://www.oskaloosaiowa.org/166/Municipal- Housing-Agency		
	Central Iowa Regional Housing Authority	(515) 986-1882	http://cirhahome.org/		
Marion	Low Rent Housing Agency of Knoxville (also serves Pella)	(641) 828-7371	http://www.knoxvilleia.gov/175/Low-Rent- Housing-Agency-of-Knoxville		
Marshall	City of Marshalltown Housing Office	(641) 754-5756	https://www.marshalltown-ia.gov/187/HUD- Section-8-Programs		
Mills	Southern Iowa Regional Housing Authority	(641) 782-8585	http://www.sirha-ia.org/		
Mitchell	North Iowa Regional Housing Authority	(641) 423-0897	http://www.nirha.com/		
Monona	Northwest Iowa Regional Housing Authority	(712) 262-7460	https://www.nwirha.org		
Manuas	Area XV Multi-County Housing Agency	(641) 937-5222	http://www.areaxvhousing.org/		
Monroe	Albia Housing Agency	(641) 932-7859	N/A		
Montgomery	Southern Iowa Regional Housing Authority	(641) 782-8585	http://www.sirha-ia.org/		
Muscatine	Muscatine Municipal Housing Agency	(563) 264-1554	http://www.muscatineiowa.gov/1436/ Muscatine-Municipal-Housing-Agency		
O'Brien	Northwest Iowa Regional Housing Authority	(712) 262-7460	https://www.nwirha.org		
Osceola	Northwest Iowa Regional Housing Authority	(712) 262-7460	https://www.nwirha.org		
Page	Southern Iowa Regional Housing Authority	(641) 782-8585	http://www.sirha-ia.org/		
Palo Alto	Northwest Iowa Regional Housing Authority	(712) 262-7460	https://www.nwirha.org		
Plymouth	Northwest Iowa Regional Housing Authority	(712) 262-7460	https://www.nwirha.org		
Pocahontas	Fort Dodge Housing Agency	(515) 573-7751	http://www.fd-housing.org/section_8_housing		
Polk	Des Moines Municipal Housing Agency	(515) 323-8950	https://www.dsm.city/departments/housing_ services/index.php		
Pottawattamie	The Municipal Housing Agency of Council Bluffs	(712) 322-6931	http://mhacb.org/contact-us/		
	Southern Iowa Regional Housing Authority	(641) 782-8585	http://www.sirha-ia.org/		
Poweshiek	Grinnell Low-Rent Housing Authority	(641) 236-2611	https://www.grinnelliowa.gov/300/Low-Rent- Housing		
Ringgold	Southern Iowa Regional Housing Authority	(641) 782-8585	http://www.sirha-ia.org/		
Sac	Region XII Regional Housing Authority	(712) 792-5560	https://www.regionxiiha.org/		
Scott	Davenport Office of Assisted Housing	(563) 326-7899	https://cityofdavenportiowa.com/government/departments/community_economic_development/office_of_assisted_housing		
	Eastern Iowa Regional Housing Authority	(563) 556-4166	https://eirha.org/		
Shelby	Region XII Regional Housing Authority	(712) 792-5560	https://www.regionxiiha.org/		
Sioux	Northwest Iowa Regional Housing Authority	(712) 262-7460	https://www.nwirha.org		
Story	Central Iowa Regional Housing Authority	(515) 986-1882	http://cirhahome.org/		

County	Name	Phone Number	Website
Tama	City of Marshalltown Housing Office	(641) 754-5756	https://www.marshalltown-ia.gov/187/HUD- Section-8-Programs
Taylor	Southern Iowa Regional Housing Authority	(641) 782-8585	http://www.sirha-ia.org/
Union	Southern Iowa Regional Housing Authority	(641) 782-8585	http://www.sirha-ia.org/
Van Buren	Area XV Multi-County Housing Agency	(641) 937-5222	http://www.areaxvhousing.org/
Wapello	Ottumwa Housing Authority	(319) 682-8369	https://www.ohatowers.org/
Warren	Warren County Housing Authority	(515) 961-1073	N/A
Washington (northern half)	Iowa City Housing Authority	(319) 356-5400 https://www.icgov.org/city-governments-and-divisions/housing-	
Wayne	Area XV Multi-County Housing Agency (641) 937-522		http://www.areaxvhousing.org/
	Fort Dodge Housing Agency	(515) 573-7751	http://www.fd-housing.org/section_8_housing
Webster	Fort Dodge Housing Agency (City of Fort Dodge)	(515) 573-7751	http://www.fd-housing.org/public_housing
Winnebago	North Iowa Regional Housing Authority	(641) 423-0897	http://www.nirha.com/
Winneshiek	Upper Explorerland Regional Housing Authority		http://www.uerpc.org/regional-housing- authority.html
winnesniek	Decorah Low-Rent Housing Agency	(563) 864-7551	https://www.decorahia.org/commission-and- boards
	Northwest Iowa Regional Housing Authority	(712) 262-7460	https://www.nwirha.org
Woodbury	Sioux City Housing Authority	(712) 279-6348	https://www.sioux-city.org/government/ departments-a-f/community-development/ housing-assistance
Worth	North Iowa Regional Housing Authority	(641) 423-0897	http://www.nirha.com/
Wright	Fort Dodge Housing Agency	(515) 573-7751	http://www.fd-housing.org/section_8_housing

# **Public Transportation**

Public transportation in Iowa is served by 12 large urban, seven small urban, 16 regional, and four intercity transportation bus services. Public transit systems vary on how they are organized and how they operate, but one common element is that their services must be open to the public. Costs vary based on services provided and other factors and can be found online or by calling your local providers. Contact information for each transit system begins on page 79.

#### **Transit Systems**

**Urban Transit Systems:** lowa has 19 urban public transit systems. Each must serve at least one community with a population of at least 20,000. Urban public transit systems generally operate buses along fixed routes designed to serve a majority of neighborhoods and major activity centers, like large employers, government offices, medical clinics, grocery stores, senior centers, shopping malls, etc. All fixed-route buses in lowa are accessible to persons with disabilities, and urban systems are also required to provide Americans with Disabilities Act (ADA) paratransit services for persons with disabilities who may not be able to physically ride or navigate the fixed route system. ADA paratransit services typically operate on a reservation basis, with ride requests made the day before the planned trip. Paratransit services are specifically designed to serve persons qualifying under the ADA eligibility guidelines, plus their aides or companions, but a few offer the service to the elderly and/or the general public as well. Individual public transit systems should be contacted for their specific qualification requirements.

**Rural Transit Systems:** lowa has 16 public transit regions that cover all of the state's 99 counties. Most public transit services by lowa's regional public transit systems are provided on a demand-response basis, rather than on a fixed route. This means that a passenger must call to request each ride. Most also allow "standing reservations" or "subscriptions" that allow a person to request the same ride every weekday or on a certain day every week or every other week. All regional public transit services are required to be accessible to persons with disabilities. In many rural areas, depending on funding levels and demand, public transit services may only be available on certain days of the week, and certain connections may only be available a couple of times per month.

**Intercity Bus Program:** A certain portion of the state's transportation funding must be used to support intercity bus services, and routes must include stops in non-urban locations. A map of current routes can be found at <a href="http://www.iowadot.gov/transit/pdf/icb.pdf">http://www.iowadot.gov/transit/pdf/icb.pdf</a>.

- Iowa Intercity Bus Program Website: https://iowadot.gov/transit/iowa-transit-services/intercity-bus-companies
- **lowa Intercity Bus Program Information:** (800) 451-5333

## **Mobility Management**

Mobility coordinators (sometimes called mobility managers) help individuals navigate to where they need to go, no matter the number of modes of transportation required. Referrals are made to both public and private transportation providers. Mobility coordinators may offer travel training courses to help persons learn to ride the bus, and they know various funding sources that can help pay for transportation for eligible riders. Mobility coordinators are also available to speak to interested groups including human service agencies, businesses, and other organizations on transportation resources, options, and coordination opportunities in the area. The Statewide Mobility Manager acts as a contact for persons in areas not served by a regional or urban mobility coordinator, assisting with travel navigation and providing referrals to local transportation providers.

