

# **FORT DODGE**

# **CORRECTIONAL FACILITY**

## **ANNUAL REPORT**



July 1, 2023 – June 30, 2024

**Creating Opportunities for  
Safer Communities**

SUBMITTED PURSUANT TO SECTION 904.307 OF THE CODE OF IOWA

## Fort Dodge Correctional Facility FY2024 Annual Report

Beth A. Skinner, PhD, Director

Iowa Department of Corrections

RE: FDCF Annual Report for Fiscal Year 2024

On behalf of the staff at the Fort Dodge Correctional Facility, I am pleased to present the Annual Report for the Fiscal Year 2024. FDCF continues to work through the challenges of staff recruitment and retention while striving to meet the needs of the Incarcerated Individuals assigned to the institution. FDCF's staff are the greatest asset to achieve our mission both inside and out of the institution as we continue to model the way.

FDCF offers evidence-based programming such as Achieving Change through Value Based Behavior (ACTV), Moral Reconciliation Therapy (MRT), and MRT Trauma. Education offers High School Equivalency, Literacy, and Life Skills classes. FDCF continues to partner with Iowa Central Community College with the very successful Second Chance Pell Grant. Current apprenticeship programs that are offered at FDCF include Plumbing and Electrician programs as well as newly completed area and running of a barbershop apprenticeship.

Private Sector jobs are available at FDCF through Iowa Prison Industries (IPI). IPI offers jobs from manufacturers like POLO and Viridian Fire, as well as braille and other manufacturers. These job opportunities benefit the facility and the department as well as the Incarcerated Individuals learning job skills, life skills, and compensates them to give them the ability to pay down or off fines and restitution prior to release.

FDCF will continue to meet any and all challenges head on and will adapt to any and all changes within policy and the department's mission. FDCF is committed to the public's safety and the reduction of future victimization. The mission of the Iowa Department of Corrections is "Creating Opportunities for Safer Communities." FDCF is an important part of that mission and will continue to be for the people of Iowa.

Sincerely,



Warden Don Harris

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## Mission Statement

To protect the public, employees, and incarcerated individuals by operating a safe and secure medium security institution with emphasis on treatment options for all incarcerated individuals.

## Vision

The vision of the Fort Dodge Correctional Facility is to continue to provide a safe, secure, and healthy environment by promoting positive change in behaviors and beliefs to empower incarcerated individuals to become productive citizens in their community.

## Values & Beliefs

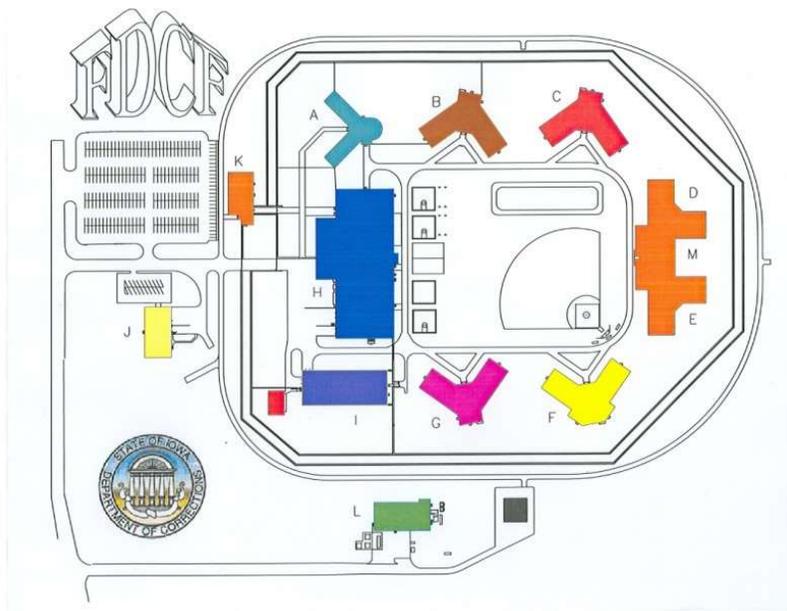
- All staff impact incarcerated individual attitudes, beliefs, and behaviors in a co-created environment.
- We model what we value.
- We support personal growth and professional development.
- We value a positive integrated approach to security and programming.
- We plan for the future by utilizing current research and updated technology.
- We are fiscally responsible.



## Fort Dodge Correctional Facility History

The Fort Dodge Correctional Facility (FDCF) is a medium security prison located on 60 acres of land in southern Fort Dodge. The facility was originally designed to house 762 adult male incarcerated individuals in a double occupancy celled environment. In 1996, construction began and in April 1998, the facility officially opened. With the ongoing need for public safety, the legislature and Governor approved an expansion for an additional 400 beds and program space, all happening before the first incarcerated individual ever arrived at the facility. The expansion was completed in late 1999. In FY01, 127 two-man cells were converted to house three incarcerated individuals. As of today, the current rated capacity is 1162.

The Facility has seven housing units total, each organized with a specific function and to support positive behavior. In addition to the housing units, the facility consists of administration and treatment buildings, an annex, and a pole barn. A primary perimeter security is provided by a double fence system with electronic detection.



## Location

The Fort Dodge Correctional Facility is located in Webster County in the southwest corner of Fort Dodge. The physical address of the facility is 1550 L Street, Fort Dodge, Iowa.

## FDCF Units

### A Unit

Unit A is classified as maximum custody and contains 48 security cells and one close management cell (CMC) with one suicidal/self-injurious prevention (SSIP) bed. Unit A houses protective custody, investigative segregation, administrative segregation, and disciplinary detention incarcerated individuals.



### Boone Unit

Boone Unit East Wing is classified as a segregation unit with 137 segregation beds, 3 mental health observation (MHO) beds, and 1 SSIP bed. The east wing houses administrative segregation, disciplinary detention, protective custody, short term restrictive housing (STRH), and investigative segregation.

Boone Unit West Wing has 105 beds that house long term protective custody incarcerated individuals. The wing is divided into two different phases: phase 2 and phase 3 incarcerated individuals.



## Cedar Unit

Cedar unit is a general population unit designed to hold 264 incarcerated individuals. The majority of the individuals housed on this unit live in three man cells and are Privilege Level (PL) 2. During the day shift, Cedar is staffed with three correctional officers, three correctional counselors, one psychologist, and one treatment service director. During second shift, the unit has three correctional officers, and for the overnight shift, the unit has one correctional officer.



