MOUNT PLEASANT CORRECTION FACILITY



FY 2016 Annual Report

Interim – Gail Huckins Warden – Jay Nelson

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Mt. Pleasant Correctional Facility Mission Statement

The mission of the Mt. Pleasant Correctional Facility is to Advance Successful Offender Reentry to Protect the Public, the Employees and the Offenders from Victimization by providing a safe and secure medium security Institution which focuses on treatment for the sex offender and substance abuse population utilizing evidence based practices.

Public

Provide sound security practices to maintain offender accountability.

Establish and maintain relationships with criminal justice and law enforcement stakeholders.

Conduct business in a fiscally responsible manner.

Provide assistance in time of tragedy or disaster.

Employees

Provide a work environment that emphasizes communication, innovative thinking and encourages teamwork.

Provide a safe work environment.

Provide professional growth opportunities.

Provide a professional work atmosphere in which employees are valued.

Provide staff the training and resources needed to accomplish organizational goals.

Offenders

Provide programming that assists offenders in identifying, accepting, and addressing their criminogenic needs.

Enhance offender work skills by providing work opportunities, including community service.

Provide a living environment that promotes personal change.

Reduce recidivism by developing better citizens through the learning of prosocial values.

History of Mount Pleasant Correctional Facility

In 1976 an arm of the Men's Reformatory at Anamosa, was established in the 20 Building and was named "Medium Security Unit". This was to be a temporary, 144 bed unit to help ease the prison overcrowding. This unit continued until in 1981 an exchange of buildings was made between the Mental Health Institute (MHI) and the Medium Security Unit. This was done in order to increase the prison capacity to 550.

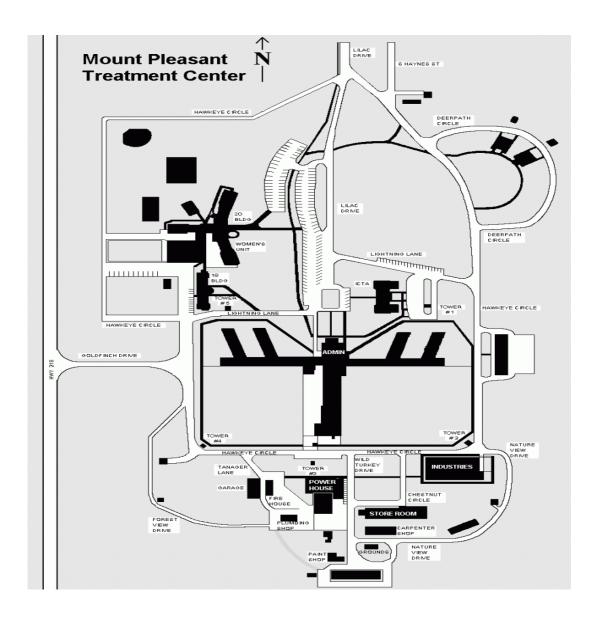
Today's prison is called the Mt. Pleasant Correctional Facility. MPCF has a design bed capacity of 774 and a maximum capacity of 967. The prison has a total of 275 authorized Full Time Equivalent positions and a total offender population averaging approximately 827.

Location

The Mount Pleasant Correctional Facility is located on 152.24 acres, about the size of 115 football fields. The original construction was completed in the 1860's. The campus boundaries are Hwy 34 and old 218.

ADDRESS: 1200 E. Washington St., Mt. Pleasant, IA 52641

PHONE: 319-385-9511



Re-entry Program

Mount Pleasant Correctional Facility (MPCF) strives to place offenders in situations that will enhance their success rate by placing offenders in positive release options. The reentry coordinator advises and consults with correctional staff to assist them in effective release planning decisions on problem cases, or to provide information about possible resources available in the community to offenders. Reentry provides offenders with information on release issues including sex offender laws, alternative release living arrangements, and assistance with government program applications (i.e. Social Security, Financial Aide, Housing and Iowa Market Place Health Care plans).

Department Mission: Creating Opportunities for Safer Communities

Rational: Ex-prisoners historically have difficulty securing jobs; stable housing and they often have difficulty re-establishing relationships with their families or other social supports.

Objective: To inform offenders of programs and benefits available to them when they leave MPCF so that they may have the tools to succeed in the community setting.

Goals: 1) Contribute to the success rates of offenders who transition from prison by providing information that can assist them in the community including treatment, housing options, and supportive services 2) Ensure offenders have quality health care prior to release.

MPCF uses a two-step process where the offender is reviewed a) primary classification when they first arrive and b) release preparation class when they are scheduled for release at MPCF.

Primary Classification- Offenders case is reviewed for treatment needs. The offender receives information on release planning and services available at MPCF.

Release plan class- Offender reviews social services available upon release including social security, food stamps, and driver's license programs identifications. Offenders are given the option to sign up for health care and psychological follow up. Job seeking skills and interview techniques are reviewed.

The Executive Officer 1 assigned to treatment handles the reentry issues at MPCF.

Staff/Offender Community Service/Work Crews

Special Olympics

During the fiscal year fundraisers were planned to raise money for the Special Olympics. The Mt. Pleasant Polar Plunge Team raised approximately \$1,400.00 via staff soup & bake sales. The Torch Run Supporter T-Shirt sales raised over \$800.00. The approximate total for the fiscal year was over \$3,200.00 for Special Olympics Iowa.

American Cancer Society - Relay for Life

Staff held several events throughout the year which included: bake sales, luncheons, bazaars, Pampered Chef sales, and Tastefully Simple sales. A total of \$8,200 was raised on behalf of the staff and offenders.

Special Olympics and Relay for Life committees raised \$1,100 at a chili cook off and a basket auction.

Mississippi Valley Regional Blood Center Drives

The institution held three blood drives throughout the fiscal year with over 75 pints of blood being donated to the Mississippi Valley Regional Blood Center.

