

STATE OF IOWA DEPARTMENT OF CORRECTIONS POLICY AND PROCEDURES		Policy Number IO-SE-09	Applicability <input checked="" type="checkbox"/> DOC <input type="checkbox"/> CBC
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Chapter 3 INSTITUTIONAL OPERATIONS	Sub Chapter SAFETY & EMERGENCY PROCEDURES	Related DOC Policies HSP 410 IO-SE-05	Administrative Code Reference N/A
Subject OPIOID AND HAZARDOUS SUBSTANCE EXPOSURE RESPONSE		ACA Standards N/A	Responsibility Samantha Tucker Dr. Jerome Greenfield
		Effective Date September 2019	Authority Beth Skinner Director Signature on file at Iowa DOC

I. PURPOSE

To describe the procedures used by the Iowa DOC in recognizing and responding to accidental exposure to hazardous substances, including but not limited to opioids.

II. POLICY

It is the policy of the IDOC to evaluate and manage staff and incarcerated individuals with suspected exposure to hazardous substances including but not limited to opioids.

III. DEFINITIONS

- A. Hazardous Substance - Any substance which has the capacity to cause significant adverse effects to the health of humans and/or to the environment, either by itself or through interaction with other factors.

- B. Naloxone - A prescription medication which reverses drug overdoses caused by intentional or accidental exposures to opioids. Also known as Narcan.
- C. Standing Order - The authorization from the Iowa Code which permits an Iowa pharmacist to dispense Naloxone to eligible recipients without a provider's prescription when the pharmacist has complied with specific rules of the Iowa Board of Pharmacy.

IV. PROCEDURES

- A. IDOC facility staff may be at risk of exposure to hazardous substances.
- B. Nitrile protective gloves shall be worn when handling incoming mail and packages.
- C. If a package, envelope, or substance suspected of containing a hazardous substance is found in the mailroom or other location within the facility, the following steps should be taken:
 - 1. Alert others in the area about the suspicious package/substance. Leave the area if possible, close any doors, and take actions to prevent others from entering the area. If possible, shut off the ventilation system.
 - 2. Do not shake or empty the contents of any suspicious package or envelope.
 - 3. Wash hands with soap and water to prevent spreading potentially hazardous substance to face or skin. Seek medical attention if exposure is suspected.
 - 4. Law enforcement officials shall be notified in the event of significant exposure.
- D. A supply of Naloxone (Narcan) Nasal Spray will be available for reversal of an accidental exposure.
 - 1. Any IDOC staff who could potentially administer the Naloxone must undergo the required instruction, as specified by the Iowa Board of Pharmacy. Initial in-person instruction should be provided by an appropriately trained staff member; renewal training will occur yearly via E-Learning.

2. Naloxone should be in a secure but accessible location. Each facility will create a procedure on how to assign Naloxone to facility staff and their preferred locations.
3. Naloxone should not leave the facility once the assigned employee has ended their shift.

V. EXPOSURE PROTOCOL

- A. If an opioid exposure or overdose is suspected, the following steps should be taken:
 1. Initiate the facilities emergency response;
 2. Check for consciousness and initiate first aid/CPR is applicable;
 3. Administer one dose of Naloxone (Narcan) Nasal Spray according to directions provided—ONE dose in ONE nostril;
 4. Continue CPR and/or rescue breathing if indicated until emergency services arrives;
 5. If patient does not wake or respond within two to three minutes and EMS has not arrived, a second dose of Naloxone may be administered in the OPPOSITE nostril. Doses of Naloxone may be repeated in alternating nostrils every two to three minutes until EMS arrives or the patient responds.
- B. Replenishment of Naloxone (Narcan) Nasal Spray when used or replacement of supplies that have reached their expiration date may be done by contacting the IDOC Central Pharmacy that initially provided the supply: DOC Central Pharmacy at Mitchellville at 515-725-5065 or IMCC Pharmacy at 319-626-4411.