## Dolliver Unit



Dolliver is a 196 bed unit that houses PL 2 - phase 2 incarcerated individuals and each cell houses four individuals. Incarcerated individuals range from new arrivals to the facility to those being released from segregation. The stay on Dolliver averages 60 days if the individual's behavior is appropriate. During the day shift, Dolliver is staffed with three correctional officers, two correctional counselors, and one treatment service director. On second shift, the unit has three correctional officers. On the overnight shift, there is one correctional officer assigned with another officer that floats in and out.

## Emmet Unit

Emmet unit is classified as a general population unit that houses PL4 incarcerated individuals. This unit utilizes four man cells with a capacity of 196 individuals. On the unit, you can find one psychologist, three correctional officers, and one treatment service director. Emmet also houses the Iowa Central Community College computer lab for individuals pursuing their degree. The unit contains vending machines, toasters, pizza and toaster ovens, televisions, and computers for o-mail and personal business use. The focus for staff working on the unit is to help individuals make positive changes in their behavior and prepare them for success upon their return to the community.



## Floyd Unit

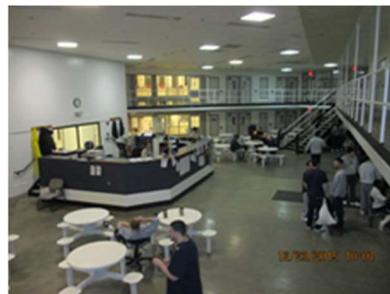
Floyd unit is a general population unit that is designated to hold 192 incarcerated individuals. All individuals housed on Floyd are PL4 and live in two person cells. Incarcerated individuals residing on the unit must either be employed or retired (age 65+). Floyd is also the only housing unit that has community restrooms and wood doors where individuals have keys to their cells. During the day shift, Floyd is staffed with two correctional officers and four correctional counselors. Floyd unit and Emmet unit share a Treatment Services Director whose office is on Emmet. On second shift, Floyd is staffed with two correctional officers and during the night shift, Floyd is staffed with two correctional officers.



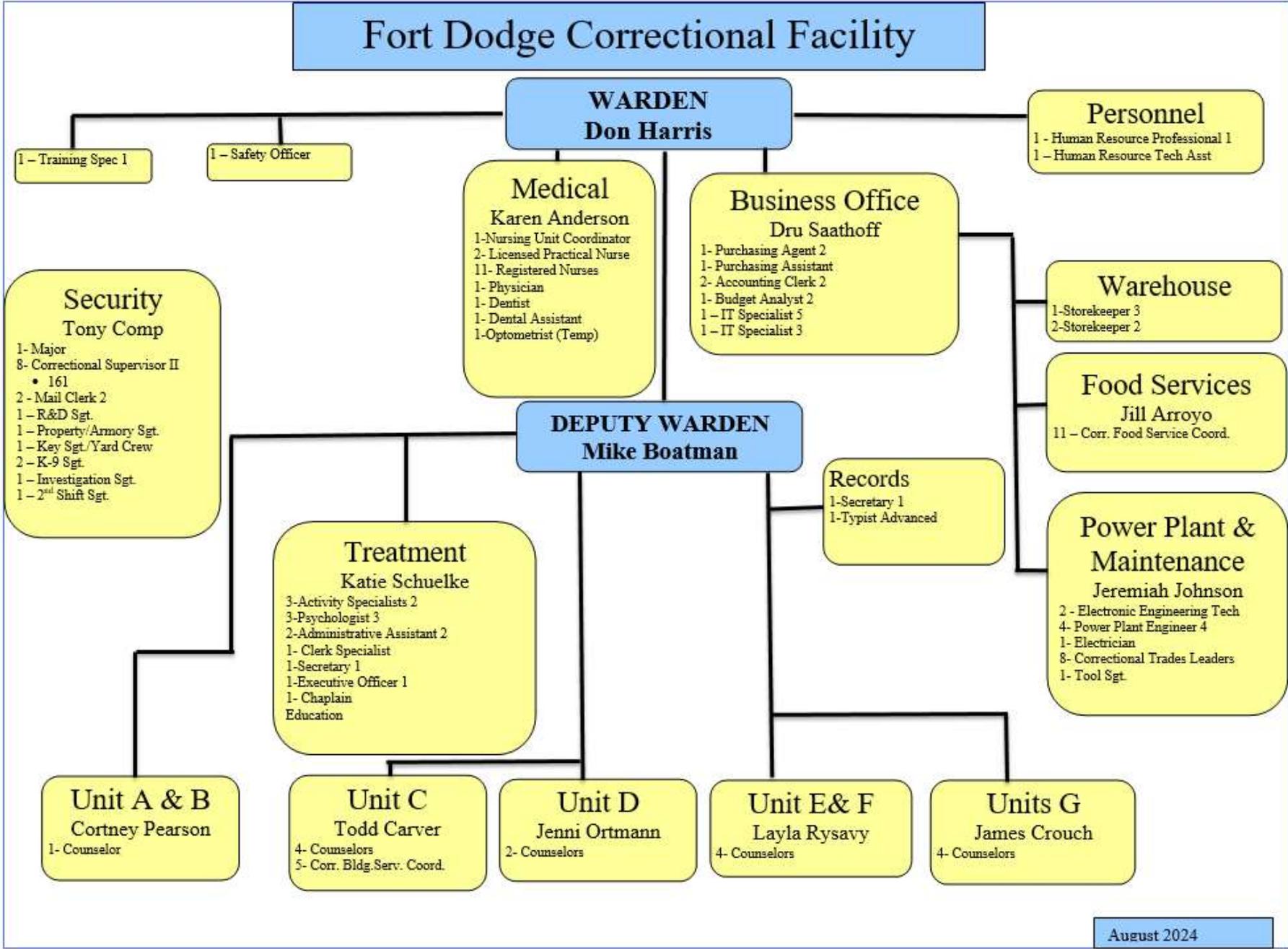
## Grove Unit

Grove unit is a general population unit designed to hold 264 incarcerated individuals. All individuals on Grove unit are PL3 and are housed in both two and three person cells. Residents of this unit are predominantly in treatment or employed by FDCF.

During the day shift, Grove is staffed with three correctional officers, three correctional counselors, and one treatment service director. On the second shift, Grove is staffed with three correctional officers and during the night shift, Grove is staffed with one correctional officer.