Offender Community Service

Offender Hospice Car Wash Eight Miles of Hiway Clean Up

Offenders fixed Christmas lights for Old Threshers.

Food Pantry

Rec Staff put on a donut fundraiser for the offenders with proceeds going to the local food pantry. A check for over \$800 was given to them.

Expenditure Report

FTE POSITIONS	Dept. Revised Budget	Actual Revenue & Expenditure	Percent (Actual of Budget)
Correctional Officer	140.00	•	
Total Staffing	250.00		
RESOURCES AVAIL			
Balance brought forward	-	2,618.00	-
Appropriation	24,958,195	25,360,135.00	101.61%
Appropriation Transfer	-	1,000,000.00	-
De-appropriation	-	-	-
Federal Support	-	-	-
Local Governments	-	-	-
Intra State Receipts	100		
Reimbursement from Other Agencies	-	-	-
Transfers – Other Agencies			
Interest	-	-	-
Fees, Licenses & Permits	40,500	52,538.90	129.73%
Refunds & Reimbursements	500	-	0.00%
Sale of Equipment & Salvage	-	-	-
Rents & Leases		7,726.95	-
Agricultural Sales	-	-	-
Other Sales & Services	-	-	-
Unearned Receipts	-	-	-
TOTAL RESOURCES	24,999.295	26,423,018.85	105.70%

	Dept. Revised Budget	Actual Revenue &	Percent (Actual of	
FUNDS EXPENDED AND ENCUMBERED	22 422 445	Expenditure	Budget)	
Personnel Services -Salaries	22,423,445	22,431382.99	100.04%	
Personal Travel I/S	10,000	29,945.07	299.45%	
State Vehicle Operation	66,000	62,782.60	95.13%	
Depreciation	100	28,000.00	28000.00%	
Personal Travel (Out of State)	100	2,737.16	2737.16%	
Office Supplies	15,000	18,658.41	124.39%	
Facility Maint. Supplies	166,000	146,616.17	88.32%	
Equipment Maint. Supplies	2,000	7,899.85	394.99%	
Professional & Scientific Supplies	42,000	55,584.99	132.35%	
Housing & Subsistence Supplies	441,618	334,378.31	75.72%	
Ag Conservation & Horticulture Supplies	3,000	2,005.44	66.85%	
Other Supplies	9,000	20,940.41	232.67%	
Printing & Binding				
Drugs & Biologicals				
Food	1,130,000	1,018,743.11	90.15%	
Uniforms & Related Items	210,000	193,869.44	92.32%	
Postage	5,000	9,955.72	199.11%	
Communications	18,000	23,443.43	130.24%	
Rentals	2,000	4,051.41	202.57%	
Utilities	830,000	831,929.43	99.03%	
Professional & Scientific Services	63,000	72,432.46	114.97%	
Outside Services	130,000	148,971.36	114.59%	
Intra State Transfer	-	-	-	
Advertising & Publicity	100	1,175.84	1175.84%	
Outside Repairs/Service	45,000	90,599.24	201.33%	
Auditor of State Reimbursement	-	-	-	
Reimbursement to Other Agencies	372,690	378,790.57	101.64%	
ITS Reimbursement	100.200	82,454.06	82.29%	
Workers Compensation	-	-	-	
IT Outside Services	100	-	0.00%	
Transfer – Auditor of State	_	-	-	
Transfers – Other Agencies Services	300	423.00	141.00%	
Equipment	5,000	18,433.00	368.66%	
Office Equipment	100	5,498.00	5498.00%	
Equipment Non-Inventory	5,000	25,156.75	503.14%	
IT Equipment	46,000	87.895.08	191.08%	
Claims	100	67,673.08	0.00%	
Other Expenses & Obligations	263,000	295,811.30	112.48%	
Licenses	203,000	273,011.30	112.4070	
Refunds – Other	_			
	-	-	-	
Capitals Release Courty Forward	-	1 227 00	-	
Balance Carry Forward	-	1,227.00		
Reversion	1	1,227.00		

Prison	Total Expenditures	Average Daily Population	Annual Cost	Average Daily Cost
Total	\$26,423,018.60	883.31	\$29,913.64	\$81.96

Meal Cost Summary – FY 16					
Meal Count (DOC offenders Only)	\$1,054,812				
Adjusted Food Cost	\$991,844				
Food Cost Per Meal	\$0.94				
Adjusted Supply Cost	\$30,448				
Supply Cost Per Meal	\$0.03				
Adjusted Staff Labor Cost	\$1,202,419				
Offender Labor Cost	\$66,656				
Total Labor Cost	\$1,269,075				
Labor Cost Per Meal	\$1.20				
Total Cost	\$2,291,368				
Total Cost Per Meal	\$2.17				
Prior Year	\$1.93				

Banking Data – FY16						
Restitution Collected	Child Support Collected	Work Allowance paid to offenders				
\$47,723.10	\$38,218.54	\$339,638.14				

Intervention Programs

Intervention Program	Active at Start	New Admits	Closures	Active at End	Offenders Served
Re-Entry Medicaid Coverage	45	352	355	40	397
Sex Offender Program	93	113	148	64	206
Sex Offender Program - Short Term (Spanish)		17		16	17
Sex Offender Program - Special Needs	57	15	53	20	72
Total	195	497	556	140	692

Prison Services

Supervision Status	Active at Start	New Admits	Closures	Active at End	Offenders Served
Prison	886	945	921	914	1,831
Prison Compact	1	1	1	1	2
Special Sentence		2	2		2
Total	887	948	924	915	1,835