- Mobility Management Resources https://iowadot.gov/iowamobilitymanagement/Mobility-resources
- Mobility Coordinator Contact Information https://iowadot.gov/iowamobilitymanagement/pdf/mobilitymanagers\_map.pdf

### **Transportation Resources**

#### Iowa Ride Share: www.iowarideshare.org

lowa has a ride matching system that can help people find viable commute options such as carpool partners, vanpool routes, transit routes, and more. Once registered, individuals can log their commute route and find options based on origin and destination to match with nearby commuters with similar schedules. There is also an option to search for one-time transportation needs. There is an option to indicate passenger only for individuals without a car or driver's license.

#### **Local Planning, Coordination, and Resources**

Passenger Transportation Plans: lowa has nine Metropolitan Planning Organizations (MPO) which operate in urban areas with populations over 50,000, and 18 Regional Planning Affiliations (RPA). These groups are made up of associations of local governments that work together to promote local and regional coordination related to transportation planning, economic development, operation of transit systems, zoning, human services, housing, and environmental concerns. One of their charges is to create and update a Passenger Transportation Plan (PTP) focused on coordination between transit providers and health and human service agencies. The passenger transportation planning process must include input from human service agencies, private transportation providers, and transit systems. They must consider all passenger transportation needs and services. Plans must be updated every five years at a minimum and include opportunities for public input. MPOs and RPAs often use Transportation Advisory Groups as a primary source of input for their Passenger Transportation Plans.

Transportation Advisory Groups (TAGs) are made up of volunteers from the human services and transportation sectors, including representatives of transit or passenger transportation industries, human service agencies, the non-emergency medical transportation industry, the aging population, individuals with disabilities, low-income populations, and others. The primary purpose of a TAG is to provide a forum to discuss transportation issues and identify opportunities to create a more coordinated transportation system that is affordable and accessible to all individuals in the community. TAGs vary in size and function, some are formal decision-making bodies, while others act as less formal advisory groups.

- Map/Contact Information of Metropolitan Planning Organizations and Regional Planning Affiliations https://iowadot.gov/systems\_planning/district-transportation-planners-area-of-responsibility This interactive map has contact information and links to websites for each MPO and RPA, as well as the contact information for the Department of Transportation District Transportation Planners that provide support to the groups. Contacting local or district planners is a good place to start for getting more information on how to be involved in transportation planning and coordination efforts in your area.
- Find your Local Transportation Advisory Group

  Map and list of contacts for Transportation Advisory Groups for each MPO and RPA

  http://www.iowadot.gov/systems\_planning/pr\_guide/Passenger%20Transportation%20Plan/
  Find%20your%20local%20TAG.pdf

# **Iowa Public Transit Systems by County**

County	Rural/ Urban	Transit System	Service Area	Routes & Schedule	Website
Adair	Rural	Region 14: Southern Iowa Trolley/SIT	Adair, Adams, Clarke, Decatur, Ringgold, Taylor, Union	(866) 782-6571	http://www.southerniowatrolley.org/
Adams	Rural	Region 14: Southern Iowa Trolley/SIT	Adair, Adams, Clarke, Decatur, Ringgold, Taylor, Union	(866) 782-6571	http://www.southerniowatrolley.org/
Allamakee	Rural	Region 1: Northeast Iowa Community Action Corporation – Transit/EARL Public Transit	Allamakee, Clayton, Fayette, Howard, Winneshiek	(866) 382-4259	https://www.neicac.org/programs/transit/
Appanoose	Rural	Region 15: 10-15 Transit	Appanoose, Davis, Jefferson, Keokuk, Lucas, Mahaska, Monroe, Van Buren, Wapello, Wayne	(800) 227-6390 (641) 683-2024	https://www.1015transit.com/
Audubon	Rural	Region 12: Western Iowa Transit/WIT	Audubon, Carroll, Crawford, Greene, Guthrie, Sac	(712) 792-9914	http://www.region12cog.org/public-transit/
Benton	Rural	Region 10: CorridorRides - Benton County Transportation	Benton County	(319) 472-2413	https://www.bentoncountyia.gov/departments/community-services/transportation/
Die ele Herrele	Urban	Metropolitan Transit Authority of Black Hawk County (MET)	Cities of Cedar Falls and Waterloo	(319) 234-5714	http://www.mettransit.org/
Black Hawk	Rural	Region 7: OnBoard Public Transit	Black Hawk, Bremer, Buchanan, Butler, Chickasaw, Grundy	(800) 369-3022 (319) 233-5213	http://onboardpublictransit.com/
Boone	Rural	Region 11: Heart of Iowa Regional Transit Agency (HIRTA)/Boone County Transit	Boone, Dallas, Jasper, Madison, Marion, Story, Warren	(877) 686-0029	https://www.ridehirta.com/
Bremer	Rural	Region 7: OnBoard Public Transit	Black Hawk, Bremer, Buchanan, Butler, Chickasaw, Grundy	(800) 369-3022 (319) 233-5213	http://onboardpublictransit.com/
Buchanan	Rural	OnBoard Public Transit	Black Hawk, Bremer, Buchanan, Butler, Chickasaw, Grundy	(800) 369-3022 (319) 233-5213	http://onboardpublictransit.com/
Buena Vista	Rural	Region 3: Regional Transit Authority/ RIDES	Buena Vista, Clay, Dickinson, Emmet, Lyon, O'Brien, Osceola, Palo Alto, Sioux	(800) 358-5037	http://nwiarides.org/
Butler	Rural	OnBoard Public Transit	Black Hawk, Bremer, Buchanan, Butler, Chickasaw, Grundy	(800) 369-3022 (319) 233-5213	http://onboardpublictransit.com/
Calhoun	Rural	Region 5: Pathfinders	Calhoun, Hamilton, Humboldt, Pocahontas, Webster, Wright	(515)573-8145	https://sites.google.com/a/midascog.net/www/transit/region-v
Carroll	Rural	Region 12: Western Iowa Transit/WIT	Audubon, Carroll, Crawford, Greene, Guthrie, Sac	(712) 792-9914	http://www.region12cog.org/public-transit/
Cass	Rural	Region 13: Southwest Iowa Transit Agency (SWITA)	Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, Shelby	(800) 842-8065	http://www.swipco.org/transit-swita/
Cedar	Rural	Region 9: River Bend Transit (RBT)	Cedar, Clinton, Muscatine, Scott, and Illinois- Quad City Area	(800) 292-8959 (563) 386-1350	https://riverbendtransit.org/
Carrie C. I	Urban	Mason City Transit	City of Mason City	(641) 421-3616	http://www.masoncity.net/pview. aspx?id=18070&catid=477
Cerro Gordo	Rural	Region 2: North Iowa Area Regional Transit System /Region 2 Transit System	Cerro Gordo, Floyd, Franklin, Hancock, Kossuth, Mitchell, Winnebago, Worth	(641) 423-2262	http://www.niacog.org/niacog_transit.html