**Fort Dodge Correctional Facility FY2024 Annual Report**



August 2024

# **Programming**

## **Achieving Change through Value-Based Behavior**

The 24 sections of this program guide incarcerated individuals to put their lives and relationships on an entirely different track by equipping them to make different choices than they've made in the past. Facilitators work with group members to increase their awareness of the factors that influence their behavior (e.g., past experiences, unwanted mental experiences, barriers to change) and build on that awareness to learn new, workable behaviors consistent with their values.

The content of the 24 sessions is organized in five categories: The Big Picture, Barriers to Change, Emotion Regulation Skills, Cognitive Skills, and Behavioral Skills.

The Big Picture sessions present just what it says – the “big-picture” concepts and basic tools that participants can use to build a more workable life. Everything covered over the 24 weeks can be placed somewhere on the Core Skills Matrix that is used frequently to illustrate and practice the skills that the group is learning. The way the ideas and skills fit together needs to be continually reinforced for experienced participants – therefore, the Big Picture sessions are repeated several times throughout the 24 weeks. Their participation in the discussion will demonstrate their grasp of the material and help engage new participants.

The Barriers to Change sessions highlight behaviors (e.g. alcohol abuse) or conditions (e.g. depression or being unemployed) that can challenge participants' progress. The 13 sessions that together form the “skills” module give participants the knowledge and tools to observe and work with their own thoughts and feelings, as well as improve their ability to communicate and resolve conflicts.

## **Thinking for a Change**

Thinking for a Change covers the following components: cognitive self-change, social skills, and problem solving skills. Cognitive self-change teaches individuals a concrete process for self-reflection aimed at uncovering antisocial thoughts, feelings, attitudes, and beliefs. Social skills instruction prepares group members to engage in pro-social interactions based on self-understanding and consideration of the impact of their actions on others. Problem solving skills integrates the two previous interventions to provide group members with an explicit step-by-step process for addressing challenging and stressful real life situations.

## Programming (continued)

### Moral Reconciliation Therapy

Moral Reconciliation Therapy (MRT) seeks to decrease recidivism among both juvenile and adults by increasing moral reasoning. MRT is systematic and implements a cognitive-behavioral approach, which positively addresses an individual's ego, social, moral, and positive behavioral growth. Groups meet once a week for 12 weeks. MRT uses 12-16 objectively defined steps, which focus on seven basic treatment issues:

- Confrontation of beliefs, attitudes, and behaviors
- Assessment of current relationships
- Reinforcement of positive behavior and habits
- Positive identity formation
- Enhancement of self-concept
- Decrease in hedonism and development of frustration tolerance
- Development of higher stages of moral reasoning

### Moral Reconciliation Therapy - Trauma

The trauma-informed care recovery program includes a 67-page workbook ***Breaking the Chains of Trauma*** that is based on the MRT approach. The program is designed to be either a group session format that can be implemented in an open-ended format (where new participants can enter at any time) or as an eight-session psych-educational class. The sessions include:

- Defining Trauma
- Trauma Covers Us In Chains
- Acceptance and Seeing Reality-Recovery Process
- Being Truly Aware and Mindful
- Relationships
- Taking Charge: The Courage To Be Free
- The Future, Goals, and Becoming Who You Want To Be
- Striving for Superiority Versus Just Surviving

## **Programming (continued)**

### **Prime for Life**

As determined by their IDOT record, individuals needing their driver's license reinstated per the requirement of taking Drinking Driver School are the only individuals who will be enrolled into Prime for Life. Per Iowa Code 321J, participants are required to complete 12 hours of class. In Prime for Life, participants identify what matters most to them, while learning skills on how to protect those values. They learn addiction is a lifestyle related health problem, where the outcome is the sum of their biology and their choices. During class, participants are made aware of what they can and cannot change. Research is provided to reflect what is high-risk and low-risk for most people. When presented these guidelines, individuals explore how they need to adjust their own alcohol and drug choices.

### **Tech2Connect**

Early in 2022, the Fort Dodge Correctional Facility joined the Second and Seventh Judicial Districts in the pilot program called Tech2Connect. The mission on this program is improving and expanding resources for all clients under correctional supervision and for incarcerated individuals to remain more connected to their community than to the prison they are currently residing in. This program provides tablets for participants to use while incarcerated. Tablets were officially deployed within the facility in March 2022. Program participants within the facility are able to check out a tablet on a regular basis. On the tablet, they are able to access community resources, individual meetings for skill building or re-entry planning, self-paced treatments, and group classes in a virtual classroom. Additional programming opportunity provides an increase in treatment dosage that they can start in the facility and continue in the community after release. There are several programs on the tablets for topics including substance abuse, addiction, education, money management, workplace skills, career exploration, and more. One of the programs on the tablet is called The Master Plan, which was created by Chris Wilson based on his book called The Master Plan. Chris was formerly incarcerated and sentenced to life. Throughout his incarceration, he wrote his Master Plan that eventually convinced a judge to reduce his sentence and he was ultimately released. Today, Chris is a mentor, public speaker, and a successful entrepreneur.

Through the Tech2Connect program, participants are connected to essential community resources that can include mental health care, housing opportunities, and mentorship programs. The feedback from participants continues to be positive.

## **12 Step Programs**

In FY2024, the Fort Dodge Correctional Facility participated with four different 12 step programs: Alcoholics Anonymous, Narcotics Anonymous, 1-Eighty Miracles, and Celebrate Recovery. These programs provided a community for incarcerated individuals and volunteers to share their stories of addiction and stories of recovery. These programs helped to facilitate a safe space for truth telling, vulnerability, positive change as well as guidance with creating a healthy mindset and focusing on one day at a time.

## **Religious Groups**

In FY2024, the Fort Dodge Correctional Facility was home to 17 world religions. These faith traditions provided stability, fellowship, and connection for incarcerated individuals. The chapel library provided religious materials and resources to facilitate spiritual education and direction. During 2024, we began reinstating religious volunteers back into the facility. Many incarcerated individuals continue to step up and fill in the gap by providing leadership and support to their respective religious groups. We also saw the launch of Prison Fellowship Academy - a year-long holistic program aimed to develop good character and good citizens. Prison Fellowship Academy was developed by the non-profit group, Prison Fellowship. PFA is facilitated by nine community volunteers and meets two times a week. It also requires extensive study, introspection, and dialogue among the participants. FDCF is fortunate to be counted as one of the over 180 Prison Fellowship Academies across 45 states.