Internal Intervention

Internal Intervention	Active at Start	New Admits	Active at End	Closures	Offenders Served
Alternatives to Violence		1		1	1
Alternatives to Violence-Advanced		30		30	30
Alternatives to Violence – Facilitator		7		7	7
Cognitive Behavioral Interventions for Substance Abuse		32	14	17	32
Criminal Thinking-SOTP Special Needs	12	25		37	37
Dads 24/7	20	63	14	67	83
DHS 101	17	101	3	115	118
Disclosure – Spanish		17	16		17
Disclosure – Special Needs	44	15	16	45	59
Empathy - Special Needs		33		33	33
HiSET (High School Equivalency)	54	169	61	154	223
Instant Offense Polygraph		42		42	42
KEYS Life Skills		80	10	68	80
Literacy	16	58	19	55	74
Maintenance Polygraph	3	31		34	34
Microsoft Office Skills	6	74	15	60	80
Moderate Intensity Family Violence Prevention Program		27	17	9	27
Apprenticeship – CABINET MAKER		7	7		7
Apprenticeship – PAINTER (CONST)		1	1		1
Apprenticeship – REFRIGERATION, AIR CONDITION MECH (HY)		1	1		1
Apprenticeship – WELDING, COMBINATION		1			1
PREA Orientation	1	892	1	890	893
Reach One/Teach One	1			1	1
Relapse	12	38		50	50
Road Maps		26		26	26
Sexual History Polygraph		159		159	159
Social Skills – Special Needs	11	24		35	35
SOTP Track 2:Blue/Brown Book	14	89	17	88	103
SOTP Track 2: Disclosure		85	13	69	85
SOTP Track 2: Frist Steps	8	79	24	64	87
SOTP Track 2: Green Book	12	80		93	92
SOTP Track 2: Topics 1	22	67	11	81	89

	12	79	2	90	91
SOTP Track 3:Blue Book		41		41	41
SOTP Track 3: Brown Book	17	41		60	58
SOTP Track 3:Disclosure/SAFE	5	41	5	40	46
SOTP Track 3: Empathy		44		44	44
SOTP Track 3: First Step	14	29		44	43
SOTP Track 3: Green Book		48		48	48
SOTP Track 3: Men & Anger		45		45	45
Spanish SOTP – Paths to Wellness		17	16		17
Specific Issue Polygraph		3		3	3
Substance Abuse Program	14	31		46	45
Substance Abuse – Spanish	1	2		3	3
Thinking for a Change		67	22	43	67
Internal Intervention Totals	316	2,842	305	2,837	3,158

Special Events

July 2015

Offender Potter was placed in Ad Seg for possession of razor blades that were removed from a safety razor, caulking removed from windows, both taped to his locker and a 2 foot board with nails in it hid behind his locker.

Lightning struck and took out the freezers in dietary. Unfortunately, this was not caught in time so a lot of the food needed to be thrown out.

After the large amount of rain we received this month, the gym took on a lot of water again due to the window structure. Maintenance has done everything they can to rectify the problem. This is also affecting the library directly below the gym. Barb will be contacting Central office to see if we cannot move this up on the major maintenance list, or we may lose this whole area.

We received a very positive response from the education auditor. During the closeout meeting it was learned all 24 required standards were passed. The auditor asked the students to rate the school staff on a scale of 10 and the ending average was over 9.

In addition to all of the Accreditation preparation, MPCF Education Department administered 25 HiSET tests and had five HSED completions. They also had five Literacy completions, and three offenders completed vocational computer training.

IPI had 7,439 offender hours logged, with 1,417 of that being overtime. All dorm orders for this year were completed ahead of schedule. The MPCF shop stopped the 6/10 work schedule the 3rd week of July. We are now helping Ft. Madison with their orders due to the move to the new prison.

August 2015

Not just during the month of August, but year round the benefits of the Hospice Program are being seen. The Hospice Car Wash has raised enough money to purchase, a wheel chair scale, suction pump, heavy-duty bariatric rollator walker, vital sign monitors and a bed mattress system micro air alternating pressure low air mattress, to name a few. These items totalled \$8,700.

Exec staff begun the task of conducting a vulnerability assessment in all areas of the campus. Exec staff were given different areas to assess. Teams have been put together that best know the area and are the most affected by the business being conducted there. This is an ongoing task.

Food costs were up another \$.05 (\$1.05) this past month. This increase is due to dry eggs no longer being available and a 300% increase in frozen eggs. Fresh eggs are being limited in the quantity we can order. Along with eggs, turkey has also gone up.

Tim Diesburg, with IPI toured the facility regarding offender apprenticeships. He thought MPCF would be a nice fit for this program. We will continue to look into this possibility.

Barb walked through the institution with DAS showing them our major maintenance needs. They were very impressed with how the maintenance staff is able to maintain the building with what resources we have.

Offenders were tearing their room apart by poking holes in the ceiling, pulling conduit off, pulling the fire sensor alarm off the ceiling, removing the ladder off on of the bunks and damaging the windows. It was determined that the ceiling may contain asbestos. The room was shut down. Room inspections were completed on all rooms with additional holes in other rooms discovered. Due to the possible asbestos, 18 offenders were moved from their rooms. Air samples were sent to Cedar Rapids for asbestos verification. Air samples came back clean.

The Campus Activities Committee held an Ice Cream Social on August 19th to help staff get through the hot month.

Staff were thanked for volunteering to help with the ISP move. Several C/O's and maintenance staff took part in working with ISP during this transition.

The Rec staff raised \$816.30 by holding a donut fundraiser for offenders and staff with the proceeds going to the Food Bank. This will be added to next year's total.

September 2015

The announcement to move the SOTP program to Newton and to make MPCF a minimum/medium facility was made. A timeline is being worked on to get a better idea as to when offenders will be moving.

During the month of September the Exec staff, along with other team players, have been conducting a vulnerability assessment throughout the campus. Teams were divided up to take a look at all possible blind spots, tunnels, vents, etc. The Exec staff will begin to prioritize the list and work orders have already begun to be submitted for vulnerable locations.

During the month of September the MPCF HNT team participated in a training/meeting at ISP. All groups tried to solve the same crisis and were judged by an HNT group from MO. MPCF did a great job, with positive feedback.

