ASTHMA & CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD)
- Physician every six months
- Vitals, weight every six months
- Annual influenza vaccine
- Pneumonia vaccine per CDC guidelines

CARDIOVASCULAR DISEASE (CVD) & CORONARY ARTERY DISEASE (CAD)
- Physician every six months
- Fasting lipids annually
- Vitals, weight monthly

CONVULSIVE DISORDERS
- Physician annually
- Anticonvulsant medication blood level annually, until seizures are under good control, then as clinically indicated

DEMENTIA & OBS
- Physician 3-6 months or as needed to renew medications
- MMSE yearly

DIABETES (DM)
- Physician every three months
- HbA1C every three months
- BS - INSULIN - one a week, TID
- BS - Non - twice a month TID
- Vitals, weights monthly
- Diet every six months
- CMP every six months
- Optometrist annually
- Annual Urine micro albumin
- Annual influenza vaccine
- *If BS above 350 or below 60 for two consecutive readings, BSBGs x 3 days and physician notification*
- *Increased BS monitoring during acute illness*

CHRONIC HEPATITIS B (HBV) HBsAG Positive
- Physician annually
- HBsAG annually
HEPATITIS C (HCV) AB Positive, Viral Load Positive
- Physician every six months
- LFT, CBC every six months
- ALT elevation 2 x upper limit of normal require additional monitoring as ordered

HIV (Human Immunodeficiency Virus) INFECTION
- Physician every three months
- Lab every six months: CBC w diff, CD4, quantitative HIV viral load, lipid testing, CMP
- Weight and vitals monthly
- Optometrist retinal exam annually
- Dental exam annually

HYPERLIPIDEMIA
- Physician annually
- Lipids, fasting, annually

HYPERTENSION (HTN)
- Physician every six months
- BMP every six months if on antihypertensive medications
- Vitals, weight monthly
- IF BP>160 systolic or >110 diastolic, recheck BP in 15 minutes after sitting. IF still elevated, then notify medical practitioner. If still elevated, BP checks daily for three days and schedule chart review.

NEOPLASMS
- As determined by physician

References
HSP-605 Monitoring Chronic Disease Entities
HSP-908 HIV Infection
HSP-909 Viral Hepatitis