County	Rural/ Urban	Transit System	Service Area	Routes & Schedule	Website
Cherokee	Rural	Region 4: Siouxland Regional Transit System/SRTS	Cherokee, Ida, Monona, Plymouth, Woodbury	(800) 881-2076 (712) 279-6919	https://simpco.org/divisions/siouxland- regional-transit-system/
Chickasaw	Rural	OnBoard Public Transit	Black Hawk, Bremer, Buchanan, Butler, Chickasaw, Grundy	(800) 369-3022 (319) 233-5213	http://onboardpublictransit.com/
Clarke	Rural	Region 14: Southern Iowa Trolley/SIT	Adair, Adams, Clarke, Decatur, Ringgold, Taylor, Union	(866) 782-6571	http://www.southerniowatrolley.org/
Clay	Rural	Region 3: Regional Transit Authority/ RIDES	Buena Vista, Clay, Dickinson, Emmet, Lyon, O'Brien, Osceola, Palo Alto, Sioux	(800) 358-5037	http://nwiarides.org/
Clayton	Rural	Region 1: Northeast Iowa Community Action Corporation – Transit/EARL Public Transit	Allamakee, Clayton, Fayette, Howard, Winneshiek	(866) 382-4259	https://www.neicac.org/programs/transit/
Clinton	Urban	Municipal Transit Administration (MTA)	City of Clinton	(563) 242-3721	http://www.cityofclintoniowa.us/departments/ transit_and_fleet_maintenance/
Ciliton	Rural	Region 9: River Bend Transit (RBT)	Cedar, Clinton, Muscatine, Scott, and Illinois- Quad City Area	(800) 292-8959 (563) 386-1350	https://riverbendtransit.org/
Crawford	Rural	Region 12: Western Iowa Transit/WIT	Audubon, Carroll, Crawford, Greene, Guthrie, Sac	(712) 792-9914	http://www.region12cog.org/public-transit/
Dallas	Rural	Region 11: Heart of Iowa Regional Transit Agency (HIRTA)/Home Care Services	Boone, Dallas, Jasper, Madison, Marion, Story, Warren	(877) 686-0029	https://www.ridehirta.com/
Davis	Rural	Region 15: 10-15 Transit	Appanoose, Davis, Jefferson, Keokuk, Lucas, Mahaska, Monroe, Van Buren, Wapello, Wayne	(800) 227-6390 (641) 683-2024	https://www.1015transit.com/
Decatur	Rural	Region 14: Southern Iowa Trolley/SIT	Adair, Adams, Clarke, Decatur, Ringgold, Taylor, Union	(866) 782-6571	http://www.southerniowatrolley.org/
Delaware	Rural	Region 8: Delaware, Dubuque and Jackson County Regional Transit Authority /RTA	Delaware, Dubuque, Jackson	(800) 839-5005 (563) 588-4592	http://www.rta8.org/
Des Moines	Urban	Burlington Urban Services (BUS)	Cities of Burlington and West Burlington	(319) 753-8162	http://www.burlingtoniowa.org/2265/ Burlington-Urban-Service-BUS
	Rural	Region 16: Southeast Iowa Bus (SEIBUS)	Des Moines, Henry, Lee, Louisa	(866) 753-5107	http://www.seirpc.com/seibus/route.html
Dickinson	Rural	Region 3: Regional Transit Authority/ RIDES	Buena Vista, Clay, Dickinson, Emmet, Lyon, O'Brien, Osceola, Palo Alto, Sioux	(800) 358-5037	http://nwiarides.org/
	Urban	The Jule	City of Dubuque	(563) 589-4196	http://www.cityofdubuque.org/274/Transit
Dubuque	Rural	Region 8: Delaware, Dubuque and Jackson County Regional Transit Authority /RTA	Delaware, Dubuque, Jackson	(800) 839-5005 (563) 588-4592	http://www.rta8.org/
Emmet	Rural	Region 3: Regional Transit Authority/ RIDES	Buena Vista, Clay, Dickinson, Emmet, Lyon, O'Brien, Osceola, Palo Alto, Sioux	(800) 358-5037	http://nwiarides.org/
Fayette	Rural	Region 1: Northeast Iowa Community Action Corporation – Transit/EARL Public Transit	Allamakee, Clayton, Fayette, Howard, Winneshiek	(866) 382-4259	https://www.neicac.org/programs/transit/

County	Rural/ Urban	Transit System	Service Area	Routes & Schedule	Website
Floyd	Rural	Region 2: North Iowa Area Regional Transit System /Region 2 Transit System	Cerro Gordo, Floyd, Franklin, Hancock, Kossuth, Mitchell, Winnebago, Worth	(641) 715-1314	http://www.niacog.org/niacog_transit.html
Franklin	Rural	Region 2: North Iowa Area Regional Transit System /Region 2 Transit System	Cerro Gordo, Floyd, Franklin, Hancock, Kossuth, Mitchell, Winnebago, Worth	(641) 456-5191	http://www.niacog.org/niacog_transit.html
Fremont	Rural	Region 13: Southwest Iowa Transit Agency (SWITA)	Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, Shelby	(800) 842-8065	http://www.swipco.org/transit-swita/
Greene	Rural	Region 12: Western Iowa Transit/WIT	Audubon, Carroll, Crawford, Greene, Guthrie, Sac	(712) 792-9914	http://www.region12cog.org/public-transit/
Grundy	Rural	OnBoard Public Transit	Black Hawk, Bremer, Buchanan, Butler, Chickasaw, Grundy	(800) 369-3022 (319) 233-5213	http://onboardpublictransit.com/
Guthrie	Rural	Region 12: Western Iowa Transit/WIT	Audubon, Carroll, Crawford, Greene, Guthrie, Sac	(712) 792-9914	http://www.region12cog.org/public-transit/
Hamilton	Rural	Region 5: Pathfinders	Calhoun, Hamilton, Humboldt, Pocahontas, Webster, Wright	(515) 573-8145	https://sites.google.com/a/midascog.net/www/transit/region-v
Hancock	Rural	Region 2: North Iowa Area Regional Transit System /Region 2 Transit System	Cerro Gordo, Floyd, Franklin, Hancock, Kossuth, Mitchell, Winnebago, Worth	(641) 923-3333	http://www.niacog.org/niacog_transit.html
Hardin	Rural	Region 6: Region 6 Planning Commission/ Peoplerides	Hardin, Marshall, Poweshiek, Tama	(641) 752-6202 (888) 616-4298	https://www.region6resources.org/peoplerides/
Harrison	Rural	Region 13: Southwest Iowa Transit Agency (SWITA)	Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, Shelby	(800) 842-8065	http://www.swipco.org/transit-swita/
Henry	Rural	Region 16: Southeast Iowa Bus (SEIBUS)	Des Moines, Henry, Lee, Louisa	(866) 753-5107	http://www.seirpc.com/seibus/route.html
Howard	Rural	Region 1: Northeast Iowa Community Action Corporation – Transit/EARL Public Transit	Allamakee, Clayton, Fayette, Howard, Winneshiek	(866) 382-4259	https://www.neicac.org/programs/transit/
Humboldt	Rural	Region 5: Pathfinders	Calhoun, Hamilton, Humboldt, Pocahontas, Webster, Wright	(515)573-8145	https://sites.google.com/a/midascog.net/www/transit/region-v
Ida	Rural	Region 4: Siouxland Regional Transit System/SRTS	Cherokee, Ida, Monona, Plymouth, Woodbury	(800) 881-2076 (712) 279-6919	https://simpco.org/divisions/siouxland- regional-transit-system/
lowa	Rural	Region 10: CorridorRides - Iowa County Transportation	Iowa County	(319) 642-7615	https://iowacounty.iowa.gov/transportation/
Jackson	Rural	Region 8: Delaware, Dubuque and Jackson County Regional Transit Authority /RTA	Delaware, Dubuque, Jackson	(800) 839-5005 (563) 588-4592	http://www.rta8.org/
Jasper	Rural	Region 11: Heart of Iowa Regional Transit Agency (HIRTA)	Boone, Dallas, Jasper, Madison, Marion, Story, Warren	(877) 686-0029	https://www.ridehirta.com/
Jefferson	Rural	Region 15: 10-15 Transit	Appanoose, Davis, Jefferson, Keokuk, Lucas, Mahaska, Monroe, Van Buren, Wapello, Wayne	(800) 227-6390 (641) 683-2024	https://www.1015transit.com/