C/O Jessie Smith and Training Officer Randy Kirchner conducted their first Correction Fatigue training on September 30th.

The B elevator passed the State inspection on Friday. There will be some minor adjustments made then it will be back in service. Maintenance will start placing the gates up around the A elevator so work can begin on that elevator.

The Northcore AC has a start date of November.

Morhfeld Electric received the bid on the Life Safety project and will need to go through orientation before they can come on site.

Approximately 50,000 lbs of produce has been brought in from the garden. We are estimating that the amount of produce will be lower this year due to the rain we had in the early spring.

October 2015

Newton Correctional Counselors have been job shadowing the MPCF Sex Offender Treatment counselors to prepare for the transition of sex offenders to Newton.

On October 22nd Dot Faust, Beth Skinner and Katrina Carter were on site to discuss future treatment programming at MPCF. The main focus will continue to be the Substance Abuse Program, BEP, and Thinking for a Change.

Over 87,000 lbs of produce has been brought in. We should finish the year with approximately 100,000 lbs.

Cherokee and Independence MHI's were on site to remove furniture and other items from the MHI building.

Michael Savala approved the agreement between the city and MPCF that the city would run the water plant. In this agreement, if there was a catastrophe, we would receive the water that we need.

Offender Warnell, on unit 2D was found to have a life size manikin in his bed. A verification count was taken. Three offenders were placed in restrictive housing. After interviewing the offender, he indicated he did it as a joke. He remains in lock up.

On October 26th tennis balls were found outside the perimeter fence. The tennis balls contained tobacco and what appeared to be protein pills. Security continues to look into this incident.

The Relay for Life and Special Olympics Committees put on a Chili Cook off and basket sale on October 22nd. They raised over \$700.00.

Jay Nelson officially began working at MPCF as Superintendent on October 9th.

November 2015

Sean and Jay met with the Treatment team regarding staff initiating more offenders who are low to moderate risk serving non - violent offenses or technical violations with strong parole plans to go in front of the Parole Board. Counselors were advised to be factual in their comments for minimum and medium custody scored offenders, but to then allow the Parole Board the chance to make the decision.

IPI has implemented a cabinet making apprenticeship program. Currently, there are 5 offenders participating. This is the maximum number they can have with one Supervisor in IPI. There were no accidents reported for the month of November. Seven offenders were laid off due to IPI Tech Steve Anderson being transferred to ISP. They are currently working on 784 wardrobes and desks.

Conference calls continue, to work through the transition of the SOTP program and FTE's

The school held a HSED graduation of 23 offenders on November 12th. Four offenders completed vocational computer training. All staff attended two days of Mathematics instruction training provided by DOC central office.

A welding apprenticeship is anticipated to begin once we have completed the transition of the SOTP program. Power Plant Manager Jeremy Howk would be the mentor of this program. We are in the very early stages of looking into this and checking on the use of offender phone money to purchase the equipment needed.

Life Skills/Literacy instructor Jolene Cox has been nominated for Iowa CEA Teacher of the Year CEA Teacher of the Year

December 2015

The apprenticeship program is going well, we currently have six (6) cabinet makers, two (2) welders and three (3) painters. We are expecting to receive two more welders in January.

On December 16th Psychologist Sara Beth Schurr brought in her Christian women's singing ensemble to present a Christmas concert in the South Core Meeting room for the offenders.

Staff raised \$210 during the holidays to be donated to the local Food Bank.

During the month of December we had four staff retire and two staff resign. We hired a C/O, a Chaplain and a Power Plant Engineer 3.

January 2016

On January 13th, a standalone computer based system for scanning offender IDs was put into effect in the dining hall. This process has proven to be very effective. For example, we are saving 60 breakfast sacks daily.

Personal Safety training has begun and will continue throughout February and March.

A staffing analysis was conducted on January 7th with Jim McKinney Warden IMCC, Dan Craig Regional Deputy Director, MPCF Management Team, Union President Rob Helmick and Union Vice President Justin Cole.

IPI has one Braille offender starting work at the shop as an alternate. Steve Forbes was at the shop and trained staff and offenders on PIMS (Prison Industries Manufacturing System). Offenders are enthusiastic about learning and using PIMS, 5S, Lean, etc. more training is scheduled. UNI bed order looks very promising, hoping to start cutting and machining soon. Apprenticeship program testing was done twice this month, with all of the offenders passing their tests, with an average score of 83%.

On January 13th Sgt Butch Wellington and K9 Cash did a presentation for the 4H club in Wayland. The 4H members were very impressed with Cash and Sgt Wellington. Sgt Wellington and K9 Cash assisted with searches at Ft. Des Moines as well.

The school had 3 students who earned their High School Equivalency Diploma. Disability Specialist Lenae Greene provided TRUE COLORS and NEW BEGINNINGS programs to Life Skills Classes, and five offenders completed vocational computer training.

On January 24th offender Mark Olsen collapsed and was later pronounced deceased at Henry County Hospital

February 2016

The offender banquet was held February 11th for those offenders who met the criteria which included being report free for the entire year. There were 229 offenders in attendance. A Western Motif was used as the theme this year. Deputy Director Dan Craig and Assist Deputy Director Robin Bagby were able to join the event.

An Affirmative Action Committee was formed with staff volunteering to participate. This group met with Assistant Deputy Director Robin Bagby to get some direction as to what the goals are for this committee.

The apprenticeship program testing was done once this month, with all of the offenders passing their tests, with an average score of 84%. The current number of participants in the program are:

- (6) Cabinet Builders
- (5) Welders
- (1) Painter (will be 3)

Total hours from Oct 15, 2015 when we started thru Feb 19, 2016:

OTJ Hours = 31,085

Curriculum hours = 1.340

Mike reported that since we started scanning offender ID's in the dining hall we are seeing 60 less breakfast sacks going out. Dietary will continue to use the scanning system whenever feasible. This is coming to approximately \$3,000.00 in savings.