## **Education**

Incarcerated individuals are required to participate in educational programming if they lack a HiSET/GED, high school diploma, or read below the sixth-grade level. Per state law, specified sanctions can be applied if the incarcerated individual chooses not to participate. These can include level reductions, eligibility only for a minimum allowance, placement in idle status, ineligibility for minimum-outs status, and for other privileges as determined by the department. Approximately 28% of the population at the facility requires such schooling. School capacity is 240 students for HiSET, Literacy, and Title 1.

**Education (continued)**

HiSET, Literacy, and Title 1 instruction is provided daily from 8:00 AM to 3:30 PM. Instructors contract with Iowa Central Community College (ICCC) to provide instruction focusing on completion of a HiSET diploma and/or reading proficiency at a 6<sup>th</sup> grade reading level. Students aged 22 and under are in class for three hours a day, while others attend a minimum of one and a half hours a day. Depending on the student's ability, the completion time for the HiSET varies with the average time being 4-5 months.

Prairie Lakes Education Association provides an instructor for students age 21 and under, who have an active IEP and therefore require special education instruction.

A Life Skills program is also offered at the facility with 30 students (15 per session) attending three hours a day. There is one full-time life skills instructor. The eight-week program focuses on career planning, job seeking skills, time management, communication skills, relationships, money management, health and wellness, computer skills, and other transition life skills. The incarcerated individuals are classified for this intervention if they have employment as a top three need, but they also may request to take the class even if they are not classified to participate.

Vocational classes are also offered at the facility at no cost to incarcerated individuals. For the FY24 school year, classes offered included Welding and Industrial Safety (OSHA 10, forklift, and CPR). Instructors from Iowa Central Community College come to the facility to teach classes. Students must have their high school diploma or equivalency diploma in order to sign up for these programs. Preference is given to incarcerated individuals who are within two years of release and have been report free for six months.

Guided self-study programs are also available for ServSafe and Pesticide Applicator programs. Students check out the materials from the education department and study at their own pace. Official testing is administered by the education staff. There is no cost to incarcerated individuals for this testing.

Iowa Central Community College is one of 67 colleges selected from across the nation to participate in the Second Chance Pell Pilot program. The Department of Education launched this pilot program to open up the opportunity for those currently incarcerated to apply for Federal Pell Grants. If eligible, they can currently choose from different programs offered at the facility: Carpentry, Welding, or an online Associate of Arts degree. Instructors from Iowa Central come to the facility to teach the college credit courses. These incarcerated individuals are full-time college students that participate in the same curriculum that is offered on campus.

A graduation ceremony is held semi-annually to recognize those incarcerated individuals that successfully complete their HiSET or diploma in Welding, Carpentry, and the Associate of Arts degree.

## Community Projects by Incarcerated Individuals

The FDCF staff makes it a priority to promote the concept of community service to the incarcerated individuals at our facility. During the past year, several incarcerated individuals and staff worked with outside volunteers from the Fort Dodge Noon Sertoma club for the **Backpack Buddy Program**. The program was started to make sure underprivileged children in the Fort Dodge area were not hungry. Throughout the school year, the group packages food to be distributed to local youth so not only are they fed at school, but have food when they get home.

Additionally, there are several self-help groups at FDCF. One of their purposes is to look at ways to give back to the community. Those groups are as follows:

The **Asian Affairs Group** was established to bring cultural awareness to the group, in addition to the overall group donations.

The **FDCF GROWTH** (Gains, Respect, Opportunity, Willingness, Trust and Health) Quilt Project provides ongoing support to many local service agencies. This project encourages these men to believe in their own abilities, develop respect for one another's ideas, and then come together as a team to give something back to the local community. The essence of Restorative Justice Programs allows incarcerated individuals to give back to communities.

The **Humanist Group** is an incarcerated individual led self-help group here at FDCF. Humanism is a philosophy that believes in personal responsibility, that what you do good or bad is on the person themselves. It is also an acknowledgement that one's future relies on their education and focuses its followers to pursue knowledge, as well as the belief to be nice to all people.

The **Incarcerated Veteran's Organization** was established to allow veterans who are incarcerated within the facility to meet and discuss shared experiences as well as provide support for outside veterans' organizations.

The **Lifer's Group** is comprised of individuals serving life sentences who wish to give back to the facility and the community.

**Spanish Affairs** teaches the Spanish as a Second Language class. They are key supporters of the Backpack Buddy Program and Relay for Life.

The **Toastmasters Group** was established with the purpose of affording incarcerated individuals with the opportunity to develop leadership and public speaking skills.

**Community Projects by Incarcerated Individuals (continued)**

**YMAP (Young Men’s Awareness Program)** is a group that was established to provide peer programming to youthful incarcerated individuals. This group targets the age group of 18-24 with some exceptions for other age groups. The purpose of YMAP is to educate, encourage, give hope, instill discipline and teach the men to accept responsibility for their actions, thus empowering them to work on correcting their negative behaviors, to grow positively and give them the necessary tools to make better choices while incarcerated and when released. It is a remedial and therapeutic group. They provide a financial incentive to young men upon release based on the number of meetings they attended. This fiscal year those incentives totaled \$935.50

In November of FY22, the facility changed how we handled group sales. Currently, all sales are combined into one account and donations are voted on by the leaders of the groups highlighted above. Group donations out of this combined account were as follows for FY24.

Athletics For Education and Success .....	\$3,000
African American Cultural Museum .....	\$1,000
Almost Home .....	\$4,500
Beacon of Hope .....	\$4,000
Big Brothers/Big Sisters of Central Iowa .....	\$500
Bikes for Tykes .....	\$2,500
Boys and Girls Clubs of the Cedar Valley .....	\$500
Camp Quest .....	\$2,500
Central Iowa Shelter Services .....	\$500
Community Health Center/Coats for Kids .....	\$2,500
Creative Visions .....	\$1,000
Domestic/Sexual Assault Outreach Center .....	\$4,500
Everybody Wins .....	\$500
Fisher House .....	\$1,500
Flag over the River .....	\$632
Freedom Foundation .....	\$1,000