County	Rural/ Urban	Transit System	Service Area	Routes & Schedule	Website
	Urban	Coralville Transit	Cities of Coralville and North Liberty	(319) 248-1790	http://www.coralville.org/80/Transit-Parking
Urban		Iowa City Transit	Cities of Iowa City and University Heights	(319) 356-5151	https://www.icgov.org/city-government/departments-and-divisions/transit
Johnson	Urban	University of Iowa Cambus	University of Iowa campus and facilities, UI Hospitals and Clinics, Oakdale Campus	(319) 335-8633	https://transportation.uiowa.edu/cambus
	Rural	Region 10: CorridorRides - SEATS	Rural Johnson County; Paratransit services for lowa City and Coralville	(319) 339-6128	https://www.johnsoncountyiowa.gov/dept_seats.aspx?id=581
Jones	Rural	Region 10: CorridorRides - Jones County Jets	Jones County	(319) 462-2143	https://www.jonescountyiowa.gov/jets/
Keokuk	Rural	Region 15: 10-15 Transit	Appanoose, Davis, Jefferson, Keokuk, Lucas, Mahaska, Monroe, Van Buren, Wapello, Wayne	(800) 227-6390 (641) 683-2024	https://www.1015transit.com/
Kossuth	Rural	Region 2: North Iowa Area Regional Transit System /Region 2 Transit System	Cerro Gordo, Floyd, Franklin, Hancock, Kossuth, Mitchell, Winnebago, Worth	(641) 423-2262	http://www.niacog.org/niacog_transit.html
Lee	Rural	Region 16: Southeast Iowa Bus (SEIBUS)	Des Moines, Henry, Lee, Louisa	(866) 753-5107	http://www.seirpc.com/seibus/route.html
Linn	Urban	Cedar Rapids Transit	Cities of Cedar Rapids, Marion, and Hiawatha	(319) 286-5573	http://www.cedar-rapids.org/residents/city_ buses/index.php
Linn	Rural	Region 10: CorridorRides - Benton County Transportation	Rural Linn County; Paratransit services for Cedar Rapids, Marion, and Hiawatha	(319) 892-5170	http://www.linncounty.org/142/LIFTS
Louisa	Rural	Region 16: Southeast Iowa Bus (SEIBUS)	Des Moines, Henry, Lee, Louisa	(866) 753-5107	http://www.seirpc.com/seibus/route.html
Lucas	Rural	Region 15: 10-15 Transit	Appanoose, Davis, Jefferson, Keokuk, Lucas, Mahaska, Monroe, Van Buren, Wapello, Wayne	(800) 227-6390 (641) 683-2024	https://www.1015transit.com/
Lyon	Rural	Region 3: Regional Transit Authority/ RIDES	Buena Vista, Clay, Dickinson, Emmet, Lyon, O'Brien, Osceola, Palo Alto, Sioux	(800) 358-5037	http://nwiarides.org/
Madison	Rural	Region 11: Heart of Iowa Regional Transit Agency (HIRTA)/Madison Co. Elder Srvcs	Madison County	(515) 462-1334	https://www.ridehirta.com/
Mahaska	Urban	City of Oskaloosa: 10-15 Transit	City of Oskaloosa	(800) 227-6390 (641) 683-2024	https://www.1015transit.com/
Wallaska	Rural	Region 15: 10-15 Transit	Appanoose, Davis, Jefferson, Keokuk, Lucas, Mahaska, Monroe, Van Buren, Wapello, Wayne	(800) 227-6390 (641) 683-2024	https://www.1015transit.com/
Marion	Rural	Region 11: Heart of Iowa Regional Transit Agency (HIRTA)	Boone, Dallas, Jasper, Madison, Marion, Story, Warren	(877) 686-0029	https://www.ridehirta.com/
Marshall	Urban	Marshalltown Municipal Transit (MMT)	City of Marshalltown	(641) 754-5719	https://www.marshalltown-ia.gov/368/ Marshalltown-Municipal-Transit
Marshall	Rural	Region 6: Region 6 Planning Commission/ Peoplerides	Hardin, Marshall, Poweshiek, Tama	(641) 752-6202 (888) 616-4298	https://www.region6resources.org/peoplerides/
Mills	Rural	Region 13: Southwest Iowa Transit Agency (SWITA)	Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, Shelby	(800) 842-8065	http://www.swipco.org/transit-swita/
Mitchell	Rural	Region 2: North Iowa Area Regional Transit System /Region 2 Transit System	Cerro Gordo, Floyd, Franklin, Hancock, Kossuth, Mitchell, Winnebago, Worth	(641) 423-2262	http://www.niacog.org/niacog_transit.html
Monona	Rural	Region 4: Siouxland Regional Transit System/SRTS	Cherokee, Ida, Monona, Plymouth, Woodbury	(800) 881-2076 (712) 279-6919	https://simpco.org/divisions/siouxland- regional-transit-system/

County	Rural/ Urban	Transit System	Service Area	Routes & Schedule	Website
Monroe	Rural	Region 15: 10-15 Transit	Appanoose, Davis, Jefferson, Keokuk, Lucas, Mahaska, Monroe, Van Buren, Wapello, Wayne	(800) 227-6390 (641) 683-2024	https://www.1015transit.com/
Montgomery	Rural	Region 13: Southwest Iowa Transit Agency (SWITA)	Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, Shelby	(800) 842-8065	https://www.1015transit.com/
B4	Urban	Muscatine City Transit System (MuscaBus)	City of Muscatine	(563) 263-8152	http://www.muscatineiowa.gov/75/Public- Transit
Muscatine	Rural	Region 9: River Bend Transit (RBT)	Cedar, Clinton, Muscatine, Scott, and Illinois- Quad City Area	(800) 292-8959 (563) 386-1350	https://riverbendtransit.org/
O'Brien	Rural	Region 3: Regional Transit Authority/ RIDES	Buena Vista, Clay, Dickinson, Emmet, Lyon, O'Brien, Osceola, Palo Alto, Sioux	(800) 358-5037	http://nwiarides.org/
Osceola	Rural	Region 3: Regional Transit Authority/ RIDES	Buena Vista, Clay, Dickinson, Emmet, Lyon, O'Brien, Osceola, Palo Alto, Sioux	(800) 358-5037	http://nwiarides.org/
Page	Rural	Region 13: Southwest Iowa Transit Agency (SWITA)	Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, Shelby	(800) 842-8065	http://www.swipco.org/transit-swita/
Palo Alto	Rural	Region 3: Regional Transit Authority/ RIDES	Buena Vista, Clay, Dickinson, Emmet, Lyon, O'Brien, Osceola, Palo Alto, Sioux	(800) 358-5037	http://nwiarides.org/
Plymouth	Rural	Region 4: Siouxland Regional Transit System/SRTS	Cherokee, Ida, Monona, Plymouth, Woodbury	(800) 881-2076 (712) 279-6919	https://simpco.org/divisions/siouxland- regional-transit-system/
Pocahontas	Rural	Region 5: Pathfinders	Calhoun, Hamilton, Humboldt, Pocahontas, Webster, Wright	(515) 573-8145	https://sites.google.com/a/midascog.net/www/transit/region-v
Polk	Urban	Des Moines Area Regional Transit Authority (DART)	Polk County	(515) 283-8100	https://ridedart.com/
Pottawattamie	Urban	City of Council Bluffs	City of Council Bluffs with connections to Omaha	(402) 341-0800	http://www.councilbluffs-ia.gov/354/Public- Transportation
Pottawattaille	Rural	Region 13: Southwest Iowa Transit Agency (SWITA)	Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, Shelby	(800) 842-8065	http://www.swipco.org/transit-swita/
Poweshiek	Rural	Region 6: Region 6 Planning Commission/ Peoplerides	Hardin, Marshall, Poweshiek, Tama	(641) 752-6202 (888) 616-4298	https://www.region6resources.org/peoplerides/
Ringgold	Rural	Region 14: Southern Iowa Trolley/SIT	Adair, Adams, Clarke, Decatur, Ringgold, Taylor, Union	(866) 782-6571	http://www.southerniowatrolley.org/
Sac	Rural	Region 12: Western Iowa Transit/WIT	Audubon, Carroll, Crawford, Greene, Guthrie, Sac	(712) 792-9914	http://www.region12cog.org/public-transit/
	Urban	Bettendorf Transit System	Cities of Bettendorf and Riverdale, IA and downtown Moline, IL.	(563) 344-4085	http://www.bettendorf.org/department/index. php?structureid=17
Scott	Urban	Davenport Public Transit (Citibus)	Cities of Davenport, IA and downtown Rock Island, IL	(563) 888-2151	https://www.cityofdavenportiowa.com/ services/citibus_transit
	Rural   Radion Q. Rivar Rand Trancit (RRT)   '		Cedar, Clinton, Muscatine, Scott, and Illinois- Quad City Area	(800) 292-8959 (563) 386-1350	https://riverbendtransit.org/
Shelby	Rural	Region 13: Southwest Iowa Transit Agency (SWITA)	Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, Shelby	(800) 842-8065	http://www.swipco.org/transit-swita/