The DHS Parenting Program was awarded a \$4000 grant for the program. The Children and Family Services handle the money for the program.

A Transition Committee has been put together which involves staff from almost every department. This committee will be working on revamping policies and offender unit rules to be consistent with a minimum custody facility.

Discussion and times are being set up for Dave Siler to come to the institution and conduct an "Active Shooter" training for CERT and staff that are located outside the secured perimeter.

Jay met with Lisa Diener with Habitat for Humanity regarding offenders helping build a house, which would be located adjacent to the prison grounds. This project will begin in early Spring.

On February 19th the wind blew the rubber roof membrane off of the north core roof. In addition, there is a significant hole in the roof. Brockway Roofing was contacted and came in on Saturday to remove the rubber mat away from the west side of the building. As the mat blew off, a couple windows on 4th floor were busted out. This major maintenance project was scheduled to begin this summer, but it has been moved up to early Spring.

March 2016

The SVSS team assisted the Mt. Pleasant School District with a student suicide. The school was extremely grateful to have the extra help to deal with this tragedy.

The transition team toured John Bennett to get a feel for what a minimum facility looks like and how they handle Offender Unit Rules, etc. They were also able to tour the TIP 4 unit at ISP. The committee is composing a survey of the Unit Rules for offenders that will be sent out to all staff for their input.

Offender Johnson was moved to the Hospice room. Hospice care givers and ADLA workers are with Mr. Johnson around the clock. The Hospice Committee is meeting weekly to give updates on his condition.

Bill, Marcy and a couple Captains attended a DRAOR training to understand what DRAOR consists of and how it is used with Treatment and Re-entry.

The apprenticeship program consists of having 2 painters, with 2 starting soon, five welders and six cabinet makers. Over 31,000 hours of work and 1,340 curriculum hours have been completed.

On March 27^{th} Chaplain Tim DeVries had 178 offenders participate in the Christian Service and he baptized 32 offenders.

The Education Department had 18 Official HiSET tests given resulting in 5 HSED diplomas earned.

IPI has cleaned out the shop in anticipation of the 5S event in April. Tool Room is being reorganized along with tool boards, carts, etc. All tools are also being re-numbered to reflect Mt. Pleasant ownership. The office was removed from the ship and is now located upstairs. Steve Anderson was re-assigned full time back to Mt. Pleasant on the 16th to help with training and to allow more offenders to come out to work. He is scheduled to return to Ft. Madison on April 25th. Several offenders have left employment due to being transferred to Newton. Interviews will be scheduled soon.

The leg work has been completed on the kiosk for offenders to begin making sick call on the kiosk. Paper sick call slips will still be used for offenders in Ad Seg or DD status.

Maintenance discovered what appeared to be drug paraphernalia in a vacant on-campus State-owned house. The Mt. Pleasant Policy Department responded and is handling the investigation.

April 2016

Dave Siler came to MPCF to conduct an Active shooter training for North core staff and anyone else interested. Classes began with a video and then a interaction training at the old MWU building.

Abatement on the units has started with unit 2C. As they move through the building offenders are being moved from their units to 2C. Abatements are taking approximately 1 week to complete. Active Thermal is working from 8:00pm to 6:00am to continue abatement. This is to limit offender contact in any abatement area. Mohrfeld Electric o began pulling wire on 2C and in non-asbestos containing areas.

A homemade knife (sharpened toothbrush) was found in the mattress of offender Kane. Offender placed in restrictive housing.

Offender William Johnson passed away while in hospice care.

May 2016

Maintenance: Throughout the month we have continued working on major maintenance issues. Roofing project, Life and Fire Safety Project, removal of the chimney, locking systems upgrades. All projects are being monitored by maintenance staff and security.

The apprenticeship program continues to grow. We have received 410 books to accommodate 14 different programs. Tim Diesburg applied for a grant to purchase a welding simulator for the facility at a cost of \$58,000. This will be a big help, as we are currently limited in our welding program. Twenty-three tests were given with an average score of 77.5%.

I attended the Wardens' Peer Interaction training in Texas the week of May 23rd through May 27th.

The TIP 4 unit has been designated and offenders are signing up to move to the unit.

In June, we have Dale Wooley from the office of Drug Control Policy conducting a presentation on current information on drug trends in Iowa.

The Braille projects are being completed on time and are ongoing. Plans are to relocate the Braille program inside the institution on unit 3B.

On May 23rd, 3 rolled marijuana cigarettes, along with other contraband, was located on unit 1B. We are currently seeking criminal charges on one of the offenders for the introduction of contraband into the facility.

June 2016

The apprenticeship program has exceeded expectations. The first two cabinet makers will complete the program by the end of July and earn their journeyman card for our campus. We currently have 10 active programs.

The TIP Committee continues to adjust and make additional changes to the TIP policy adding the TIP 4 unit in with the procedures. The TIP 4 unit has opened and we currently have a waiting list for this unit.

The Transition Committee continues to meet and has gone through the Unit Rules and Guidelines to bring MPCF closer to a minimum secured facility.

The door control portion of the life safety project also continues. The majority of new locks are installed. We plan to have a schedule of door shutdowns by the end of the week and plan to begin disconnecting and rewiring doors on Monday.

Sgt. Wellington and Asa Beaucamp attended training with the Policy Department at Ft. Des Moines on June 23rd.

Six staff retired on June 30th.

Health Services

PROGRAM OVERVIEW

IDOC Health Care Mission

Provide quality health services that are consistent with evidence-based medical practice for all offenders.

Health Services Organization

In the Iowa prison system, key departmental and institutional health professionals meet on a regular basis to develop corrections health programs. The Department of Corrections (DOC) Pharmacy and Therapeutics/Health Services Committee provides for a quarterly meeting of DOC health professionals, including the DOC Medical Director, DOC Administrator of Nursing, DOC Director of Pharmacy Services, and the DOC Health Records Administrator. This departmental committee, with representation from each of the prison facilities, develops reviews and establishes DOC Health Services policy. Final decisions are made as to what specific medications will be used in the department's health services programs. Mutual concerns are discussed, and agreement is reached as to how DOC health professionals can best respond to offender health needs.