**Community Projects by Incarcerated Individuals (continued)**

Heartland Hope .....	\$2,000
Iowa Veterans Home – Special Funds .....	\$2,000
Junior Achievement – Des Moines .....	\$500
Lazy J. Rescue Ranch .....	\$3,000
Lord’s Cupboard .....	\$4,000
Lotus Community Project .....	\$2,500
Mothers Against Violence .....	\$3,500
Relay for Life .....	\$4,000
Salvation Army .....	\$3,000
Sertoma/Backpack Buddies .....	\$7,500
Special Olympics .....	\$2,500
St. Jude’s Children’s Research Hospital .....	\$1,000
Toys for Tots .....	\$500
Upper Des Moines Opportunity .....	\$4,000
Youth Shelter Care .....	\$1,000
YWCA .....	\$2,000

**TOTAL DONATIONS:** \$73,632

The **Insiders Relay for Life** did not have a relay in FY24, but raised funds through sales and donations from various groups. \$7,833 was donated to the American Cancer Society

# Fort Dodge Correctional Facility FY2024 Annual Report

Iowa Department of Corrections  
 FY2024 Financial Status Report  
 FDCF 252-A80-0001

		Department Revised Budget	Actual Revenues and Expenditures	Percent (Actual of Budget)
<b>Resources Available</b>				
04B	Balance Brought Forward	147,509.02	85,100.92	100.00%
05A	Appropriation	32,742,479.00	32,742,479.00	100.00%
05L	Legislative Reductions	0.00	0.00	0.00%
05H	Legislative Adjustments	0.00	0.00	100.00%
05O	OCIO Rate Adjustment	0.00	0.00	100.00%
201R	Federal Support	0.00	0.00	0.00%
204R	Intra State Receipts	430,000.00	430,000.00	100.00
205R	Reimbursement from Other Agencies	10.00	0.00	0.00%
234R	Transfers - Other Agencies	124,161.00	670,674.08	540.16%
401R	Fees, Licenses & Permits	110,000.00	129,455.53	117.69%
501R	Refunds & Reimbursements	138,000.00	205,121.58	148.64%
602R	Sale of Equipment & Salvage	1,000.00	990.90	99.09%
	<b>Total Resources Available</b>	<b>33,618,159.02</b>	<b>34,263,822.01</b>	<b>101.92%</b>
<b>Funds Expended and Encumbered</b>				
101	Personal Services-Salaries	26,995,087.00	25,755,733.80	95.41%
202	Personal Travel (In State)	20,000.00	83,305.99	416.53%
203	State Vehicle Operation	80,000.00	103,896.12	129.87%
204	Depreciation	20.00	0.00	0.00%
205	Personal Travel (Out of State)	500.00	2,591.33	518.27%
301	Office Supplies	35,000.00	34,990.15	99.97%
302	Facility Maintenance Supplies	270,000.00	298,512.40	110.56%
303	Equipment Maintenance Supplies	160,000.00	390,877.30	244.30%
304	Professional & Scientific Supplies	137,000.00	292,873.73	213.78%
306	Housing & Subsistence Supplies	510,000.00	569,312.56	111.63%
307	Ag, Conservation & Horticulture Supply	9,000.00	3,853.50	42.82%
308	Other Supplies	75,000.00	83,846.06	111.79%
309	Printing & Binding	0.00	12.28	0.00%
311	Food	2,100,000	2,101,260.23	100.06%
312	Uniforms & Related Items	285,000.00	290,990.69	102.10%
313	Postage	10.00	2,340.54	23,405.40%
401	Communications	61,000.00	66,913.25	109.69%
402	Rentals	9,000.00	24,586.98	273.19%
403	Utilities	1,126,454.00	979,159.51	86.92%
405	Professional & Scientific Services	415,000.00	707,947.98	170.59%
406	Outside Services	132,000.00	188,774.83	143.01%
407	Intra-State Transfers	40,368.73	49,997.84	123.85%
408	Advertising & Publicity	40,000.00	62,434.94	156.09%
409	Outside Repairs/Service	73,390.00	685,663.21	874.68%
414	Reimbursement to Other Agencies	314,267.00	353,661.29	112.54%
416	ITS Reimbursements	178,399.00	157,314.04	88.18%
418	IT Outside Services	0.00	3,247.80	0.00%
434	Transfers - Other Agencies Services	708.00	0.00	0.00%
501	Equipment	10,500.00	100,236.26	954.63%
502	Office Equipment	1,000.00	24,331.19	2,433.12%
503	Equipment - Non-Inventory	80,000.00	192,253.61	240.32%
510	IT Equipment	82,290.29	124,515.04	151.31%
601	Claims	150.00	0.00	0.00%
602	Other Expense & Obligations	365,000.00	378,278.46	103.64%
701	Licenses	6,900.00	12,701.00	184.07%
702	Fees	15.00	0.00	0.00%
901	Capitals	100.00	0.00	0.00%
91B	Balance Carry Forward	0.00	62,408.10	---
93R	Reversion			---
74T	Appropriation Transfer Out		75,000.00	---
	<b>Total Expenses and Encumbrances</b>	<b>33,618,159.02</b>	<b>34,263,822.01</b>	<b>101.92%</b>

# Fort Dodge Correctional Facility FY2024 Annual Report

Iowa Department of Corrections  
 FY2024 Financial Status Report  
 FDCF Canteen 0343

	<u>Department Revised Budget</u>	<u>Actual Revenues and Expenditures</u>	<u>Percent (Actual of Budget)</u>	
<b><u>Resources Available</u></b>				
---	Balance Brought Forward	562,061.84	562,061.84	100.00%
204R	Intra State Receipts	-	-	---
301R	Interest	-	-	---
401R	Fees, Licenses & Permits	-	-	---
501R	Refunds & Reimbursements	0.00	32,642.73	0.00%
606R	Other Sales & Services	115,000.00	104,766.47	91.10%
<b>Total Resources Available</b>		<b>677,061.84</b>	<b>699,471.04</b>	<b>103.31%</b>