County	Rural/ Urban	Transit System	Service Area	Routes & Schedule	Website
Sioux	Rural	Region 3: Regional Transit Authority/ RIDES	Buena Vista, Clay, Dickinson, Emmet, Lyon, O'Brien, Osceola, Palo Alto, Sioux	(800) 358-5037	http://nwiarides.org/
Story	Urban	Ames Transit Agency/CyRide	City of Ames	(515) 292-1100	https://www.cyride.com/
Story	Rural	Region 11: Heart of Iowa Regional Transit Agency (HIRTA)	Boone, Dallas, Jasper, Madison, Marion, Story, Warren	(877) 686-0029	https://www.ridehirta.com/
Tama	Rural	Region 6: Region 6 Planning Commission/ Peoplerides	Hardin, Marshall, Poweshiek, Tama	(641) 752-6202 (888) 616-4298	https://www.region6resources.org/peoplerides/
Taylor	Rural	Region 14: Southern Iowa Trolley/SIT	Adair, Adams, Clarke, Decatur, Ringgold, Taylor, Union	(866) 782-6571	http://www.southerniowatrolley.org/
Union	Rural	Region 14: Southern Iowa Trolley/SIT	Adair, Adams, Clarke, Decatur, Ringgold, Taylor, Union	(866) 782-6571	http://www.southerniowatrolley.org/
	Rural	Region 14: Southern Iowa Trolley/SIT	Town of Creston	(641) 782-6571	http://www.southerniowatrolley.org/
Van Buren	Rural	Region 15: 10-15 Transit	Appanoose, Davis, Jefferson, Keokuk, Lucas, Mahaska, Monroe, Van Buren, Wapello, Wayne	(800) 227-6390 (641) 683-2024	https://www.1015transit.com/
Wanalla	Urban	City of Ottumwa: 10-15 Transit	City of Ottumwa	(800) 227-6390 (641) 683-2024	https://www.1015transit.com/
Wapello	Rural	Region 15: 10-15 Transit	Appanoose, Davis, Jefferson, Keokuk, Lucas, Mahaska, Monroe, Van Buren, Wapello, Wayne	(800) 227-6390 (641) 683-2024	https://www.1015transit.com/
Warren	Rural	Region 11: Heart of Iowa Regional Transit Agency (HIRTA)	Boone, Dallas, Jasper, Madison, Marion, Story, Warren	(877) 686-0029	https://www.ridehirta.com/
Washington	Rural	Region 10: CorridorRides - Benton County Transportation	Washington County	(319) 653-2853	http://washingtoncountyminibus.squarespace.
Wayne	Rural	Region 15: 10-15 Transit	Appanoose, Davis, Jefferson, Keokuk, Lucas, Mahaska, Monroe, Van Buren, Wapello, Wayne	(800) 227-6390 (641) 683-2024	https://www.1015transit.com/
Webster	Rural	Region 5: Pathfinders	Calhoun, Hamilton, Humboldt, Pocahontas, Webster, Wright	(515) 573-8145	https://sites.google.com/a/midascog.net/www/transit/region-v
Winnebago	Rural	Region 2: North Iowa Area Regional Transit System /Region 2 Transit System	Cerro Gordo, Floyd, Franklin, Hancock, Kossuth, Mitchell, Winnebago, Worth	(641) 423-2262	http://www.niacog.org/niacog_transit.html
Winneshiek	Rural	Region 1: Northeast Iowa Community Action Corporation – Transit/EARL Public Transit	Allamakee, Clayton, Fayette, Howard, Winneshiek	(866) 382-4259	https://www.neicac.org/programs/transit/
Woodbury	Urban	Sioux City Transit	Cities of Sioux City, IA; South Sioux City, NE; and North Sioux City, SD	(712) 279-6404	https://www.sioux-city.org/government/departments-q-to-z/transit
	Rural	Region 4: Siouxland Regional Transit System/SRTS	Cherokee, Ida, Monona, Plymouth, Woodbury	(800) 881-2076 (712) 279-6919	https://simpco.org/divisions/siouxland- regional-transit-system/
Worth	Rural	Region 2: North Iowa Area Regional Transit System /Region 2 Transit System	Cerro Gordo, Floyd, Franklin, Hancock, Kossuth, Mitchell, Winnebago, Worth	(641) 423-2262	http://www.niacog.org/niacog_transit.html
Wright	Rural	Region 5: Pathfinders	Calhoun, Hamilton, Humboldt, Pocahontas, Webster, Wright	(515) 573-8145	https://sites.google.com/a/midascog.net/www/transit/region-v

# **Veterans Services**

The Department of Veterans Affairs (VA) is composed of three branches: Veterans Health Administration (VHA), Veterans Benefits Administration (VBA), and the National Cemetery Administration (NCA).

## **County Veterans Offices**

Each of lowa's 99 counties has a County Commission on Veterans Affairs, also called County Veterans Offices. The VA recommends that veterans visit their county office as their first point of contact when seeking assistance. County staff can help individuals apply for health benefits, compensation and pension programs, obtain military records, connect with VA health services and other local social service programs, and provide further assistance understanding and navigating the various state and federal resources for veterans. Some county offices have funds for providing emergency assistance for qualifying veterans for things like food, rent, utilities, and other needs. Contact the county office for more information.

A list of the County Veterans Offices begins on page 87.

#### **Healthcare Services**

Veteran health care services are organized and administered at multiple regional levels in order to provide integrated, coordinated care close to where veterans live. There are four VA Healthcare Systems that include services areas in lowa. Each is headquartered at a Veterans Administration Medical Center (VAMC) and includes several Community Based Outpatient Clinics (CBOCs) that provide various outpatient health care and mental health care services.

Listed below are the four VA Health Care Systems, main contact information, and a web link. Websites include information on services, locations, and other information for each of the community-based clinics.

Iowa City VA Healthcare System 601 Highway 6 West Iowa City, IA 52246 (319) 338-0581 | (800) 637-0128 www.iowacity.va.gov

Central Iowa VA Healthcare System 3600 30th Street Des Moines, IA 50310 (515) 699-5999 | (800) 294-8387 www.centraliowa.va.gov Nebraska-Western Iowa VA Healthcare System 4101 Woolworth Avenue Omaha, NE 68105 (800) 451-5796 www.nebraska.va.gov/index.asp

Sioux Falls VA Healthcare System 2501 West 22nd Street Sioux Falls, SD 57105 (605) 336-3230 www.siouxfalls.va.gov

#### **Services for Justice Involved Veterans**

**Veterans Justice Outreach (VJO):** Provides outreach to veterans in contact with the justice system through encounters with police, jails, and courts. The goal of the program is to provide timely access to VA services for eligible veterans to prevent homelessness and avoid the unnecessary incarceration because of mental health and other clinical issues among Veterans. Each VA medical center has a VJO Specialist who serves as a liaison between VA and the local criminal justice system.

VJO Specialists services include:

- Direct outreach, assessment, and case management for justice-involved veterans in local courts and jails
- Assisting with eligibility determination, enrollment, and referral to both VA and non-VA services upon release
- Providing training to local law enforcement on veterans' issues and offer strategies to help work with veterans
- Providing information and education to courts and attorneys about veterans' issues and available services
- Collaborating with judges and specialty courts to connect veterans to VA treatment services and homeless programs

More information can be found at: http://www.va.gov/homeless/vjo.asp

**Health Care for Reentry Veterans (HCRV):** This program is designed to promote success and prevent homelessness among veterans returning home after incarceration. A major component of the program is providing information to veterans while they are incarcerated so they can begin preparing for reentry as soon as possible. Services include outreach and pre-release assessment services for veterans in prison, referrals and linkages to medical, mental health, and social services on release, employment support, and short-term case management assistance upon release.

More information can be found at: http://www.va.gov/homeless/reentry.asp

#### **Additional Resources**

#### **Incarcerated Veterans and Benefit Eligibility:**

http://www.benefits.va.gov/persona/veteran-incarcerated.asp

Provides information specific to veteran benefit eligibility during and after incarceration.

#### Health Care Benefits Overview: http://www.va.gov/healthbenefits/resources/epublications.asp

This guide provides a simple, comprehensive overview of the information needed to understand the VA's health care system including eligibility requirements, available health benefits and services, travel and transportation support, the Veterans Choice Program, and much more. The page has PDF and online versions of the guide in both English and Spanish.

#### Health Benefits Explorer: https://www.va.gov/healthbenefits/apps/explorer

This tool allows an individual to answer a few questions to quickly determine whether they might be eligible for VA benefits, as well as further instructions on how to apply for benefits online, by mail, or in person.

Veterans Service Records: www.archives.gov/veterans/military-service-records/

Request military service records online, by mail, or by fax. Includes DD 214/separation documents, personnel records, replacement medals, and medical records.