Scope of Services:

- The Health Authority (Nursing Services Director) will ensure that staffing levels, job descriptions, contracts and procedures are developed in order to implement this policy.
- Available resources are utilized in the most efficient manner.
- Opportunities are provided for offenders to improve their health status.
- Populations with special health care needs are serviced.
- The rights of offenders are respected.
- Regular means of communication between health services and institutional administration is accomplished.

Goals

The goals of the Department of Corrections health care services are to relieve pain and suffering; prevent avoidable deterioration of health status; and, promote the restoration of function, by developing a model service delivery system of correctional health care.

1. To provide the adequate number of trained credentialed and licensed professional staff in order to accomplish the health care mission of the Iowa DOC.

- 2. To achieve accreditation for all DOC institutions.
- 3. To develop and apply ongoing application of Continuous Quality Improvement (CQI) data to ensure delivery of evidence-based best practices at the best value for the lowest cost.
- 4. To establish and maintain linkages with sister state agencies and other county and national organizations.

Objectives

To assure that the scope of services are provided and monitored:

- To provide trained, credentialed and licensed professional staff in order to accomplish the health care mission.
- To develop and apply ongoing continuous Quality Improvement (QI) policy to ensure delivery of evidence-based medical practices.
- To maximize in-house medical care while minimizing the use of outside medical facilities.
- To participate in meetings on health care
- To collaborate with security-staff to assure offender access to health care in accordance with policy.
- To provide medical education for offender population.
- To encourage offenders to maintain their health and actively participate in their personal health care.
- To continue on going staff training and education.
- To promote communication between health care professionals and offenders.
- To provide a comprehensive program for infection control for all employees and offenders.
- To maintain complete and accurate health records.
- To assure confidentiality of offender's health records.
- Coordination of care among a multidisciplinary team approach.

Types of Health Care Services:

A. Medical: One full time physician and on-call physician 24 hours a day

- Review of offenders' current medical history, including collection of data, medical, dental, mental health and immunization histories, to develop a plan to accommodate the health needs of each offender.
- Acquisition of laboratory and other diagnostic tests to detect communicable diseases and assess chronic disease process.
- Assess vital signs to include weight, height, blood pressure, pulse and body temperature.

• Development of treatment plans, initiation of therapy and monitoring of interventions.

B. Nursing:10 R.N.'s, Nursing Unit Coordinator, Nursing Services Director

- Procure medical, mental health and immunization history.
- Provide support for medical procedures.
- Provide for daily sick call and triage.
- Provide 24-hour nursing coverage.
- Provide for pharmacy distribution.
- Provide 24-hour coverage of the psychiatric hospital.
- Provide for offender educational development regarding their chronic conditions and communicable diseases.

C. Dental: One full time Dentist and Dental Assistant.

- Provide initial screening of dental and oral lesions.
- Place pathology in a stepped priority format.
- Treat lesions in a priority order.
- Final professional judgments related to dental services are the responsibility of a dentist.

D. Laboratory and Radiology:

- Provide laboratory screening of blood glucoses, hemmocults, and urine.
- Collect DNA samples.
- All Blood labs needed are drawn and prepared by the RN's.
- Prepared labs sent to a state contracted lab (Quest Labs) and State Hygienic Lab. Emergency labs sent to local hospital, HCHC
- Provide X-ray screening at UIHC, and HCHC.

E. **Pharmacy:**

- IMCC is our Centralized Pharmacy providing our facility with pharmaceutical support.
- Develop a formulary of drugs.
- Provide a mechanism to identify drug errors.

F. **Mental Health:** [Under supervision of the Iowa Department of Corrections Mental Health Director.]

3 Full time Psychologists and 1 part time psychologist assistant

- Provide initial mental health screening to offenders.
- Provide intensive support for offenders in an SSIP or MHO status.

- Provide staff and support for the psychiatric hospital.
- Provide for the programming needs of IMCC.
- Determine the need for civil commitment.

G. Optometry: One part time Optometrist up to 20 hours per month

- Provide tri-annual visual acuity screening and follow-up corrective refractory.
- Provide ongoing ocular needs as appropriate.

Confidentiality

The Iowa DOC requires that all staff appropriately safeguard confidential information. Necessary information derived from the above evaluation and assessment procedures is shared with DOC staff and relevant others (i.e., parole board members) who participate in, or make decisions critical to, offender movement through Iowa's prison system and eventual release from incarceration.

Institutional Responsibility for On-Site Health Services Programs

Mount Pleasant Correctional Facility has the responsible for on-site health services programs. Offender handbooks are given to each offender when transferred here addressing our specific aspects of health services programs. Health clinic "sick call" services are outlined in offender handbooks or other offender information handouts.

Designated administrative and health services staff are responsible for the implementation, application and enforcement of departmental health services policy and procedure. Institutional staff is also responsible for the review and monitoring of the institution's health services program. Institutional health services policies are written with awareness of department-wide policy and procedure.

Intake Health Screening and Assessment

Upon intake at the Iowa Medical and Classification Center (IMCC), medical staff completes a brief intake health assessment. Usually, within 24 hours, nursing staff conduct an expanded survey and review of the offender's current health status. A vision and dental assessment is completed; infectious disease screening is accomplished; laboratory tests are obtained; and, a physical examination is conducted. An offender's health history and circumstances of their incarceration may warrant modification in these screening tests and procedures. Relevant issues are discussed in applicable DOC policy and procedure.

Most offenders remain in IMCC reception status for only a short time. During this period, IMCC health services staff address high priority health concerns. Elective health issues are noted in the offender's health record.