<b><u>Funds Expended and Encumbered</u></b>				
301	Office Supplies	15,000.00	29,699.34	198.00%
302	Facility Maintenance Supplies	7,000.00	12,035.09	171.93%
303	Equipment Maintenance Supplies	3,000.00	22,938.98	764.63%
304	Professional & Scientific Supplies	1,000.00	236.91	23.69%
306	Housing & Subsistence Supplies	1,000.00	53.67	5.37%
307	Ag, Conservation & Horticulture Supply	1,000.00	0.00	0.00%
308	Other Supplies	15,000.00	26,627.88	177.52%
311	Food	1,000.00	383.08	38.31%
402	Rentals	0.00	0.00	0.00%
405	Professional & Scientific Services	1,000.00	1,454.95	145.50%
406	Outside Services	3,000.00	23,200.06	773.34%
407	Intra-State Transfers	24,000.00	0.00	0.00%
409	Outside Repairs/Service	4,000.00	0.00	0.00%
418	IT Outside Services	0.00	6,456.26	0.00%
434	Gov Transfer Other Agencies	0.00	163,016.10	0.00%
501	Equipment	0.00	9,898.00	0.00%
502	Office Equipment	2,000.00	0.00	0.00%
503	Equipment - Non-Inventory	25,000.00	41,134.48	164.54%
510	IT Equipment	6,000.00	161,429.39	2,690.49%
701	Licenses	6,000.00	5,358.00	89.30%
---	Balance Carry Forward	562,061.84	195,548.85	34.79%
<b>Total Expenses and Encumbrances</b>		<b>677,061.84</b>	<b>699,471.04</b>	<b>103.31%</b>

# Financial Information

**Expenditures by Cost Center**

	<b>Fund 0001</b>	<b>Fund 0343</b>
Salaries	\$ 25,755,733.80	\$ 0.00
Travel & Vehicles	\$ 189,793.447	\$ 0.00
Supplies	\$ 4,068,869.44	\$ 91,974.95
Contractual Services	\$ 3,279,701.67	\$ 194,127.37
Equipment	\$ 441,336.10	\$ 212,461.87
Claims	\$ 378,278.46	\$ 0.00
Licenses	\$ 12,701.00	\$ 5,358.00
Capital	\$ 0.00	\$ 0.00
	\$ 34,126,413.91	\$ 503,922.19

**Expenditures by major cost center**

	<b>Fund 0001</b>
Administration	\$ 2,736,205
Support	\$ 9,219,016
Care Treatment	\$ 7,046,324
Custody Security	\$ 15,199,869
	\$ 34,201,414

**Offender fees collected**

Pay for stay	\$ 132,797.05
Admin fee	\$ 5.00
Clothing	\$ 44.37
Copies	\$ 861.99
Medical	\$ 9,159.15
Postage	\$ 12,051.20
Property Damage	\$ 491.50
	\$ 155,410.26

**Average Daily Costs**

\$ 79.11

**\$ spent on utilities**

Electricity	\$ 405,850.81
Gas	\$ 196,391.71
Water	\$ 173,113.34
Sewage	\$ 203,803.65
	\$ 979,159.51

**Beginning inventory (Dietary)**

\$ 224,153.24

**Ending inventory (Dietary)**

\$ 133,125.58

**Drug Expenditures**

IMCC pays all drug expenditures

**Meals total cost**

\$ 2,192,288

**Total meals served**

1,420,811

**Food cost per meal**

\$ 1.54

## Health Services Data

X-RAYS	OFF-SITE VISITS	LABS
543	903	2,167

## Health Services Encounters

### Total Encounters by Discipline

Physician	7,830
Nurse	61,386
Psychiatrist	2,959
Psychologist	8,328
Dentist	2,098
Optometry	762
Nurse Practitioner	1,871
Physician Assistant	2,942

## Medical Expenses

Total Gross Cost	\$3,620,532.30
Average Cost Per Month	\$301,711.03
Average Daily Count	1,216.40
Average Cost Per I/I, Per Month	\$248.04

## **Mental Health**

The Iowa Department of Corrections has done a careful analysis of data gathered from its own computerized records. Although initial data showed a lower percentage of individuals with mental illness in the system, the development of additional assessments like the mental health appraisal, which is given to all incoming incarcerated individuals, has impacted outcomes. Increased staff awareness of mental health issues has helped with identifying and referring individuals to clinical staff for future assessment and intervention whenever mental health issues occur.

The data gathered shows that currently, the FDCF population has approximately 758 incarcerated individuals with an identified mental health illness either active or in remission. Whether it is a simple depressive episode that requires short term medication and supportive treatment or it is a conversion disorder that requires frequent medical and psychiatric interventions, including appropriate consultations with the University of Iowa Hospitals and Clinics, this group may not represent the core population of the mentally ill that is cared for but they do demand significant resources.

The data also shows that approximately 108 incarcerated individuals have been diagnosed with a serious mental illness or as special needs. These individuals either have an active diagnosis or are identified as being in remission. This includes all those diagnosed with an illness that is often characterized as a chronic and persistent mental illness. It should be noted that this population is difficult to treat, has cyclical episodes despite stability on medication, and often has a course that shows functional decline over the years despite the best of interventions the system uses to provide stability. It is this population that demands the most from the limited resources available.

## **Security**

The security department at FDCF is comprised of 162 correctional officers, 8 senior correctional officers, 2 K9, 8 captains, 1 correctional security manager, and 1 associate warden of security. The department plays a critical role in the IDOC's mission through continuous interactions with incarcerated individuals in our direct supervision environment. Security staff receives on-going coaching focused on core correctional practices so each interaction is productive and assists with incarcerated individual's eventual return to their communities as productive members of society.

# CERT Challenge



This year’s CERT Challenge was held at Brushy Creek State Park on September 27<sup>th</sup> and included 12 teams from around the state. Each team consisted of 3 team members who competed in 10 different courses throughout the day. The courses consisted of 6 physically challenging obstacles and 4 firearm courses (rifle, pistol, and shotgun). Each course is designed to simulate scenarios that CERT operators could encounter during an emergency, while challenging the individuals by testing the limits of their skills under stress. A majority of the courses are designed for team members to have to work efficiently as one to obtain the best time. This competition builds camaraderie, while giving tactical operators the opportunity to get to know and work with team members at the other institutions.

## 2023 CERT Challenge Results

1st	ASP	Tritle/Conter, Hall, Holab/Miller	108
2nd	FDCF #1	Stuhrenberg, Lucht, Young	105
3rd	NCF #1	McNulty, Pfeifer, Ratcliff	96
4th	ISP	Petry, Howald, McKinney	89
5th	FDCF #2	Neuman, Aa. Campbell, Pieczko	82
6th	MPCF	Shiple, McDonald, Kirkpatrick	66
7th	ICIW #1	Williams, Marnin, Shollew	65
8th	ICIW #2	Hedberg, Tracy, Russler	64
9th	CCF	Mahaer, Lank, Neil	63
10th	FDCF #3	Jeckell, Al. Campbell, Weitzel	62
11th	IMCC	Schwebke, Thomas, Case	38
12th	NCF #2	McPherson, Anderson, Landsperger	25



2nd Place Finish – FDCF/NCCF  
Young, Stuhrenberg, Lucht



Top Shot – Nate Lucht - NCCF

## **Library**

FDCF provides incarcerated individuals access to a library with approximately 9,800 volumes specializing in general reading materials. In addition to fiction, nonfiction and reference books, the library also provides newspapers. Interlibrary loan services are also available. The library provides computerized access to legal forms and correspondence. The library has computers available, which can be utilized for word processing and for completing legal forms.