# **List of County Veterans Offices**

County	Phone Number	Website	
Adair	(641) 743-2656	http://www.adaircountyiowa.org/departments/veterans-affairs	
Adams	(641) 322-4455	https://www.adamscountyia.com/departments/adams-county-veterans-affairs	
Allamakee	(563) 568-6135	https://allamakeecounty.iowa.gov/veteranaffairs	
Appanoose	(641) 856-6597	https://va.iowa.gov/counties/appanoose	
Audubon	(712) 563-3508	https://www.auduboncounty.com/county-information/veterans-affairs.aspx	
Benton	(319) 472-3150	https://va.iowa.gov/counties/benton	
Black Hawk	(319) 291-2512	www.co.black-hawk.ia.us/347/Veterans-Affairs	
Boone	(515) 433-4904	https://www.boonecounty.iowa.gov/government/veteran-s-affairs	
Bremer	(319) 352-4209	http://www.bremercountyva.org	
Buchanan	(319) 334-7450	https://www.buchanancounty.iowa.gov/services/veterans_affairs/contact_veterans_affairs.php	
Buena Vista	(712) 749-2562	https://buenavistacounty.iowa.gov/index.php/veterans_affairs	
Butler	(319) 267-9967	https://butlercounty.iowa.gov/departments/veteran	
Calhoun	(712) 297-8632 Ext. 227	https://www.calhouncounty.iowa.gov/residents/veteran_s_affairs.php	
Carroll	(712) 794-6780	https://www.carrollcountyiowa.gov/pview.aspx?id=20972&catid=563	
Cass	(712) 243-6662	www.atlanticiowa.com/county/county-departments/veteran-affairs-office	
Cedar	(563) 886-2170	https://cedarcounty.iowa.gov/offices/veterans/index.htm	
Cerro Gordo	(641) 421-3085	https://www.cgcounty.org/departments/veterans-affairs-2	
Cherokee	(712) 225-6319	https://cherokeecounty.iowa.gov/offices/veterans/index.htm	
Chickasaw	(641) 394-3232	https://chickasawcoia.org/veteran-affairs	
Clarke	(641) 342-2933	https://clarkecounty.iowa.gov/departments/veterans-affairs	
Clay	(712) 262-5547	https://claycounty.iowa.gov/offices/veterans	
Clayton	(563) 245-1865	https://www.claytoncountyia.gov/251/Veteran-Affairs-Office	
Clinton	(563) 242-1151	www.clintoncounty-ia.gov/Page/Veterans_Affairs.aspx?nt=498	
Crawford	(712) 263-2720	https://www.crawfordcounty.iowa.gov/veteran_affairs	
Dallas	(515) 993-5809	https://www.dallascountyiowa.gov/government/county-government/veterans-affairs	
Davis	(641) 664-2170	https://www.daviscountyiowa.org/veterans-affairs	
Decatur	(641) 446-7494	https://decatur.municipalcms.com/pview.aspx?id=7320&catid=589	
Delaware	(563) 927-5116	https://delawarecounty.iowa.gov/offices/veterans/index.htm	
Des Moines	(319) 752-7171	www.dmcounty.com/index.aspx?nid=124	
Dickenson	(712) 336-0883	https://dickinsoncountyiowa.gov/veterans-affairs	
Dubuque	(563) 589-7840	https://www.dubuquecountyiowa.gov/250/Veterans-Affairs	
Emmet	(712) 362-7431	https://www.emmetcountyia.com/veterans.html	
Fayette	(319) 283-3329	https://fayettecounty.iowa.gov/VETERANS.html	
Floyd	(641) 228-1850	https://www.floydcoia.org/153/Veterans-Affairs	

County	Phone Number	Website	
Franklin	(641) 456-5670	https://co.franklin.ia.us/pages/va	
Fremont	(712) 374-2275	https://www.co.fremont.ia.us/vets.htm	
Greene	(515) 386-5673	https://greenecounty.municipalcms.com/pview.aspx?id=15573&catID=659	
Grundy	(319) 825-4952	https://www.grundycountyiowa.gov/departments/veteran-affairs	
Guthrie	(641) 747-2546	https://guthriecounty.gov/government/county-offices/veterans-affairs	
Hamilton	(515) 832-9595	www.hamiltoncounty.org/departments/veteran_s_affairs/index.php	
Hancock	(641) 923-4427	www.hancockcountyia.org/veteransaffairs.htm	
Hardin	(641) 373-0349	https://www.hardincountyia.gov/156/Veterans-Affairs	
Harrison	(712) 644-2760	http://harrisoncountyia.org/veterans-affairs.html	
Henry	(319) 385-0792	https://henrycounty.iowa.gov/offices/veterans/index.htm	
Howard	(563) 547-9212	https://howardcounty.iowa.gov/veterans	
Humboldt	(515) 604-6256	https://www.humboldtcounty.iowa.gov/offices/services/veterans_affairs/index.php	
Ida	(712) 364-4176	https://idacounty.iowa.gov/detail/ida-county-veteran-affairs-director	
lowa	(319) 642-3925	https://iowacounty.iowa.gov/veterans	
Jackson	(563) 652-0070	https://jacksoncounty.iowa.gov/veterans-affairs	
Jasper	(641) 792-7993	https://www.co.jasper.ia.us/258/Veterans-Affairs	
Jefferson	(641) 472-3013	www.jeffersoncountyiowa.com/vets.htm	
Johnson	(319) 356-6049	www.johnson-county.com/dept_vets.aspx?id=115	
Jones	(319) 462-5311	https://www.jonescountyiowa.gov/veteran_affairs	
Keokuk	(641) 622-2761	https://keokukcounty.iowa.gov/business/veterans-affairs	
Kossuth	(515) 295-9036	www.co.kossuth.ia.us/veteran-affairs.php	
Lee	(319) 372-5853	https://www.leecounty.org/pview.aspx?id=20855&catid=25	
Linn	(319) 892-5160	https://www.linncounty.org/154/Veterans-Affairs	
Louisa	(319) 527-6513	www.louisacountyiowa.org/veterans/veterans.html	
Lucas	(641) 774-4611	https://va.iowa.gov/counties/lucas	
Lyon	(712) 472-3405	https://lyoncounty.iowa.gov/veterans-affairs/	
Madison	(515) 462-4680	https://madisoncounty.iowa.gov/offices/veterans-affairs	
Mahaska	(641) 673-7727	www.mahaskacounty.org/veterans_affairs	
Marion	(641) 828-2201	https://www.marioncountyiowa.gov/offices/veterans/index.htm	
Marshall	(641) 754-6335	www.co.marshall.ia.us/departments/va	
Mills	(712) 527-5621	www.millscoia.us/index.php/depts/va	
Mitchell	(641) 832-2920	https://www.mitchellcoia.us/departments/veterans-affairs-director	
Monona	(712) 433-3710	www.mononacounty.org/VA.html	
Monroe	(641) 932-5622	https://monroecounty.iowa.gov/offices/veterans-affairs	
Montgomery	(712) 623-3180	https://montgomerycountyia.gov/veterans-affairs	
Muscatine	(563) 262-4162	www.co.muscatine.ia.us/429/Veterans-Affairs	