Mount Pleasant Correctional Facility completes an updated intake health screening for medical and psych on all incoming offenders to our facility. Continued serves on-going from other institutions with no break in cares.

Elective Health Conditions

Available health resources are not unlimited. The DOC intends to provide health services consistent with nationally recognized standards for correctional health care.

Stable health conditions, related to old injuries (sports, auto accidents, etc.), may or may not be addressed.

Some degree of hearing loss is not inconsistent with doing prison time. Hearing aids, even if recommended by others, will not automatically be purchased. With regard to prosthetic devices, each circumstance will be assessed on its own merits.

Dental services are provided within a priority system. Available resources are committed to saving and restoring teeth. Little time and resources are available for obtaining prosthetic devices, including partial and full dentures.

University Hospitals

In most cases, necessary (not elective) inpatient and outpatient specialty services were obtained at the University of Iowa Health Center (UIHC), located in Iowa City, Iowa. Local Community Henry County Health Center also utilized for emergency room, x-rays, and emergency labs if needed. Referral for these specialty services is by mutual agreement between the offender and DOC staff.

University of Iowa Health Center professional staff are responsible for the outpatient and inpatient services offenders receive while immediately under their care. UIHC staff frequently makes recommendations for treatment and follow-up services after an inpatient stay or an outpatient visit. DOC staff is responsible for considering UIHC recommendations and responding appropriately. Some recommendations may or may not be followed as written by UIHC. University Hospital professional staff cannot be expected to be fully aware of all policy and procedure in effect in a prison environment. Follow-up return visits to the UIHC are frequently unnecessary, as available correctional health services staff are able to address remaining health issues.

Mental Health Services

In Iowa Corrections, all inpatient psychiatric services are provided in the 23-bed psychiatric hospital located at IMCC. If psychiatric hospitalization is indicated, MPCF institutional mental health services staff will make an appropriate referral.

Psychological assessment is done as part of initial prison intake screening. At prison facilities, offenders have an assigned correctional counselor who is expected to initially address offender concerns in the mental health area. Psychology staff is available for additional assessment and treatment services.

Where necessary, outpatient consultation and treatment from a psychiatrist is provided at the institution of assignment or by other arrangements.

MPCF psychology staff provides wellness clinics available to all offenders to go to.

Offender Co-Pay

Iowa Statute § 904.702 authorizes deductions "from the offender's account an amount sufficient to pay for the offender's share of the costs of health services requested by the offender and for the treatment of injuries inflicted by the offender on the offender or others." Based on this authority, offenders may be assessed a fee of \$3.00 for professional services. Offenders will be assessed a fee of \$3.00 whenever professional health services are provided for the treatment of injuries inflicted by the offender upon themselves or others.

No offender will be denied health services because of an inability to pay an applicable fee. Nevertheless, the offender's account will reflect a negative balance until applicable fees are paid.

Emergency health issues are those conditions considered possibly life threatening, or possibly related to loss of limb or major body function, such as vision.

Treatment Refusals/Complaints

Offenders sometimes choose not to accept all recommendations for evaluation and treatment. Where appropriate, a **Treatment Refusal (HSF-305)** is initiated so that rights are protected. Concerns or complaints regarding an institution's health services program should be taken to appropriate administrative and health services staff.

Food Services

Food Service at Mount Pleasant is operated by 14 paid staff and 118 offenders. A cold breakfast, hot lunch and hot dinner are produced 365 days per year. From July 1, 2015 through June 30, 2016 the average number of people fed at a given meal was 937, down from 2015 due to the closing of the Mental Health Institute. An average of 30 Medically Prescribed Diets were also maintained. The department operates on a five week cycle menu. Significant efforts were spent on standardizing recipes to help maximize and reduce the food budget this fiscal year.

Dining Room seats 172 Offenders. One seat turns over more than 5 times per meal. Early chow begins at 10:15am at Men's unit. Lunch meal service ends approximately 12:45pm. Evening meal begins after count clears at 4:15 and ends at 5:50pm. 22 Offenders serve almost 10 meals a minute and maintain the Dining Hall cleanliness

Dish Room is staffed with twelve offenders. They are responsible for operation of soiled dish conveyor belt, operation of flight type dish machine, plus processing of pots and pans for the department.

Main Kitchen Produces the hot and cold menu items for all meal services with 24 offenders. It practices the convention cooking system. Food cost for Fiscal Year 2016 was \$.94 per meal, with a supply cost of \$.06 per meal, and Staff and offender labor costs of \$1.20 per meal. Resulting in a combined cost of \$2.20 per meal. An increase of \$.02 per meal from a year ago.

Bakery -Produces all the bread, buns, desserts, cookies, etc. for the menu with a staff of 8 offenders

Issue and Ingredient Room measures/weighs out all ingredients before going to the kitchen or bakery for preparation. This area works 2 to 3 days ahead of day product will be made. They perform purchasing and receiving functions for department. Majority of our food and supplies are purchased from Central Distribution Center and US Foods. The MPCF Garden contributed to over \$36,000 in fiscal 2016, saving \$.04 per meal.

Maintenance Department

The Maintenance Department consists of 22 employees with some members having public service experience going back to 1981. The wide range of backgrounds aids this department in addressing the diverse challenges that face this department each and every day. We have 3 members that have military experience, while a number have owned and operated their own businesses. All of them have been employed in the private sector for a period of time, and are dedicated to their job.

The charge for this group is to maintain 599,702 sq feet of building space as well as 152 acres of grounds to be kept in a park like condition. One could look at this facility as being a small city of 1200 to 1500 citizens at any one given time. The type of goods and services required are much the same: roads, electricity, water, sewer, heating & cooling, transportation, communication, and environmental concerns. We have a fleet of 34 vehicles, 11 agricultural tractors, 26 lawn mowers, and 1 Gator for transportation. We also provide the communications service by maintaining 356 phones, 250 computer ports, 138 cameras throughout the facility as well as the miles and miles of cable, wire, and fiber needed to make these systems work.

