

<p align="center">STATE OF IOWA DEPARTMENT OF CORRECTIONS</p> <p align="center">POLICY AND PROCEDURES</p>		Policy Number HSP-410	Applicability <input checked="" type="checkbox"/> DOC <input type="checkbox"/> CBC
		Policy Code Public Access	Iowa Code Reference SF 2218/HF 2460
Chapter 6 HEALTH SERVICES	Sub Chapter PHARMACY	Related DOC Policies N/A	Administrative Code Reference N/A
Subject OPIOID RELATED OVERDOSE/EXPOSURE RESPONSE		ACA Standards N/A	Responsibility Dr. Jerome Greenfield Susan Shields
		Effective Date July 2019	Authority Beth Skinner Director Signature on file at Iowa DOC

I. PURPOSE

To describe procedures to be utilized by the Iowa Department of Corrections (IDOC) facility mailrooms, intake centers, and other designated locations for maintenance of supplies of Naloxone to assist in case of an opioid-related drug overdose or exposure event.

II. POLICY

The Iowa DOC will evaluate and manage incarcerated individuals and staff with suspected opioid-related overdose or exposure. IDOC staff will provide prompt intervention for such an event, including but not limited to activation of the EMS system, CPR and rescue breathing, and the administration of Naloxone (Narcan) nasal spray.

III. DEFINITIONS

- A. Naloxone: A prescription medication indicated for reversal of opioid-related drug exposures or overdoses.

- B. Standing Order: The authorization, issued based on Iowa Senate File 2218 and House File 2460, which permits an Iowa pharmacy to distribute Naloxone to certain eligible recipients without a doctor's prescription written for a specific individual, when the pharmacist has complied with the rules of the Iowa Board of Pharmacy.
- C. See Iowa DOC Policy **AD-GA-16** for additional definitions.

IV. PROCEDURES

The institutions will follow the following procedures:

- A. Naloxone (Narcan) nasal spray will be provided upon request by an IDOC Pharmacy for any IDOC staff whose work involves physical contact with items such as letters, packages, clothing, medication bottles, or any material property which carries the risk of an opioid-related exposure or overdose event.
- B. Naloxone (Narcan) nasal spray will be kept in a designated area or areas to be easily and readily available if needed for reversal of an exposure.
- C. The IDOC maintains a standing order as required, signed by the Health Services Administrator or designee, to provide the medication for all IDOC and CBC facilities. This standing order must be renewed yearly; the original signed order is kept on file at the DOC Central Pharmacy.
- D. IDOC staff wishing to undergo training in recognition and response of opioid-related overdose/exposure and the proper use of Naloxone (Narcan) nasal spray may administer the drug once their training is completed. This is required by the standing order and the Iowa Board of Pharmacy. An IDOC pharmacist will provide the initial training; renewal training will occur yearly via e-Learning.
- E. After initial staff have received Naloxone training from the pharmacist, the standing order allows them to pass on the training to further designated individuals within the IDOC. A CD containing the training material in slide format plus written material to go along with it is available. ONLY persons who have received their training directly from an IDOC pharmacist are eligible to pass the training on to others, per the Iowa Code.
- F. Each facility will designate the staff members to be trained and identify secure location(s) for storing the Naloxone (Narcan). Each facility will develop the appropriate institutional procedures for the storage and

management of the drug including a periodic review of the drug's expiration date.

- G. Once all training is completed and the appropriate procedures are in place, the Naloxone (Narcan) will be issued and the required eligibility form signed.
- H. If an opioid overdose or exposure is suspected, the following steps should be taken:
 - 1. Activate the facility emergency EMS system according to facility procedure.
 - 2. If the person appears unresponsive, tap their shoulder or shake them lightly, call their name or say "Are you OK".
 - 3. Initiate CPR and/or rescue breathing if indicated.
 - 4. Administer ONE dose of Naloxone (Narcan) Nasal Spray according to package directions—ONE dose in ONE nostril.
 - 5. Continue CPR and/or rescue breathing if indicated until emergency services arrives.
 - 6. If patient does not respond within two to three minutes a second dose of Naloxone can be administered in the OPPOSITE nostrils. Doses can be repeated in ALTERNATING nostrils every two to three minutes until EMS arrives or patient responds.
- I. Any use of Naloxone (Narcan) nasal spray should result in the creation of a Critical Incident Report.
- J. Replenishment or replacement of expired Naloxone (Narcan) nasal spray supplies may be obtained by contacting the DOC Central Pharmacy at 515-725-5065 or the IMCC Pharmacy at 319-626-4411, depending on which location provided the Naloxone to the location initially.