County	Phone Number	Website	
O'Brien	(712) 957-0031	www.obriencounty.org/departments/veterans-affairs	
Osceola	(712) 754-2514	https://osceolacountyia.gov/departments/veterans-affairs	
Page	(712) 246-4254	https://pagecounty.iowa.gov/offices/veterans-affairs	
Palo Alto	(712) 852-2066	www.paloaltova.com	
Plymouth	(712) 546-7090	www.co.plymouth.ia.us/Departments/Vereranaffairs.aspx	
Pocahontas	(712) 335-3270	https://pocahontascounty.iowa.gov/veterans-affairs	
Polk	(515) 286-3670	https://www.polkcountyiowa.gov/veteran-affairs	
Pottawattamie	(712) 328-5797	https://www.pottcounty-ia.gov/departments/veteran_affairs	
Poweshiek	(641) 236-5722	http://poweshiekcounty.org/veterans-affairs	
Ringgold	(641) 464-2397	https://www.ringgoldcounty.us/departments/veterans_affairs/index.php	
Sac	(712) 662-4552	www.saccounty.org/veteran-affairs.html	
Scott	(563) 326-8723	www.scottcountyiowa.com/community/veteran-affairs-commission	
Shelby	(712) 755-3907	https://shelbycounty.iowa.gov/Departments/VeteranAffairs.aspx	
Sioux	(712) 737-1775	https://siouxcountyia.gov/departments/veterans-affairs	
Story	(515) 956-2626	www.storycountyiowa.gov/index.aspx?NID=114	
Tama	(641) 484-3160	www.tamacounty.org/vets.html	
Taylor	(712) 523-2766	https://va.iowa.gov/counties/taylor	
Union	(641) 782-1723	https://unioncountyiowa.org/departments/veterans-affairs	
Van Buren	(319) 293-3793	https://www.vanburencounty.iowa.gov/offices/services/veterans_affairs.php	
Wapello	(641) 684-8079	http://wapellocounty.org/departments/veteran-affairs	
Warren	(515) 961-1045	https://www.warrencountyia.org/va	
Washington	(319) 653-7768	https://washingtoncounty.iowa.gov/181/Veterans-Affairs	
Wayne	(641) 223-2121	https://va.iowa.gov/counties/wayne	
Webster	(515) 573-1479	https://www.webstercountyia.gov/departments/veteran_affairs.php	
Winnebago	(641) 585-5736	www.winnebagocountyiowa.gov/veterans-affairs	
Winneshiek	(563) 382-5786	www.winneshiekcounty.org/site/veterans.html	
Woodbury	(712) 279-6605	www.woodburycountyiowa.gov/departments/veteran-affairs	
Worth	(641) 324-0480	https://worthcounty.municipalcms.com/pView.aspx?id=2124&catid=25	
Wright	(515) 602-6208	https://www.wrightcounty.org/departments/veterans_affairs.php	

# **lowa Department on Aging**

lowa Department on Aging (IDA) supports accessible, integrated services to older adults, adults with disabilities, and caregivers to assist them in maintaining their independence, dignity, autonomy, health, safety, and economic well-being. IDA's "aging network" is designed to serve all lowans who are 60 and older, with particular emphasis on populations demonstrating the greatest social or economic need.

### **Area Agencies on Aging**

IDA has designated six Area Agencies on Aging (AAAs) that provide information and referrals to older adults, adults with disabilities, veterans and their caregivers. They coordinate a wide range of long-term living and community support services, such as case management, congregate and home-delivered meals, health and wellness services, employment services, family caregiver services, options counseling, respite care and transportation services. https://iowaaging.gov/#area-agency-on-aging-map

## **Employment Services**

- The Senior Community Service Employment Program (SCSEP) assists low-income, unemployed individuals over the age of 55 who have limited employment prospects due to a lack of experience, outdated skills or long-term unemployment. IDA contracts with the AARP Foundation to place participants at government or non-profit organizations, where they receive paid training for community service work. The objective is to equip individuals with the job skills they need to obtain and maintain unsubsidized employment. <a href="https://iowaaging.gov/programs-services/senior-employment">https://iowaaging.gov/programs-services/senior-employment</a>
- The Older Worker Employment Program (OWEP) is a collaborative effort of IDA, the AAAs, and lowa Vocational Rehabilitation Services. The program uses federal funds to house older worker employment specialists at each of the state's six Area Agencies on Aging, where they provide employment services to lowans aged 55 or older with disabilities. Services include assisting job candidates with career exploration, completing job applications, writing resumes, practicing for interviews, and networking with prospective employers to provide business support and services.

#### **Health and Mental Health Services**

- Services to Promote Independence: With the help of access services (e.g., transportation, case management, information and assistance), in-home services (e.g., personal care, chore and homemaker assistance, or home modifications) and community services (e.g., mental health services, adult day care), individuals can prevent early institutionalization and instead continue living at home or in their community of choice. Area Agencies on Aging work at the local level to coordinate services and to provide information, referral and assistance, options counseling, case management, and the development of a person-centered plan of care.
- Mental Health: IDA collaborates with a variety of agencies and organizations to expand public knowledge and understanding of mental health and the aging process, to design, test and promote the use of innovative ideas and best practices in mental health programs and services for older lowans, and to help provide mental health training to personnel within the field of aging. In addition, IDA works to address the unique needs of older lowans with Alzheimer's disease or other dementias, as those illnesses are most prevalent among individuals over age 65.
- Veteran-Directed Home and Community Based Services (VD-HCBS): This program is a partnership with the Veterans Health Administration (VA) to help veterans of any age who are enrolled in the lowa City VA Medical Center and are potential candidates for nursing facility placement to receive

- care at home, in a caregiver's home, or in an independent living community. For more information, contact the lowa City VA Medical Center at (319) 338-0581 or (800) 637-0128.
- Case Management: The IDA distributes funds to the AAAs to provide case management services. These services are designed to promote and support the independent living of older lowans by helping them coordinate the home and community-based services and supports they need. By helping individuals access support in the form of home-delivered meals, health care services, emergency response systems and assistive devices, homemaker and chore services, adult day services, and transportation, many can maintain their independence and "age in place" according to their wishes.
- Nutrition Services: Through the AAAs, this service provides congregate and home-delivered meals to individuals aged 60 or older, their spouses regardless of age, and, in some cases, caregivers and those under age 60 with disabilities. Nutrition education and nutrition counseling are also provided. Each AAA maintains a list of meal sites and nutrition service providers within its Planning Service Area and can assist with enrolling an individual in the program.
- Evidence Based Programs: lowa's Area Agencies on Aging administer evidence-based programs geared towards older adults. This includes falls prevention programming, caregiver services, and chronic disease self-management services. The evidence-based programs offered by each AAA vary, so please reach out to your local AAA to inquire about which programs are offered. IDA also works in collaboration with the lowa Department of Public Health and the lowa Falls Prevention Coalition to educate aging network professionals, at-risk individuals, family members, caregivers and the general public.
- lowa Return to Community Pilot Initiative: The IDA is developing a service in some AAA's service areas to enhance care transition services and foster partnerships with hospitals, long-term care facilities, home- and community-based service providers, lowa Legal Aid, and other organizations that assist non-Medicaid individuals age 60 or older following long-term care facility or hospital stays. The service provides person-centered planning and coordination of services critical in assisting individuals, and their families, in navigation of the health care system and to ensure that support services are in place to meet the care needs and independent living preferences of the individual.

## **Legal Services**

- Legal Assistance: This program serves individuals aged 60 and older by providing: legal advice and representation, information and education, and referrals in civil legal matters throughout the state. The program's role is to identify legal problems and legal service needs of older lowans and adults with disabilities, with priority given to those who are most vulnerable due to social and/or economic circumstances. Common legal problems concern housing, consumer fraud, collection, elder abuse/exploitation, Social Security/SSI, Medicare, Medicaid, discrimination, guardianships and conservatorships, advance directives and wills/estates. Legal Hotline for Older lowans: (515) 282-8161 or (800) 992-8161
- Office of Public Guardian: The OPG strives to enhance the quality of life for lowans who are not capable of making their own decisions about legal, financial or health care matters. To be eligible, an individual must be an lowa resident who is at least 18 years old, must meet the legal standard for appointment of a guardian or conservator, must have no appropriate or responsible person available to serve as guardian or conservator, and must be without adequate resources to compensate a private professional guardian or conservator. The OPG will only be appointed by the court as the guardian or conservator of last resort. For more information, contact the Office of Public Guardian at (515) 725-3333 or (800) 532-3213.

#### Resources

- Aging and Disability Resource Centers [ADRCs]: To help older lowans, adults with disabilities, veterans and caregivers learn more about long-term living services and supports available throughout the state, ADRCs serve to:
- Provide objective information, advice, counseling and assistance
- Equip lowans with the tools and resources they need to make informed decisions about aging in place
- Raise awareness about the full range of long-term living options available in lowa
- Connect lowans to public and private service providers and programs at the local level

To be connected with your local ADRC or AAA, for information on any of the programs listed in this guide, or for information and referral: https://iowa.myresourcedirectory.com/, (866) 468-7887.