## **Media Center**

The media center's inventory consists of educational DVDs, entertainment DVDs, and treatment DVDs. Additionally, the media center uses a system that broadcasts to televisions throughout the facility, giving incarcerated individuals access to three different television channels. The equipment also allows communication to be broadcast through a closed circuit system to televisions inside cells, which relays information such as policy changes and practices to incarcerated individuals.

## **Executive Officer**

Our Executive Officer (EO), Ashley McCullough, offers several support services to the incarcerated individuals (I/I's) at FDCF as they prepare for re-entry into the community. Some services include, but are not limited to, assisting I/I's with applying for a duplicate social security card, help obtaining driver's license records, and assisting with obtaining a state ID prior to release. She assists with Medicaid and SafeNet RX applications which are government programs that help I/I's with their medical needs while in the community. The EO works collaboratively with outside agencies such as the Social Security Administration, Veteran Affairs, Department of Human Services, Iowa Workforce Development, Department of Transportation, the Iowa Board of Parole, and others as the need occurs. She works collectively with the districts, residential facilities, and parole officers to ensure there is a smooth transition from incarceration to the community. This includes initiating and scheduling all releases, preparing release paperwork, and meeting with I/I's to go over reporting instructions, parole agreements, and other items as needed. The EO assists with setting up aftercare needs such as follow up appointments for mental health, medication assisted treatment, and civil commitments. She works with staff including counselors and psychology regarding individuals with special needs. She also works closely with the Records department and assists with release checklists. The EO is part of the classification team and serves as a source of information for counselors and other staff regarding release recommendations.

# Support Services

## Business Office/Administration

The Business Office is managed by the Associate Warden of Administration and is composed of five functional areas; budgeting, purchasing, accounts payable, incarcerated individual accounts and warehousing. Staffing within the business office consists of a Budget Analyst 2, Purchasing Agent 2, Purchasing Assistant, two Accounting Clerk 2s, a Storekeeper 3 and two Storekeeper 2s.

Additional administrative staff are employed in the areas of Human Resources, Information Technology, and Training. That staffing consists of a Human Resources Professional 1, Human Resources Technical Assistant, Information Technology Specialist 5, Information Technology Specialist 3 and a Training Specialist.

FDCF continued its role as the “big bank” and processed outside revenue transactions for all incarcerated individuals within the IDOC as well as processing expenditures for those at FDCF.

Supply chain issues and lead time continued to affect the ability to procure goods and services in a timely manner.

Throughout the facility, multiple staffing changes resulted in eleven internal promotions, two promotions from other facilities, two position changes, one rehire, three external transfers and sixty-one new hires. All of these changes kept human resources and training busy throughout the year.

## Maintenance

From major renovations to essential upgrades, our Maintenance Department has been hard at work to ensure our facility is operating at its best. Here’s a snapshot of the notable projects completed:

- **K Dinette Remodel:** A complete overhaul for a fresh and modern look.
- **New Flooring and IT Office:** Upgraded spaces for better functionality and aesthetics.
- **H Building Exterior Panel and Window Sealant Replacement:** Enhanced building integrity and energy efficiency.
- **Floyd Roof Replacement:** Ensured long-term protection from the elements.
- **Cedar and Grove Patio Installation and fencing behind Floyd:** New outdoor spaces for the challenges we have faced.
- **Hot Water Updates:** Significant improvements in both H and A units to improve and maintain operations.

### Support Services (continued)

- **Fiber Optic Installation:** Boosted our connectivity with more speed and bandwidth for all of our new cameras, and create more space for expansion.
- **Native American Area Relocation:** Constructed a new shed and fence to improve accessibility and visibility, also to make room for the new rec pad behind Grove
- **Kitchen Dish Room Enhancements:** Wrapped additional walls with stainless panels for a cleaner, more sanitary environment.
- **Dietary Upgrades:** Installed a new can crusher and two Baxter bakery ovens to streamline operations.
- **Gym Concessions Project:** Completed improvements to enhance service and improve security and function for the II's cantina.
- **High Mast LED Lights Installation:** Brightened up Cedar and Floyd areas for better visibility and safety.
- **Warehouse A/C Installation:** Improved climate control for optimal conditions.
- **New Boiler Burners at the Power plant:** Enhanced efficiency and safety with three new boiler burner heads
- **Health Service Updates:** fresh flooring and new cabinets in several health services rooms.
- **Mail and Classification Room Updates:** Modernized these critical spaces for better functionality and aesthetics.
- **New UPS System at the Power plant:** Upgraded our power backup systems for greater reliability.

In addition to these significant projects, our maintenance team addressed over 3,140 work requests and performed countless preventive maintenance tasks, ensuring that our operations run smoothly and efficiently.

### Food Services

This FDCF Dietary Department oversees all the food service needs of the institution, including menu and recipe development, food preparation, service, and sanitation while maintaining a safe, secure and controlled environment for individuals and staff.

The Food Service Department is led by Food Service Director 3 Jill Arroyo, and staffed by eleven Correctional Food Service Coordinators: Bruce Walker, Cathy Nyren, Jameela West, Heath Waddell, Angie Pugh, Ross Murtle, Gabriel Underberg, Steve Schulze, Sue Travis and Gracia Parker. There are eight staff members certified in ServSafe food sanitation and safety. Nevertheless, the FY24 brought some staffing changes. Paul Gibson left the department on 8/31/23 to relocate out of the state of Iowa and he was replaced with Brenna Lust-Smith 10/27/2023. Ashley Holder left the department on 12/31/2023 and she was replaced with Gracia Parker on 2/16/2024. On 4/26/2024, Brenna Lust-Smith left to be a Correctional Officer and was replaced by Mollie Eslinger on 7/5/2024.