In looking at other systems we have piping for potable cold water, potable hot water, hot water return, high pressure steam, low pressure steam, condensate return, natural gas piping, pressurized air for HVAC control, fuel oil piping, chilled water supply, chilled water return, fire sprinkler lines, storm sewer lines and sanitary sewer lines all around the facility and between buildings which includes miles and miles of piping. These lines as well as all the control fittings require maintenance and monitoring.

Some of the Projects Accomplished With In House Staff

Replaced 800' of 1 ½ steam pipe in east basement

Remodeled ICN room and moved Personnel

Refurbished and set up new training room

Moved 150 years of patient files from MHI to Independence

Removed north core razor wire and reinstalled for new roof project

Built walk in freezer in rec hall

Plant to harvest 90,000 lbs of garden produce and apples

Highway Cleanup

Replaced approx. 50,000 Christmas light bulbs and rewired lights for old threshers and city of Mt Pleasant

Assisted threshers in putting lights up and taking down

Assisted city moving city hall to new location

Replaced piping for water supply to reducing station in east basement at a cost of around \$2000. Contractor had bid \$28,000 to do the job

Removed bushes from front of MHI

Removed approximately 25 tree stumps

Poured concrete in power house for water softener's

Car Wash

Assisted in new roof on north core

Assisted in install of new life safety project for the entire campus

Removed out old air handler for northcore and assisted in replacement of A/C unit

Provided workers for Burlington landfill 2 days a week.

Tuckpointing various campus buildings

Started remodel of community service room to expand laundry in the men's prison

Repaired roofs on rental house's

Remodeled officer station in VR

Washed and sanitized water tank at water plant

Moved all MHI items out for gov deals and hosted the sale.

Cleaned MHI and hosted job fair in gym

Demolished and removed Tower 6

Installed new electric panels and conduit for ice machines on Tip4 units

Refinished conference table and moved it to new city hall for city

Hot patched parking lots and streets

Remodeled old plumbing shop into Asbestos abatement shop

Replaced 500' of 1" condensate return line in main tunnel

Fabricated new welding table and expanded welding area

Waxed DOT Scale house floor 2x

Waxed DOT office floor

Received approx.. 80 bikes from local police dept, refurbished the ones that could be saved and donated to charities

Painted all athletic surfaces East Yard

Removed large trees from East yard for security.

Installed new cameras and gate controls as needed.

Installed new computer drops campus wide as needed.

Education Area

HSED

96 individuals took at least one HSED test at MPCF in fiscal year 2015 - 2016. 46 completed their HSED with an average test score of 14 and an average combined score of 68

The department's overall passing rate was 95% with 13 registered fails out of 259 total tests.

The department recorded 18,035 total contact hours in HSED.

The completion pass rate was 100%.

HSED	HSED Number of	HSED Number of	HSED	HSED Current Pass
Subject	Tests	Fails	Average Scores	Rate Percent
Writing	44	2	12	95
Social Studies	52	1	14	98
Science	57	3	14	95
Reading	56	4	13	93
Math	50	3	13	94
Overall Total	259	13	13	95
Completions Total	46	0	68	100

Literacy & ESL

63 individuals participated in Literacy programs in fiscal year 2015 - 2016.

38 offenders earned their Literacy Completion Certificate.

The department completion rate was 60%.

The department recorded 5,096 total contact hours in Literacy.

Vocational Education

The Vocational Program at MPCF offers a Life Skills course, Microsoft Office courses, and Apprenticeship programming.

165 individuals participated in vocational education in fiscal year 2015 - 2016.

122 individuals completed vocational education courses. The department completion rate was 74%.

The department recorded 8,023 total contact hours in Vocational Education.

Special Education

Six individuals participated in Special Education programs in fiscal year 2015 - 2016.

All six were HSED students and zero were High School students.

0 special education students earned their HSED at MPCF this fiscal year.

The department recorded 380 total contact hours in Special Education.

Testing and Assessment

Testing and Assessment at MPCF includes the TABE Reading and Math, HiSET Official Practice test, HiSET Official test and Apprenticeship testing. Total department assessment hours were 2189.

Staffing

The department employed 4 full time instructors for the fiscal year 2015 – 2016. Of these instructors, 2 taught HSED, 1 taught literacy and Life Skills, and another taught vocational computers and literacy. The department underwent a change in leadership as the coordinator position was cut from five to two days per week. The Administrative Assistant position was reduced to two days per week, and the position was filled the final week of FY16 after a yearlong vacancy.

Highlights

MPCF education department made benchmark improvement a top priority this fiscal year. As a result there were sixty six more Official HiSET tests given, twenty five more HSED completions, six more Literacy completions, and 5,400 more contact hours than the previous fiscal year.

MPCF Education Department passed their audit in July to maintain CEA Accreditation for the next three years.

Jolene Cox was named a Corrections Education Association Teacher of the Year in Iowa.

Education Staff attended all four DOC Quarterly Trainings.

Education Staff attended three SCC Staff Development/In-service days, the WIOA conference, HiSET trainings, and hosted the state CEA Meeting.

Jolene Cox presented at the WIOA conference.

Valentina Rosales was awarded her 5 year service pin from SCC.

Kerry Murray served a second year as CEA Region IV Director.

Administrative Assistant Kim Kingery began her duties in June of 2016.

SCC AEL Director and Corrections Liaison Elizabeth Campbell resigned in June.

Average Daily Population

883.31

Staff Information

Personnel Turnover

Resignations - 3 Retirements - 19 Terminations - 6 Death - 0

Leave Hours Taken

Sick Leave – 22,100.84 Vacation leave – 42,672.49 Holiday / Comp Leave -11,594.40 Enforced Leave – 6,336.52

Total Hours of all Leave Taken – 82,704.25

Total Amount of Overtime Paid

Overtime hours – 13,867.94 Amount - \$554,665.62