# List of Area Agency on Aging by County

County	Area Agency on Aging	Phone Number	Website
Adair	Connections Area Agency on Aging	(800) 432-9209	https://www.connectionsaaa.org/
Adams	Connections Area Agency on Aging	(800) 432-9209	https://www.connectionsaaa.org/
Allamakee	Northwest Iowa Area Agency on Aging (NEI3A)	(800) 779-8707	https://www.nei3a.org/
Appanoose	Milestones Area Agency on Aging	(855) 410-6222	https://www.milestonesaaa.org/
Audubon	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Benton	The Heritage Area Agency on Aging	(800) 332-5934	https://www.heritageaaa.org/
Black Hawk	Northwest Iowa Area Agency on Aging (NEI3A)	(800) 779-8707	https://www.nei3a.org/
Boone	Aging Resources of Central Iowa	(800) 747-5352	https://www.agingresources.com/
Bremer	Northwest Iowa Area Agency on Aging (NEI3A)	(800) 779-8707	https://www.nei3a.org/
Buchanan	Northwest Iowa Area Agency on Aging (NEI3A)	(800) 779-8707	https://www.nei3a.org/
Buena Vista	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Butler	Northwest Iowa Area Agency on Aging (NEI3A)	(800) 779-8707	https://www.nei3a.org/
Calhoun	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Carroll	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Cass	Connections Area Agency on Aging	(800) 432-9209	https://www.connectionsaaa.org/
Cedar	The Heritage Area Agency on Aging	(800) 332-5934	https://www.heritageaaa.org/
Cerro Gordo	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Cherokee	Connections Area Agency on Aging	(800) 432-9209	https://www.connectionsaaa.org/
Chickasaw	Northwest Iowa Area Agency on Aging (NEI3A)	(800) 779-8707	https://www.nei3a.org/
Clarke	Connections Area Agency on Aging	(800) 432-9209	https://www.connectionsaaa.org/
Clay	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Clayton	Northwest Iowa Area Agency on Aging (NEI3A)	(800) 779-8707	https://www.nei3a.org/
Clinton	Milestones Area Agency on Aging	(855) 410-6222	https://www.milestonesaaa.org/
Crawford	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Dallas	Aging Resources of Central Iowa	(800) 747-5352	https://www.agingresources.com/
Davis	Milestones Area Agency on Aging	(855) 410-6222	https://www.milestonesaaa.org/

County	Area Agency on Aging	Phone Number	Website
Decatur	Connections Area Agency on Aging	(800) 432-9209	https://www.connectionsaaa.org/
Delaware	Northwest Iowa Area Agency on Aging (NEI3A)	(800) 779-8707	https://www.nei3a.org/
Des Moines	Milestones Area Agency on Aging	(855) 410-6222	https://www.milestonesaaa.org/
Dickenson	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Dubuque	Northwest Iowa Area Agency on Aging (NEI3A)	(800)779-8707	https://www.nei3a.org/
Emmet	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Fayette	Northwest Iowa Area Agency on Aging (NEI3A)	(800) 779-8707	https://www.nei3a.org/
Floyd	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Franklin	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Fremont	Connections Area Agency on Aging	(800) 432-9209	https://www.connectionsaaa.org/
Greene	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Grundy	Northwest Iowa Area Agency on Aging (NEI3A)	(800) 779-8707	https://www.nei3a.org/
Guthrie	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Hamilton	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Hancock	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Hardin	Northwest Iowa Area Agency on Aging (NEI3A)	(800) 779-8707	https://www.nei3a.org/
Harrison	Connections Area Agency on Aging	(800) 432-9209	https://www.connectionsaaa.org/
Henry	Milestones Area Agency on Aging	(855) 410-6222	https://www.milestonesaaa.org/
Howard	Northwest Iowa Area Agency on Aging (NEI3A)	(800) 779-8707	https://www.nei3a.org/
Humboldt	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Ida	Connections Area Agency on Aging	(800) 432-9209	https://www.connectionsaaa.org/
lowa	The Heritage Area Agency on Aging	(800) 332-5934	https://www.heritageaaa.org/
Jackson	Northwest Iowa Area Agency on Aging (NEI3A)	(800) 779-8707	https://www.nei3a.org/
Jasper	Aging Resources of Central Iowa	(800) 747-5352	https://www.agingresources.com/
Jefferson	Milestones Area Agency on Aging	(855) 410-6222	https://www.milestonesaaa.org/
Johnson	The Heritage Area Agency on Aging	(800) 332-5934	https://www.heritageaaa.org/
Jones	The Heritage Area Agency on Aging	(800) 332-5934	https://www.heritageaaa.org/
Keokuk	Milestones Area Agency on Aging	(855) 410-6222	https://www.milestonesaaa.org/
Kossuth	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Lee	Milestones Area Agency on Aging	(855) 410-6222	https://www.milestonesaaa.org/
Linn	The Heritage Area Agency on Aging	(800) 332-5934	https://www.heritageaaa.org/
Louisa	Milestones Area Agency on Aging	(855) 410-6222	https://www.milestonesaaa.org/
Lucas	Milestones Area Agency on Aging	(855) 410-6222	https://www.milestonesaaa.org/
Lyon	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Madison	Aging Resources of Central Iowa	(800) 747-5352	https://www.agingresources.com/
Mahaska	Milestones Area Agency on Aging	(855) 410-6222	https://www.milestonesaaa.org/
Marion	Aging Resources of Central Iowa	(800) 747-5352	https://www.agingresources.com/
Marshall	Northwest Iowa Area Agency on Aging (NEI3A)	(800) 779-8707	https://www.nei3a.org/
Mills	Connections Area Agency on Aging (NEISA)	(800) 432-9209	https://www.connectionsaaa.org/
Mitchell	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
	Connections Area Agency on Aging	(800) 243-0678	https://www.connectionsaaa.org/
Monona	1	(855) 410-6222	https://www.connectionsaaa.org/
Montgomory	Milestones Area Agency on Aging		https://www.milestonesaaa.org/
Muscatine	Connections Area Agency on Aging	(800) 432-9209	
Muscatine	Milestones Area Agency on Aging	(855) 410-6222	https://www.milestonesaaa.org/
O'Brien	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/

County	Area Agency on Aging	Phone Number	Website
Osceola	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Page	Connections Area Agency on Aging	(800) 432-9209	https://www.connectionsaaa.org/
Palo Alto	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Plymouth	Connections Area Agency on Aging	(800) 432-9209	https://www.connectionsaaa.org/
Pocahontas	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Polk	Aging Resources of Central Iowa	(800) 747-5352	https://www.agingresources.com/
Pottawattamie	Connections Area Agency on Aging	(800) 432-9209	https://www.connectionsaaa.org/
Poweshiek	Northwest Iowa Area Agency on Aging (NEI3A)	(800) 779-8707	https://www.nei3a.org/
Ringgold	Connections Area Agency on Aging	(800) 432-9209	https://www.connectionsaaa.org/
Sac	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Scott	Milestones Area Agency on Aging	(855) 410-6222	https://www.milestonesaaa.org/
Shelby	Connections Area Agency on Aging	(800) 432-9209	https://www.connectionsaaa.org/
Sioux	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Story	Aging Resources of Central Iowa	(800) 747-5352	https://www.agingresources.com/
Tama	Northwest Iowa Area Agency on Aging (NEI3A)	(800) 779-8707	https://www.nei3a.org/
Taylor	Connections Area Agency on Aging	(800) 432-9209	https://www.connectionsaaa.org/
Union	Connections Area Agency on Aging	(800) 432-9209	https://www.connectionsaaa.org/
Van Buren	Milestones Area Agency on Aging	(855) 410-6222	https://www.milestonesaaa.org/
Wapello	Milestones Area Agency on Aging	(855) 410-6222	https://www.milestonesaaa.org/
Warren	Aging Resources of Central Iowa	(800) 747-5352	https://www.agingresources.com/
Washington	The Heritage Area Agency on Aging	(800) 332-5934	https://www.heritageaaa.org/
Wayne	Milestones Area Agency on Aging	(855) 410-6222	https://www.milestonesaaa.org/
Webster	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Winnebago	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Winneshiek	Northwest Iowa Area Agency on Aging (NEI3A)	(800) 779-8707	https://www.nei3a.org/
Woodbury	Connections Area Agency on Aging	(800) 432-9209	https://www.connectionsaaa.org/
Worth	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/
Wright	Elderbridge Agency on Aging	(800) 243-0678	https://elderbridge.org/

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