**Support Services (continued)**

The Food Service workforce consists of approximately 56 employed incarcerated individuals led by qualified staff, who train, coordinate meal activities for meal timing and proper quantities, and ensure that food is safe. While focused on feeding those in our care, the food service operations also provide residents who take kitchen work assignments a chance to build skills in food safety, large quantity meal production, preparing and cooking foods of many types, sanitation standards, teamwork, and other transferrable skills. This training and experience strengthens one's employment opportunities in the communities to which they will return after completing their sentence. Some are very interested in pursuing this field of work further. Besides the daily operational duties, the dietary department with the collaboration of maintenance concentrates on the up-keep of the facility, including re-facing the dish room walls with stainless steel and replacing equipment through the facility life cycle plan so daily dietary activities can be completed.

The food service department feeds approximately 1,162 incarcerated individuals and operates seven days a week, 365 days per year following a master five-week general diet menu. Typical entrees include stroganoff, tacos, burgers, stir-fry, fajitas, spaghetti, BBQ on bun, roast turkey and fish. Calories are generous on the general menus so that the majority of residents can meet their core nutritional needs.

In addition to the regular menu, the dietary staff manage modified diets to meet medical and religious needs. There are over thirty diets the staff monitor, update and modify. At the same time, a centralized Registered Dietitian is available to support the agency's health goal of proper nutritional care as a collaboration of both medical and food services. The centralized Dietitian reviews all menus based on national dietary guidelines and offers education and consulting for a variety of nutrition-related health concerns. The FDCF menu is reviewed annually and takes into consideration feedback on incarcerated individuals preferences and kitchen staff input while meeting national guidelines on nutrition. During this fiscal year, there were approximately 1.4 million meals served and the average food cost per meal was \$1.52. Food costs continue to increase due to inflation and supply chain issues that prevail from the impacts of the COVID-19 pandemic. FDCF integrated farm to table with local farmers by purchasing over 1440 ears of corn, and received local apples from NCCF. Also, FDCF purchased 59% of the food budget through the Central Distribution Center (CDC). 23,346 pounds of cheese, 69,888 pounds of potatoes, 58,612 individual muffins, 15,980 pounds of peanut butter, 18,227 pounds of ground beef, and 136,800 individual salad dressing (mayonnaise), were served during FY24.

HAPPY  
*retirement*



Connee Ellsbury  
**Registered Nurse**  
8/19/2023



Brett Fish  
**Correctional Officer**  
8/25/2023



Shelly Drake  
**Correctional Officer**  
12/24/2023



Doug Niles  
**Correctional Officer**  
12/27/2023



Jane Groteluschen  
**Administrative Asst. 2**  
12/28/2023



Jeff Stange  
**Correctional Officer**  
12/28/2023



<b>35 Years</b>	
Ben Birchard	6/2/1989

<b>30 Years</b>	
Scott Starr	4/24/1994

<b>25 Years</b>	
Dan Teske	7/14/1998
Tony Comp	7/31/1998
Matthew Kent	7/31/1998
Jason Stamp	8/7/1998
Mark Beckley	8/14/1998
Sherri Herrick	8/14/1998
Kurt Brown	8/28/1998
Eric Reese	8/28/1998
Paul Johnson	10/30/1998
Shannon Blunk	1/5/1999
Frank Bloom	1/8/1999

<b>20 Years</b>	
Brenda Gibbs	10/24/2003

<b>15 Years</b>	
Jenni Ortmann	11/14/2008

<b>10 Years</b>	
Layla Rysavy	9/17/2013
Angelina Hiracheta	11/8/2013
Michael Knutson	11/15/2013
Todd Oleson	1/31/2014
Brenna Lust-Smith	2/28/2014
Jamie Weitzel	3/21/2014
Jola Riggert	3/28/2014
Jason Warden	3/28/2014
Tina Ronnebaum	7/7/2014
Chris Stuhrenburg	7/28/2014

<b>5 Years</b>	
Brandon Lee	9/24/2018
Wayne Oatman	9/24/2018
Vernon Sands	9/24/2018
Jacob Ulicki	9/24/2018
Nichole Walters	11/26/2018
Denice Schultz	1/22/2019
Ashley Lust	2/26/2019
Andrew Staton	3/29/2019
Angie Hansen	4/16/2019
Ross Murtle	7/8/2019
Anthony Armile	7/22/2019
Brady Gottsch	7/22/2019
Alexander Campbell	7/29/2019
Chad Zimmerman	7/29/2019

# Employee of the Quarter



**Milton Smith**

July 1, 2023 – September 30, 2023



**Joseph Potratz**

October 1, 2023 – December 31, 2023



**Stacey Cline**

January 1, 2024 – March 31, 2024



**Jason Stamp**

April 1, 2024 – June 30, 2024

# IDOC Employee Recognition Ceremony



**Recipients of the Life Saving Measures Award:** Aaron Campbell, Tim Duffy, Cortney Pearson, Betty Ploeger, Travis Wittmeier, Brady Gottsch, Steve Zdrzil, and Dr. Zoelle

**Nominee for Statewide Employee of the Year:** Shannon Sorenson

**Nominee for Statewide Supervisor of the Year:** Don Harris

**Nominee for Statewide Team Excellence:** FDCF/NCCF Crisis Negotiation Team



**July 2023**

Tristan Martin  
Amy Carlson-Hammen  
Larry Roberts-Cook  
Trudy Powell

**August 2023**

Cortney Pearson  
Victoria Young  
Rachel Fisher  
Ashley Oberg

**September 2023**

Christian Campbell  
David Alcazar  
Sean Leytham  
Raeanne Endy

**October 2023**

Construction – No  
Parking

**November 2023**

Construction – No  
Parking

**December 2023**

Alex Dohrn  
Heath Waddell  
Scott Starr  
Robert Sanchez

**January 2024**

Elisa Bohn  
James Robinson  
McKenzie Knudson  
Jeff Haman

**February 2024**

Michael Bailey  
Ethel Foy  
Bobbi Mallinger  
Luke Sherman

**March 2024**

John Tinkle  
Brandon Nott  
Colton Morman  
Randal Buenting

**April 2024**

Patricia Jensen  
Shana Grause  
Jennifer Cerwick  
Bethany Pyland

**May 2024**

Austin Warrant  
Nathan Kolacia  
Tara Smith  
Susan Rutz

**June 2024**

Nate Scott  
Brenna Lust-Smith  
Jarret Schuster  
Amanda Robinson